

HALLOWEEN SPOOKS TENNESSEE

Operation Blackout to monitor sex offenders

NASHVILLE — Every day across this great state, the staff of the Tennessee Department of Correction (TDOC) supervises more than 20-thousand inmates and nearly 80-thousand offenders on community supervision. Nearly 3,500 of those under community supervision are registered sex offenders. TDOC's mission is to

enhance public safety for all Tennesseans including our most vulnerable citizens — our children. That's why every October the Department launches a special operation entitled Operation Blackout.

While Operation Blackout is an extra

See BLACKOUT, page A9

Troopers: A dangerous day for children

NASHVILLE — Seven people were killed in traffic crashes in Tennessee during last year's Halloween period between Tuesday, October 30 through Thursday, November 1. That's why the Tennessee Highway Patrol is urging all motorists to drive cautiously, buckle up, never drive distracted and don't drink

and drive this Halloween.

One of the seven vehicular fatalities during last year's Halloween period involved an unrestrained vehicle occupant. Two motorcyclists were killed. There were zero alcohol-related traffic

See TROOPERS, page A9



Host of events, activities set this Saturday

MURFREESBORO — MTSU students, alumni and fans are making preparation for a host of events and activities — including an updated parade route! — leading up to Saturday's 2019 Homecoming football game.

The MTSU Student Government Association's theme for this year's annual tradition is "A Blue Raider Safari."

Homecoming is a way for everyone connected to the university to celebrate the decades of traditions — food, fun and fellowship at various activities — leading to the Blue Raiders game against Florida International University, with kickoff set for 2:30 p.m. Saturday, Oct. 26, in Floyd Stadium.

See MTSU | A9



Turn in unused prescriptions at Woodbury Drug Center Saturday

On Saturday, October 26th, from 10 a.m. to 2 p.m., the Cannon County Substance Abuse Prevention Coalition and the U.S. Drug Enforcement Administration will give the public its 18th opportunity in nine years to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs. Bring your pills for disposal to Woodbury Drug Center at 604 W Main Street. (Sites cannot accept liquids or needles or sharps,

See TURN | A9



Woodland School Principal Angela Cossey (left) and Cannon County Director of Schools Mr. William F. Curtis (right) congratulate Mrs. Mitzi Bush (center) as Cannon County Schools Employee of the Month for September 2019.

Mitzi Bush recognized

Mrs. Mitzi Bush, Special Education Teacher and Interventionist at Woodland School was named as "Employee of the Month" for September 2019 by Cannon County Schools. During the October Meeting of the Cannon County Board of Education on Thursday, October 10th, 2019, Mrs. Bush was recognized at the meeting and was presented a certificate at

Woodland School the following day by Cannon County Schools Director William F. Curtis for her service to the Cannon County School System. Employees are nominated by School Principals or School District Supervisors and are voted on during monthly Principal and Supervisor meetings

See BUSH | A9

A Day in the Life ...



Aaron Allen



Maryn ClenDening

Dance studio to hold workshop

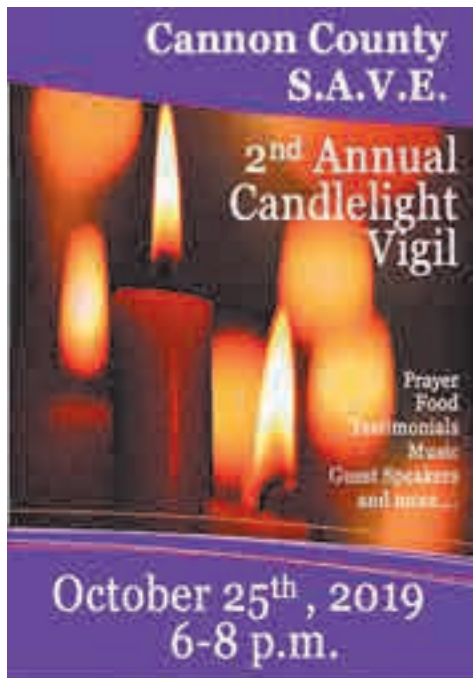
If you have ever wondered what it's like to study dance at the collegiate level, Cannon Arts Dance Studio is holding a workshop on Saturday, November 2 from 9-11 am to introduce potential students to "A Day in the Life of a Dance Major."

MTSU adjunct professor Aaron Allen will offer an inside look to standards, requirements, and audition information to dancers aspiring to major in dance at Middle Tennessee

State University.

Just last year, Middle Tennessee State University expanded their dance offerings to include the only dance major in the State of Tennessee. As a result, Marsha Barsky, Director of Dance (on leave), Meg Brooker (Acting Director of Dance), and Lori Christensen (Cannon Arts Dance Studio owner), have collaborated to

See DANCE | A9



See more details in the Cannon Blast on Page A6.

Auburn wins attendance competition

Keith Ready
Courier reporter

Auburn School is at the top of the list when it comes to attendance percentage over the 2018-2019 school year.

At the October 10th meeting of the Cannon County Board of Education, Auburn School was recognized as the top school in Cannon County in the always friendly but coveted and competitive attendance award.

During the past school year, Auburn achieved a 96.16 percentage ranking. Over the last several years, the friendly competition has been between Auburn and Short Mountain, however this past year Westside finished second, Eastside came in third and Short Mountain dropped to fourth.

Woodbury, Woodland and Cannon County high school finished out the list in order. The competition was very close between all schools and no school was under 95 percent. All schools were well above the state average.

Bankpak, a security equipment company from Morrison, has been awarded a contract to provide security equipment for Cannon County Schools. The company, which mainly works with financial institutions, turned in the only bid during the bid process. Cannon County School Board members approved the bid of \$15,164.05.

Plans are to put various security devices in place at Woodbury Grammar, Westside and Cannon County High School. Funds recently awarded to Cannon County Schools from a safety grant will cover the costs of the equipment.

The Board also gave permission for Cannon County High School girls head basketball coach Jonathan Odom to solicit bids for weight room equipment. The equipment will be purchased by the Cannon County High School Basketball Booster club once

See WINS | A9

See Cannon Blast on Page A6



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They Say There Is a Reason

They say there is a reason
They say that time will heal,
But neither time nor reason,
Will change the way I feel,
For no one knows the pain,
That lies behind our smiles,
No one knows how many times,
We have broken down and cried,
We want to tell you something,
So there won't be any doubt,
You're so wonderful to think about,
But so hard to be without.

—Author Unknown

*In Loving Memory of
Mike Grosch*

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OBITUARIES

Joseph ‘Blake’ Barrett



Mr. Joseph “Blake” Barrett, 24, of Woodbury passed away on October 15, 2019. He was born in Murfreesboro, TN on November 13, 1994. He was preceded in death by his grandparents, John P. and Patricia Barrett and Molly Sue Butcher.

He is survived by his mother, Tammy Hazel Barrett of Morrison; father, Joe Don Barrett of Woodbury; brother, Bronson Barrett of Woodbury; grandfather, Billy (Barbara) Hazel of Murfreesboro; step-grandfather, Rick Butcher of Readyville; several aunts, uncles, and numerous cousins and friends; and close friend Andrew Ellis of Gassaway.

He was known to family and friends as Blake. He was an easy-going country boy. He was a hard worker but had suffered with diabetes for a big part of his life. Working with his father logging, excavating, fixing equipment, and welding. The talent for being able to do many different kinds of work runs in his family. Growing up around all the men he developed a love for the outdoors. They had coon dogs and he also loved his mother’s Pitbull Lulu. He enjoyed going catfishing at Normandy Lake and Rock Island. He liked hunting for turkey and deer. Many of his friends and family knew him to be a good shot with a rifle or pistol. Some of them had him sight in scopes for their rifles. He and Bronson shared a very close bond as brothers.

Visitation will be held at Smith Funeral Home on October 19, 2019 from 12 to 4 pm. Funeral services will follow in the Smith Funeral Home chapel on October 19, 2019 at 4 pm. Jerry Barrett will officiate. Blake’s wishes were to be cremated following the visitation and funeral and have his ashes scattered on the grave of his grandparents, John P. and Patricia. In lieu of flowers memorial donations may be made to assist with funeral expenses by contacting Smith Funeral Home. Share thoughts, memories and condolences at www.smithfuneralhomewoodbury.net Smith Funeral Home, 303 Murfreesboro Rd. Woodbury, TN 37190, 615-563-5337

Cannon Courier • October 22, 2019 • Woodbury, TN



REUNION

Family of
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Carl Eldon Prater

Carl Eldon Prater, age 84, passed away at his home in Murfreesboro, Tennessee on Oct. 15, 2019.

Carl was a native of Cannon Co., where he grew up in the Leoni Community. Carl lived in Murfreesboro for a number of years and was a member of the East Main Church of Christ. He attended high school in Cannon Co. and was later drafted into the U.S. Army. He was later employed by Samsonite Corp. for 37 years, after which he retired. He enjoyed spending his time doing woodworking.

Carl was preceded in death by his beloved parents, Benjamin Harrison Prater, Sr. & Jimmie Blanton Prater; Brothers, J.C. Prater, B.H. Prater, Jr. & Edmond Prater; Sisters, Nora Prater St. John & Lola Prater Ramey; and two half-brothers, Haskell Prater and Truman Prater. He is survived by his wife of 64 years, Grace Witty Prater; Son, Greg Prater (Isabel Gauthier) of Nashville & daughter, Jennifer Prater King (Brian Tedrow) of Eagleville; three grandchildren, Natalie (Shaun) Bell, Chase (Tira) Prater, & Tanner King; two great grandchildren, Lincoln & Story Bell; and many nieces and nephews.

Funeral Services will be 2 PM Sunday, October 20, 2019 in the Chapel of Woodbury Funeral Home with Bros. Wayne Langford, James Lively, & Herb Alsup officiating. Interment will follow at Leoni Cemetery. Visitation will be from 4 to 8 PM Saturday, October 19, 2019.

The family would like to express their deep felt thanks to Willowbrook Hospice nursing staff for their excellent in-home care allowing him to remain in his home with family and his beloved companion, Dixie.

Woodbury Funeral Home, 615.563.2311, www.woodburyfuneralhome.net

Cannon Courier • October 22, 2019 • Woodbury, TN

Country music icon Aaron Tippin to play in the Alley

MURFREESBORO — Ridenour Rehearsal Studios is excited to announce another milestone; this will mark the first time that a Country icon will perform at their new state of the art music venue, The Alley in Murfreesboro. Multi-award-winning Country superstar, Aaron Tippin will perform for a limited number of guests in an intimate setting on Thursday, Nov. 7. Joining him for this memorable evening of music are his wife, Thea Tippin, and son, Tom Tippin, a graduate of Middle Tennessee State University (MTSU). Both are also professional singer-songwriters. Also appearing is rising Country singer-songwriter, Hayden Coffman and WSM’s Devon O’Day who will host the event.

Aaron Tippin’s unique, traditional Country sound together with his working-class themed-songs made him one of the most popular acts of his genre in the 1990s and a musical icon of today. Some of Tippin’s most notable career hits, all of which he wrote or co-

wrote, include "Kiss This," "My Blue Angel," "There Ain't Nothin' Wrong with the Radio," "Where the Stars and Stripes and the Eagle Fly," "Working Man's Ph.D.," and "You've Got to Stand for Something." In 2015, Tippin celebrated 25 years in the music business and released Aaron Tippin 25; a two-disc collection of 25 songs that includes 10 freshly recorded versions of his biggest hits, as well as 15 brand new songs. To learn more about Aaron Tippin, upcoming tour dates, follow him on socials, or to purchase his music, please visit his website and iTunes.

Hayden Coffman is known for his smooth country vocals and traditional honky-tonk songwriting. His music is inspired by his hometown roots of East Tennessee. The 22- year-old singer-songwriter won the Alan Jackson Road Show competition, which earned him the opportunity to play with the Grand Ole Opry house band in March 2018. Coffman has since opened shows across the US for top artists including Aaron Tippin, Tracy Byrd, Confederate Railroad, and Darryl Worley. He released his debut EP, Where Has Country Gone in August 2018.

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First Baptist Church

413 West Main Street; PO Box 218
Woodbury, TN 37190; (615)563-2474

Sundays: Sunday School 9:30 AM; Worship 10:30 AM; Discipleship Training 5:30 PM; Worship 6:30 PM; **Wednesdays:** Prayer Meeting & Children’s Activities: 6:00 PM
Students: High School, Wed. 6:00 PM; College, Sun. 7:00 PM

First Baptist Church is located on Main Street in Woodbury, Tennessee. We are a cooperating Southern Baptist Church, affiliated with the Tennessee Baptist Convention and Salem Baptist Association.

For additional information about First Baptist Church please visit our website:
fbcwoodbury.org

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THE GATHERING AT MILTON CELEBRATES SUCCESSFUL ANNIVERSARY

More than 2,000 people attend the Milton Fall Market & Craft Fair; Third annual event date set for Oct. 10, 2020

MILTON, TENN — The second Milton Fall Market & Craft Fair was a happy success, according to the more than 2,000 smiling faces that were milling on the grounds at The Gathering at Milton, a historic event venue, Saturday, Oct. 12. A cool morning gave way to a glorious afternoon of brilliant blue skies, sunshine and a steady crowd of visitors of all ages throughout the day.

Phillip and Alanna Vaught, organizers of the craft fair, were on the grounds before sunrise and personally greeted many of those coming through the gates.

It marked the first anniversary of the craft fair, which drew people regionwide.

"This is the first time I have come to the craft fair and Phillip and Alanna (Vaught) have done an amazing job of putting it together," said Ruth Taylor. It takes a lot of work to make this happen and you can tell they are organized and thought through the details. I was impressed with the high quality and creativity of the items that were available in the different booths."

Ken Gunnell of Sparta, Tennessee, had the eye-catching booth Sherwood Forest Wood Turning & fine Art that captured Best of Show honors with his stunning bowls and other creations.

Pat Whitaker of Lascassas, Tennessee, won the drawing for a free rental of the building, a former 120-year-old country store the Vaughts bought and restored in 2018.

The 2019 event saw The Gathering release its first promotional video, which had attracted more than 3,000 views by the start of the fall festival.

"It seems almost like yesterday when we had the first event, celebrating the opening of The Gathering at Milton after those long months of restoration. It has been a good year," Alanna Vaught said. "Phillip and I are so pleased and humbled people returned and enjoyed the second Fall Market & Craft Fair. Words can't capture the depth of our gratitude. We could not do this without the support of the vendors, community, family and volunteers."

The Vaughts announced the Third Annual Milton Fall Market & Craft Fair is set for Oct. 10, 2020 at The Gathering at Milton, 12026 Milton St.

Email, phone and how we stay in touch with you!

Email – Thegatheringatmilton@gmail.com
Phone: (615) 653-6018

Facebook: www.facebook.com/thegatheringatmilton

Website: www.thegatheringatmilton.com

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Owners of the Gathering at Milton, location of the second Milton Fall Market & Craft Fair, Phillip and Alanna Vaught (above left), are delighted to present Pam and Ken Gunnell, of Sparta, Tennessee the 'Best of Show' award for their booth Sherwood Forest Wood Turning and Fine Art. 5. The colorful pumpkin patch (left) at the Second Milton Fall Market & Craft Fair Saturday, Oct. 12, was a popular stop for all ages.

Little Kendall Pruitt is all smiles as she brushes one of the miniature animals in the petting zoo area for children provided by Mini Creek Farms at the second Milton Fall Market & Craft Fair Saturday, Oct. 12.



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At a Séance Near You: Happy Halloween 2019

Spiritualism: a system of belief or religious practice based on supposed communication with the spirits of the dead, especially through mediums. (reference: Merriam Webster's Dictionary)

It was a cold, dreary night. A lonesome hound, perched on his haunches, looked skyward and howled woefully at the full moon, mindlessly thinking the luminous sphere might respond. The hound howled again ... and yet again ...

Inside a pitch-dark room of a dilapidated shack, located nearby, a kerosene lantern gave off an eerie glow, slightly illuminating the facial profiles of the wretched old woman and Mr. & Mrs. Carlson, who all three sat at the table, the husband on one side of the hag, the wife on the other side. The couple had just lost their beloved teenage daughter, Daphne, and the old woman was a 'medium,' someone who supposedly could put the distraught parents in touch with their deceased daughter.

The haggish medium placed her hands on top of the table; the husband & wife did likewise. The medium's eyes rolled back in her head; her body jerked, and she loudly wailed, "Oh, ye of the Netherworld, bring up to me the departed girl whom this poor man and woman seek!"

The dramatized scene depicted above is what we know as a 'séance.' For Christians in the Bible-belt South, the practices of spiritualism and séances have long been considered taboo... "It's works of the devil!" I once heard a country preacher term it.

But where, and with whom, did 'spiritualism' get its start?

THE FOX SISTERS

John Fox and his wife Margaret had moved to Hydesville, New York with their three children; among them three daughters, Kate, Leah, and Margaretta, a.k.a. 'Maggie.' The house in which they dwelt had the reputation of being 'haunted.' The following is an excerpt taken from a sworn affidavit written and signed by Mrs. Margaret Fox, April 4, 1848:

"On the night of the first disturbance [March 29, 1848], we all got up, lighted a candle and searched the entire house, the noises being heard during the time, and being heard near the same place. Although not very loud, it produced a jar of the bedsteads and chairs that could be felt when we were in bed. It was a tremendous motion, more than a sudden jar.... On March 30th,

Nothing is impossible

A lot of us are faced with the impossible. We may have what seems to be impossible debts, physical illnesses, human relationships and vocational pressures.

Too often we hear someone say, "Nothing is impossible" and we nod our heads nonchalantly in an unbelieving way.

Keep in mind there is always the possibility of a breakthrough. Enough great minds working together may come up with a cure or a solution. We all have barriers that may appear difficult and even impossible.

Occasionally someone will come along who pushes the mark and proves that the human spirit and body can do more than we even dared to imagine. Such a person is Eliud Kipchoge. Recently he ran a marathon in Vienna in one hour, fifty-nine minutes and forty seconds. He became the first person to run a marathon in less than two hours.

Running a marathon is an amazing accomplishment and not for the faint of heart. Most people will never attempt such an endeavor nor even aspire to try. For many, jogging a couple of miles or even walking a mile or two is an accomplishment. The idea of running a mile in less than six minutes is certainly for the physically fit but what about running a mile in 4:34 minutes?

Who could ever imagine running 26.2 miles at an average of 4.34 minutes per mile? This is exactly what Kipchoge did in Vienna on October 12 in the unofficial Vienna run. The world record 34-year-

old runner from Kenya is already a marathon record holder. In 2018, he set the world record in the Berlin marathon running 2:01:39. He also won the Olympic marathon in 2016 in Rio de Janeiro.

The feat will not go on the record books as an official world record because it wasn't an open competition. Also, Kipchoge was assisted by a team of rotating world class runners who ran in front and alongside him in V formation as he ran an average speed of 13.6 mph. If you are physically fit, you might try running on a treadmill at 13.6 mph for a couple of minutes to get an idea of how that pace feels.

To prepare for the event organized by chemical company Ineos and sponsored by Nike, Kipchoge was reported to average running 140 miles per week at a high altitude.

Setting a world record is probably not on your radar for today. What about finding a job, losing ten pounds or getting your life in order? Completing this week or just this day may be your marathon and you are aren't sure how it's going to work out. Often our greatest accomplishment for the day is making a decision, a change or showing up. Kipchoge obviously had a goal, worked hard and organized his life to achieve it. Keep in mind it's possible. You can do it. With God, hard work, with help, in some way, by some miracle, it's possible. Don't give up.

Contact Glenn Mollette at GMollette@aol.com. Learn more at www.glennmollette.com. Like his facebook page at www.facebook.com/glennmollette

Pack up your troubles and just get happy

WASHINGTON, DC — Judy Garland sang the "get happy" song in the 1950 film, Summer Stock. Now, a massive, long term study of 71,173 men and women appears to prove the notion that the happier you are, the longer you'll live, reports the Association of Mature American Citizens [AMAC].

According to Dan Weber, AMAC founder and president of the senior advocacy organization, the study found that participants with an optimistic outlook "had 50 percent to 70 percent greater odds of reaching 85 years of age compared to the least optimistic groups."

Weber cites an account of the research posted on a Boston University Web site. The study showed that while "the reason why optimism matters so much remains to be done...the link between optimism and health is becoming more evident."

Meanwhile, Dr. Utpal Dholakia, a contributor on the Psychology Today Web site, says that the benefits of optimism have long been known. He says that "optimistic people remain healthier and live longer. They have better cardiovascular health—even after risk factors are controlled for, stronger immune function, and lower levels of

stress and pain. And healthy people who are optimistic report feeling better than equally healthy people who are pessimistic. When optimistic people encounter an adverse health event like coronary artery bypass surgery or orthopedic surgery, they bounce back faster."

AMAC's Weber recognizes the fact that many of us have an innate positive attitude. In fact, he notes, one survey shows that just 4% of Americans consider themselves to be pessimistic. Fifty percent, he says, unequivocally believe they are optimists. And, 43 percent fall in between.

So, how do the pessimists and those who are not so sure about whether they are optimists achieve a happier outlook for their lives? Weber says that, "like any task we choose to tackle, it requires focus and determination. An emphasis on the positive aspects of our lives is a critical element for developing and reinforcing an optimistic attitude. Don't obsess with matters over which you have no control. It is depressing and gets in the way of achieving your goals. Instead, count your blessings and engage your 'power of positive thinking,' as Norman Vincent Peale counseled."

FROM THE LIGHTER SIDE

In the blink of an eye

Eventually everyone needs to blink, try as you may to win a "no blinking contest." At most, it appears, you might keep your eyes wide open, without blinking, for as long as one hour, seventeen minutes and three seconds. That's the record Paolo Ballesteros set in a recent televised challenge as part

of a Philippine variety show, reports the Association of Mature American Citizens [AMAC]. Ballesteros may have a shot at making it into the Guinness Book of World Records, if they decide to create a "no blinking" category. By the way, the runner up in the Philippine contest had no chance. He was only able to keep his eyes open for a paltry 34 seconds before giving in to a reflexive blink.

we were disturbed all night ... and I then concluded that the house must be haunted by some unhappy, restless spirit."

During the night of March 31st, 1848, the Fox sisters began communicating with the unseen spirit via a series of 'raps': Kate challenged the 'invisible noisemaker' to repeat the snaps of her fingers. 'It' repeated the raps as requested. Over the course of the next few days, a code was developed where raps could signify 'yes' or 'no' in response to a question or be used to indicate a letter of the alphabet. Neighbors were called in and, before long, the Fox sisters and their rapping sessions with yet-to-be-seen entities were the talk of the town.

Although the Fox sisters would go on to achieve notoriety the world over as practicing mediums to the 'spirit world,' many alleged they were nothing more than scam artists, and the gullible public had bought into what was a total hoax. Regardless, the Fox sisters of Hydesville, New York are credited with launching the practice of 'spiritualism' as we have come to know and define it.

SIR ARTHUR CONAN DOYLE

I take it most are familiar with the name 'Sherlock Holmes,' the fictional private detective who, along with his sidekick, 'Dr. Watson,' solve crimes too difficult for the average sleuth. Many books, TV shows and movies have been based on Holmes' enduring character. Sherlock Holmes was created by Sir Arthur Conan Doyle (22 May 1859 – 7 July 1930), a Scottish physician and writer. The Sherlock Holmes character first appeared in Doyle's 1887 novel "A Study in Scarlet." What many don't know is Sir Arthur Conan Doyle was an avid practitioner of spiritualism, writing many books on the subject and holding séances at the homes of prominent citizens. In some circles, he is more renowned for his work in spiritualism than his timeless Sherlock Holmes character.

Though the Fox sisters and Sir Arthur Conan Doyle are but two entries into the history of spiritualism, it is well documented many celebrities—movie stars, rock stars, politicians, etc.—have practiced, and still practice, this 'black art.'

Come October 31, 2019 — Halloween — children and adults, dressed in ghoulish outfits, will be ringing doorbells and collecting an assortment of candies and fruit, all fun & games, for the most part. However, it could be, also, at a location near you, in a pitch-dark room, some folks will be holding a séance in an attempt to communicate with the dead.

And that, folks, is about as scary as it gets. Remember: "It's works of the devil!" Happy Halloween 2019.

Book burning in Georgia

In May 1933, students in Germany burned more than 25,000 books they deemed "un-German," books they felt degraded German culture. The books included works by such authors as Helen Keller, Ernest Hemingway, Jack London, James Joyce and Albert Einstein.

Somehow, I thought we were past the days of book burning, but apparently the practice is alive and well at Georgia Southern University, where students last week burned a book by Cuban author Jennine Capó Crucet because they didn't like what she said about white privilege.

Let's be clear here, book burning is a protected form of expression. But somehow, in our world where every little nuance is seen as racist, sexist or anti-environmental, I wonder if the students considered the optics of their actions: it sure looked like support for Nazi practices and ideology to me.

Curiously, officials at Georgia Southern issued a statement supporting the students' free speech rights, without making any mention of the overt censorship the students apparently believe in.

Of course, the students will probably say it was only one book, promoting a particular point of view with which they disagreed.

But in his classic novel "Fahrenheit 4-5-1," Ray Bradbury explains how the reading of books became illegal in a futuristic society, and book-burning became an accepted part of the culture.

It started not with censorship laws but with minorities and special-interest groups cutting a paragraph here or ripping out an offensive page there, "until," he writes, "the day came when the books were empty and the minds shut and the libraries closed forever."

Or perhaps one should reflect on the words of Martin Niemöller, whose poem, "First they came," has many different versions, but begins with the words, "First they came for the Communists, and I did not speak out because I was not a Communist." And ends with the line, "Then they came for me, and there was no one left to speak for me."



Media Matters
Larry Burriss

Lovvorn catches second LBAA Co-Angler Classic trophy

DeAnna Lovvorn does it again. Twice in 4 years she brings home the LBAA Co-Angler Classic trophy — this time all the way from Oil City, Louisiana. Lovvorn is a Tennessee gal born and raised in Middle Tennessee. She grew up in Bell Buckle and has lived in Cannon County for the last 10 years with her husband Roger. DeAnna started fishing 6 years ago and has been fishing with Lady Bass Anglers Association as a Co-Angler since 2014.

After Day 1, DeAnna was sitting in 11 place with a lot of ground to make up. Day 2 shed some hope with her first fish of the day weighing in at 6.74 pounds. It was beast of a fish that helped make up some distance, along with 1 slot fish and one fish under the slot size, moving her all the way up to 2nd place. Day 3 was a grind for all anglers and she finally had 3 fish to end the day. As a co-angler, she can only weigh 3 fish, where the boater can weigh in 5 fish each day. It came down to the leader, a local to Louisiana Debbie Aswalt, needing just under 3lbs to take the win away from Lovvorn. What hurt Aswalt was a dead fish penalty on Day 1. A 1/2lb deduction was the difference. DeAnna took the lead and the championship. Her first Classic when came on Old Hickory in 2016.

DeAnna's favorite technique is her shaky head along with a Carolina Rig and a Texas Rig. "I am always learning and watching others to add to my arsenal. Every year during off season from tournaments I practice on different techniques. The voice in

my head is my wonderful husband Roger. He is always reminding me "Go with what you know" don't try something new in the middle of a tournament. If my boater is doing something completely opposite from what I am doing, don't try something you are unfamiliar with. Go with what you know. He also told me and as it is written on my jersey "Improvise, adapt and overcome" As a co-angler you are not in control of what or where your boater is going or going to do. You must adapt to your surroundings and make do with what you have been dealt."

Her goal has always been to win AOY (Angler of the Year) and she has been close several times but her end game is to become a boater and be responsible for her own decisions and destinations. She is giving it one more season to accomplish AOY but she has made the decision for 2021 to put her big girl pants on and move to become a boater.

Her 2019 season would not be possible if it wasn't for her husband Roger Lovvorn, friends and fellow boater Angela and John Mayo. All the ladies from the LBAA, friends and fellow anglers from Adient and local anglers supporting and cheering her on.

Her sponsors include Fish on Tn Custom rods, Adient of Murfreesboro, Poppy's Jigs, MC Pro Nation Jersey, Backlash Lures, Woo Tungsten and in 2020 Vector Hooks. Follow DeAnna Lovvorn on Facebook and Instagram. If you would like to sponsor or help support DeAnna Lovvorn in her 2020 fishing season please contact her. Ladybassanglers.com



Cannon County fisherman DeAnna Lovvorn

Friends of Tennessee Libraries Week

In recognition of the invaluable work of Friends of Libraries across the state of Tennessee, Governor Bill Lee has proclaimed October 20 – 26, 2019, Friends of Libraries Week and encourages all citizens to join in this worthy observance.

"Libraries are absolutely essential for our communities, now, more than ever," said Diane Johnson, President, Friends of Tennessee Libraries (FOTL). "Every person who uses a library has access to books, magazines, newspapers, DVDs, CDs and computers, at no expense. Just as importantly, they are assisted by trained librarians and staff who work tirelessly to support them. Friends are a vital part of that support and we are delighted that Governor Lee recognizes '...the gifts of time and commitment by Friends of Libraries in Tennessee,'" said Johnson.

Residents of local communities all over the state join together to assist and improve their public li-

braries. Friends recognize the critical importance of well-funded libraries and advocate for needed resources. Friends work to raise funds for additional materials, programs and services. Friends promote their libraries and contribute to the betterment of their communities.

"We thank Governor Lee for his recognition and celebration of the valuable work of our

Friends of Libraries," said Johnson. "We urge all Tennesseans to use their local library and join the Friends."

Since 1992, the Friends of Tennessee Libraries, a volunteer organization, has been dedicated to supporting Tennessee libraries and local Friends of Library groups. More information is available at www.friendstnlibraries.org.

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ANNUAL
Curlee Cemetery Trust Meeting
5:00 P.M. on November 9th, 2019
at
Curlee Church of Christ Building
Please join us in making the
Curlee Cemetery the best small cemetery
it should be.

THE THREE ANGELS' MESSAGES {GOD'S FINAL WARNING TO MANKIND}

**REVELATION'S MOST SIGNIFICANT PROPHECY!
REVEALS HOW THIS WORLD WILL END
& HOW TO PREPARE FOR IT**

A Bible Prophecy Seminar!
By Pastor Dennis Clark

A Gospel Presentation!
By: Amanda Hagar
Justin Johnson
Alex Loudon

YOU ARE INVITED!
EVERYONE IS WELCOME TO ATTEND!

WHEN? Friday & Saturday evenings over 4 weekends beginning Oct. 25
Two presentations each night -the first at 7:00 & the second at 8:00

REFRESHMENTS SERVED BETWEEN THE PROGRAMS!

COST? Entirely Free, including all materials distributed to each person
WHERE? First Seventh-day Adventist Church in Woodbury!
{303 W. Colonial Street}

COME AND LEARN ALL ABOUT -
the return of Jesus Christ
the mark of the beast
the 7 Last Plagues
Babylon's fall

Trick and Treats

Where: Woodbury Health & Rehab
119 West High St

Time: 5:30 - 7:30
Or until We run out of Candy and Popcorn!

No Pets Allowed in the Building
due to State Rules!!!

We are taking donations
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THE CANNON BLAST

Submit items to The Blast by email at
news@cannoncourier.com

‘SAVE’ VIGIL FRIDAY NIGHT

October is Domestic Violence Awareness Month. We here at SAVE are currently working on our 2nd Annual Candle Light Vigil set for October 25, 2019. The event will begin at 6 p.m. and end at 8:00 p.m. There will be music, prayer, a moment of silence for all Victims of Domestic Violence, Educational Booths, Expert Speeches, Testimonials from survivors of Domestic Violence and much more. Whether you are a victim, a survivor, family or friend of a victim, or touched by Domestic Violence in anyway please come and join us. Help us raise awareness and end Domestic Violence in our community. If you would like to get involved and help with the preparations, please contact this the SAVE office at 615-563-6690.

FYI, the SAVE Board will be conducting a Fundraiser Road Block prior to the event on Friday, October 25. The road block will be from 3 pm to 6 pm.

CITY HALL CLOSED WEDNESDAY

Woodbury City Hall will be closed Oct. 23rd for remodeling. We plan to reopen Oct. 24th. Thank you, Shane Gannon, Public Works Director, Town of Woodbury.

ATTENTION ALL MERCHANTS!

The final Merchants Meeting will be held on Oct. 29th at 6:30 pm at Sarah & Alli Boutique regarding the Cannon Country Christmas to be held on November 22nd & 23rd. Merchants who are planning to be a part of this celebration and co-op the advertising cost need to contact Carolyn Motley at 615-563-2222 by Oct. 28th and please attend the meeting so you will know what is being planned. This event is for the Merchants so no vendors will be allowed to set-up around the square and the square will be open for parking. Hope to see everyone at the meeting. — Carolyn.

PLAINVIEW CORN MAZE

Plainview Corn Maze—You will be aMAZED at the fun you will have at the Plainview Corn Maze this year. This annual event is free entertainment for all ages. This year’s theme is Joseph’s Dream and will depict that story throughout the maze. Two escape rooms have also been added to the event. There will be refreshments as well.

The maze will be held on the weekends of October 19-20 and 26-27. Starting time will be 6 p.m. on each night. On Wednesday, October 30 the maze will be open and there will be trunk or treat for all the children. Beans and cornbread will be served to all visitors. A drawing will be held for a giant gift basket, also.

You can also learn more about the Goliath Program that the church sponsors to aid those who have addictions. An exhibit will be displayed explaining the Operation Christmas Child Shoebox Ministry that the church works with through Samaritans’ Purse.

Pastor Jonathan Womack invites everyone to attend. This event is child friendly and will be entertaining to all who attend.

Plainview Baptist is located at 6088 Jim Cummings Highway just outside of Woodbury. For more information you may call 615/563-4589.

SOBRIETY CHECKPOINT OCT. 25

The Tennessee Highway Patrol will be conducting a Sobriety Checkpoint October 25, 2019 on State Route 53 in Cannon County.

Impaired driving is a serious crime that kills more than 16,000 people and injures 305,000 others every year in the United States. Troopers will evaluate drivers for signs of alcohol or drug impairment. Troopers will target those who operate a vehicle while impaired and take corrective actions for other violations observed while ensuring the protection of all motorists.

The Tennessee Highway Patrol recognizes that sobriety checkpoints are highly visible and effective tools in the battle against impaired driving.

FALL COLOR BOAT CRUISE

Oct. 26 – 17th Annual Fall Color Boat Cruise on Center Hill Lake, Silver Point, 1 P.M. – 4 P.M. This fundraising event is sponsored by the Friends of Edgar Evins State Park, an all-volunteer group with the sole purpose of supporting the park. See waterfowl, other lake fauna, possibly fall colors, historic landmarks and rich lake homes from the comfort of a pontoon boat. \$15 per person. Make online reservations at www.foesp.com/color-cruise If you need help with reservations contact the park office at (931) 646-3080 or toll free at 1-800-250-8619 for contact information for a designated member of the Friends of Edgar Evins State Park.

VOLUNTEER FOR CASA

There are 20,000 children across Tennessee in need of a CASA Volunteer each year. Someone has to be for the child! Why not YOU!!!!

CASA is a non-profit organization whose mission is to advocate for abused and neglected children in Cannon County. Contact us today to see how you can help! Find us on Facebook: <https://www.facebook.com/CannonCountyCASA>

CASA of Cannon County will have their next training for Volunteers starting soon! If you would like to be a part of that training so you can be the Voice for a child that is in the foster care system, contact CASA today! Every child needs a voice!!!

Thank you!!! Kamille Smith, CASA Executive Director 615-542-6508, casacannonco@gmail.com

Adams Memorial Library Happenings Story Time

Come join the fun on Tuesdays at 11:00 am for Story Time for children as we make our way through the alphabet with stories and crafts. At the library.

Tuesday, Oct 22, 11:00 am — Letters X, Y, and Z

Tuesday, Oct 29, 11:00 am — Leaf Man

Oct 31, Halloween, library closes early due to College Street closure.

November Programs

Saturday, Nov 2, 11:00 am—Mr. Bond, Winter Wonderland Lights, Lasers, and Snow!

Saturday, Nov 9, 11 am—Mr. Bob Tarter, Animals and Their Roles—Including Ours—Around the World

Please join us for our library programs, all programs are free and open to the public. For more information call: 615-563-5861.

SENIOR CENTER EVENTS

• Cannon County Senior Center presents Murder Mystery Chili Supper October 25, 2019 at 6:00 p.m.

Totally Rad 80’s Prom Gone Bad... Dress in your best 80’s prom attire and see if you are the Murderer or the Victim! Can you solve the mystery?

There will be music, food, lights, dancing and an 80’s themed Prom all for \$20.00.

Awards for “Best Dressed” and a Prom King and Queen will be crowned.

All proceeds support the Senior Center. For tickets, roles and/or information call 615-563-5304.

• Cannon County Senior Center presents Southern Caribbean Cruise with Royal Caribbean Cruise Line 8 Days/7 Nights

October 11-18, 2020

Ports include: Puerto Rico, St. Thomas, St. Kitts & Nevis, Antigua, St. Lucia, and Barbados

Inside Cabin \$1,981

Outside Cabin \$2,101

Balcony Cabin \$2,231

Rates are per person double occupancy and include roundtrip airfare from Nashville. \$350.00 deposit required for reservation

FLASHLIGHT NIGHTS AT OAKLANDS

Explore Murfreesboro’s most mysterious mansion after dark and experience the unusual and creepy. As the doors creak open, the spooks and goblins are waiting to welcome you to Oaklands Mansion.

Thursday, October 24

Friday, October 25

Saturday, October 26

7:00 p.m. until 10:00 p.m.

Admission of \$10 for adults and students ages 12 & up and \$5 for children ages 6-11.

Be prepared to show proof of payment at check-in to avoid ticket lines. For your safety, Oaklands’ main drive will be closed. Please park at Oaklands Park Picnic Pavilion located at 427 Roberts Street.

ONGOING

MUSIC NIGHTS AT THE CANNON COUNTY SENIOR CENTER: Nov. 1st.... Gilley Bros. Nov. 15th....

Rockin Country...Music starts at 7:00.... \$5.00 admission... additional info... 615 904 5868.

FREE: Discover Bible Series, P.O. Box 290, Woodbury, TN 37190. Write to request the series or for more information.

CELEBRATE RECOVERY: Celebrate Recovery from hurts, habits and hang-ups meets every Tuesday at 6:30 p.m. at First Baptist Church.

Blast From
the Past

... the Cannon Courier Scrapbook



From the June 22, 1999 Cannon Courier



From the November 6, 1975 Cannon Courier.

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College, S2L to offer credit for completing treatment

Williamson College has teamed up with Spring 2 Life Recovery to offer useable college credits in exchange for completion of the recovery program curriculum. The agreement was signed on October 1st, 2019, and go into effect next year.

This partnership is the first of its kind, but hopefully not the last. “We want other universities and other rehabs to do this, and we’re willing to show them how we got to this place,” said Pastor Adam Comer, CEO, S2L Recovery.

“Faith-based recovery and faith-based higher education have officially joined forces. I’m looking forward to seeing where this goes,” said Dr. Ed Smith, President at Williamson College.

The seeds of this agreement were planted years ago when Pastor Comer met Dr. Bryan Thomas, Director of Academic and Student Services for Williamson College. Dr. Thomas and Pastor Comer were both members of a small group at Lifepoint Church in Smyrna, TN. They stayed in touch over the years and, eventually, Dr. Thomas learned about S2L’s recovery curriculum.

“As an administrator, I’m always thinking of partnerships and ways to provide educational opportunities for different student populations,” said Dr. Thomas. “Learning about S2L’s curriculum stirred up the idea of offering transfer credit to students that complete S2L’s recovery program.”

Dr. Thomas was impressed by the structure and organization of the 7 Principles curriculum, written by Pastor Bruce Stanley at S2L. In one of Pastor Stanley’s previous roles as a department head at Nossi College, he gained experience writing syllabi and curriculums. The marriage between Williamson College and S2L Recovery was fairly seamless because of the shared values between the two organizations.

“Faith-based recovery and faith-based higher education have officially joined forces. I’m looking forward to seeing where this goes,” said Dr. Ed Smith, President at Williamson College.

The 7 Principles curriculum teaches recovery through biblical knowledge. S2L Recovery realizes that everyone’s journey through recovery is different; therefore, the rigid 12 step program wasn’t how they wanted to design their program. Instead, they base their approach around 7 Christ-centered principles so that each student can find their way to recovery at their own pace.

The immediate goal is to help each individual

enrolled in the program. S2L Recovery aims to give their students the tools and motivation they need to change their lives in a positive way.

Dr. Thomas’ hope is “those who complete these programs not only have a road to recovery and become contributing members of society, but they can also earn degrees and become leaders.”

On a macro level, S2L Recovery hopes to destroy the stigma of addiction. Through changing the way people view the process and the result, they can give those still struggling a positive example.

“The ultimate goal would be to help end this epidemic through the hope of providing resources and encouraging people,” said Pastor Comer.

The students currently coming out the other side of the curriculum are already showing an improvement in how they interact with the world around them.

“Not only are students who complete recovery programs prepared to enroll in college, they are motivated to pursue excellence. I’ve witnessed it firsthand,” said Dr. Thomas.

Both Williamson College



Williamson College president Dr. Ed Smith and S2L Recovery CEO Pastor Adam Comer sign the partnership agreement Oct. 1.

and S2L Recovery hope to be an example to other universities and recovery programs. Although their program will be the first of its kind, similar systems have operated in prisons for years. These prison education systems have been shown to reduce recidivism rates by up to

40%. There is an undeniable link between furthering a person’s education and healthier choices. Perhaps it’s the expansion of options a diploma affords an individual. Or, perhaps it’s the hope this accomplishment can instill in the graduate. Whatever

the cause, the means of achieving these results will be made easier by the partnership between Williamson College and S2L Recovery.

“This partnership speaks volumes to an organization that actually gets it. The stigma is being eradicated, and, in its place, hope

and purpose are being offered. This is a huge deal for the national recovery community,” said Pastor Comer.

The complementary program between Williamson College and S2L Recovery is set to begin in 2020.

Did you know?

In 2012, the U.S. Department of the Treasury studied the effect that getting stuck in traffic has on fuel consumption. Researchers discovered that Americans were wasting 1.9 billion gallons of gas each year due to congested roads and inadequate transportation infrastructure. Although that study was conducted in 2012, it’s reasonable to conclude that wasted fuel remains a big and potentially dangerous issue. One way to cut down on the environmental and financial toll of traffic is to find different routes that help drivers avoid traffic jams. Even if such routes are more circuitous, they may end up helping commuters save time and money in the long run. Popular GPS-based traffic apps can guide drivers to less congested roadways by allowing users to set filters to avoid traffic.

AUCTION

LIVE ON-SITE!

SATURDAY, OCTOBER 26th @ 10:00 A.M.

2642 Pea Ridge Rd. Liberty, TN

50.18 Acres with 40x70 Shop to be offered in 6 Tracts

Bid online now on the Real Estate, Kubota tractor, Chevrolet Avalanche, Harley Davidson Road Glide

Six beautiful building tracts ranging from 5 acres to 24 acres with 40x70 shop.

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Tract 2: 5.010 Acres w/ city water available & minimum 3 BR soil area

Tract 3: 5.029 Acres w/ city water available & minimum 3 BR soil area

Tract 4: 5.027 Acres w/ city water tap in place, cattle barn & minimum 3 BR soil area

Tract 5: 5.112 Acres w/ city water available & minimum 3 BR soil area

Tract 6: 24.406 Acres w/ city water & electric on property and 40x70 metal shop plumbed w/ concrete floor & minimum 3 BR soil area

Personal Property to be offered: Bale spear, 6 ft tiller, 4x6 utility trailer, 8 ft box blade, 3 pt bale spear w/ trailer ball for gooseneck, 3 pt rotary broadcast spreader, single row plow, post hole digger 9" auger, 2008 Harley Davidson road glide 16,603 miles - perfect condition, 2005 Chevrolet Avalanche 182,000 miles, Motorcycle jack, Lincoln 135 mig welder, Kubota L4701 with LA765 loader - 225 hours, 30 amp extension cords, 20lb propane tanks, Sheet rock shits, Tool boxes, Troy bilt pressure washer 3000 max psi, Troy bilt cultivator edger, Dewalt drills, saws and grinders, Electrical supplies, assorted hardware, painting supplies, grease gun, battery charger, ratchet straps, Kobalt air compressor, 1983 Honda moped 457 miles, King Kooker portable outdoor propane deep fryer, vintage board games, children's toys, animated Christmas figures, Halloween decorations, NASCAR collectibles, Miller lite pool table light, Tonka metal toys, metal bakers rack, vintage dresser, decorative wood burning and propane burning fire pits, 2 chain saws, Royal vintage manual typewriter, 1998 2wd Chevrolet 2500 181000 miles with utility work bed and ladder rack, Husqvarna 54" cut 26hp riding mower -122.0 hours, 20ft car hauler trailer tandem brake, canoe, 3pt hitch hay spear -2, front hay spear, 10 ft metal brake, duw fast framing and trim nail guns, Priefert squeeze chute & half sweep, 12 ft corral panels, 32 ft Argosy bumper pull camper (hunter's special), 10 ft feed troughs, vintage furniture, shop vacs, 30 amp extension cords, Dyna-Glo Pro shop heater, Kent floor polisher/sander, appliance dolly, Upright freezer, FDNY pedal truck, Stihl chain saw, propane fire pit, hanging chairs, wood rocking chairs w/ table, Troy Bilt portable generator, patio heater, round bale hay rings & several other items too numerous to mention.

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All information contained in this ad is believed to be true and correct, but not warranted. All announcements made day of auction take precedence over any previous advertising.

Directions: From Smithville, take Hwy 70 toward Dowlstown to L on Dry Creek Rd. At end of road turn R on Pea Ridge and continue to auction on R. Watch for parking signs for parking area.

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MTSU Theatre presents 'Kiss Me, Kate' Oct. 24-27

MURFREESBORO, Tenn. — Can we still brush up our Shakespeare and heed Cole Porter's clever love songs in the era of #MeToo and toxic masculinity? MTSU Theatre students

say yea, verily, with their new production of the classic Broadway musical "Kiss Me, Kate" in Tucker Theatre Oct. 24-27. Curtain times are 7:30 p.m. Thursday-Saturday,

Oct. 24-26, and there's a 2 p.m. matinee Sunday, Oct. 27. Tickets, available now at <http://www.mtsuarts.com> and at the box office, are \$15 general admission and \$10 for K-12 students

and senior citizens. MTSU students will be admitted free at the box office with a current ID.

Tucker Theatre, located inside MTSU's Boutwell Dramatic Arts Auditorium at 615 Champion Way, is fully accessible for people with disabilities, including those with hearing, vision and mobility impairments. "Kiss Me, Kate," which premiered in 1948 and won the first Tony Award for best musical a year later, is a show within a show, focusing on a divorced couple's behind-the-scenes antics as they attempt to present a musical adaptation of Shakespeare's "The Taming of the Shrew." Porter wrote the music and lyrics for the show and won his own Tony for it, as did writers Bella and Samuel Spewack.

Director and theatre professor Kristi Shambarger, who's led MTSU's recent sellout musicals "9 to 5: The Musical," "Joseph and the Amazing Technicolor Dreamcoat," "Peter Pan," "West Side Story" and "Les Misérables" with musical director Raphael Bundage, a professor of vocal performance in MTSU's School of Music, says the cast and crew have been working hard on this MTSU Arts production, especially at keeping straight faces amid the comic exchanges and wild dance numbers.

"This cast has been delightful!" she says. "The cast is about half returning students and half new students, and it includes Department of Theatre and Dance majors, School of Music majors and more!"

"I'm looking forward (on opening night) to having the dances learned, getting our comic timing set, tackling the tap dance in the show and bringing in an audience with which we can share the piece. Rehearsals have just been fun!"

Sophomore Kamryn Boyd of Hendersonville, Tennessee, who's portraying female lead Lilli Vanessi — who plays "Katherine" in the "Shrew" production — says she's had to focus on her classical vocal training for this show as well as Shakespearean character development.

That's been a big change from her preparation for her fall 2018 debut at MTSU in "9 to 5," but since she's been performing since she was 8, she knows some behind-the-scenes situations don't change at all.

"Sometimes things don't go as scripted. That always creates a great memory," she says. "During 'We Open in Venice,' a wrong line was said while we were dancing, and Kaleb (Stone, who plays Boyd's "ex-husband," Fred Graham/Petruchio) said 'Nope.'"

"Even though we kept dancing, we couldn't sing because we were laughing too much. It was simply the best!"

Stone, a junior from Spring Hill, Tennessee, who's making his MTSU debut, says concentrating on portraying two characters is a welcome challenge.

"It's really interesting exploring the two characters, considering I'm playing a character who is also playing a character," he says. "It's challenging developing two characters with similar mindsets. It's really fun, however, exploring how to make the two characters different enough to be distinguishable but similar enough to be the same person."

The cast also includes Murfreesboro freshman Alexandria Garrett as Lois/Bianca; sophomore Caleb Mitchell of Nashville as Bill/Lucentio; senior Ben Spurlock of Spring Hill as Harry/Baptista; senior Tori Peterson of Murfreesboro as Hatti; sophomore Jon Wampler of Church Hill, Tennessee, as Ralph; and Knoxville sophomore Grant Malone as Paul.

A complete list of the cast and crew is included in the official program at <http://ow.ly/mOzF30pK8dL>.

REQUEST FOR BID PROPOSAL CANNON COUNTY, TENNESSEE

CANNONCOUNTYCOURTHOUSEINTERIORCEILINGWALLREPAIRS

Cannon County requests bids capable of providing interior repairs to the Cannon County Courthouse. This is primarily on the second-floor, ceiling and wall repairs. The construction will commence in January of 2020 with completion of the entire project by April 2020.

There are specific services to be performed. Preparation of bid plans, specifications and scope of work will be provided and clarified after an onsite review of all proposed repairs. It is imperative that a walk-through of the site occur prior to the submission of a bid.

This is an office environment with normal business hours. All work will be scheduled around these normal business hours. Accommodations must be made not to prohibit any functions of government during the repair process.

To present bids along with the criteria for bid specifications and scope of work call or email County Executive Brent D. Bush at 615-563-2320 or bbush-cannoncoexecutive@gmail.com.

Please submit two copies of your bid by 3 p.m. on November 15, 2019 to the County Executive office. All bids will be submitted to the County Commission and a contract will then be submitted to the Commission concerning the overall cost of the project.



From the Cannon Courier Recipe Box

SPONSORED BY

Osborne's Piggly Wiggly

HARVEST CARAMEL CORN

10 cups popped popcorn
Salt
1 cup butter
1 cup light brown sugar
2 teaspoons vanilla
1/2 teaspoon baking soda
Mini Rolos or regular Rolos
Harvest blend M & M Candy

Make popcorn. Salt popcorn and set aside. Melt 1 cup butter in a medium saucepan over medium heat. Add 1 cup brown sugar and stir until mixed thoroughly. Stirring continuously, bring the butter and sugar mixture to a boil. When it reached a boil, allow it to cook for 5 minutes without stirring. Add the 2 teaspoons of vanilla at the 4 minute mark and stir to mix. Continue to boil for another minute and then add the 1/2 teaspoon of baking soda. Drizzle 3/4 of the caramel mixture over the popcorn. Use a spoon to gently fold the popcorn with the mixture until the kernels are all covered. Save 1/4 of the mixture. Pour the popcorn onto a cookie sheet covered with aluminum foil. Drizzle the remaining caramel mixture over the caramel corn and immediately sprinkle the M & M candy and the Rolos on the areas with the drizzled caramel mixture. Let the popcorn cool.

PUMPKIN SPICE EARTHQUAKE CAKE

1 box spice cake mix
3 large eggs
1 cup pumpkin puree (canned)
3/4 cup water
1/2 cup vegetable oil
1/3 cup granulated sugar
2 teaspoons pumpkin pie spice

Cream Cheese Filling...
8 ounces cream cheese (room temperature)
1/2 cup unsalted butter (melted)
3 cups powdered sugar
1/2 cup chocolate chips

Preheat oven to 350 degrees. Spray a 9 x 13 baking pan with non-stick spray. In a large bowl, mix together the cake mix, eggs, pumpkin, water, oil, sugar and pumpkin pie spice. Pour the batter into prepared pan. In another bowl, melt the butter and mix together with the room temperature cream cheese. Stir in the powdered sugar and mix well until combined. Place spoonfuls of the cream cheese mixture all over the top of the cake mixture. Using a knife, gently swirl through the cream cheese. Sprinkle chocolate chips on top and bake for 40-50 minutes or until center is set. Allow the cake to almost completely cool before cutting. If you cut before it cools, the cake will be very soft and will not cut cleanly. Store in an air tight container in the refrigerator.

NO-BAKE PUMPKIN PIE

2 cups canned pumpkin
1/2 cup sugar
8 ounces cream cheese, softened
2 (8 ounce) containers of Cool Whip
1 tablespoon cinnamon
2 teaspoons pumpkin pie spice
1 teaspoon nutmeg
1 (3.4 ounce) box instant vanilla pudding
1 cup milk
2 pre-made crusts

Add cream cheese, sugar and half of one 8 ounce tub of Cool Whip in a bowl and blend well with a hand mixer. Fill your pre-made crusts evenly with this mix. For the middle layer, mix pudding and milk and stir until thick. Add 2 cups canned pumpkin. Add pumpkin pie spice, nutmeg and cinnamon. Stir until blended. Pour on top of bottom layer. For the top layer... Top evenly with Cool Whip and sprinkle with spices. Refrigerate for at least an hour before eating so pie has time to set completely. Makes 2 pies.

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MTSU student values morals over money on ‘MTSU On the Record’

MURFREESBORO — An MTSU student’s moral dilemma is the subject of the next “MTSU On the Record” radio program.

Host Gina Logue’s interview with Phillip Dean, a junior aerospace major from Roswell, Georgia, will air from 9:30 to 10 a.m. Tuesday, Oct. 22, and from 6 to 6:30 a.m. Sunday, Oct. 27 on WMOT-FM Roots Radio 89.5 and www.wmot.org.

On July 9, Dean was on Interstate 285 in suburban Atlanta on the way to his parents’ house when he noticed paper money in the air and on the road. People were stopping their cars and getting out to reap a bonanza left by an armored truck with a malfunctioning door. The bills had spilled out all over the highway.

Dean, a veteran of six years in the U.S. Air Force who had been accepted to MTSU for the fall 2019 semester, said he initially prepared himself mentally to apply first aid to anyone who was struck by oncoming traffic while chasing the money. However, he eventually got out of his vehicle and collected some money himself.

Ultimately, after 48 hours of soul-searching, Dean turned the \$18 he had confiscated over to the Dunwoody, Georgia, Police Department. He said he thinks both his military honor code training and his upbringing led him to that decision.

“I was raised very well by both my parents, and they taught me always to do what’s right,” Dean said. “With the Air Force, we have three core values — integrity first, service before self and excellence in all we do. It’s always doing the right thing when no one’s around.

To hear previous “MTSU On the Record” programs, visit the searchable “Audio Clips” archives at www.mtsunews.com.

Bush

From page A1

regarding individuals who exemplify the Mission and Vision of Cannon County Schools.

Woodland Principal, Mrs. Angela Cossey stated regarding her excellent employee, “Mrs. Mitzie Bush is an exemplary teacher at Woodland School. Her passion for teaching and learning is contagious! Mrs. Mitzie has a demonstrated record of commitment and enthusiasm for teaching and leading within her classroom and outside of her classroom walls. She goes above and beyond every day for our students and makes sure students are getting what they need to be successful. She always greets students, parents, and colleagues with a smile and makes connections with her students that will last a lifetime. The teachers, staff, students, and parents of Woodland School appreciate her dedication and service in helping make our school a great place to learn.”

Supervisor of Special Education for Cannon County Schools, Mrs. Audrey James, nominated Mrs. Mitzie stating, “Mrs. Mitzie Bush has been teaching for many years here in Cannon County. She exhibits a growth mindset to all of our teachers, faculty and staff. Mitzie cares for her students and their needs deeply. She comes to work early and stays late many days to prepare to meet the students’ needs. She strives to meet the whole student’s needs in addition to academic needs. Her dedication and love for her students are exhibited daily in her efforts. She goes out of her way to meet parents, staff and students where they are. She is greatly appreciated. ”

Director of Cannon County Schools, Mr. William F. Curtis, commented “I met Mrs. Mitzie Bush in 1986 as a colleague at West Side Elementary School. As colleagues, Mrs. Mitzie taught Third Grade and assisted me greatly as I began my journey teaching students. She later transferred to Woodland School and became an outstanding Special Education Interventionist with the students. She has exemplified what a true professional is through her influence with her students and being a powerful advocate in their lives. Her love for students and their learning has been demonstrated in the hundreds of students she has taught. I believe Mrs. Mitzie Bush greatly personifies our Mission of Cannon County Schools of ‘Preparing All Students for their Future’ by most assuredly being ‘The New E3 – Engaged in Excellence Every Day.’ Congratulations to Mrs. Mitzie Bush for being an impactful ‘Team Player’ in our Cannon County Schools family.”

Wins

From page A1

the winning bid is awarded.

McMinnville Fire Extinguisher will continue to service Cannon County Schools with fire extinguishers. Six bids were received with the Warren County company being the lowest. McMinnville Fire Extinguisher has been servicing the schools for several years now.

The Board also gave Marcia Melton, Supervisor of Instruction, permission to file ED form 2152. This is a form that has to be filed every year with the State for textbook compliance.

A committee was approved to look at the English language arts curriculum textbooks. More information will be provided to the board of education in the upcoming months.

Dance

From page A1

implement the first ever internship program between the university and a dance studio.

Maryn ClenDening, a senior in the dance major program, was chosen as the inaugural candidate to help her develop the skills required to work in a real-world studio environment. As part of her

internship program, Maryn is presenting this workshop to introduce future dancers to the requirements of the MTSU dance department.

Mr. Allen will be teaching a sample combination, in addition to the discussion. Attendees should come prepared to dance, wearing dance appropriate clothing, jazz shoes, or bare feet.

Troopers

From page A1

Last year, state troopers issued 398 speeding and 83 distracted driving citations and arrested nine individuals on suspicion of drunk driving in Tennessee on October 31.

As of October 7, there have been 104 pedestrian fatalities in Tennessee in 2019. That’s nine more pedestrian deaths compared to this same time last year.

“Our troopers will increase patrols in the evening and will conduct a variety of traffic enforcement initiatives to ensure a safe Halloween,” Colonel Dereck R. Stewart said. “There is simply zero tolerance for drunk, distracted or unrestrained drivers. We will be working hard to ensure that this is a safe Halloween for children and adults alike.” Stewart added.

The Centers for Disease Control (CDC) estimate children are twice as likely to be struck by a vehicle on Halloween compared to any other day of the year. Children are at a greater risk of being struck because they may not look for oncoming vehicles before crossing the road. They are smaller and more difficult to see. Plus they have trouble judging distances and speeds of oncoming vehicles.

THP personnel will conduct saturation patrols, sobriety and seat belt checkpoints, as well as bar and tavern checks this holiday period.

Below are tips parents, children and motorists should keep in mind before heading out this Halloween.

HALLOWEEN SAFETY TIPS

Tips for Motorists

- Slow down. Watch for children walking on roads, medians and curbs.
- Be extra alert when pulling in and out of driveways.
- Be especially alert for children darting out from between parked vehicles and from behind bushes and shrubs. They’re excited and may not be paying attention.
- Do not pass other vehicles that have stopped in the roadway. They could be dropping off children.
- If you are driving to a Halloween party, put your mask on after you park the car.
- Never drink and drive – tonight or any night. If you are partying, designate a driver.

Tips for Parents

- Adults should accompany children at all times and supervise their "trick or treat" activities.
 - Teach children to "stop, look left-right-left, and listen" before they cross the street.
 - Instruct children to stay on sidewalks and to cross only at corners or crosswalks.
 - Use a flashlight and wear retro-reflective strips or patches on your clothing or costume to be more visible to motorists.
 - Be certain that the mask does not obstruct vision or hearing.
 - Ensure that costumes do not impede walking or driving ability.
- Tips for Pedestrians (children and adults)**
- Require children to wear retro-reflective materials and carry a flashlight at dawn and dusk and in other low-light situations, such as rainy or foggy weather.
 - Before crossing a street, stop at the curb or edge of the road and look left, right and left again to be sure no cars are coming. Continue to check for traffic while on the street.
 - Walk – never run – from house to house or across the road.
 - Cross the street only at intersections and crosswalks.
 - When crossing at an intersection with a traffic light, be sure to watch for turning cars. Obey all pedestrian signals.
 - Walk on sidewalks whenever possible. If there are no sidewalks, walk on the left side of the street facing traffic.

Turn

From page A1

pills or patches.) The service is free and anonymous, no questions asked.

Last fall Americans turned in nearly 460 tons (more than 900,000 pounds) of prescription drugs at more than 5,800 sites operated by the DEA and almost 4,800 of its state and local law enforcement partners. Overall, in its 17 previous Take Back events, DEA and its partners have taken in almost 12 million pounds—nearly 5,500 tons—of pills.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. The Substance Abuse and Mental Health Services Administration’s National Survey on Drug Use and Health shows year after year that the majority of misused and abused prescription drugs are obtained from family and friends, including someone else’s medication being stolen from the home medicine cabinet. In addition, Americans are now advised that their usual methods for disposing of unused medicines—flushing them down the toilet or throwing them in the trash—both pose potential safety and health hazards.

Come by with all your old and unused prescription pills, and meet and support the folks of your local Substance Abuse Prevention Coalition. In our April Take Back event, over 21 pounds were turned in locally and passed along to the DEA for incineration. Those that drop off old & unused prescription drugs will receive a coupon for a personal prescription lock box, while supply last.

For more information about the disposal of prescription drugs or about the October 26th Take Back Day event, go to www.DEATakeBack.com or visit our Facebook page at ‘cannoncoalition’.

Blackout

From page A1

layer of accountability during the Halloween season, TDOC has strict rules regarding sex offenders that must be enforced daily. According to Correctional Administrator Sue Siedentop, “Our officers do a great job ensuring that offenders adhere to the conditions of their supervision. But during Halloween – when thousands of children are going to be going door to door – our officers will be out in the community to make sure that these kids have a safe night.”

During Halloween, sex offenders under TDOC supervision are informed of a very specific set of rules they must follow. They include:

- Being in their homes by 6 p.m.
- Not having any Halloween décor
- Keeping their porch light off
- Not distributing Halloween candy
- Not attending any Halloween functions (Hallelujah Night, Harvest Festivals, etc.)

TDOC Officers will canvas the area and visit more than 3,500 offenders to ensure compliance.

While TDOC officers will be out enhancing public safety, there are some things that you can do to ensure that your child has a safe night full of treats and not tricks.

- Go with your child on Halloween night. This is not only a good way to keep your child safe but is a prime time to get to know your neighbors better.
- If you choose to let your child go out without adult supervision, make sure you know where your child will be trick-or-treating.
- Before you go out on Halloween night, check the TBI Sex Offender Registry to know which houses you should avoid.
- If you see any suspicious activity, please contact your local law enforcement agency.
- If you see a TDOC offender at a Halloween event or with holiday décor, please call 1-844-TDC-FIND and report it.

According to Acting Assistant Commissioner of Community Supervision Lisa Helton, “Operation Blackout provides all registered sex offenders under the supervision of the Tennessee Department of Correction with additional restrictions during a time when families and children are out in the community enjoying festivals and activities. This operation is part of our commitment to public safety and ensuring that all Tennesseans can enjoy a happy and safe Halloween.”

To learn more about Operation Blackout click on the link below.

<https://www.youtube.com/watch?v=j9uu0DxMfaQ>

MTSU

From page A1

For more on Alumni Relations events, visit www.mta-lumni.com or call 615-898-2922. For SGA-related (and some open to community) events, go to <https://www.mtsu.edu/sga/homecoming.php>.

“Whether you graduated five months ago or are celebrating your Golden Raider 50th Reunion, it’s time to come home to Middle Tennessee,” said Rhonda King, Alumni Relations assistant director.

“Homecoming is a celebration of what MTSU means to its students, alumni and community,” King added. “It’s important to celebrate the people you met and the relationships you made through the university. Homecoming gives everyone a chance to enjoy themselves as part of the Blue Raider family and get their True Blue on.”

One major change includes the return of the annual Homecoming Parade to Middle Tennessee Boulevard after road construction forced organizers to alter the route in recent years.

The parade will start on East Main Street at Maney Avenue and head east before turning north onto Middle Tennessee Boulevard and continuing to Greenland Drive. That means the Alumni Association’s Mixer on Middle Parade-Watching Party returns to the Alumni House along Middle Tennessee. Mary “Beanie” Secrest (’74 and ’78) is grand marshal.

Events include Golden Raiders Society induction for the Classes of 1969 and earlier, MTSU Black Alumni Society Homecoming Party, Distinguished Alumni awards, National Panhellenic Committee Step Show, tailgating and more.

2019-20 Distinguished Alumni

The Distinguished Alumni recipient is Jeremy Cowart of Franklin, Tennessee, who is an internationally acclaimed photographer and also an entrepreneur.

The Young Alumni Achievement Award, given to a graduate age 35 or younger making a positive impact in the world, goes to Aaron Shew, a Murfreesboro native now working at Arkansas State University in Jonesboro, who has spent more than a decade working in international development and agribusiness.

True Blue Citations of Distinction honorees include:

- Achievement in Education (MTSU faculty) — Carroll Van West of Murfreesboro, who is the MTSU Center for Historic Preservation director, the Tennessee State Historian since 2013, history professor and author of numerous books.
- Achievement in Education (non-MTSU) — G. Edward Hughes of Union, Kentucky, who retired in 2015 after 42 years as a higher education teacher and administrator in Tennessee, Illinois, Arkansas, New York and Kentucky.
- Service to Community — Meagan Flippin of Murfreesboro, the president and CEO of the United Way of Rutherford and Cannon Counties since 2013 and president of Rutherford CABLE.



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TENNESSEE FARMS OFFER UNLIMITED FALL FUN

NASHVILLE — Autumn fun is here! From pumpkin-picking to fall birthday celebrations, agritourism destinations are sure to create a lifetime of memories for the whole family.

If you are looking for the perfect adventure this season, you're in luck. Many pick-your-own pumpkin patches are already open, and most operations will be in full swing the beginning of October.

Do you have friends or family turning another year older this season? Some agritourism farms provide unique opportunities to host a birthday party. To name a few, Paradise Pumpkins in Maury County and Oakes Farm in Knox County are spectacular venues to host your special event.

Many Tennessee farms are not only providing fun, they are educating the communities around them. "We are able to introduce and expose guests to operations like hay production, pumpkin and gourd planting and care measures, as well as

corn and sunflower life cycles," Stephanie Woods of Autumn Acres in Cumberland County said. "As an agritourism operation operator, we have the opportunity to spread this knowledge and pass along an appreciation for farmers."

The harvest moons and the rustling leaves aren't the only thing getting Tennesseans in the fall spirit. Many agritourism destinations have taken sunflowers and zinnias from their fields to their fall displays. If you want to do the same, support your local producers by purchasing your fall décor straight from the farm.

Don't miss out on the fall fun this season. To find a local agritourism location, visit www.PickTNProducts.org or use the free Pick Tennessee mobile app. Follow Pick Tennessee on Facebook, Twitter, and Instagram for seasonal updates and information about farm-related events, activities, and products.

Some myths about Medicare

(NAPSI)—It's important to evaluate your Medicare Prescription Drug Plan every year. Your plan benefits can change, including your prescription drug coverage, premiums, deductibles and pharmacy benefits. As you do your research, you may run into a few misconceptions. Walgreens vice president of specialty and retail pharmacy operations Rina Shah debunks five common myths about Medicare Part D.

Myth 1: Your Medicare prescriptions cost the same at all pharmacies.

Fact: You often pay less on copays when you fill a Medicare Part D-covered prescription at a preferred pharmacy in your plan's network. These savings can quickly add up.

Myth 2: Medicare Part D and Medicare Advantage plans can require you to fill prescriptions by mail.

Fact: Medicare prevents plans from requiring patients to use a mail-order

pharmacy exclusively.

Myth 3: Once you pick a plan, you don't need to review it each year.

Fact: Changes in the prescriptions you take, plan design and coverage may cause your existing plan to no longer be right for you. Your insurance provider sends a letter that describes any changes to your plan. It is important to review these changes as they could impact your total cost.

Myth 4: It's a good idea to pick a plan that a friend recommends.

Fact: While your friends may have good recommendations, their prescriptions and doctors are likely different from yours. Because copays for drugs are an important part of the overall Medicare costs, what works for your friend may not be the right choice for you.

Myth 5: Changing your plan means you must change your pharmacy.

Fact: Getting a new plan doesn't always result

in having to use a new pharmacy.

When evaluating your plan options, always consider your preferred pharmacy as an important part of your evaluation.

Invasive tick detected in 6 additional Tennessee counties

NASHVILLE – The Tennessee Department of Agriculture, United States Department of Agriculture – Animal and Plant Health Inspection Services, Tennessee Department of Health, and University of Tennessee Institute of Agriculture today announced the detection of the invasive Asian longhorned tick in an additional six Tennessee counties: Knox, Jefferson, Claiborne, Cocke, Putnam, and Sevier. The tick was detected in Union and Roane Counties in May.

The Centers for Disease Control and Prevention reports that there is no evidence to date that the tick has transmitted pathogens to humans in the U.S. There are concerns that the tick may transmit the agent of Theileriosis in cattle, and heavy infestations can cause blood loss and lead to death.

It is important to be aware of this tick, as cattle and canines are particularly susceptible to tick bites. Livestock producers are reminded to be vigilant when purchasing animals, apply a tick treatment to cattle prior to bringing them to your farm, and always use best practices for herd health.

Dog owners should provide their animals with a tick preventative and check for ticks.

"Tennessee has numerous animal hosts and a suitable habitat for this tick species," Dr. R.T. Trout Fryxell, Associate Professor of Medical and Veterinary Entomology for UTIA, said. "While it is always important to be diligent and keep an eye out for all ticks, the unique biology of the Asian longhorned tick helps this species to establish quickly and become a problem."



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Vaccine study seeks to halt flu's most severe side effects

Vanderbilt University Medical Center is leading a multicenter national study to evaluate the effectiveness of the influenza vaccine for preventing the flu's most serious side effects — admission to an intensive care unit (ICU), organ failure and death.

The Influenza Vaccine Effectiveness in the Critically Ill (IVY) study, funded by the Centers for Disease Control and Prevention (CDC), will enroll about 700 adults during the 2019-2020 flu season who are hospitalized with symptoms of severe acute respiratory infection. The patients will include about 500 ICU patients and 200 non-ICU patients, said Wesley Self, MD, MPH, associate professor of Emergency Medicine and the study's principal investigator.

"Historically, the many studies evaluating the effectiveness of the influenza vaccine have focused on whether the vaccine completely prevented illness. The question has been 'if people get their flu shot, will it prevent them from getting sick at all?' Self said. "Now we are studying whether the vaccine prevents patients from becoming critically ill. People may still get sick with a minor illness if they get the flu shot, but does it prevent severe illness? Will the flu shot attenuate the severity of the disease?"

Each year influenza causes about 9.3 million to 49 million illnesses, 140,000 to 960,000 hospitalizations and 12,000 to 79,000 deaths in the United States. Vaccination is the primary strategy to reduce illnesses and deaths from the flu. The U.S. Advisory Committee on Immunization Practices

recommends annual flu vaccine for all Americans older than 6 months old who do not have a specific contraindication for the vaccine.

The CDC has preliminarily conducted flu vaccine effectiveness studies to assess how well the vaccine works in preventing ICU admissions. A previous study led by Mark Thompson, PhD, a lead CDC influenza scientist, was conducted over four flu seasons (2012-2015) and found that flu vaccine prevented severe disease. They found the flu vaccine prevented influenza-associated ICU admission.

The VUMC-led IVY study is a follow-up study to Thompson's CDC study and other work. VUMC is serving as the clinical coordinating center, data coordinating center, single IRB, central laboratory and enrolling site for the study. It was selected to lead the study based on its expertise in influenza epidemiology and conducting critical care clinical research centers. Nine other academic medical centers in the U.S. will also participate.

"Our goal is to quantify how effective the flu vaccine is for preventing people from getting critically ill. We're specifically investigating whether the vaccine has benefits to patients in terms of preventing organ failure and death," Self said.

The new information will help inform how strong the recommendations for annual flu vaccination should be and help frame discussions about how and why to make better vaccines," he added.

Self said it's largely unknown why some people who were

previously healthy become critically ill when they get influenza while others recover rapidly after only a minor illness.

"These cases are relatively rare but are so severe that preventing them is very important," Self said. "We know some things that put people at risk, such as

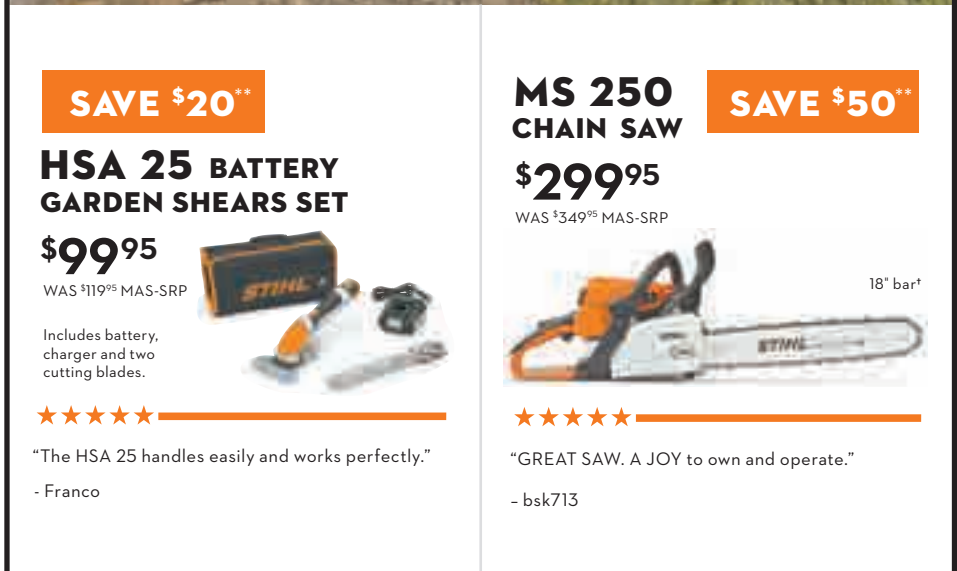
certain comorbidities and pregnancy. But there's not a lot known about why some people seemingly just get a very bad cold and some get critically ill. We're trying to help close that knowledge gap."

Other VUMC investigators in the IVY study include: H. Keipp Talbot, MD, MPH,

associate professor of Medicine; Carlos Grijalva, MD, MPH, associate professor of Health Policy; Natasha Halasa, MD, MPH, associate professor of Pediatrics; Chris Lindsell, PhD, professor of Biostatistics; and Todd Rice, MD, MSCI, associate professor of Medicine.



Self



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- 15 inch black/white ad to include photo, outline, business info in the November 19th paper (\$78.75 value)
- Business name listed on Cannon Country Christmas color ad page (\$575 value)
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Lions lose but all is not lost

Still have shot at playoffs

Keith Ready
Courier reporter

Entering Friday night's region football contest in Carthage against Smith County, the Cannon County Lions had two opportunities in the final two games of the season to reach the state playoffs which start Nov. 8.

After visiting Carthage, the team hopes to have gotten all of their bad and sloppy play out of their system in time to seize the final chance Nov. 1 as the Lions committed seven turnovers in a 51-14 loss, five of which led to Owl touchdowns.

Smith County quickly showed why visiting Owl Country is not easy in high school football when on the first play from scrimmage Owl quarterback Cameron Spivey hooked up with Eli Martin on a 65-yard bomb, putting Smith to a very early 7-0 lead.

The Lions responded two possessions later when Jamal Barrett threw a perfect lob pass to Wade Love. Cannon's two-point conversion failed and the Lions trailed by a 7-6 score.

The Owls went back on offense and drove the ball all the way to the Lion 6 on their next possession. Cannon's defense stood strong through three goal line stands forcing Smith to attempt a 24-yard field goal, which Bo Broyles

made look easy for a 10-6 advantage.

Then the turnovers started for Cannon County.

Barrett fumbled on the next possession after one play. Smith County then traveled 20 yards with Spivey picking up the final four yards to put the Owls ahead 17-6 in the first quarter.

Right before the half, with Smith County driving the ball down the field, the Lions committed a late hit personal foul penalty which sent both teams into a pushing war on the Smith County sidelines, ending with an Owl fan getting involved. After a lengthy delay to get the situation under control, Smith County resumed its offensive possession with their crowd fired up. On a second-and-seven at the Lion nine-yard-line, Lion cornerback Dylann Taylor picked off a Spivey pass and it looked like Cannon would quiet the crowd with 1:00 left.

However, on the first play from scrimmage, Barrett would lose the ball and Smith would recover. One play later Spivey hit John Ross Hord with a 24-yard pass and the Owls went into the locker room ahead 24-6.

Everything really fell apart in the second half for Cannon. With a little over seven minutes left Smith County struck again with



Wade Love (3) had a big night returning kickoffs and being on the receiving end of two Jamal Barrett touchdown passes. (Ronny Burks photo)

Hord breaking out for a 39-yard, one-play touchdown run to make it 31-6. On the ensuing kickoff, Brady Cunningham tried to avoid the football touching him. It didn't work and Smith County recovered the ball. The Owls would score off that miscue to up the margin to 38-6.

Two plays later, Cannon would cough up the pigskin again, this time the ball was recovered by Smith in the endzone for a 45-6 lead.

The Owls final touchdown came off of yet another Lion turnover, Colton Windham took it to the house from 46 yards

out for a 51-6 lead.

With the mercy rule in effect the Lions put together a successful final drive of the game ending with another Barrett to Love touchdown pass this one from 36 yards out to close the scoring 51-14.

The loss brings Cannon's record to 4-5 overall and more importantly 1-3 in region play.

The team will get a week off before returning to the gridiron November 1st at Fred Schwartz Field to meet a York Institute team who is also 1-3 in region play with the final football playoff spot up for grabs. Game time is set for 7.



In District Tournament action against Smith County, Cannon County's Lauren Knox (right) prepares to make a pass to Bradi Mason. (Ronny Burks photos)

Lionettes finish 4-9-2

The Cannon County Lionettes soccer team put up a competitive fight Tuesday night against the regular season District 7A champions the Smith County Lady Owls but for the third year in a row the Carthage team eliminated the Lionettes from the post season in a 2-0 win. Both teams exhibited a defensive battle in the two 40 minute periods at Watertown High School. Smith County scored both goals on breakaways with the first goal scored at the 20:38 mark and again at the 12 second mark in the first half. Cannon County finishes the season with a 4-9-2 record.

Smith County was upset by York in the District 7A championship 6-3 at Watertown High School on Thursday night.



Cannon County's Caroline Blanton (17) fights off the Smith County offensive player to gain control of the ball preventing a shot on goal.

Kristen Fann to sign with Bryan College

Director of Cannon County Schools William F. Curtis, Cannon County High School Principal Courtney Nichols, CCHS Athletic Director Matt Cagle, and CCHS Girls Basketball Coach Jonathan Odom announce that on Tuesday, October 22nd, 2019 in the Cannon County High School Gymnasium Lobby at 8:45 AM, CCHS Senior Girls Basketball Player Kristen Fann will sign with Bryan College to continue her basketball career.



Kristen is the second CCHS Lionette Basketball Senior Player to sign with the Bryan College Lady Lions, as CCHS Senior Taylor Meeks signed in August 2019.

Bryan Head Coach of Women's Basketball Jason Smith will enter into his eighth season this fall to continue his reign as the winningest coach in program history with a 172-80 record.

Coach Smith and the Lady Lions have high expectations this upcoming year as they are coming off the programs best season to date. In the 2018-19 season the Lady Lions held an undefeated 26-0 regular-season record, which was the best mark ever recorded in AAC women's basketball history, and finished the season with a final record of 31-2.

The Lady Lions became back-to-back regular season conference champions, three-peated as conference tournament champions, and made their third straight appearance at the NAIA Div. II Women's Basketball National Championship. Coach Smith was awarded top honors with the AAC Coach of the Year title, and the Lady Lions team was presented with a plethora of awards and honors.

Cannon County Schools congratulate Miss Kristen Fann on her signing with Bryan College, and we look forward to her representing Cannon County Schools and specifically, Cannon County High School at the collegiate level.

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Feature of the Week ... Farm House Pillows!

"Come check out our new farmhouse pillow designs...especially the Woodbury, Tennessee pillow...the perfect addition to your home decor!"

FOCUS ON SCHOOLS

Two survivors to share lessons of Holocaust Oct. 30 at MTSU talk

MURFREESBORO, Tenn. — Two people who survived one of the most horrific events of the 20th century will share their stories on the MTSU campus.

Holocaust survivors Frances Cutler Hahn and Jack Isaac Cohen will speak at 2:20 p.m. Wednesday, Oct. 30, in the Tennessee Room of the James Union Building. This event, which is free and open to the public, is sponsored by the MTSU Holocaust Studies Program and the College of Liberal Arts.

A searchable campus map with available shuttle service routes is available at <http://bit.ly/mtshuttle19>. Off-campus visitors attending the event can obtain a special one-day permit at <http://www.mtsu.edu/parking/visit.php>.

Hahn was born in 1938 in Paris, France. Her parents, who were Polish, put her in a Catholic children's home to pro-



Cohen

tect her from the Nazis. Her mother perished in the Auschwitz death camp in 1942. After that, Hahn was transferred to a Catholic farm. Her father, who joined the French Resistance, died in 1946 from wounds suffered in combat.

Overall, Hahn spent her childhood without a permanent identity. She had two religions, five names, seven homes and eight families — all in a never-ending struggle just to keep her alive.

In 1948, she moved to



Hahn

Philadelphia, Pennsylvania, to live with her aunt and uncle. However, between her Polish roots, French upbringing and American transplantation, Hahn said she had struggled to feel at home anywhere for many years. She now lives in Nashville, Tennessee.

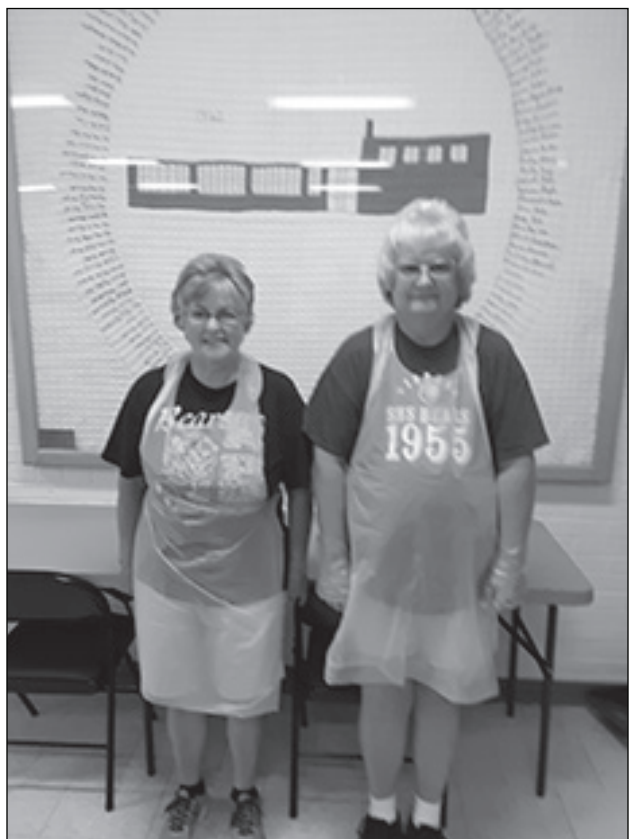
Cohen was born in 1932 in Chalkis, Greece. He lived with his family in occupied Greece during World War II. The Axis powers invaded Greece in 1941. The Cohens lived quietly in the

Italian-occupied zone. Jack's father, who spoke seven languages, kept his loved ones informed by translating radio broadcasts.

When the Nazis began arresting Greek Jews in 1943, the Cohens fled to the safety of a monastery in the mountains, where they hid for two years. As the Nazis approached, they fled again to a small village. Jack's grandmother was captured there. The family never saw her again.

The Cohens returned to a ransacked house and a devastated business after the Nazis pulled out of Greece. Jack Isaac Cohen now lives in Memphis, Tennessee.

For more information on the MTSU Holocaust Studies Program, contact Nancy Rupprecht, a professor of history, at 615-898-2645 or nancy.rupprecht@mtsu.edu or go to https://www.mtsu.edu/holocaust_studies/index.php.



Short Mountain School would like to recognize its cafeteria staff. Cafeteria manager Connie Cantrell has been working in the SMS food service for 35 years, and co-worker Nancy Francis has been with us for 21 years. They serve delicious meals daily. They always get an excellent rating from the health inspector. Thank you, ladies, for your service to SMS.

WGU offers scholarships to Address Teacher shortage in TN

NASHVILLE — With the nationwide teacher shortage projected to nearly double in less than a decade, Western Governors University (WGU), parent university of WGU Tennessee, hopes to help more prospective teachers find their passion in the classroom with the \$2,500 Become a Teacher Scholarship.

According to the Economic Policy Institution, the U.S. teacher shortage could reach 200,000 by 2025, up from 110,000 in 2018. WGU's innovative approach to higher education is a highly effective way for paraprofessionals, career changers, stay-at-home parents, and others looking to become full-time teachers to fit a teacher licensure program into their lives.

"WGU continues to be a trailblazer in identifying and meeting Tennessee's workforce needs," said Dr. Kimberly Estep, chancellor of WGU Tennessee. "Tennessee educators are integral to the growth of our communities, and with the addition of this scholarship, we can continue to serve our students across the state."

Competency-based, nonprofit WGU Tennessee offers 16 programs that lead to teacher licensure: 10 bachelor's degrees, five master's degrees, and one post-baccalaureate certification. The WGU Teachers College, accredited by the Council for the Accreditation of Educator Preparation (CAEP) and the Association for Advancing Quality in Educator Preparation (AAQEP) and recognized in all 50 states, is the nation's top producer of STEM teachers and an active partner of school districts and states around the country looking to increase the number of qualified educators. The Become a Teacher Scholarship will help more aspiring teachers earn their license and answer the call of the classroom.

The scholarship, worth up to \$2,500 per student, launched this week and will accept applications through Dec. 31, 2019. Recipients will be awarded \$625 per six-month term—renewable up to four terms—toward any program leading to a teacher certification. That comes out to more than 15 percent off WGU's already-low tuition.

Since WGU Tennessee's launch in 2013, there have been a total of 1,256 graduates from the WGU Teachers College and 997 currently enrolled. Designed to meet the needs of adult learners, WGU Tennessee's competency-based learning model allows students to take advantage of their knowledge and experience to move quickly through material they already know, so they can focus on what they still need to learn.

"After earning a degree in chemical engineering and working in sales and marketing for 35 years, I decided I wanted to use my knowledge to teach high school science," said Arby Dickert, an alumnus of WGU Tennessee. "I was able to earn a degree and complete demonstration teaching in less than a year and was quickly hired to teach at a high school where I live in Knoxville."

Students complete their programs by studying with schedules that fit their lives, advancing as soon as they demonstrate mastery of the subject matter. WGU faculty members work one-on-one with students as mentors, offering guidance, support, and individualized instruction.

Cannon County BOE approves 2020-2021 School Calendar

WOODBURY — During the October 10th, 2019 meeting of the Cannon County Board of Education, the 2020 – 2021 School Year Calendar was approved as recommended by the Cannon County Schools Calendar Committee. The following is a listing of dates approved by the School Board:

Cannon County Schools Calendar 2020-2021

August 5, 2020	In-service (In-service Day 1)
August 6, 2020	In-service (In-service Day 2), Election Day
August 6, 2020	Registration for Freshmen (9 th Grade), CCHS, 6:00 p.m.-8:00 p.m.
August 7, 2020	Registration for Students, Grades 1-8 and 10-12, Abbreviated Day
August 10, 2020	Teacher Work Day (Discretionary Day 1)
August 10, 2020	Registration for Kindergarten, K-8 Schools, 6:00 p.m.-8:00 p.m.
August 11, 2020	Students First Full Day
September 4 and 7, 2020	Labor Day, No School
September 28, 2020	In-service (In-service Day 3)
October 6, 2020	ACT Senior Retake
October 13, 2020	CCHS Parent Teacher Conferences
October 15, 2020	K-8 Parent Teacher Conferences
October 19-23, 2020	Fall Break
November 3, 2020	Election PD (Stockpile Day 1)
November 25-27, 2020	Thanksgiving Break
December 18, 2020	Abbreviated Day
December 21, 2020-January 1, 2021	Christmas Break
January 4, 2021	School Back in Session
January 18, 2021	MLK Day No School
February 15, 2021	President's Day No School
February 16, 2021	K-8 Parent Teacher Conferences
February 18, 2021	CCHS Parent Teacher Conferences
March 2, 2021	PD (Stockpile Day 2) ACT Subject to Change
March 15-19, 2021	Spring Break
March 23 and 25, 2021	Kindergarten Registration and Pre K Screening, 11:00 a.m.-6:00 p.m.
April 2, 2021	Good Friday No School
May 21, 2021	CCHS Graduation
May 27, 2021	Teacher Work Day, No Students (Discretionary Day 2)
May 28, 2021	Abbreviated Day

Note: Calendar does not include all tests dates. Please see state assessment calendar.

Approved at October 10th Board Meeting

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Legals & Public Notices

NOTICE TO CREDITORS CHANCERY COURT OF CANNON COUNTY, TENNESSEE

Estate of Wilburn Grizzle

Notice is hereby given that on the 30th day of September, 2019, letters of testamentary or letters of administration with respect to the estate of William Grizzle, deceased were issued to the undersigned by the Chancery Court of Cannon County, Tennessee. All persons, resident and non-residents, having claims, matured and unmatured against the estate are required to file same with the Clerk of the Chancery Court on or before the earlier of the dates prescribed in (1) or (2), otherwise claims will be forever barred:

(1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this Notice if the creditor received an actual copy of the Notice to Creditors at least sixty (60) before the date that is four (4) months from the date of the first publication (or posted); or (B) Sixty (60) days from the date of the creditor receiving an actual copy of the Notice to Creditors, if the creditor received the copy of the Notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1) (A); or (2) Twelve (12) months from the decedent's date of death.

This 30th day of September, 2019.

Andrea Leigh Emberton, Execritix of the Estate of Wilburn Grizzle, deceased.

DANA DAVENPORT
CLERK & MASTER
MATTHEW COWAN
ATTORNEY {lr1015}

IN THE CHANCERY
COURT OF CANNON
COUNTY, TN

AT WOODBURY

RE: Larry "Slick" Odom
DOCKET #18-329

CHANCERY COURT
AUCTION SALE OF
LAND

In obedience to a decree of the Chancery Court in Woodbury, TN, made in the cause of the Conservatorship of Larry "Slick" Odom, Docket #18-329, I will on Saturday November 9th, 2019 at 10:00 a.m. on the premises of the property to be sold, (Jim Cummings Hwy.) sale to the highest and best bidder for cash, SUBJECT TO CHANCERY COURT APPROVAL, 2 tract's of realty in the 5th civil district, at Jim Cummings Highway, Woodbury, TN 37190.

For identification of property see Map 065, Parcel 108.00, Office of the Property Assessor for Cannon County, TN. For source of title to said realty reference is made to Deed Book 152, page 66 and Deed Book 145, page 174, Register's Office for Cannon County, TN.

TERMS OF PROPERTY
SHALL BE: 10% down the day of sale. Balance due at closing.

(Any announcements made the day of sale take precedence over prior announcements.)

DANA DAVENPORT
CLERK & MASTER
{1029}

NOTICE TO CREDITORS
CHANCERY COURT OF
CANNON COUNTY,
TENNESSEE

Estate of Jimmy Gayle
Nichols

Notice is hereby given that on the 3rd day of October, 2019, letters of testamentary or letters of administration with respect to the estate of Jimmy Gayle Nichols, deceased were issued to the undersigned by the Chancery Court of Cannon County, Tennessee. All persons, resident and non-residents, having claims, matured and unmatured against the estate are required to file same with the Clerk of the Chancery Court on or before the earlier of the dates prescribed in (1) or (2), otherwise claims will be forever barred:

(1) (A) Four (4) months from the date of the first publication (or posting, as the case may be) of this Notice if the creditor received an actual copy of the Notice to Creditors at least sixty (60) before the date that is four (4) months from the date of the first

publication (or posted); or (B) Sixty (60) days from the date of the creditor receiving an actual copy of the Notice to Creditors, if the creditor received the copy of the Notice less than sixty (60) days prior to the date that is four (4) months from the date of the first publication (or posting) as described in (1) (A); or (2) Twelve (12) months from the decedent's date of death.

This 3rd day of October, 2019.

Timothy Craig Nichols,
Administratrix of the
Estate of Jimmy Gayle
Nichols deceased.

DANA DAVENPORT
CLERK & MASTER

MATTHEW COWAN
ATTORNEY
{lr1022}

NOTICE OF TRUSTEE'S
SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated August 3, 2011, and the Deed of Trust of even date securing the same, recorded August 4, 2011, in Book No. 133, at Page 678, and modified on December 12, 2013, in Book No. 150, at Page 438 in Office of the Register of Deeds for Cannon County, Tennessee, executed by Obie B Gnida and Obie Brion Gnida and Emily Paige Gnida, conveying

certain property therein described to Richard A. Northcutt as Trustee for Mortgage Electronic Registration Systems, Inc., as beneficiary, as nominee for First National Mortgage Services, LLC, its successors and assigns; and the undersigned, Wilson & Associates, P.L.L.C., having been appointed Successor Trustee by JPMorgan Chase Bank, N.A..

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee, by JPMorgan Chase Bank, N.A., will, on November 5, 2019 on or about 12:00 PM, at the At the County Courthouse Square, Cannon County Courthouse, Woodbury, Tennessee, offer for sale certain property hereinafter described to the highest bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all exemptions, which are expressly waived in the Deed of Trust, said property being real estate situated in Cannon County, Tennessee, and being more particularly described as follows:

Being Lot No. 1 on the Plan of Atnip Place, Phase I, of record in Plat Cabinet 2, Slide 2-35B, Register's

Office of Cannon County, TN, to which plat reference is hereby made for a more complete description.

ALSO KNOWN AS: 10275
Hollow Springs Road,
Bradyville, TN 37026

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property:

OBIE B GNIDA
EMILY PAIGE GNIDA
The sale held pursuant to this Notice may be rescinded at the Successor Trustee's option at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. In the event of inclement weather, the trustee hereby announces that the sale will be postponed for a period of two weeks. In such situations, notices will be mailed to interested parties of record. W&A No. 247336
DATED October 10, 2019
WILSON & ASSOCIATES,
P.L.L.C., Successor
Trustee

The Cannon County Board of Commissioners will meet in regular session on October 19, 2019 at 10:00 a.m. in the courtroom of the Cannon County Courthouse. Your attendance is requested.

MEETING AGENDA

- | | |
|--|---------------------------------------|
| 1. Call to Order | 12. Cannon Courthouse Roof |
| 2. Prayer | Construction Bid Proposal |
| 3. Pledge of Allegiance to the U.S. Flag | 13. Electronic Monitoring Indecency |
| 4. Roll Call | Fund-Resolution |
| 5. Reading and Approval of the prior Meeting Minutes | 14. Cannon County School Budget |
| 6. Public Comment Period (15 minutes) | Maintenance of Effort (M.O.E.) - |
| 7. Approve Notaries | Ronnie Mahaffey |
| 8. Quarterly Reports Update | 15. Sales Tax Referendum – March 2020 |
| 9. Veterans Service Office Update | ballot – Matt Teply (A.O.E.) / Corey |
| (David Faulkner, Commander, American Legion) | Davenport |
| 10. Industrial Development Board | 16 .Select & Approve 2019 – 2020 |
| New Members Confirmation – John | Committee's |
| Wilkinson, Chairman | 17. Old Business |
| 11. Private Act 2013, Chapter 23, | 18. Other Business |
| Section 10-Chamber of Commerce / | 19. Adjourn |
| General Fund | |

Greg Mitchell, 3rd District
Commissioner / Chairman
6012 Jim Cummings Hwy. •Woodbury

PUBLIC HEARING

The Woodbury Board of Zoning Appeals will be conducting a public hearing on Tuesday, October 15, 2019 at 5:30pm at the Woodbury City Hall concerning a setback variance request for an accessory structure within the R-1, Residential District at 401 West Colonial Street.

The public is invited to attend.

BOARD OF ZONING NOTICE

The Woodbury Board of Zoning appeals will meet Tuesday, October 15, 2019 at 5:30 PM at Woodbury City Hall.

The Woodbury Planning Commission will meet Tuesday, October 15, 2019 at 6:00 PM at Woodbury City Hall.

Bill Jennings, Chairman

Monthly Meeting Advertisement

Cannon County Highway Commission will be meeting at the office of Mr. Wayne Hancock, Road Superintendent, 900 Old McMinnville Road, Woodbury, Tennessee 37190 on October 15, 2019 at 5:00 p.m. Local Time

Cannon County Highway Department
Mr. Wayne Hancock, Road Superintendent

Cannon County EMS is now accepting bids for 4 power load systems and 1 power cot. Bid specifications can be obtained by contacting Dek Sissom by telephone at 615-563-5959 or email at ca8560@dtccom.net. Bids are to be sent to Brent Bush, County Executive, 200 West Main St., Woodbury, TN. 37190. Bids are to be submitted by October 17th, 2019 at 1000 a.m.

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Did you know?

In the wake of a natural disaster, millions of people across the globe make an effort to do their part and help those whose lives were adversely affected. Such disasters inspire many to donate money, clothing and food. While relief organizations can always benefit from financial assistance, donors who want to pitch in after a natural disaster may want to think twice before donating clothing and bottled water. According to the USAID Center for International Disaster Information, cash contributions are the most effective way for donors to channel their good will and help those affected by disasters overseas. That's because cash contributions do not require transportation costs, delays, customs fees, or related expenses. The CIDI also

notes that cash contributions allow relief agencies to purchase exactly what is needed, when it's needed. Food and clothing donations can actually divert relief workers from the task at hand as they attempt to sort, store and distribute materials that may not even be needed. Donors who read reports about tainted water in disaster-affected areas may be quick to send bottled water. However, in such instances, the CIDI encourages donors to instead donate cash for water purification filters. That's because shipping 100,000 liters of bottled water can cost \$350,000, whereas a locally purchased water purification filter can be purchased for right around \$300. The resulting savings can help relief organizations make better use of the financial resources at their disposal.

FOR SALE

Two 53 ft trailers/freight boxes at the Cannon County Convenience Center. New brakes, good tires, lights work, good floors and sides. Some roof damage. Trailers are on sight at the Convenience Center for inspection. \$3,000 each or best offer. Contact Brent Bush at 615-563-2320 or bbushcannoncoexecutive@gmail.com with questions.

REQUEST FOR BIDS

The Cannon County Board of Education is requesting fire extinguisher bids. The bid form and notice is available on our website: <http://www.ccstn.net>. A bid form and notice may be sent to prospective bidders by mail, if needed. Call (629)201-4803 for further information or to have a bid form mailed.

Bids will be opened at 10:00 AM on October 10, 2019 at the Cannon County Board of Education, 301 W. Main St., Woodbury, TN 37190, and will be considered at the meeting of the board at 6:30 PM on October 10, 2019 in the cafeteria at Woodbury Grammar School.

REQUEST FOR BIDS

The Cannon County Board of Education is taking bids for a paved walking track at Cannon County High School. This work is to be done after the bid process is complete and completed before May 15, 2020.

- Grade and compact stone for base (1050 square yards)
- Install 2" of asphalt compacted
- Total yards of compacted asphalt 950 square yards

Bids must be received at the Central Office of the Cannon County Board of Education in a sealed envelope marked "CCHS Walking Track Bid" no later than 10:00 AM on October 23, 2019. Bids will be opened on October 23, 2019 at 10:00 AM. Bidders may be present for the bid opening.

The Cannon County Board of Education will consider the bids at their meeting on November 7, 2019 at 6:30 PM in the Woodbury Grammar School Cafeteria. The board reserves the right to reject any and all bids.

For further information, please contact Courtney Nichols at Cannon County High School at 615-563-2144.

To arrange to inspect the site, please contact Courtney Nichols, Principal of Cannon County High School at 615-563-2144.

We better be glad we do not live in North Dakota, because over the weekend they received over two feet of snow and were expecting another round of snow to hit them. I feel that winter for us will probably be here sooner than we are expecting. I'm really dreading the colder weather like a lot of others, but alas, we knew it was coming, didn't we? We'll just have to "batten down the hatches" and try to survive it.

Got to have a chat with Tracy Neal on Saturday. She and Tony were cooking up a new recipe they had found and were hoping the final results would be delicious. She said I could be the "guinea pig" in trying out the dish first. Told her I would have to pass on that but was sure it would be scrumptious. Last Thursday our new

governor, Bill Lee, wanted the day to be of prayer and fasting. Sounded like that would be something good for all of us. Hard to believe some people criticized him for doing that. What is wrong with some people? I guess they are just too wrapped up in themselves and not the Lord is all that I can figure out. I just wish more people would trust in Jesus and pray. Would be a lot better world if we did that, in my opinion.

Lady in Pennsylvania was bitten by a brown recluse spider. She was wanting to try on a prom dress from years ago that had been hanging in her closet. She took the plastic off and proceeded to try it on and that is when the spider bit her. She had to go to the emergency room because she was in so much pain. Eventually she

NEWS FROM THE MOUNTAIN



By Carol Gunter

did get better. Everyone should check their clothes before they put them on. Also, we should know these spiders can be found everywhere.

California is once again in the news and under the gun due to wildfires. I think one or two people have died from the fires and several homes and businesses destroyed. Please keep these people in prayer with all the destruction and loss of life that is going on there.

I guess a lot of us grew up poor. Winters back in my growing up years at home were rough with more snow and colder

weather than we have now. Someone was telling me the wood floors in their home had openings in the boards and that they had a many a time put corn down through the cracks to feed the chickens under the house. That was rougher than our lifestyle. One lady told me of snow coming through the cracks in their walls. Once again, I never had it that bad and it lets me know there are others who had it worse than I did growing up. I do count my blessings.

Please keep in prayer: the families of Bernie Braswell and David Sneed. We

also have others that need our prayers: Tim Howes, Charlie Mai Daniel, Ronald Lawson, Dr. J.C. Wall and Helen Nixon.

It was a pretty cool day last Wednesday but that didn't stop sister and I from getting out and enjoying each others company. Eating at J's Restaurant in the mall is always a treat .Browsing through the stores comes next. Checked out the hat situation at Rose's. To my dismay, only a few ladies hats were on display. There were plenty of men's hats to choose from. Hope they will get a shipment of new hats in for the ladies. It would be terrible if they stopped selling hats for us ladies that like to wear them.

Squirrels running rampant down at my home place the other day. I've never seen this many on

the place. My brother and I are wondering if it's going to be a bad winter with all the squirrels scurrying about. There are plenty of acorns and pecans for winter storage for our furry little friends. It was delightful watching them jump from a tree limb to another tree. Always have loved squirrels since we used to raise some of them if they were abandoned or their mom was killed. Seen a few spider webs up high this time. Everyone it seems has their own theory about the winter that's a coming.

If you have any news for the column, just give me a call at (615) 563-4429. Have a great day!

Let us not love in word, neither in tongue; but in deed and in truth. I John 3:18.

LIVING FOR TODAY

by Jerome Curran

Believe in the impossible

It is December 17, 1903, in a little town named Kill Devil Hills, about 4 miles south of Kitty Hawk, North Carolina. Two brothers will literally change the world this day. They were simple men, on the surface anyway. They owned a business building and repairing bicycles around Dayton, Ohio, but the vision they had was bigger than just bicycles. They made their way to North Carolina, where the weather better suited their needs. They were going to need a lot of wind for this vision to take off. Everything was set up and ready to go. The brothers flipped a coin to determine who would be the first to test this new contraption.

What was about to be attempted, at the time, was thought to be impossible. The older brother won the coin toss, and in doing so, solidified his place in history. His name was Wilbur, his brother's name was Orville. They are the Wright brothers, and Wilbur was to be the first human to sustain flight on an airplane.

Another story I would like to share begins on July 13, 1963. Anthony Jerome "Spud" Webb was born into poverty in Dallas, Texas. From early on, basketball was an inspiration to him, even though he was constantly told he was too short. His life changed by a fortunate circumstance in junior high that allowed him to play his first game. He scored 22 points in that game, and even at a height of 5'3" he could cleanly dunk a basketball.

He went on to play varsity and averaged 26 points per game. He followed his dream into college, and was scouted by all of the NBA teams. Every one of

them came to the same conclusion; he was too short to play in the NBA. But that did not deter Spud. In 1985 he was drafted in the 4th round of the NBA draft. Not only did he go on to have a career of 13 years, but standing at a height of only 5'7", was the shortest player in history to win an NBA slam dunk contest. They said it couldn't be done.

When someone says to you that's impossible, what they really mean is that it's impossible for them, not you. No one has your goals, or your dreams. No one has your drive, your vision or your God-given talents and abilities. No one is as invested in your life as much as you are. If you are not fully investing in yourself, and your true potential, and deep down I hope you know what that is, I want to encourage you, because the only person that has to walk in your shoes in this life is you.

If you say you can't do it, you're right, because with that mindset you never will. If you stare down the impossible and say "I can do it." then you my friend are on the right path and you will succeed.

I will leave you with this thought, and I hope you will let it sink in: Everything seems impossible, until someone does it the first time. Believe in yourself, and be the first one to say "it can be done."

Jerome Curran is a resident of Cannon County and writes about living and overcoming life.

How To Turn Your Midlife Crisis Into A Life-Changing Adventure

Some people think of themselves as stuck in the mud at middle age, feeling as though they're going nowhere after their children have grown up, graduated and moved on.

These people could be suffering from a "midlife crisis," a well-known term for what some health professionals believe is a real psychological affliction, not a cultural myth. Studies show a high percentage of adults over the age of 50 have experienced a period of emotional turmoil in middle age in which they have a strong desire for change.

Sandra A. Miller (www.SandraAMiller.com), author of Trove: A Woman's Search for Truth and Buried Treasure, thinks those suffering from a midlife crisis can overcome it by turning this time of restlessness and confusion into an adventure that can open positive pathways for the rest of their lives.

"The greatest thing you can do for yourself is to live the life you were meant to live," Miller says. "Finding that life often requires an external adventure, but it first requires an internal journey to peel back the layers to discover who you are, what you want, and where you want to go."

Psychologists say symptoms of a midlife crisis include the fear of aging and a longing to feel and act younger. But that doesn't mean the answers are always found in quitting a long-held job, buying a convertible, or ditching the spouse for a love interest who's far younger — as depicted in some movies and sometimes seen in real life.

"Many men and women in midlife are struggling right now with what I call a crisis of the soul," Miller says. "They might have achieved the many trappings of a successful life, but they still don't feel fulfilled on a deeper level."

Miller offers three keys to shifting the mindset and taking a midlife adventure:

Determine what you're looking for — and don't be shy about it. What have you wanted to do for a long time but for various reasons have not? "Many of us think we should be grateful for all that we have and keep quiet," Miller says. "But in our life journey we also have to explore our desires and what they might be showing us. If not, what's the alternative? People need to be real about what they feel is missing, and why, in order to get the most out of the rest of their life."

Break rules. "Too many people conform to the rigid boundaries created by their self-limiting doubts or fears," Miller says. "And sometimes we never take action on our dreams, never cross those lines because we're afraid of what others may think or how it's not conventional. Essentially, we impose rules on ourselves that shouldn't apply, so we need to break them in order to break through. To have a big, creative life, you're going to have to break some rules. And it's never too late to start doing that."

Live in the moment. "Living your life in the moment every day while being mindful of your adventure means being fully alive — observing, absorbing and appreciating constantly," Miller says. "There is so much to search for, but sometimes we go looking too far for it when discoveries are all around us. With the constant distractions of our phones and social media, now more than ever we need to stay awake and alert to the beauty that is there if we just look up and take notice."

"How can you live your life so it means more to you?" Miller asks. "That's what a midlife adventure can answer for you."

Today's Chat

with Savannah

MIRROR MIRROR ... BUT ON WHAT WALL?

Mirrors are called the Aspirin or Band-aid of Feng Shui because of their ability to move energy in various ways. Feng Shui by the way is the Chinese laws that govern space arrangement in relation to the flow of energy. Wind-Water. (How you decorate and place items in your home to slow down energy flow.) Mirrors are a big part of this theory.

Most folks don't realize that even that cute little decor mirror can actually wield energy in all sorts of ways...sometimes good when as reflectors.... sometimes bad as portals inviting evil energies.

The oldest mirrors were of polished stones created in Turkey around 6000 B.C. Three thousand years later, the Egyptians used highly polished copper and bronze. In Germany around 1835, the process of applying a thin layer of metallic silver to one side of a pane of clear glass was used. According to Feng Shui one needs to pay attention to where you place mirrors in your home. Avoid putting mirrors on the South wall or in front of house entrance....which would shoo away positive energy.

For good health and peaceful sleep, mirrors should be avoided in the bedroom. It is thought that they bounce energy around the room which results in restlessness and amplify worries. If you hang a mirror across from your bed, it can also bring a third party paranormal visitor into your bed.

Always hang mirrors at least four to five feet above the floor.

There is a legend about hanging mirrors facing each other. Word has it that a Portal can be created for ghosts or unwanted entities....while at the same time....the reflection of one mirror into another disturbs those entities that already exist in the home.

Uncle Festus did not believe any of this...so went ahead and decided to hang two mirrors facing each other in the dining room. Aunt Martha told me that as soon as he walked out of the room, one of the mirrors fell off the wall and hit the floor. Festus once again hung up the mirror. As soon as he left the room the same mirror hit the floor.

Moving on, Festus picked up the irritating mirror and proceeded to hang it directly across from a mirror in the living room. (Need I say anymore.... enough ring-around- the -rosey with this guy !!)

In bathrooms, do not place a mirror facing the door or the toilet...it merely multiplies negative activity.

Mirror trauma is not the only rather haunting subject that exists around us.

There are many tales of home buyers unknowingly purchasing stigmatized houses where murder, suicide or other certain horrors happened there. Buyers beware of these grisly investments. Another dismal and scary purchase can be of certain vintage dolls who can very easily be vessels of evil spirits.

Tragedies of many sorts can have entered into dolls by previous owners who believe in the macabre.

I own over 200 dolls and only had one very strange experience with one of them. It was a night-walker. And would cast a small moving shadow in front of our bedroom door as it walked back and forth in the middle of the night. I found out which doll it was because I knew exactly where I placed all my dolls and only one would change positions daily. I contacted a local paranormal team and they removed the doll and disposed of it. Whenever I shop for dolls...and if I get a weird feeling about one of them, I put it down. That particular shadow doll somehow blocked my best judgement !!

I know all this sounds a bit insane...but things DO happen when you bring certain things into your home that may have been from an evil or traumatic atmosphere.

And of course you are not aware until something weird starts happening around you.

Friends have told me about antique lamps that would keep turning on and off all by themselves....chairs that would move around the room and rocking chairs that would start rocking all on their own.... old telephones that would start ringing at all hours without even being connected to a phone jack....vintage pillows that kept sliding off the bed and sofa no matter where you placed them.... figurines that would move around....clocks that always chimed at one particular hour of the night....a mounted deer head that would always be upside down on the living room wall every morning when the owner walked into the room....and on and on.... So, it's not just me or these folks who at one time or another experienced the supernatural.

The subject of the Mirrors was quite interesting to me...and I wanted to share it with you. Presently, I have mirrors in my house hanging where they shouldn't be or too many mirrors in each room! Maybe I will have time to fix it soon and become more Feng Shui...!!

Many Reflecting Hugs.....SAVANNAH

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The Bible References "HARD WORK"

1 Timothy 5:8 E
But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever.

Ecclesiastes 9:10 ESV
Whatever your hand finds to do, do it with your might, for there is no work or thought or knowledge or wisdom in Sheol, to which you are going.

Galatians 6:9 ESV
And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

Colossians 3:24 ESV
Knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

Titus 2:7-8 ESV
Show yourself in all respects to be a model of good works, and in your teaching show integrity, dignity, and sound speech that cannot be condemned, so that an opponent may be put to shame, having nothing evil to say about us.

2 Timothy 2:6 ESV
It is the hard-working farmer who ought to have the first share of the crops.

Proverbs 6:6-8 ESV Go to the ant, O sluggard; consider her ways, and be wise. Without having any chief, officer, or ruler, she prepares her bread in summer and gathers her food in harvest.

Ephesians 6:7 ESV Rendering service with a good will as to the Lord and not to man,

Proverbs 12:11 ESV
Whoever works his land will have plenty of bread, but he who follows worthless pursuits lacks sense.

Genesis 2:15 ESV The Lord God took the man and put him in the garden of Eden to work it and keep it.

Jeremiah 29:11 ESV
For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.

Psalms 128:2 ESV You shall eat the fruit of the labor of your hands; you shall be blessed, and it shall be well with you.

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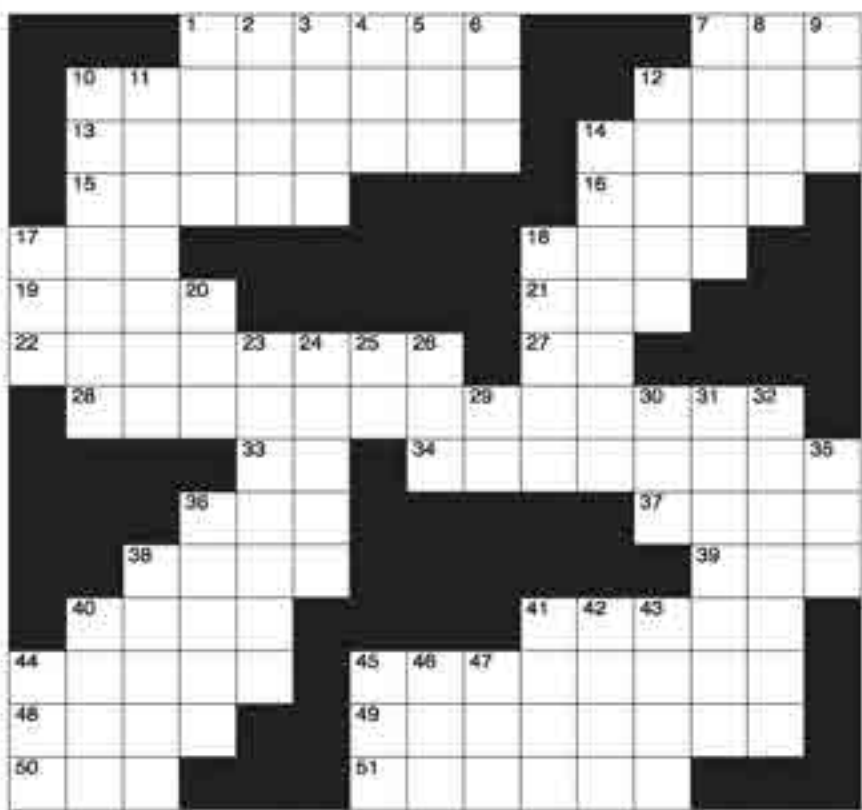
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CLUES ACROSS

1. Type of relic
7. Type of medical program (abbr.)
10. Outer defense of a castle
12. 1,000 calories (abbr.)
13. A way of using
14. Abounding with surf
15. Expressed violently
16. Shared a boundary with
17. Swedish krona
18. Thick piece of something
19. Wreaths
21. Animated program network (abbr.)
22. Regains possession of
27. Spielberg sci-fi film
28. 2-time Super Bowl winner
33. Ice hockey position (abbr.)
34. Circulatory system parts
36. Supervises flying
37. District in Peru
38. Impudence
39. ___ willikers!
40. One point east of southeast
41. Papas' partners
44. Youngsters
45. Type of tree
48. A hazy or indistinct appearance
49. Poems with distinct pattern
50. Marketing term that denotes price
51. Fast drivers

CLUES DOWN

1. Grenade
2. Off-Broadway theater award
3. Small, immature herring
4. ___-fi (slang)
5. 007's creator
6. Liquefied natural gas
7. Cleanse thoroughly
8. Handle of a knife
9. Perform diligently
10. Drink pourer
11. Extreme greed
12. Southern Russia river
14. Type of cracker
17. Single Lens Reflex
18. Barely sufficient
20. Slick
23. Reference books
24. Federally recognized native peoples
25. Manganese
26. Senior officer
29. Atomic #18 (abbr.)
30. Tax collector
31. World wonder ___ Falls
32. Origins
35. Car mechanics group
36. MMA fighter Urijah
38. Gland secretion
40. Gelatinous water creature
41. Good friend
42. Arab ruler
43. Capital of Belgian province Hainaut
44. English broadcaster
45. Soviet Socialist Republic
46. Affirmative
47. Trigonometric function (abbr.)

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CRYPTO FUN

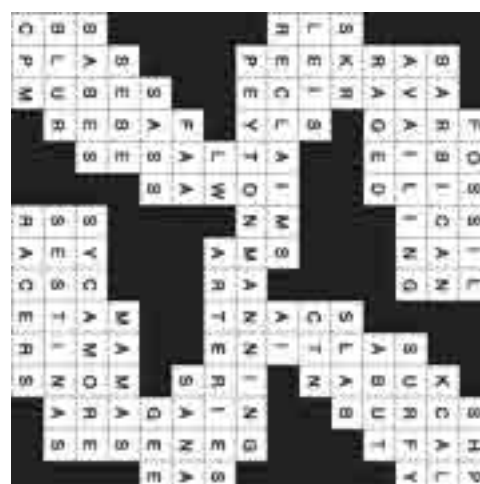
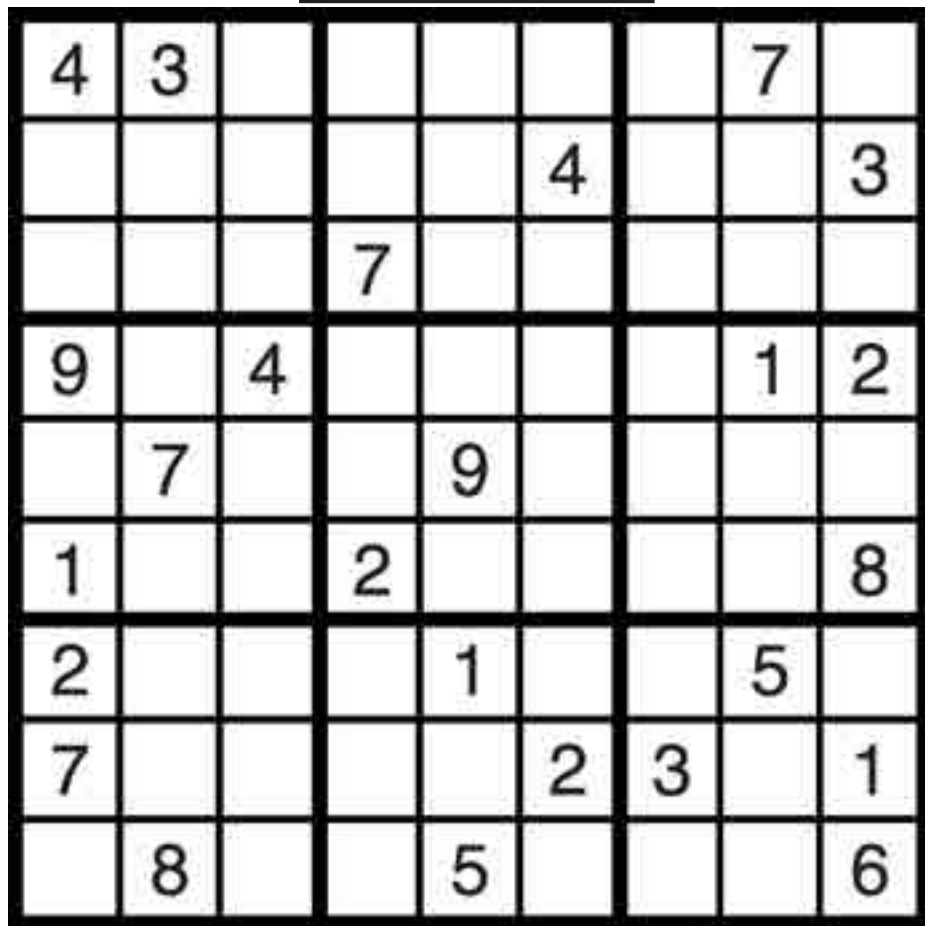
Determine the code to reveal the answer!

Solve the code to discover words related to adventure.
Each number corresponds to a letter.
(Hint: 20 = e)

- A. 20 15 13 18 4 20 14**
Clue: Very enthusiastic
- B. 9 5 20 11 4**
Clue: Long search
- C. 4 6 8 22 20 21**
Clue: Make a journey
- D. 23 5 4 14 23 23 6 11**
Clue: In the wilderness

Answers: A. excited B. guest C. travel D. outdoors

SUDOKU



ARIES — Mar 21/Apr 20

Aries, the week ahead is a busy one. You may have a speech to deliver or a private performance to put on and that will focus all eyes on you. Rest up while you can.

TAURUS — Apr 21/May 21

Taurus, don't schedule any extra activities this week because your schedule is full. Family life also will demand a great deal from you. Make a list of things to do and get started.

GEMINI — May 22/Jun 21

Gemini, slow down and invite a friend over for a cup of

coffee or a drink after work.

You have to get back to some social occasions, or you can run yourself ragged.

CANCER – Jun 22/Jul 22

Cancer, this week you may feel the need to exert some physical energy. If you have a gym membership, spend several hours working up a sweat.

LEO – Jul 23/Aug 23

Leo, stop focusing on things that are beyond your control right now and zero in on the ones that you can tend to. You will quickly see how much control you really have.

HOROSCOPES

VIRGO – Aug 24/Sept 22

Virgo, you are in the process of widening your field of possibilities. Right now traveling far distances could be on your mind. Make it happen.

LIBRA — Sept 23/Oct 23

Resist the temptation to push other people's buttons, Libra. You catch more flies with honey, so take a step back and give others a chance to share their opinions.

SCORPIO — Oct 24/Nov 22

There are some moments when you will feel strongly about big changes on the horizon, Scorpio. This is a week when you will have a clear view of your future goals.

SAGITTARIUS – Nov 23/Dec 21

Sagittarius, after a few days of idle coasting, you may get a boost of energy to tackle new things. Others may be amazed at the change.

CAPRICORN – Dec 22/Jan 20

Capricorn, this week you may be influenced by someone with a strong personality. Unless you

stand behind what this person is offering, do not be swayed by the hard sell.

AQUARIUS – Jan 21/Feb 18

You have a tendency to go about your routines with less enthusiasm than in the past, Aquarius. You just may need some new scenery to briefly get you inspired.

PISCES – Feb 19/Mar 20

This week may be fairly eventful, Pisces. You may finally address an issue that has been affecting your domestic life.

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2003 Cadillac CTS VIN#1G6DM57N530119125
1997 Honda Accord VIN#1HGCE6670TA026751

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Real Estate Auction: 624± Acre Farm – Washington County, Virginia –Tuesday, November 5, 1:00 PM. The property will be offered in 18 tracts and includes 5,640 FT of Holston River frontage. Among the tracts are 3 well cared for homes, a 4 bedroom, 4 bath ranch, a 4 bedroom, 3.5 bath Cape Cod, and a 2 bedroom, 1 bath log home circa 1915. There will also be an online-only personal property auction. Visit woltz.com for additional details. 800-551-3588. Woltz & Associates, Inc. (VA #321) Real Estate Brokers & Auctioneers. (TnScan)

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- (3) Various pump supplies, fittings, 1 3/4 and 2 1/2 hp motors.
- (4) Many different sizes and lengths of bolts, nuts, nails, etc.
- (5) Approx 100 sq of old assorted color roofing shingles. By old, I mean we have had them in stock and in the dry quite a while.
- (6) Five 12' metal racks.
- (7) Several bags insulation and other items too numerous to mention. We are looking for someone to buy it all, or in groups such as lumber, plumbing, etc. as is, where is.

Items will be shown by appointment only. Call 615-542-8440 to schedule. Fork lift and operator will be available for \$50.00 per 30 min if needed. Serious inquiries only please and price is negotiable. 25% down and balance due at pick up. No personal checks.

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