

Chow time at the goat farm. Harmony Lane Farm feeds their goat herd a verified non-GMO grain.



On a late winter day in February, Kaci Groover and her son, Calvin, 4, cuddle goats at Harmony Lane Farm. The Lenoir City residents discovered the tourist site on Facebook.

squeal sometimes. Goat therapy lifts your spirit and makes you feel great. "People love it. We have stand-

"People love it. We have standing-room only on Saturdays. They can come and not get dirty because we have concrete floors. Then we got donkeys, llamas and emus and expanded as we went. So the more that we grew, we built more nurseries," she said. Now she and her staff (from 10 to 13

Now she and her staff (from 10 to 13 depending on the season) deliver over 160 baby goats a year. The goats have a five-month gestation period and typically give birth between January and June. The breeds at Harmony Lane Farm include Nigerian Dwarf, Nubian, Lamancha, Saanen and Alpine.

David explained, "The dwarf breed year round and the standard breed in fall. I alternate my breeding with dwarfs and standard year round. With goats, the smaller the goat the higher the butter fat content."

Besides producing goat milk, she sells eight varieties of Chevre (French for cheese), and said, "We feed a verified non-GMO grain and coupled with our processes our goat cheese is smooth, creamy and delicious."

She also uses the goat milk to create feta, fudge, caramel, three flavors of ice cream, soap, milk lotion, and goat-milk lip balm. These are all sold on the premises along with farm-fresh ground beef, whole pork sausage, and eggs.

whole pork sausage, and eggs. David noted, "I also sell goat milk to a lot of people with Crohn's Disease and acid reflux and to mothers whose infants are lactose intolerant. I have customers from Nashville, Murfreesboro and Cookeville, about a 100-mile radius. They usually find me when researching for a goat farm. Not many people sell goat milk raw."

The most rewarding part of her labors? "Doing the farm tours and educating families on where milk comes from and where meat comes from and all the processes," said David, who is almost always kidding around.



Front and center, Alice Morgan, Julie David's mother, holds three-day-old kid Astrid, whose mother is named Alice after Mrs. Morgan. At back, from left, Harmony Lane Farm & Creamery staff members Kristina Jolly, Yara Jolly, Misty Barrett and Emma Story enjoy the fringe benefits of goat cuddling.



Inside the kids' nursery, chief goat girl Julie David takes a short break from her chores to enjoy her own cuddling time with Nigerian dwarf kids. The farm

Harmony from A1

pain, and also can cause problems with blood-sugar levels and nutrition.

Recalling its effects on her health, she said, "I couldn't eat fresh vegetables. I ate a lot of kale and had to cook the veggies first and was getting sicker and sicker. I couldn't process them and so I was on lots of medications."

Researching to see if there were other options for treatment besides medicines, she came upon the benefits of raw goat milk. That led her to a Cookeville dairy farmer who sold it to the public. She bought a gallon and began guzzling it.

"I would drink a 12-ounce glass of raw-goat milk smoothie and drink two ounces throughout the day, and then I cooked with it. I could really tell the effects in a month. I was back to normal in about six months. Now I'm eating what I want (including fresh veggies) and am off all my meds," she proclaimed.

Reflecting on her childhood devoid of any pets, in 2011 she told her husband, "I would like a goat," and promptly went out and bought four goats along with some chickens and cattle. Those first four goats soon became a herd of 16 and with a surplus of their milk she decided to make goat-milk soap and cheese.

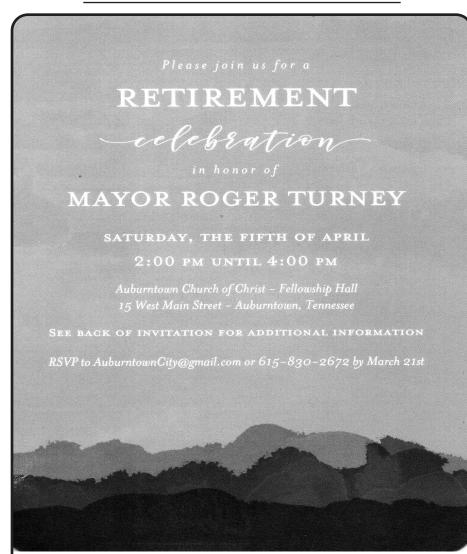
"I was milking them all by hand, and I called the Tennessee Department of Agriculture and asked them what to do. It too us two years to get a license to build the dairy," said David, who received her grade-A goat dairy license in 2016.

In 2018, she came upon the idea of letting families tour their farm and cuddle the baby goats, which make high-pitched bleats and are truly cuter than the dickens.

About the transformation she sees on the faces of kiddos when they first pick up a kid and start cuddling, she says, "Joy, happiness. They smile from ear to ear and love to give them a kiss. They



boasts five different breeds of goats.



BRIDGE DEDICATION CEREMONY

To show the city's appreciation of over 45 years of dedicated service, there will be a Bridge Dedication Ceremony in honor of Mayor Turney following the party on Woodbury Road at the bridge between Cooper Ave and Carter Creek Road. Smithville's Lauren Ferrell helps her son Wyatt feed some of the older goats at Harmony Lane Farm.

LEGALS & PUBLIC NOTICES

AUBURNTOWN TENNESSEE Invitation to Bid

The Auburntown City Council is soliciting bids for mowing/trimming of the C.S. Hawkins Park beginning April 2025 and ending December 2025. Mowing site is the C.S. Hawkins Park; the site is to be mowed and trimmed every two weeks and sprayed as needed.

Proposals, bids, or responses will be accepted at the Auburntown Post Office at 42 East Main Street no later than <u>10:00 a.m. March 31, 2025 (CST)</u>. Every document must be enclosed in an envelope marked **C.S. HAWKINS PARK MOWING BID**. Any response, bid, or proposal received after the above deadline shall be considered late and will not be opened or considered. Electronic bids are not

accepted. Bids must be submitted to the following address: City of Auburntown P.O. Box 38 Auburntown, TN 37016

Bid must be submitted on the Bid Form provided by the city. For a copy of the bid form, contact Martye Harris at auburntowncity@gmail.com or call (615) 830-2672.

The City of Auburntown reserves the right to reject any or all bids. We are an equal-opportunity employer. It is the policy of Auburntown Tennessee to ensure compliance with Title VI of the Civil Rights Act of 1964; no person shall be excluded from participation in or be denied the benefits of or be subjected to discrimination under any program or activity receiving federal financial assistance on the grounds of race, color, sex or national origin.

Additional Legals on pages A9 & B7