

Summer Grilling Safety

Grilling food is very popular- yet grilling sparks more than 10,000 fires on average each year. To avoid this, check out these grilling safety tips:

1. Always supervise a barbecue grill when in use. Don't add charcoal starter fluid when coals have already been ignited.

2. Never grill indoors - not in the house, camper, tent or any enclosed area.

3. Make sure everyone, including pets, stay away from the grill.

4. Keep the grill out in the open, away from the house, deck, tree branches or anything that could catch fire.5. Use the long-handled tools especially made for cook-

ing on the grill to help keep the chef safe.

Tenpenny Interview From B1



to see it be a more cohesive program between its high school successor. Several folks have stepped up and served in the role since the inception of middle grades basketball including Ashley Cantrell, Jordan Anderson, and, most recently, Karen King. Mrs. Karen really stepped up last year when we struggled to find a coach, but due to her demands as principal and also the need for personal time to see

to her family, she didn't want to commit if she could give it the full attention it deserved. So that's where the necessity part comes in.

Secondly, the original idea of the middle grades programs were for them to be an extension of their high school program. We wanted the high school coaches to have a hand in selecting the coaches for MG and for those teams to be running the same schemes, so the transition between elementary athletics and high school would be smoother because it's a huge adjustment. So with the high school and middle grades position vacant, I knew that once we had a high school coach in place, I could work with them to better make this happen on the MG level.

While Coach Patrick, newly named head coach of the Lionettes, and I have different styles, we share much of the same philosophies, especially in the need for our girls to learn quality man-to-man defensive principles. I think we'll be able to work together well, especially being in the same building to make the transition and cohesion between the programs much better.

Thirdly, I might also say, those who have coaches know, when it's in your blood, it's in your blood. It's hard to get away!

Courier Sports: Why basketball? Why not football, tennis, baseball, etc?

Tenpenny: For me it really boils down to what I feel most competent in. I love all sports, but I'm certainly not qualified to coach them. Some would argue that I'm not really qualified to coach basketball (laughs), but it's the sport I feel most knowledgeable of. I've had the privilege of learning from some awesome coaches over the last decade or more, and I'm grateful for their influence on my coaching journey. As for the other sports, I'll continue to support in every way that I can from the administrative side and our athletes and coaches on the field/court through my presence and leave the coaching to those much more qualified

Courier Sports: You've always kept your schedule full with extracurricular activities even when you were a student in school. How has this helped you keep everything organized in addition to your teaching duties at Cannon County High School?

Tenpenny: It's kind of a running joke amongst my family and friends that I'm one of the hardest people in the world to keep up with, from the standpoint that I seem to always be busy with something. I think that comes from the example set by my mom and others in my family of not wasting time.

However, I think one of the talents or skills God has blessed me with is that of organization. I know many may not see that as a great gift, but for the roles I fulfill at CCHS, they're critical. Whether it's the administration of the Cannon County Youth Basketball (CCYB) league, the senior trip, a Beta Club trip, or anything else, being organized is critical to its success.

I'm glad you mentioned about the teaching responsibilities, though, because, as I said earlier, those come first. I'm proud of CCYB's success, I love interacting with students on the school trips I have the privilege to organize and go on, but if I'm not having success in the classroom first, those other things are all for not. I love being a teacher first and foremost, and my classroom is the place I want to experience success before all others.

LEGALS & PUBLIC NOTICES

NOTICE FROM CANNON COUNTY SCHOOLS

The Special Education Department is in the process of purging the special education records of former students who received special education services in school and turn 25 years old during the year 2021 (children born anytime during the year 1996). If you would like to pick up your records, please come to the Cannon County Board of Education by June 30, 2020. If you do not pick up your records by that date, the most current testing and IEP/504 information available will be scanned and saved, and the remainder of the file will be shredded. You may pick up your records anytime Monday - Thursday from 8:00 AM to 3:30 PM or Friday from 8:00 am-3:00 PM. If you have any questions, please call Julie Vincent at 629-201-4808.

The Town of Woodbury Board of Mayor and Aldermen will conduct a Public Hearing Tuesday, July 6, 2021 at 7:00 at Woodbury City Hall, regarding a proposed ordinance to repeal the original roadblock ordinance and all related amendments, in its entirety.

Andy Duggin, Mayor

Bid Opening: Monday, July 12, 2021 – 10:00am Central Time

Bid Opening: Monday, July 12, 2021 - 11:00am Central Time

For Sale

Cannon County owned real estate known as 5978 Bradyville Rd, Bradyville, TN 37026

General Requirements:

Proposals, bids, or responses will be accepted by the Cannon County Department of Finance no later than <u>11:00 a.m. July 12, 2021</u> (local time). Every document must be enclosed in an envelope clearly marked as a bid document. Any response, bid or proposal received after the above deadline shall be considered late, and will not be opened or considered. Bid prices must be valid for at least thirty (30) days.

All documents shall be submitted to the following address: Neal Appelbaum, Deputy Director of Finance Cannon County Department of Finance 110 S. Tatum St, Suite 216 Woodbury, Tennessee 37190

Cannon County reserves the right to reject any or all responses, bids, or proposals. We are an equal opportunity employer.

Bid Opening: Monday, July 12, 2021 – 11:30am Central Time <u>Invitation to Bid</u> Cannon County desires to install a video and audio system to include video access with recording capabilities to the inmates in the jail. Visual aids such as a projector and a visualizer machine to assist in jury trials to publish evidence to the jury. A television screen mounted for the jury to see is also needed. The equipment/software must be capable of communicating with systems that are both SIP and H.323 compliant.

Request for Qualifications

Cannon County Government is seeking a contractor to maintain and update the County's ADA compliant website as directed by the County and provide assistance to department heads with their specific computer/IT needs: equipment selection, equipment installation, troubleshooting, training on various programs (MS Office – Word, Excel, Powerpoint).

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Bid Opening: Monday, July 12, 2021 - 10:30am Central Time

For Sale Ambulance – 2009 Ford

Call or email for pictures or to schedule a viewing. Neal Appelbaum: 629-218-3215 Neal.Appelbaum@cannoncountytn.gov

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Description of items/services requested:

Video Conference 600 (Series 2) SIP/H.323 multi-point codec 1080P PTZ camera with programmable preset positions. Two daisy-chained array speakerphones. Fold Flat LED Touch Screen (21.5") - Bench Monitor HDMI Cable Series 2 – 6 ft Non-Commercial Grade 4K UHD Monitor Series 4 (75") Full Motion Wall Mount for Flat Panel Series 2 (60-100") HDMI over CAT6 Extender (Series 2) HDMI Distribution Amplifier 1in/4out (Series 3) Power Distribution System (Series 2) Rack Enclosure (4U) CAT6 Cable BK (Plenum) - 500 ft roll 2 HDMI Cable Series 2 (3 ft) CAT6 Patch Cable (10 ft) Video Conference 200, P2P SIP/H.323 codec, 1080P camera, Dual Array speakerphone Non-Commercial grade HD Monitor Series 4 (32") Custom VTC Enclosure 32" Fixed Wall Mount for Flat Panel Series 2 (26-55") Screen Capture License for DCR 2 CAT6 Patch Cable 10ft CAT6 Patch Cable 5 ft 2 HDMI Cable Series 2 (6 ft) 1U Rack Shelf (Series 2) Shipping/handling/installation supplies On-site Setup, Installation and Training

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