

Sun Mon Tue Wed Thu Fri Sat

January



1 Closed for New Year's Day!

3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



<p>9:30 SS Classic 11:45 At Home Healthcare Bingo 1-2 Scrapbooking 12:30-1:30 Line Dancing</p>	<p>9:30 SS Circuit 10:30 Senior Sing Along 11:30-1:00 Hearing Tests 12 Senior Center Bingo 4:30-5:30 SS Yoga 4:30-6:30 Open Exercise Room</p>	<p>9:30 SS Yoga 11 Make your Own Pizza Tutorial 3-6 FREE Ball Room Dance Class</p>	<p>9:30 SS Classic 10:30-11:30 Health Screenings 11:45 Documentary Showing 3-6 Free Ballroom Dance Couples</p>	<p>9:30 SS Yoga 10 Busy Fingers 12 Careall Bingo 6:00 Music Night Road West Band & Soup Supper</p>
<p>9:30 SS Classic 11:45 UT Ext. Cooking Class 1-2 Scrapbooking 12:30-1:30 Line Dancing</p>	<p>9:30 SS Circuit 10:30 Senior Sing Along 12-1 Brain Games 4:30-5:30 SS Yoga 4:30-6:30 Open Exercise Room</p>	<p>9:30 SS Yoga 11 Cooking with the Center 3-6 FREE Ball Room Dance Class</p>	<p>9:30 SS Classic 10:30-11:30 Health Screenings 12 Riverside Bingo 3-6 Free Ballroom Dance Couples</p>	<p>9:30 SS Circuit 10 Busy Fingers 12 Willowbrook Bingo 1-3 Mark Pody Meet & Greet 6:00 Music Night The Gilley Brothers</p>
<p>Closed for Martin Luther King Jr. Day!</p>	<p>9:30 SS Circuit 10:30 Senior Sing Along 11:45 Gentiva Bingo 12-2 Faithful Strokes 4:30-5:30 SS Yoga 4:30-6:30 Open Exercise Room</p>	<p>9:30 SS Yoga 11:30 Lunch & Lean with Sheriff Darrell Young 3-6 FREE Ball Room Dance Class</p>	<p>9:30 SS Classic 10:30-11:30 Health Screenings 12 Parkview Bingo 3-6 Free Ballroom Dance Couples</p>	<p>9:30 SS Classic 10 Busy Fingers 11:45 Mark Vance Chestnut Tree Presentation 6pm Triva Night</p>
<p>9:30 SS Classic 11:45 UT Ext. Healthy Eating 9-11 Wanda's Senior Cuts 1-2 Scrapbooking 12:30-1:30 Line Dancing</p>	<p>9:30 SS Circuit 10:30 Senior Sing Along 11:45 Boulevard Terrace Bingo 1-1:30 "Name that Famous Face" Game 4:30-5:30 SS Yoga 4:30-6:30 Open Exercise Room</p>	<p>9:30 SS Yoga Soup & Sandwich Day 3-6 FREE Ball Room Dance Class</p>	<p>9:30 SS Classic 10:30-11:30 Health Screenings 12 Suncrest Bingo 3-6 Free Ballroom Dance Couples</p>	<p>9:30 SS Classic 10 Busy Fingers 12 Pictionary</p>



**Friday, January
22nd**

Supper at 6pm

Games at 7pm

\$10 Admission

Six People Per Team

*Open to the Entire
Community*

**Friends, Family,
Food, & Fun!**



Contact Senior Center Staff
for More Information
& Reservations

**609 Lehman Street
Woodbury, TN 37190
615-563-5304**