Happy Thanksgiving

130th YEAR - NO. 20

\$93, 220

in cash

returned

Funds stolen

from elderly man

Sheriff's Office investigators recovered \$93,223 in cash stolen from an elderly Cannon County man while he was at church on Nov. 16. Two suspects, who were identified as relatives of the elderly victim, were arrested and charged with theft over \$60,000, burglary and vandalism by Investigators Brandon Gullett and Chris Brown. Their names are being withheld to protect the

It took a trip to Sequatchie County to recover the cash which was hidden in a blue cooler under a mountain

Gullett and Brown, accompanied by officers from the Sequatchie County Sheriff's Department, made contact with the suspects there. Initially, they denied any knowledge of the theft. "I introduced myself as Investigator Gullett with the Cannon County Sheriff's Office," the investigator said. Immediately, the male suspect refused to cooperate. His wife became loud

MIKE WEST **Courier Editor**

victim.

side trailer.

on?"

WEDNESDAY, NOVEMBER 26, 2014

CANNON COURIER

Christmas is here!



Home of HOMER CURTIS

TWO SECTIONS - 50¢ PER COPY



MIKE WEST photos

Laney Mullinax cuddles up with her minature poodle at Purrfectly Pawlished Pet Salon during Cannon County Country Christmas held Friday and Saturday at 33 different businesses. The two-day event featured music and tons of holiday treats.

'I advised (her) that I didn't drive two hours to Dunlap for nothing. I then advised (her) that she had something that was taken from my county that I needed back," Gullett said. The female suspect initially denied any knowledge of the theft. "(She) stated that she didn't know what I was talking about as she was shaking her head 'yes.' " Gullett said. After some further discussion, the male suspect stood up, put his coat on and led officers outside where he pulled the cooler from under the trailer.

and said, "What is going

"I then opened the cooler and observed that it was full of U.S. currency," Gullett continued.

The cooler and its con-

See \$93,220, Page 9





Above, Sarah Collins and Rita Bryson served countless guests during the Christmas open house at Lynn's Pickett Fence. Left, Joann Tate and Erica Adcock are all smiles as the crowd pours into Jenning's Jewelers.

Franz continues to fight This battle for Cannon County home

Franz Walkup, seriously wounded in Afghanistan, is reaching out via crowd-funding to earn money for a handicapped accessible home in Woodbury.

Walkup has undergone 78 surgeries and countless hours of rehab at Walter Reed Hospital in Washington, D.C. after being shot five times by coalition Afghan soldiers during a patrol through the Taliban-controlled Tangi Valley on Sept. 29, 2012.

When Franz and his wife Shannon

applied for financial help to build a handicapped accessible home, the couple was rejected by at least five organizations.

"They act like getting shot five times wasn't enough. Because he didn't step on an IED. You didn't lose extremities," said Shannon Walkup.

Now the young couple is reaching out to the public through GOFUND-ME, a fund-raising Internet web site and began a campaign to raise \$50,000 for their "forever home," which has

generated more than \$25,817 in donations from 357 people in 11 days.

The news media is beginning to share Walkup's story, which was initially broadcast by WUSA in Washington, D.C.

"It's hard because it kind of feels like my sacrifice wasn't great enough," Walkup told WUSA.

Since then, other major media outlets like the New York Daily News and The Huffington Post have picked up Walkup's cause.

See FRANZ, Page 9



SGT. FRANZ WALKUP





CANNON OBITUARIES



Janie Stacy LeFevers

Mrs. Janie Stacy LeFevers departed this life Wednesday, November 19, 2014, following a courageous battle with cancer. She was born in Cannon County, TN, April 18, 1927, and she and her siblings were one of the first sets of triplets born in the county. Her parents were the late Lee



Stacy and Lena Odom Stacy. She was married 66 years to her beloved husband, Mr. James Ray LeFevers, until his passing in 2013.

Left to cherish and celebrate the life of this wonderful lady are her daughters, Wanda Snell of Athens, GA, Janie (Sam) Hightower of Richmond, VA and Carla (James) Sheets of Winston-Salem, NC; grandchildren, Christy Snell (Mark)

Tucker, Lauren Hightower (Kevin) Ensley, S.J. Hightower, Jenna Freeman, Anna Freeman and Will Freeman; greatgrandchildren, Rossi Tucker, Lexie Tucker and Lilly Ensley and brothers: Carl Stacy and James Stacy.

Mrs. LeFevers was a long time member of the Woodbury Church of Christ. She was employed for many years as a teachers aid with the Cannon County Head Start program and at Woodbury Grammar School but her most important work was as a devoted wife, mother, grandmother and great-grandmother.

The family wishes to thank Dr. Bill Morgan and St. Mary's Hospital in Richmond, VA, and the Katie Reynolds Hospice House in Winston-Salem, NC for the extraordinary and compassionate care Mrs. LeFevers received while in their care.

In lieu of flowers donations may be made to the Katie Reynolds Hospice House, the Himalayan Cataract Project and St. Jude's Children Hospital.

Funeral services were 2 pm Saturday, November 22, 2014 in the Chapel of Woodbury Funeral Home with Bro. Al Bugg officiating. Interment followed in the Riverside Cemetery

leave online condolences, То please visit www.woodburyfuneralhome.net.

Woodbury Funeral Home 615-563-2311

Cannon Courier, November 26, 2014, Woodbury, Tennessee

Elaine Mingle

Elaine Faye Jones Mingle, 67, passed away Wednesday, November 19, 2014 at her home following an extended illness. A native of Cannon Co., TN., she was preceded in death by her parents, Thomas E. and Opha Faye Reed Iones.

She is survived by her husband, Jimmy Mingle of Auburntown; children, Brent (Cheri) Griffith of it. Auburntown, Holly (Johnny) McCrary of Lascassas, Brooke (Corey) Harrell of Auburntown and grandchildren, Tommy and Bethany Griffith, Hannah, Caitlyn, Dawson and Christian McCrary, Oakley Fisher and Easton Harrell.

A member of the Auburn Baptist Church, Elaine was a homemaker.

Funeral Services were 2 pm Friday, November 21, 2014 at Auburn Baptist Church with Bro. Richard Haley officiating. Interment followed in the Odom Cemetery. I n lieu of flowers, donations may be made to Auburn

Baptist Church Building Fund.

To leave online condolences, visit please www.woodburyfuneralhome.net.

Woodbury Funeral Home 615-563-2311

Jimmy Cantrell

Jimmy Cantrell, 72 of Smithville died Sunday, November 16, 2014 at NHC Healthcare Center in Smithville. He was a November 18, 2014 at Centennial Medical Center retired self employed carpenter and a member of the Mt. Pisgah Free Will Baptist Church.

Funeral services were Tuesday, November 18 at 1:00 p.m. Murfreesboro, Mary Wetzel of Woodbury, William Wetzel at the Chapel of Love-Cantrell Funeral Home. Bernard Houk officiated and burial was in DeKalb Memorial Gardens.

Mr. Cantrell was preceded in death by his parents, James Cantrell and Cordie Taylor Cantrell Campbell and his wife Reba Hale Cantrell.

Survivors include a daughter, Kathy and husband Marvin Hale and a son Tim and his wife Tonya Cantrell all of Woodbury; four grandchildren, Alisha Hale of Smithville, Zachary, Kelby, and Eli Cantrell of Woodbur; four brothers, Charles and wife Helen Cantrell of Dowelltown, Jack and wife Lestel Cantrell of Lebanon, Danny Cantrell, and Jeff and wife Lori Campbell; and asister, Jo Ann and husband Doris Campbell all of Woodbury.

Pallbearers were Russell Miller, Kevin, Preston and Jamie Campbell, Brad Przter, Greg Fish, Tony Cantrell and Carl Byford.

please То leave online condolences, www.lovecantrell.com

Love-Cantrell Funeral Home 615-597-5275.

Cannon Courier, November 26, 2014, Woodbury, Tennessee

For up to date obituary information,

Kenneth Wetzel

Kenneth Douglas Wetzel, 63, passed away Tuesday, following a sudden illness. He was a native of Warren Co. He is survived by his five children, Sam Wetzel of

of Bradyville, Toby Wetzel of Lafayette, LA. and Kimberly Haynes of AZ. and grandchildren, Peyton Fults, Noah and Bryson Wetzel.

He was preceded in death by his parents, Kenneth Eugene and Mary Ronalda Wetzel.

Kenny had a lifelong career in law enforcement. He was Retired from the Cannon Co. Sheriff Dept. where he was Sheriff from 2001 – 2006. He was a Deputy Sheriff from 1974 – 2001 and a former Investigator in Warren Co. He was a veteran serving in the Marines and a member of the FOP, Sheriff's Assoc. and the Masonic Lodge of Woodbury. Kenny was also a Professor at MTSU teaching Criminal Justice.

He loved to scuba dive but above everything else, he loved his family.

Funeral services were 1 pm Friday, Nov. 21, 2014 in the Chapel of Woodbury Funeral Home with Bro. Greg Mitchell officiating. Interment followed in Gardens of visit, Memory, McMinnville.

> In lieu of flowers, donations may be made to Woodbury Funeral Home to help his children with funeral expenses.

> To leave online condolences, please visit www.woodburyfuneralhome.net. Woodbury Funeral Home 615-563-2311

> Cannon Courier, November 26, 2014, Woodbury, Tennessee

go to www.cannoncourier.com

How to cope with an elderly parent's difficult behavior

(Continued from the November 12 issue)

Swearing, Offensive Language and

Inappropriate Comments When a normally loving father or mother is suddenly using the worst profanities, using offensive language or saying inappropriate things, family members are baffled as to why...and what to do about

What to do

When the behavior is outof-character for an elder, the start of Alzheimer's or dementia is a likely cause. When a swearing tirade sets distraction. use in, Diverting your elderly parent's attention is a simple, but effective technique. Once their mind is redirected, the swearing fit may end. Also, try bringing up happy times from the old days. Like all

"back in the day." Using their long-term memory skills, the elderly parent will likely forget about whatever it is in the present that set them off. If none of this works, back off, disappear and wait for it to

Paranoia and Hallucinations in the elderly can take many forms, from accusing family members of stealing, seeing people who aren't there or believing someone is trying to murder them. Sometimes and delusions in elders are a sign of a physical illness. Keep track of what the elder is experiencing and discuss it with their doctor. It could also be a side-effect of a medication your elderly parent is taking. Describe the symptoms to their doctor and ask if your parent's medication needs

to be changed. Oftentimes, paranoia and hallucinations are associated with Alzheimer's disease or dementia. When this is the case, caregiving experts seem to agree: when faced with paranoia or hallucinations, the best thing to do is just relax and go with the flow. Validation is a good coping technique, because what the elder is hearing seeing, or experiencing is very real to them. Convincing them otherwise is pointless.

Strange Obsessions and OCD

Saving tissues, worrying if it's time to take their meds, constantly picking at their skin, hypochondria...these types of obsessive behaviors disrupt the daily lives of elderly parents and their caregivers. Obsession is sometimes related to an addictive personality, or a past history of Obsessive Compulsive Disorder (OCD).

What to do

View your parent's obsessive-compulsive behaviors as a symptom,

possible. Obsessive behavior can be related to a number of other disorders, anxiety, including depression or dementia. Obsessive disorders can be treated by mental health professionals, so you may want make to an appointment on your parent's behalf. Therapy and/or medication may be the answer. Look into therapy groups, outpatient and inpatient programs in your area.

What can Caregivers Do if Elderly Parents Become Shopaholics? If you are trying to monitor your parent's spending habits for their protection, many times the parent does not understand this and can accuse you of trying to keep them from spending their money.

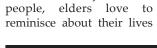
As with so many tricky areas with aging parents, sometimes a third party is best brought in. Even this approach can get you in trouble. However, if your parents' finances are off and they are spending money on things you know they would never have bought before, or if they are not paying necessary bills while they are throwing away money on TV offers or Internet shopping, there is a genuine problem. It's possible they may be in an early stage of dementia. If a doctor diagnoses dementia, you already have thirdparty proof that your parent needs some help. However, that doesn't necessarily stop the spending. No matter what the cause, a financial counselor may be able to tactfully help by explaining to your parent better ways of handling their money. Perhaps this person can entice the parent to save rather than spend by dangling a reward before them. The key is this person, be it a financial professional, a friend, or a spiritual leader, is not the adult child. This person will not benefit from anything the parent doesn't spend, so the parents' suspicions in that area can be softened. Also, since elders understandably get sick of being told by their adult children how to handle their lives, a third party takes away this point as well. There's a better chance the elder's may listen. If worse comes to worse, and they are going down the tubes financially but refuse help from you or a competent third party, you may have to seek a court ordered conservatorship over their money. For more information for helping caregivers of elderly parents please visit the following websites: http://www.aging-parentsand-elder-care.com, http://www.agingcare.com, or http://www.eldercarelink.com

blow over.

hallucinations

Cannon Courier, November 26, 2014, Woodbury, Tennessee





Happy Thanksgiving

is waiting for your letter at the Cannon Courier. Drop off anytime between 8:30 a.m. and 5:00 p.m. Letters will be printed in the December 17 and/or December 24 issues.

Dear Santa,

Love,

not a character flaw. Watch for signs that can trigger your parent's obsession. If the obsession seems to be related to a specific event or activity, avoid it as much as

From the family of BILLY CHUMBLEY There are no words that seems adequate enough to say thank you to everyone who

enough to say thank you to everyone who expressed their sympathy during the loss of our husband and father.

We realize how lucky we have been to be blessed with the love of family, friends and neighbors. We will never forget the kindness shown during our loss.

Sue Chumbley Lorraine (Charles) Yancy Karen Tigert Ellen (Thomas) Mears

Remembering NORENE HOLT

who God called home November 29, 2012



"Your mother is always with you. She's the whisper of the leaves as you walk down the street. She's the smell of certain foods you remember, flowers you pick, the fragrance of life itself. She's the cool hand on your brow when you're not feeling well. She's your breath in the air on a cold winter's day. She is the sound of the rain that lulls you to

sleep, the colors of a rainbow; she is Christmas morning. Your mother lives inside your laughter. She's the place you came from, your first home and she's the map you follow with every step you take. She's your first love, your first friend, even your first enemy, but nothing on earth can separate you, not time, not space...Not even death."

We love you Mother.

Pat Fuller, Linda Walton & Dinah Cawthorne



Child Advocacy Center raises a flag for 3 children

"In calendar year 2014, the Child Protective Investigative Team has investigated 12 children's deaths and it was determined that 3 of those deaths were a result of abuse and neglect," announced Ryan Wallace, at the Child Advocacy Center's flag raising ceremony on Nov. 19.

Children Against and Youth," Child said Advocacy Center director Sharon De Boer. "19 local agencies partnered for the "19 Days of Activism. The partner agencies were: CADCOR, Camelot Care, CASA, Centerstone, Dept. of Children's Services, Domestic Violence Program, Exchange Club



Nov. 19 is recognized internationally as the "World Day for the Prevention of Child Abuse." The Child Advocacy Center Board of Directors, staff, and Child Protective Investigative Team members raised the flag to commemorate this day.

"We raise the flag to symbolize all the children in Rutherford and Cannon Counties that have been victims of child abuse this past year. We want to remember the children who were abused and the children whose lives have been lost," said Wallace, Child Advocacy Center Community Education Coordinator.

"Nov. 19 marks the end of the 19 Days of Activism for the Prevention of Violence

Family Center, Guidance Center, Kids on the Block, Kymari House, La Vergne Police Department, Murfreesboro City Schools, Murfreesboro Police Dept., Our Kids Center, Rutherford County Schools, Rutherford County Sheriff's Office, Smyrna Police Dept., Solutions Education Center, and the Child Advocacy Center."

"Every child deserves to live a life free from violence and abuse," said De Boer. "Each of the partner agencies participated in a media campaign to educate the public on the work they do to eradicate child abuse in our community. Our goal was to let families know that there is help in our community for children and families that need help."

During the 19 Days of the Activism, Child Advocacy Center and their community partners had two goals. The first goal was that the organizations that serve child abuse victims sponsored 19 press releases every day for 19 days to educate our community about child abuse, the impact of substance abuse on children and youth, and the resources that are available to assist children and families.

The second goal was that the Child Advocacy Center sponsored "Darkness to Light" trainings to educate parents and grandparents how to protect children from child sexual abuse. In 2012, the Child Advocacy Center began a new initiative called "Darkness to Light." Since then, over 4,000 parents, grandparents, and professionals have been trained how to protect children from child sexual abuse and what to do if their child reports abuse to them.

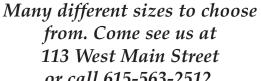
Wallace stated, "Call the Child Advocacy Center today and sign up for a training. We want to train you so that no child you love ever experiences the horrors of child sexual abuse."

Please contact the Child Advocacy Center if you would like to bring a "Darkness to Light" child sexual abuse prevention training to your business, civic group, church, school, PTO, or sports league. In Rutherford County, contact Ryan Wallace at 615-867-9000. In Cannon County, contact Amanda Pruitt at 615-563-9915.

For more information on the "19 Days of Activism" and the "World Day for the Prevention of Child Abuse" visit the Women's World Foundation Summit website at http://19days.woman.ch/in

dex.php/en/





MLS# 1561452

	or call 615-563-2512.
Christmas Greeting Ads	2x2 \$20
to be printed in the December 17 issue. The annual Christmas greeting ads will be printed in the Cannon Courier in the December 17th issue.	2x3
This is a great way to tell your customers "Thank You for doing business with us this past year," "Hope to see you again," or "Your friendship means a lot to us."	\$30
Prices range from \$20.00 (a business card size) to a full page.	
We have MANY to pick up or I can pick for you.	2x4
Call Teresa at the Cannon Courier for more details.	\$40
615-563-2512	



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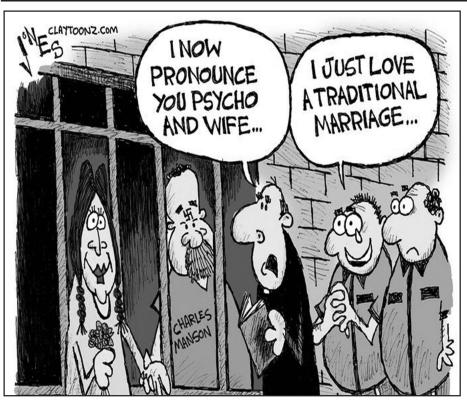
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Courier columnist Thankful, I'm an American

Thankful I'm an American as Thanksgiving '14 Arrives.

Am I prejudiced in believing "Thanksgiving" is America's very own kick-butt holiday?

Am I prejudiced in being confident America remains the greatest nation of opportunity and freedoms in world history?

Am I prejudiced not about politics, but about having a black American as modern-day president that shows a spirit of

Due to the charitable folks at Peter D's Restaurant, it

appears our community is about to net \$20,000 in



Words of Wisdom DAN WHITTLE

operational funds for the community's magnificent Tennessee Fisher House that houses military families, free of charge, while warriors are being treated at either the York VA or Nashville VA medical centers?

Courier columnist Have we lost true meaning of Thanksgiving??

Sometimes it seems we've lost the true meaning of Thanksgiving amid the commercialized hustle-bustle of modern life, and forget it all began when the first Pilgrim peeked out of his cabin, saw his shadow, and was in for six more weeks of bad weather.

No, wait -- that's Groundhog Day. My mistake!

Thanksgiving Day began in 1621 when friendly Indians took pity on some famished undocumented immigrants and brought them a feast of Baked Bambi and Turkey McNuggets.

The Pilgrims, as they came to be known, showed their appreciation by naming their football team, the Plymouth Rock Redskins, after their guests.

Although the gesture was well-intended, some of the Indians considered the name politically incorrect and expressed their displeasure by going on a ticket-scalping spree.

Historians are conflicted about how to treat the holiday. Some view the initial Thanksgiving banquet as a sign the Indians and Pilgrims were willing to live together in harmony and either eat squash or play squash -- early transcripts are hazy.

Others, however, believe the whole thing was simply a ploy by the Indians to dupe the Pilgrims into signing time-share condo agreements.

More tensions arose after dinner when they all settled back to watch the Cowboys-Lions game on TV, and the Indians were conned into betting on Dallas. The naive natives had not grasped the Europeans' concept of "point spread," and ended up losing much wampum on a last-second Lions field goal.

Some of the Indians decided perhaps

Courier contributor Is Bill Cosby a major huckster?

Huckster: One that acts primarily from mercenary motives. One that employs persuasive showmanship to attain an objective (Webster's Third New International Dictionary).

My earliest memory of Bill Cosby goes back to the mid '60s, when he, along with actor Robert Culp, starred in the highly successful TV action-espionage series "I Spy." Resultant of his role in "I Spy," Cosby became the first African-American to co-star in a dramatic TV series.

After "I Spy" came the popular TV "Fat Albert and the Cosby artoon show Kids," which ran from the early '70s through the late '70s. Next then came "The Cosby Show" in 1984, a cultural barrier-breaker that ran until 1992. In "The Cosby Show," Bill Cosby and Phylicia Rashad portrayed husband-and-wife "Cliff and Claire Huxtable." Cliff, a physician, and Claire, an attorney, successfully raised five children in an affluent neighborhood. The show stressed clean humor, strong work ethics, and wholesome family values. "The Cosby Show" aired weekly for those eight seasons and would become—at some point-in-time—"the highest ranking sitcom of all time." Further, it is common knowledge the idea and storyline for "The Cosby Show" came from Bill Cosby's real-life family situation and his personal philosophy: If black people study hard enough, work hard enough, and have the right value system in place, they can be as successful as any other race of people. And let's not forget that while Bill Cosby was accomplishing all of the above, he was entertaining millions with his witty, everyday-life, easy-to-follow brand of comedy. In addition to being a regular on Johnny Carson's "The Tonight Show" (arguably the hottest venue for an entertainer, at the time), Cosby sold out comedy clubs the nation over and recorded comedy albums that attracted the "thinking" crowd. Back in the day, mid '70s, if you were inside a friend's college dorm room, it would not have been out of the ordinary to have seen Cosby's hit comedy album "Bill" on a shelf wedged between The Beatles' "White Album" and Pink Floyd's "Dark Side of the Moon." And who could ever forget Cosby's TV commercial for Jell-O Pudding!



A Shot of Wry LARRY WOODY

they had been a bit hasty in rolling out the Welcome

Wagon, and were heard to mutter: "Well, there goes the neighborhood."

Just as things were getting testy, a beautiful Indian princess named Pocahontas intervened and saved the day by handing out complimentary casino chips to everybody.

As for the feast itself, PETA is peeved over the portrayal of a Thanksgiving table laden with the carcasses of fellow creatures. The animal-rights folks prefer a more critter-friendly image of the Indians and Pilgrims digging into bowls of tofu and bean sprouts.

There was probably more venison served than turkey, because it took only minutes to toss a Bambi on the barbi, while a gobbler took half a day to defrost and bake. However, the image of a large roasted buck sprawled on the dinner table with its tongue hanging out is not exactly Norman Rockwell-ish.

Decades later, Ben Franklin suggested making the wild turkey our national emblem, but the proposal was defeated by the powerful eagle lobby.

It is those subtle dips of the paddle that steer our national canoe down the gentle currents of history.

Imagine what would have happened if Ben had been successful, and the turkey had become a majestic and protected species instead of the bald eagle:

Today the wild turkey would proudly adorn our flags, federal buildings and national currency, and come Thanksgiving we'd all gather around the banquet table to watch grandpa carve the roast eagle.



Bill Cosby is an Meat 'n' Potatoes MIKE VINSON

author, activist, musician, educator . . . was respected, anyway, with emphasis on "was"!

Thus, we are in agreement

accomplished

and respected

actor, produc-

er, comedian,

For the past few days, Bill Cosby has been all over the media. At the epicenter of the media's current interest in Cosby . wouldn't you know it . . . tell-tale are sex scandals! Back in October 2014, during a standup comedy show in Philadelphia, comedian Hannibal Buress referred to Cosby as a "rapist." For whatever reason, Buress's comment/allegation about Cosby went "viral," and, well, to pun a bit, America hasn't been able to get enough! If there is any validity to what we read and hear, three women did file sexual assault cases against Bill Cosby in 2005 and 2006. Supposedly, one was settled out of court. Since comedian Buress's "rapist" allegations in October 2014, several more women have come forward with allegations of sexual misconduct against Cosby. Cosby has been lambasted by the media for not responding to questions about his guilt/innocence in these sexual misconduct allegations. True enough, rich, powerful men, such as Bill Cosby, are in the habit of getting whatever they desire whenever they desire it. However, on the flipside, women have been known to levy false sex-related allegations against rich, powerful men, such as Cosby, solely for the purpose of cashing in: settling out of court, selling a story to a newspaper/ news station, writing a book, etc. Is Bill Cosby still our lovable "Mr. Huxtable," everyone's favorite dad, who's being wrongfully accused by female "hucksters," who, in turn, are being propelled by a rating-hungry media? Or is Bill Cosby, himself, the "All-American Huckster," guilty as charged, who's using the "Huxtable" persona to pull one over on the public? Until I talk to both Bill Cosby and his female accusers, I'll reserve making an absolute comment . . .?



togetherness to the rest of the world?

Am I prejudiced in thinking only In America could Mr. Lincoln rise from being born in a log cabin, to being the president credited most with ending slavery?

As a Baptist, am I prejudiced in believing the year 2014 marked more progressive healing history when Southern Baptists, a denomination founded partly on pro-slavery in the 1800s, finally elected a black minister to help lead today's modern ministry?

Am I prejudiced in knowing I live in a 'kick-butt" thankful hometown community that produces the likes of Vietnam War decorated hero Col. James Stone of Woodbury and D-Day invasion medic hero Bill Allen, of Murfreesboro: Col. Stone for repeated dangerous chopper missions into the swamps to rescue wounded Americans and Medic Allen for repeated trips on hospital ships to retrieve dead and wounded Americans when Allied Forces staged the world's largest invasion in history to bring down German Nazis.

There is no debate I am definitely prejudiced about living in an awesome community that doesn't only "mouth" about loving our military veterans and families who protect our freedoms.

Who would not be thankful and humbled to have a current community-wide fund-raiser -- "Whittlemania" - named for you!

It would be a hollow Thanksgiving to not give thanks for management at the Murfreesboro Post and Cannon Courier, along with WGNS Radio's management team as evidence that good community journalism remains alive and well in an America, still based on Freedom of the Press. Their continued support of charities such as Read to Succeed, Wings of Freedom Fish Fry, Whittlemania and Special Kids is the right thing to do in our community.

Admittedly, I'm very prejudiced in saluting Murfreesboro educator Patrick Nelson and his wife, Amanda, our granddaughter, as the best young and brave parents I've known personally in my treks around the globe.

Their faith has lifted our family's spirits, as well as the community's spirit while joyfully rearing great grandson Beckett, now age 5 who has inspired us all with his efforts to be all he can be despite his head being damaged when left unattended as an infant by a professional caregiver.

He's our miracle child, along with little brother Emerson.

On a personal note, I'm thankful for the medical team that recently conducted successful cataract surgeries for wife Pat, a very brave and tough lady who loves her Lord and family to the fullest ... Amen!!

> **LETTERS TO THE EDITOR** are welcome on any subject printed in the pages of this newspaper. All letters must be under 250 words and are subject to editing for improper language and verified by address or phone number. Letters must be received Thursdays by 5 p.m. to be considered for publication in the following week's Courier.

Letters may be sent online to news@cannoncourier.com or by mail to Letters, Cannon Courier, 113 West Main St., Woodbury, TN 37190



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DIANE BLACK Local Office 355 N. Belvedere Dr. Suite 308 Gallatin, TN 37066 Phone (615) 206-8204 tn06dbima@mail.house.gov



MARK PODY 301 6th Avenue North Suite 203 War Memorial Bldg. Nashville, TN 37243 Phone (615) 741-7086 rep.mark.pody@capital.tn.gov

Christmas happenings around Woodbury; chance to volunteer

Here's a list of Holiday Events for the Woodbury area. If included in price. Dinner begins at 6:30 p.m. on Friday, you know of other happenings, please email the information to news@cannoncourier.com

Quilts for Friends Cannon Hall

Arts Center of Cannon County

John Harris and his family moved from NYC to DeKalb County some 40 years ago. After retiring 7 years ago John decided to see if he could learn to use a sewing machine and become a quilter. His initial interest in quilting began when he found quilting shows like "Fons and Porter" and "Sewing With Nancy" on the public TV station. Each of John's quilts are made for a particular friend. The designs and colors for that quilt are chosen with that friend in mind. John has made more than 23 guilts so far. 13 of which are display. The quilts will be on display through Dec. 20. at Cannon Hall in the Arts Center of Cannon County.

Wildwood Christmas Now Open

Wildwood Christmas Tree Farm located at 286 La Paloma Road off Auburntown Road features a large selection of live Christmas trees and wreaths plus hay rides, a gift shop, kids craft room, tree house play area and much more. Enjoy free hot chocolate and coffee and

fresh popcorn. Contact 615-464-2472 for information or visit www.wildwoodchristmastreefarm.com

Adopt-A-Senior Underway

The Adopt-A-Senior program assists the H.E.L.P staff with providing gifts for Senior Center's homebound members. Take a star off the tree, shop for the item listed, and return the wrapped package with the star attached to the Center by Dec. 15 . Packages will be delivered on Dec. 16. If you are aware of a homebound client that needs to be included, please contact us at the Center. Help some of our homebound members have a special Christmas!

Crafts Artists Holiday Sale Saturday, Nov. 29

Join the Arts Center of Cannon County's exciting and festive alternative to mall and big box import shopping. Choose from a variety of beautiful and unique gift items when top craft artists from throughout the region will offer for sale their original ceramics, jewelry, fiber, turned wood, pottery, one-of-a-kind furniture, baskets, stained glass and much more. Over 30 artists will be participating so plan on coming early for best selection.

Admission is free and open to the public. Holiday Bazaar hours are 9 a.m. To 5 p.m. for one day only. For additional information call 615-563-2787.

Honky Tonk Angels, Holiday Spectacular Arts Center of Cannon County Friday, Dec. 5-Dec. 7

This holiday sequel to the hugely popular show, The Honky Tonk Angels continues the comic escapades of three good ole country gals as they re-unite for a Christmas show like none other at "The Hillbilly Heaven Club." There are many surprising twists and turns in this musical comedy revue, including a gospel soul sister who also happens to be a psychic manicurist. Songs include a Motown Christmas medley, country classics like Coat of Many Colors by Dolly Parton and comedy hits such as Grandma Got Run Over by a Reindeer. Dinner and Show Dec. 5 and the performance is at 7:30 p.m. Table seating will be assigned in order of paid reservation.

Tickets are half-price on Saturday, Dec. 6, and Sunday, Dec. 7 and do not include a meal.

Lions Club Christmas Saturday, Dec. 6

The Woodbury Lions Club is gearing up for a great day on Saturday, Dec. 6.

"Lots to do in Woodbury everyday but especially on December the 6th, 2014 with the Woodbury Lions Club," said Lion Andy Jacobs

Pancake Breakfast With Santa at 7-10 a.m. Santa will be at the Lions Club building. Pictures with Santa will be offered by the Lions Club.

Christmas Parade at 12 noon. Register at the UT Extension office on Lehman Street or call 563-2554.

There is no fee be in parade, but your information is needed. Entrants will also find out where they are to lineup for the parade.

DTC-TV will televise the parade along with a live broadcast on WBRY radio.

Due to the Lions Club's insurance company, NO FOUR WHEELERS will be allowed in the parade.

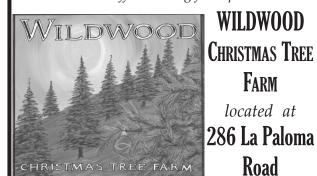
Santa will be on the Woodbury Lions Club's Float.

The day will conclude with the Lions Club Tour of Homes from 4-7 p,m. Stop by the Lions Club building to purchase a ticket and get a map of the homes and businesses that have decorated for Christmas and are opening for visits.

Christmas Gala at Senior Citizens Center

Join us on Dec. 12 at 6 p.m. for our Senior Citizen's annual Christmas Gala at the Senior Center, 609 Lehman St. Beautifully decorated tables, entertainment, and a special meal will set the tone for the Holiday Season! The theme this year is "Frosty Friends." This is a major

Come and enjoy fresh popcorn, tree house play area, kids' craft room, hay rides, free hot chocolate and coffee in our gift shop at



located approximately 6 miles from Woodbury on Auburntown Road. We have pre-cut Fraser Fir, Choose-n-cut White Pine, Choose-n-cut Norway Spruce, Choose-n-cut Canadian Hemlock, ball and burlap and live wreaths. Visit our Gift Shop with consignment items, wooden ornaments and local craft artists.

Call for info 464-4003 or 464-2472.

fundraiser for the Senior Center so plan on joining us. Tickets will be available in the office for \$25. Contact the Senior Center at 563-5304.

Santa Visits Adams Library Tuesday, Dec. 16

Adams Memorial Library will be hosting Mr. and Mrs. S. Claus for an evening of fun and festivities on Tuesday, Dec. 16 at 5:30 p.m. Be sure to take out your red crayon and mark your calendars. Refreshments will be served in the Jennings Community Room. All ages are welcome. Bring your cameras for pictures.

Woodbury Holiday Shop

Saturday, November 29, 2014

8:00 a.m. until 2:00 p.m.

Woodbury Community Center

630 Lehman Street Woodbury, TN 37190 Free Admission

Younique, Scentsy, ITWorks, Origami Owl, Initials Inc., Jamberry Nails and more!





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(615) 563-2816

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Tune Ups, Oil Changes, Diagnostics, A/C Repair, Exhaust, Tires... **Much more!**

Saturday, December 6th

10:00 AM





Attention Handymen, Investors, Speculators and Outdoor Lovers!

Not one but **TWO homes** on 35+/acres.



4436 & 4454 HURRICANE CREEK RD. WOODBURY, TN

Beautiful, large, wooded acreage tract with a Gatlinburg feel and aroma boasting an abundance of wildlife with over 1,000 ft. of road frontage and utility water.

4436 offers a 1 bedroom, 1 bath cabin with kitchen, laundry room, large covered front porch and metal roof.

4454 is nestled up high in the trees with 2 bedrooms, $1 \frac{1}{2}$ baths, large open great room with beautiful views through large windows. Each bedroom accesses a large covered balcony. Other features include kitchen, laundry room, central HVAC, storage and closet space, wrap around wooden deck with covered front porch, a metal roof and 2 car detached carport.

> Also selling: 2007 Toyota Corolla with 45,000 actual miles



AUCTIONEERS: BOB BUGG 615-456-4042 and KEITH STRAIN 615-456-7575

DIRECTIONS: State Highway 96 into Cannon County to Hurricane Creek Rd., follow Hurricane Creek approx. 3 miles to sale on the left. TERMS: REAL ESTATE: 10% down day of sale, balance due in 30 days. CAR: Cash or good check day of sale. 10%

Buyer's Premium added to bid to determine final sale price. TAXES: Prorated POSSESSION: With Deed ALL ANNOUNCEMENTS MADE DAY OF SALE TAKE PRECEDENCE OVER PREVIOUS ADVERTISING, ALL INFORMATION DEEMED RELIABLE BUT NOT GUARANTEED.





www.bobparksauction.com



SILMARILLION DRIVE 69 WOODBURY, TN Super Clean 3 BR, 2 Bath Home

Antiques, Collectables, Personal Property

Wonderful home in Volunteer View in excellent condition. 3 bedrooms, 2 full baths, living room plus a den, nice kitchen with oak cabinets. There is also a covered



back porch, 2 car detached, insulated garage, 2 mini barns and a wide concrete driveway. All on a beautiful treed lot with a parklike setting and move-in ready! REAL ESTATE SELLS AT 11:00 AM

Mr. Hank Lloyd is downsizing. Don't miss your opportunity to purchase this one owner home at public auction.

FURNITURE: 4 cherry marble top tables, 2 nice oak entertainment centers, sofa & 2 matching chairs, 2 platform rockers, oak sofa table, cedar chest, desk, jelly cabinet, antique whiskey cabinet, recliners, bookcase, porch rockers, patio furniture, misc. furniture, antique table and more COLLECTABLES: pocket knives (Case, Old Timer, Treebrand, advertisement knives and more), old folk dolls, pocket watches, wrist watches, tea cups, Cannon Co.. white oak baskets, small doll furniture, shot glasses, antique fishing rods, antique carpenters chest, cross cut saws, painted saws, all types of figurines, doll tea set, several dolls, yard art, one eye cast iron stove

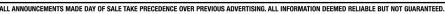
HOUSEHOLD & MISC .: several nice lamps, pitcher & bowl, mirrors, large lot of small kitchen appliances, pots & pans, everyday dishes & glassware, china, Christmas dishes, pots & pans, Christmas decorations, flowers, wrought iron set, step ladders, hand tools, mech. tools, shop vac, battery charger, Craftsman tool box, ext. cords, Estate washer & dryer, and much more.

AUCTIONEERS: JOHN HIGGINS 615-207-4555 and ANDY HIGGINS Apprentice Auctioneer lic. #6598 615-330-6446



DIRECTIONS: From Woodbury, take Hwy. 53 South approx. 3 miles to right on Rivendell Rd. to right on Silmarillion Dr.

TERMS: REAL ESTATE: 10% down day of sale, balance due in 30 days. PERSONAL PROPERTY: Cash or check day of sale. TAXES: Prorated **POSSESSION:** With Deed plus 3 days.





615.896.4600 or toll free 1.877.465.4600

www.bobparksauction.com

Grant dollars available for tree planting projects

The Tennessee Wildlife Resources Agency announces the availability of grant dollars to assist cities, schools, community organizations, civic groups, watershed organizations, and conservation groups, etc., with riparian tree planting projects.

All seedlings must be bought through the Department of Agriculture, Division of Forestry. Tree planting season in Tennessee is December through March.

Five grants, at \$500 each, are available for each of TWRA's four regional Aquatic Habitat Protection projects (a total of \$2,500 per region). The funds will be obligated as grants, so the grantee must have a nonprofit tax number. The projects are to be completed, the money spent, and a report submitted by June 30, 2015. In order to meet this deadline, TWRA will accept proposals through Nov. 30, 2014.



Grant proposals should include the applicant organization's name, tax ID number, address, phone, and name of a contact person authorized to enter into contractual agreement on behalf of the organization. The proposal should also include the name of the stream, county or counties involved, and the project area and description.

Contact Della Sawyers at (615) 781-6577 or by e-mail at Della.Sawyers@tn.gov with any questions.

At the Adams Memorial Library this week...

After the Thanksgiving break, Story Time at the library resumes on Tuesday, December 2, at Adams Memorial and Wednesday, December 3, at Auburntown. Bring your little ones in to hear a story and begin to develop a love for the written word.

The final book club meeting of 2014 will be held on Monday, December 1, so grab a copy of Fannie Flagg's, A Redbird Christmas and join the fun. The meeting is also the book club Christmas Party, so if you plan on joining the festivities, please bring a dish to share. The book club will not meet again until April. Come and meet the lively people in the group and help choose the book that will launch the club in 2015.

Computer Essentials class continues this week with the second meeting on Thursday, December 4. If you've signed up don't forget to be at Adams Memorial Library by 9:30 a.m. for the second, fun and exciting hands on class about computers. There are still a few spaces available for this class, so you might be able to join late and catch up. See instructor for more information. Due to a lack of participation, Tuesday evening classes have been cancelled.

On Saturday, December 6, Adams Memorial will participate in the Lions Club Tour of Homes. Be sure to get your ticket to this annual fund raiser and visit your library after hours to see it decorated for the holidays.

If you're a home school

this at the circulation desk of either Adams or Auburn to receive information on the Cannon County Home School Group. They are having a Christmas party in the Jennings Community Room and are in the planning stages for several other holiday events. This is a great way to network with other families in home education.

family, be sure to mention

Finally, don't forget December 16 at 5:30 p.m. we'll host a special holiday visitor for all the children both young and old. The book sale is in progress for gifts holiday and genealogy books are available for sale as well. There is something for everyone at the library. Come by and check us out.

READ ALL ABOUT IT

PETTUS READ, Guest Columnist



Is it worth getting all those vaccinations?

everyone did, it wasn't all

With new grandbabies showing up in my household, you would never think that the granddaddy would be the getting one the vaccinations, but that is something that happens at my house. With my last granddaughter, I found out from my daughter-in-law that I should get a DPT shot, or a pertussis shot, if I was going to be around my new sweet little grandchild. In other words, I was told that if I was going to see her closer than the screen door out back, I was getting a shot, which I did.

Many of you may think these shots are just for children and really old folks, but right now pertussis, better known as whooping cough, is making somewhat of a come back in our state and many thought it had gone away. So far this year 238 cases have been reported, compared to 179 last year, and out in California there is somewhat of an epidemic with over 9,000 cases. Whooping cough is a contagious infection and not something you get over with a pill. Vaccination is the best form of preventing the infection and the newer vaccines developed after 2000 are safe, but it is reported that they don't last as long and you may have to have a booster, especially if you are going to be around small children.

I was glad to get my DPT shot and having grown up in a time back in the 50s and 60s when vaccinations were just something



that big of a deal to do for my grandkids. But recently while eating lunch at a local sandwich place, where if you eat their sandwiches you are suppose to get skinny, I overheard a group of homeroom mothers discussing their children's school vaccinations at a table behind me. Realizing that my sandwich wasn't making me skinny, I decided to listen in on the ladies' conversation about needles and shots, which was a lot more interesting than reading the nutrient content of my Cheetos bag, which had become empty. Stories about kids hiding under tables and doctors getting bit seemed to be very funny to that group, but having been a kid myself over 50 years ago and experiencing some of those same traumatic events, I was glad I had finished my weight reducing sandwich as I remembered back to the days when the health department nurse would show up at my school.

Those ladies were even talking about the option of vaccinating your child or not. Back when I was going to school there were no options. We all got stuck whether we wanted to or not. Plus, so many times we got stuck while standing in a line with a bunch of other kids who also didn't want to get stuck, but had to. We didn't have our mothers close by or even the option of a nice doctor's office with pull-out white paper to sit on. And I think because we stood in those



lines and had those health department people in white coats show up at our schools to give us those vaccinations we didn't like that a lot of the infections past generations once endured no longer cause our children problems today.

I know the Internet gives out numerous side effects that can happen with vaccinations and the dangers that may evolve from taking certain medicine. I remember back when I went for cancer surgery, I made the mistake of checking out the procedure on the Internet and almost died before turning my computer off without leaving the house. Sure, there are risks to everything we do, but where would we be if everything we did was 100 percent a sure thing.

I remember the days of standing in line for the polio shots, and later, how excited I was when we no longer had to take shots because it was given to us on a sugar cube. As I grew up, I knew individuals who had to wear braces and use crutches because of polio. In our classrooms each year we took up dimes for the March of Dimes and placed them in cutouts in a small card to go into a fund to



HOME We accept all types of life insurance and offer plans to suit your needs. SMITH FUNERAL HOME



pay for research to find a cure. Because of our dimes and many more, a cure was found and today those braces and crutches are no longer seen.

As I listened to those ladies discuss the options of not getting inoculations and the many fears they expressed about all the side effects from taking the injections, I wondered what our parents really thought about it those many years ago when they sent us to school to meet the health nurse. I think they were more concerned with the dangers of the diseases, which they knew of first hand, than the rare chances of the side effects, which they knew very little about.

-Pettus L. Read writes for the Tennessee Farm Bureau Federation. He may be contacted by e-mail at pettusr60@gmail.com



You can submit items for The Blast by email at Special Orders on Request news@cannoncourier.com

Angels available for Christmas

It's Angel Tree time. Angels are available at FirstBank, First National Bank, Regions Bank and Dollar General. Please go by and pick up one of the many Angels. Money can also be donated at First Bank. For more info, call 464-5555.

Christian Men's Group **Food Collection**

The Christian Men's Group is collecting food for needy families this Christmas season. This group meets on the 2nd Saturday of each month at the Cannon Community Church and is comprised of men from across the community from different denominations. We have set a goal to feed 100 families. Without the help of the community this will not be possible. We are asking for donations of food or money.

If you want to donate non perishable items you may take them to The Old Feed Store at 310 Water Street or Antiques and More located at 101 North Cannon Street. For monetary donations please make checks payable to Christian Men's Group.

Country Music Jam Session Pocahontas Community Center 1st and 3rd Fridays

A country music jam sessions is set for the first and third Fridays of each month at the Pocahontas Community Center, 1441 Pocahontas Road, Morrison. Musicians sign up at 5:30 and the music starts at 6pm. Open to the public, spectators and dancers are welcome. Admission is free. for more info call Ray at 615-765-7835 or John 931-588-1229.

Books Needed for American Legion to donate to Fisher House

American Legion Auxiliary is in need of books to donate to the Fisher House which is a rehabilitation home for our local wounded veterans.

We need spiritual, children's, teens and mature reading material. Please contact Rita Cook at 615-542-0396 or MsZoro59@gmail.com to pick up.

Books make a wonderful Christmas gift

Cannon County, TN - A Pictorial History

History of Cannon County, TN R Mason

History of Cannon County Schools

Reprint - History of Woodbury and Cannon County, TN

by Sterling Spurlock Brown

Cannon County, TN High Sheriffs 1836 - 2014

Prater, TN - The Life and Death of a Community I've seen everything but money by Beecher Bowen (1910-

1975)

Auburn High School, A Pictorial History 1922-1977 Parker Family

The Tenpennys of Cannon County

Poetry by Beecher Bowen

Poetry Valedictory Speech - High School by Beecher Bowen 1910-2002 Easay - Uncle Dave Macon

Copies of Obituaries from Cannon Courier

1934-1935-1936-1937-1938-1939-1940-1941-1942-1943-1944-1945-1946-1947-1951-1956-2009, 2010, 2011, 2012

1885-1886-1887-1888-1889-1890-1891-1892-1893 1948-1949-1950-1953-1954-2000-2003-2004-2005-2006-2007-2008

Contact Adams Memorial Library,212 College Street, Woodbury, TN 37190 or 615-563-5861 for prices.

Flu Shots Available Cannon County Health Department

Flu shots are available at the Cannon County Health Department. Call for appointment at 563-4243.

Ladies Auxiliary Cookbooks still available

Ladies Auxiliary Cookbooks are still available for Christmas gift giving. This cookboook offers several 100+ year old recipes that would make wonderful anytime gifts for all of the special people in your life. They would also be appreciated I am sure for the new bride in your families. These cookbooks are a gift that keeps on giving each time the recipient opens to find a new favorite.

They are \$15 each and can be mailed for \$18 anywhere in the US.

Make and mail check to: Hilton Stone, Ladies Auxiliary, Unit 279, P.O. Box 423, Attn: Rita Cook, Woodbury, Tn. 37190

Holiday Bazaar Saturday, Nov. 29 @ 9 a.m. to 4 p.m. At the Arts Center of Cannon County

Hunt Family Bluegrass Band at Harvest View Church Sunday, Nov. 30 at 10:15

Harvest View Church at 8560 John Bragg Hwy will be kicking off the Christmas season with a special performance by the Hunt Family Bluegrass Band on Sunday, November 30 at 10:15. For more info, visit www.HarvestViewChurch.org or call 615.893.9900.

Health Talk **Tuesday, December 2 Cannon County Chiropractic**

Dr. Trea Wessel will be having a talk entitled Pregnancy on Tuesday, December 2 from 5:30 until 6:00 p.m. Cannon County Chiropractic is located at 824 McMinnville Highway in Woodbury. For more info, call 563-3320.

Lions Club Day

Saturday, Dec. 6, 7 a.m. to 8 p.m. The Woodbury Lions Club is gearing up for a great day on Saturday, December the 6th, 2014.

Pancake Breakfast With Santa 7-10am. Santa will be at the Lions Club building. Pictures with Santa will be offered by the Lions Club.

Christmas Parade 12:00 Noon. Register at the UT Extension office on Lehman St. or call them at 563-2554.

No Charge to be in parade., just need your info for DTC TV as the parade is televised. Along with the TV it will also be on WBRY radio. When you regisiter you will find out where you are to meet to lineup for the parade.

Due to our Insurance company, NO FOUR WHEELERS in the parade.

Santa will be on the Woodbury Lions Club's Float.

Tour of Homes 4-7pm. Stop by the Lions Club building to purchase a ticket and get a map of the homes and businesses that have decorated for Christmas and have opened their home for you to visit.

Lions ClubTour of Homes

Saturday, Dec. 6, 4 p.m. to 8 p.m.

The twentieth annual Lions Club Christmas Tour of Homes is from 4 to 8 p.m. on Saturday, December 6.

Homes and places open for the tour include: Beaverdam, the Houston Home at 107 Houston Lane, Mike and Jeanne Melton's new home at 3274 Hollis Creek Road, and Lynn and Krista Trail's home at 9566 Ivy Bluff Road.

Also open for the tour this year will be The Wilderness Christmas Tree Farm, owned and managed by David and Dawn Gray at 186 LaPaloma, just off Auburntown Road; the new Ivy Bluff Methodist Church building at 8597 Ivy Bluff Road, the newly expanded and renovated Adams Memorial Library on College Street in Woodbury, the new Community Wellness Clinic at 89 Mears Drive, Charlie Brandon's cabin featuring country ham and biscuits at 1309 Burt Bergen Road, Rustic Elegance Event Center, 1751 Doolittle Road and Gregg Rogers' Oscar's Speed Shop featuring his collection of fine cars at 210 E. Main Street.

Tickets are \$7 each and are available from Lion sclub members or may be picked uip Saturday afternoon at the Lions Memorial Building which will be decked out with Carolyn Motley's massive collective of Christmas tabletop displays.

Most of the locations will serve light refreshments.

Commodity Distribution Thursday, December 11

The Upper Cumberland Human Resource Agency (UCHRA) will hold a commodities distribution for Cannon County, Thursday, December 11, 2014 from 9:00 a.m. to 11:00 a.m. at the Cannon County Community Center located at the Fairgrounds.

Everyone must present a valid UCHRA commodity card in order to receive commodities. To sign up or reprint lost commodities cards contact your local UCHRA office

The Upper Cumberland Human Resource Agency does not discriminate on the basis of age, race, sex, color, national origin, religion, or disability in admission to, access to, or operations of its programs, services or activities.

Santa Visits Adams Library Tuesday, Dec. 16

Adams Memorial Library will be hosting Mr. and Mrs. S. Claus for an evening of fun and festivities on Tuesday, Dec. 16 at 5:30 p.m. Be sure to take out your red crayon and mark your calendars. Refreshments will be served in the Jennings Community Room. All ages are welcome. Bring your cameras for pictures.



Understanding chiropractic and the immune system

The new mother was told that her twin babies had died after birth. However, the truth was far different: they were sent to an institute near Moscow to be studied. This was to be the fate of "Masha" & "Dasha", one of the most unusual set of conjoined twins ever born. Conjoined or Siamese twins are formed in the same way as identical twins but the eggs, for some reason, don't completely separate; instead, they remain partially attached. Because their circulatory systems are interconnected, the twins share each other's blood. A germ that enters one twin's bloodstream will soon be seen in the blood of her sister.

Surprisingly, illness affects them differently. Dasha is near-sighted, prone to colds and righthanded. Masha has a constitution, healthier higher blood pressure, good eyesight and is lefthanded. The twins differing health pattern present a mystery. Why did one become ill with a childhood disease while the other did not? The measles "bug" was in both of their bodies, in their collective bloodstream; so why didn't both get the measles? This phenomenon was seen over and over again with the girls (flu, colds, other diseases were all experienced separately).

If germs alone had the power to cause infectious diseases, why would one of the twins be disease-free while the other was ill? What was it in their makeup that differentiated one from the other? The answer was the nerve system. Although the twins had common circulatory, digestive, excretory, lymphatic, endocrine and skeletal systems (they were joined at the hips), they had separate spinal columns and spinal cords. This was a very important difference between the girls.

In these extraordinary twins, nature's "laboratory" devised an experiment that no researcher could ever duplicate. The twins are an example invaluable confirming that there is much more to "catching" a disease than simply breathing in germs; germs can make you sick if, and only if, your body provides them fertile ground in which to grow. The state of your nervous system can determine whether or not (and how quickly) you will recover. By keeping your spinal column and nervous system free from subluxation stress, chiropractic care keeps you in a higher state of health.

There is no shortage of theories to explain the role of the subluxation in disease and the effect of the adjustment in relieving symptomatology. The autonomic nervous system (that part of the nerve

system which controls vital function) may be affected by spinal dysfunction or subluxation causing a compromise in that function. Immunity is one such function which can be adversely affected. Recent investigations justify the attention which has been focused on this component of the nervous system. Recent neuroscience research supports this paradigm. Abnormal stimulation of spinal or paraspinal structures may lead to segmentally organized reflex responses of the autonomic nervous system, which in turn may alter visceral function.

For more information Chiropractic care contact: Cannon County Chiropractic, Dr. Trea Wessel, 324 McMinnville Hwy., Woodbury, TN 37190, 615-563-3320

Now accepting applications for

2ND SHIFT MAINTENANCE POSITION

- Hours (3:00 PM - 11:00 PM) Monday-Friday

- Trouble shooting andgeneral repairs to equipment and building

- Basic electrical, plumbing, welding

- PLC and Forklift repair a plus

Must have 1-3 years experience or trade school training

- Pay rate based on experience

CONTACT: ASHLEY BENNETT H/R DEPARTMENT (615) 597-1280

or email resume to AAABENNETT14@YAHOO.COM MONDAY-FRIDAY 10:00 AM - 2:00 PM

2t-Nov. 26, Dec. 3





Let Prater's Do The Cooking For You This Thanksgiving

Ribs - Ham - Turkey - Brisket - Pork Loin All the regular sides plus cornbread dressing

PRATER'S BAR-B-QUE & CATERING

9516 Manchester Hwy., Morrison 931-635-2259 Call for pricing.

All orders must be picked up by 11:00 a.m. Thanksgiving morning



UT Extension Service

utextension.tennessee.edu/cannon www.facebook.com/UTExtensionCannonCounty

process,

estrus

Strickland:

role of

Sign up now for cow college

Schrick will break down the

hormones and how that

physiology can help the

cow/calf producer as well

as discuss economical

synchronization and timed

insemination. Many of you

will know Dr. Schrick from

his work with Millie, the

first Jersey cloned from an

Thursday, January 29th -

"Overall herd health for the

cow/calf producer" Dr. Lew

is our new Extension

Veterinarian. He comes to

us with a world of

knowledge from years of

private practice and with

Auburn University College

of Medicine. Dr. Strickland

will offer unique insight to

venereal diseases of cattle

and how to prevent them.

Dr. Lew is one of the most

knowledgeable presenters

that I have ever heard

possessing an uncanny

ability to take a tough

subject and make it much

Thursday, February 5th -

"Working

Issues"

and

Bruce Steelman and Lt.

Come and learn first - hand

some of the "tricks of the

trade" regarding working

facilities and Transportation

issues. Mr. Steelman is an

Extension Agent with 30

years of experience in the

beef cattle field having

worked with hundreds of

farmers over the course of

his career. He has first-hand

working knowledge of

what works and what

doesn't. Lt. Prater is a

veteran of the Tennessee

Highway Patrol, and has

more understandable.

Billy Prater.

Transportation

Facilities

of

reproductive

explain the

methods

adult cell.

Dr. Lew

Advanced Master Beef and Cow College

The Advanced Master Beef program is for those Master Beef Producers (MBP) which participated in the original program from 2004-2007. To continue your TAEP cost share they MBP program, graduates must attend the upcoming Advanced MBP sessions. Last year, many of you will remember the popular "Cow College" series of meetings that dealt with everything from reproduction to forages. This year's slate promises to be the most informative and better yet! All meetings except the January 8th meeting will be held at the Centertown Community Center located at 92 Gilbert Street McMinnville. All sessions will begin at 6:30 pm and will include a meal. This year's slate of topics and speakers are listed on page 2:

Thursday, January 8th -Andrew Griffith: Dr. "Trends, issues, and emerging issues affecting the beef market". Dr. Griffith is the latest addition to the UT Extension Department of Agricultural Economics. If you have never heard him speak, you are in for a treat. This meeting will be in conjunction with the Mid State Producers Annual Meeting and will be held at the Woodbury Lions Club Building in Woodbury.

Thursday, January 15th -Mr. Larry Moorehead: and the "Forages, importance of Hay Storage." Mr. Moorehead is the popular Extension Agent in Lynchburg. He has focused his career around improving forages and conducted the first research project dealing with hay loss and storage in Tennessee.

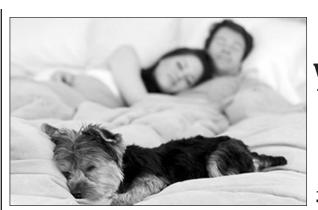
Department Head, Animal Science; UTK, Spend an evening with one of the world's best known Animal Science researchers. Dr. We are looking forward to a great schedule for this

a great schedule for this year's "Cow College". These meetings are an opportunity all beef producers, especially those seeking 50% cost share in TAEP. If you completed the original Master Beef Program between 2004 through 2007, you must complete the Advanced Master Beef Program before May 1st 2015 in order to continue the 50% cost share the Tennessee for Agriculture Enhancement Program. In order to register for the Advanced Master Beef producer simply drop by the Cannon County Extension Office and sign up. The cost of the Advanced Master Beef Certification is \$75.00.

Frost Brings The Probability of Prussic Acid Poisoning

Generally, about the middle of October is when the "first frost" occurs. Following frost, cattle producers need to be cautioned about the possibility of Prussic acid poisoning occurring.

Plants, such as Johnson grass and those in the sorghum family, are damaged by a light frost and produce prussic aid eventually cyanide. The bad news is that this is very toxic. On the other hand, the "good news" is that it will leave the plant in 10 to 14 days. The other problem is that after the first frost another is likely to occur before the passing of the 14 day- period. To be on the safe side, the "day count" should be started over. If the forage is harvested for hay or silage, the feed will be safe to feed when the 10-14 days have passed.





Just a few more minutes, please?

Everyone is familiar with those mornings where it seems easier to just roll over, hit the alarm clock and go back to sleep...for just a few more minutes. What creates this desire for more sleep? Why is it so hard to get up in the mornings, or after a nap? Is something wrong? Or are we just tired? Is sleep really that important? Why does it seem we can never get enough? Is there a right amount of sleep that we need? Can you catch up on sleep? Is anyone getting tired just thinking about sleeping?

In this lesson we're going to look at what sleep is, how we use it, what we need and various myths and suggestions about sleep. Hopefully after this you'll go away with having some great ideas for ways to improve your sleeping habits to gain a more restful sleep and wake feeling refreshed and ready for a new day.

According to the National Institute of Child Health and Human Development (NICHD), "sleep is essential for day-to-day functioning, performance, learning and overall health. Sleep disorders, including insomnia, are a leading cause of accidents, lost productivity and illness" (NICHD, 2013). Sleep in general is a very complicated biological process that can be simplified greatly or it can bury one in information. There are cycles our brains and bodies process through while we're sleeping, these are called circadian (pronounced sur-kay-dee-uhn) rhythms. Our body has an internal clock and these cycles are biologically set. There are five circadian rhythms our bodies go through, these are called Phase 1, Phase 2, Phase 3, Phase 4, and Rapid Eye Movement (also known as REM) sleep. Let's take a quick look at what these phases do for us!

In phase 1, individuals are between being away and falling asleep and will begin to sleep lightly. As you move into phase 2, individuals move into a deeper sleep and become disengaged from the surroundings.

In phase 2 our body temperature drops. Phase 3 and 4 is the deepest and most restorative sleep. Blood pressure drops, breathing slows down, muscles relax, our bodies increase the supply of blood to our muscles, our bodies perform tissue growth and repair, our energy levels increase again and our bodies release hormones. As our bodies move into REM sleep (or phase 5) this equates the other 25% of our sleep. Generally this occurs about 70-90 minutes after first falling asleep, and then on and off for the remainder of your circadian rhythm. REM sleep often lasts longer as you move later into the night.

During this cycle our brain and bodies are energized, our daytime performance is supported, our brains are active and dreaming often occurs. Our eyes will dart back and forth, creating the "rapid eye movement". If you watch someone during this cycle you can see their eyes moving beneath their closed eyelids! REM is involved in the process of retaining memories, learning and maintaining balanced emotions. Our bodies also become immobile and relaxed and our body temperature isn't tightly regulated. The whole process of going from phase 1 to phase 5 is usually around 90 minutes.

Naps are another huge factor! If you just need a quick dose of energy, studies suggest that a quick 10-20 minute rest is best for your body. This allows individuals to rest and relax but not to get into that deep sleep and feel groggy and more tired when they awake. If you want a longer nap, be sure to sleep for 90 minutes...then your body will be ready to go again!

As we lose sleep we lose our ability to focus which in turns slows down our response times, increases our chances to take risks and make poor decisions. This can affect our relationships, our jobs and even our driving. The National Heart, Lung and Blood Institute say that the lack of sleep "can cause irritability...particularly for children and teens...and are more likely to become depressed".

Depending on the age of the individual, we handle the loss of sleep differently. Usually adults can maintain control of their irritability, whereas with younger children they often become fussy, cry more readily or pitch fits to try and compensate for their feelings. Often, a simple nap or an early bedtime can solve these problems long term. Losing sleep also affects our health. Not getting proper amounts of sleep can greatly increase our risk of high blood pressure, heart disease, obesity, diabetes, hypertension, mood disorders such as depression, anxiety and mental distress or several other medical conditions.

Thursday, January 22nd -Dr.NealSchrick:"ReproductionMadeSimple".Professorand

seen it all. In addition to serving to make our roads safe, he is one of us, a cattleman himself and can provide a unique look at



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November 20, 2014

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Hfr	533-594	215.00-230.00						
Hfr	635	205.00						
Hfr	705-725	182.00-195.50						
Bull	380-400	289.00-290.00						
Bull	435-470	256.00-271.50						
Bull	540-565	231.238.50						
Bull	600-605	215.50-219.00						
Str	415-422	266.00-276.00						
Str	533	250.00						
Str	660	225.00						
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 Cows

 Weight Cows Lean
 92.00-104.00

 Boner 104.00-110.00
 Breaker 105.50

Trading Post Chat

It's SNOWING! Today is November 17 and we have snow! Leaves are still on the trees with a crust of snow with the glow of silver. Nature is amazing and the cold weather is actually refreshing. They salted the roads the other day, so I knew we where in for it! If the snow keeps up, Santa should have a very soft landing by the time Christmas Eve arrives. Ooops, that means holiday decorations going up inside and out all over the place and the stores are packed with tempting gifts and holiday decor! My goodness, I used to really do it up with the BIG tree, lights all over the place, overboard with the gifts for my two boys and all the relatives and friends that joined us on Christmas day. Now, I've slowed down as my boys are in different states, my relatives have passed on and my friends feel the same way I do at this point which is: Enjoy the beauty of nature, the fact that we are still here to enjoy our lives here on earth and respect the true meaning of Christmas. I find myself listening to the words more carefully in the holiday carols, relaxing more and chuckling over memories of this time of year so many years ago.

We recently had our Christmas Extravaganza and enjoyed a very early visit from Santa who greeted all those who attended and searched out those special handcrafted and vintage decorations to add to their collection of holiday glee. We certainly enjoyed everyone who came to see us and joined in the festivities! From now on our hours



open are weather pending. Please call me at: 615-464-7824 to make sure we are there. If it is cool, but sunny, we will be open. The barn is not climate controlled, so we definitely depend on Mother Nature at this point. We are chockful of wonderful things for Holiday gifting and decorating. So, please do come and see us!

We recently sadly lost a good friend to the Trading Post and Distillery. Charity was in a serious automobile accident and has passed on. None of us will ever forget her wonderful spirit and hard working demeanor. She was not only a loyal friend, but loyal to her job and a good mother to her two little children. It's always sad to loose folks to these tragedies and suddenly realize that you no longer will hear their voice or hug them again. Yes, we believe that they are now in Heaven making a place for us, but the painful physical loss is still an actuality. We wish the very best for Charity's family and may they know that she will be deeply missed by all of us.... Please find the good in each day, Folks. Life is too precious.

Well, Uncle Festus has sworn up and down that he will never buy his kids a bike again. Last Christmas, he decided to save \$5 by putting this bike together by himself for his twelve year old son. Well, he put it together all right....the poor child had to not only peddle backwards but he had to watch that the seat did not fall off and pray his brakes worked. It was a disaster! Finally, the fellas at the local fire department reassembled the bike into proper working condition. The sheriff almost arrested Festus for child endangerment.

Aunt Martha had stayed up all night putting together a rather difficult doll house for Peggy, their 5 year old daughter. Finally hopping into bed at three in the morning, she slept through the Santa alarm and woke to hear a huge crash. Goofy Festus and Peggy were racing down the stairs to see what was left under the tree and landed right on the doll house. Smash! Martha sighed and went back to bed only to find out later that Baby Sydney had swallowed all the coins that were left in the stockings along with the candy. Festus knew better than to ask for change for awhile, as the Doctor who came out to check on the baby said: Sydney will be alright, just will take awhile to make the proper deposit. Good Grief, that family is a three ring circus! And, they are a real mess at the holiday dinner table. This year, they are visiting kin in North Carolina and I am very relieved at that. I won't be so lucky on Thanksgiving Day, as they whole gang will be at my house. Ya gotta make the most of it and be glad the Distillery is close by! Hiccup!

Here comes the snowflakes again and my husband JD is all excited about watching the Titans play the Steelers in this challenging weather. Good Luck Titans! Have a great week and a safe one. Also remember that your houses may be far apart, but your neighbors are always close by. Take care of each other. Smile. And I will chat with you next week. See you at the Trading Post soon.

FRANZ...

Walkup, a sergeant in the U.S. Army's 2nd Battalion, 503rd Infantry Regiment suffered a shattered right pelvis, damage to the spleen and large intestine and lost function in his right leg below the knee after being shot in the stomach, back and leg.

Tireless rehab allowed Walkup to walk using one crutch by March. He picked up hand cycling not long after. But the soldier is still handicapped. The couple, who now live in Gaithersburg, Md., hopes to relocate to a house with doors wide enough for a wheelchair in Woodbury.

Franz has still got both of his legs, but one of them doesn't work.

"I fit into that gray area where I have the loss of the limb, but I still have my limb," he explained. His body is a roadmap of his injuries. A shattered pelvis, a broken leg. He lost his spleen and most of his small and large intestines.

"It's not just me that served and sacrificed," said Franz, proud to come from a military family - one of four brothers to serve. His older brother, Frank, was killed in Iraq by a roadside bomb in 2007, three days before his 24th birthday.

"I just need a little threebedroom house with 36inch doors so I can fit a wheelchair through," he said.

Shannon has been by his side throughout the ordeal. They were newlyweds when he was injured.

"I'm very proud of him. Every single day. I'm very proud of you," she said to her husband.

Despite all they've been through, Franz and Shannon don't begrudge the wounded warriors who get priority - double and triple amputees and those with traumatic brain injuries. The Walkups have applied for a grant from the Veterans Administration that could cover some of their costs, but they've been told there's an extraordinary backlog.

"Franz has never given up and continues to strive for the future with his wife and two dogs," the couple posted on GoFundMe. "After being turned down by many home building organizations being told he's not wounded enough, Franz is taking it in his own hands to make his dreams come true."

If you'd like to help, a GoFundMe account has been set up in Franz' name. To view his story go to, www.gofundme.com/gz46 5g

\$93,223...

-tents were then photographed and returned to the Cannon County Sheriff's Department.

"I then, along with Investigator Brown, counted the U.S. currency, which totaled \$93,223. The U.S. currency was in the form of \$88,100 in hundreds, \$4,480 in twenties, \$390 in tens, \$110 in fives and \$143 in singles," Gullett said.

The following day, the cash was returned to its rightful owner.

The suspects' 2004 Chevy Trailblazer was confiscated as well.

Ham exam set

The DeKalb/Cannon County Amateur Radio Club is sponsoring an Amateur Radio Exam Session on Saturday, Dec 6 -1 p.m. (Walk-ins are welcome) at the Cannon County High School, Room # 115, 1 Lion Drive. Contact Jerry E. Elkins - N4LZY at 563-8888 or check out the club's Internet site at http://www.dccarc.org



Franz Walkup is hoping for a little three-bedroom house with 36-inch doors to accomodate his wheel chair. Franz was wounded five times during fighting in Afghanistan.

Distillers Guild hires executive director

The Tennessee Distillers' Guild, taking a major step toward cohesion, has hired Jill Talbert as its executive director.

The Guild, formed in early 2014, includes Short Mountain Distilleries and other smaller distillers as well as Tennessee's older, more well-known distilleries, Jack Daniel's, George Dickel and Prichard's.

With her background in government relations, Talbert will be able to work with all parties involved to move forward on common ground towards the development of new tourism opportunities, a better atmosphere for creating top shelf products throughout the state, and



JILL TALBERT

as the "go to" state for fine spirits.

"We are so pleased to have Jill on our team. She has excellent credentials and the right temperament to navigate through many large personalities and issues as we work to build Tennessee brands," says Guild president Billy Kaufman, owner of Short Mountain Distilleries.

Talbert is a licensed attorney who has spent the majority of her career in trade association representation. Among other duties, she will primarily serve as the Guild's lobbyist in Nashville.

An article in Louisville Business First stated that what is actually firing up the interest in Tennessee Whiskey is the ever increasing sales in the entire category of North American whiskey. Fanning the flames is the everincreasing growth of small batch distillers with recent



liquor laws allowing distilleries to be established in 41 additional counties. For many years, the law limited the distillation of "drinkable spirits" to just three of Tennessee's 95 counties- Lincoln, Moore, and Coffee. As a result, only a few short years ago there were only three distillers in the state. There are now almost 30. wine, and liquor brought on by the farm-to-table and "maker" movements have loosened the grip of the "old school" hard liquors like gin and scotch, making it an international phenomenon. And younger drinkers' continual desire for something new has created a mixology craze. American whiskey makes a smoother mixed drink.

Growth of craft distillers and the desire for standards to insure whiskey quality across the state inadvertently created a heated legislative debate over the legal definition of Tennessee Whiskey. Regardless of the final decision state lawmakers reach for agree that only with a quality product will Tennessee distillers be able to compete in the global contest for customers, which means more jobs in the state.

"The exciting growth of Tennessee distilleries provides a strong link to our state's famous heritage and a promising tourism boost for Tennessee's future. I am proud to represent the Tennessee Distillers' Guild and am energized by the opportunities ahead. We will all move forward together to help our distillers thrive and enhance Tennessee's international reputation for producing superb spirits," Talbert said.



Lelands Furniture and Home Decor attracted a crowd for its merchandise and its delightful Christmas snacks.



MIKE WEST photo

I'll Be Back, owned by Tommy and Linda Malone, drew a big crowd for its mixture of antiques and locally crafted items.



Cooking with Barb

By Barb Ford

It is tailgate time in Tennessee. For many of us, that means that Friday nights are a frantic rush through the drive through and Saturday mornings leave little time to plan an extensive or impressive tailgate menu. Tailgating for some crowds is much like gourmet camping. There is the challenge to feed a crowd, make it interesting and somehow keep clean up and carrying to a minimum. I remember when we used to tailgate regularly having friends who would set up a whole outdoor kitchen with grills and everything. My priorities are slightly different. I would like to keep the menu easy enough that tailgating means carrying one bag of plates and serving stuff and two coolers-one for hot foods already prepared and one for cold foods and drinks. This means no hooking up of grills, no carrying a crock pot and certainly keeping clean up to a bare minimum.

My solution is to take advantage of Southern traditions and give them a twist. Instead of devilled eggs that everyone loves, I make a spicy egg salad and make little roll ups with taco sized flour tortillas. Wrap them in foil and chill them to tuck in the cooler. Pimento cheese is easy-make it ahead, pack it in a mason jar and serve it with a sleeve of crackers! For salad, I suggest a big mason jar filled with a chopped or layered salad you can serve from the jar. It is fancy looking and uses a minimum of cooler space.

The main part of the meal might seem more challenging, but a little ingenuity will go a long way. For instance, if I had my druthers I would smoke a pork shoulder for hours and serve amazing pork sandwiches at my tailgate. Sadly, there is no time in my schedule to do the work and watch the smoker. Nor is there space in my one bag two cooler system for buns, pork and all the fixings. Fortunately, a dear friend named Mary Eva gave me the best solution for a hot barbecue "sandwich" that keeps the mess to a minimum, looks fancy and tastes fantastic. The "cheats" here are pre-cooked shredded pork barbecue and premade pie crusts. The results, however, are so good and popular that I say double the recipe to feed hungry friends! If your folks aren't into a particular ingredient, you can adjust the recipe, change out a few things and make this idea a specialty of your own. Once these come out of the oven, pack them in foil and place them in a towel lined cooler while they are hot. Close that cooler and they will stay warm all the way to the game.

If it's a really cold day, consider making individual cobblers in mini mason jars, bake them alongside the sandwiches and add them to your hot cooler straight from the oven. Add whipped cream to your cold cooler. Now you have a complete tailgate meal including some soul warming treats in two coolers. Use your bag to carry plates, serving utensils and plastic silverware. Now, get ready, pack those coolers and enjoy the game!

Barbecue Puffed Pork Empanadas

2 cups Byron's Fully Cooked Pork BBQ, warmed according to package directions



2 tablespoons red onion, finely minced 1/4 cup dill pickles, minced 1/2 cup sharp Cheddar cheese, shredded 2 packages prepared pie dough (recommended: Pillsbury refrigerated pie dough) 1 egg, lightly beaten BBQ sauce for dipping

Preheat oven to 350° F. Coat a baking pan with non-stick cooking spray; set aside. In a medium mixing bowl, combine BBQ, onion, minced pickles, and cheese. Roll out pie dough and cut into circles using a 3 inch biscuit cutte, or cut the dough into squares. Brush egg wash around edges of each circle or square. Place a scant Tablespoon of BBQ mixture in center of each circle. Carefully fold over the circle to form a semicircle. Crimp the edges with a fork; place on prepared baking pan. Brush tops of empanadas with egg wash and bake for 22 to 25 minutes, or until golden brown. Serve with your favorite BBQ sauce for dipping. Serves 8.

Alive Hospice to build Murfreesboro center

Nonprofit organization Alive Hospice announced that it will move forward with plans to build a free-standing hospice facility in Murfreesboro.

The facility will serve patients not only in Rutherford County, but also in four other counties in Alive Hospice's service area: Bedford, Cannon, Coffee and DeKalb.

The new Residence at Alive Hospice – Murfreesboro will expand Alive Hospice's services in the area by adding a layer of care and convenience for terminally patients and their loved ones. Notably, it will be Rutherford County's first facility with dedicated beds for inpatient adult and

Emma Kerrylynn Campbell

Jacob Campbell would like to announce the birth of his baby sister, Emma Kerrylynn Campbell born on



September 17, 2014 12:45 p.m. weighing 7 lbs. $\overline{3}$ ozs and measured 19 inches long. Proud parents are Matthew and Angie Campbell.

Grandparents are Kerry and Denise Foster and Lenwood and Linda Campbell.



pediatric hospice care, respite hospice care and residential hospice care.

"Rutherford County has asked Alive Hospice for this facility, and we're fulfilling our promise by making this demand a reality," said Alive Hospice President and CEO Anna-Gene O'Neal. "Patients facing terminal illnesses will have the comfort of knowing they can receive the care they need in an Alive Hospice facility that's close to home. That's no small comfort, and it's what our patients and families deserve. We're only too pleased to provide one more measure of comfort with a beautiful, tranquil new facility."

Alive Hospice will continue providing home hospice care for terminally ill patients and grief support services in Rutherford County as it has for many years. Upon opening in 2016, the new facility will be available for patients needing a more intensive level of hospice care than is typically provided in home settings. It also will provide a peaceful care setting for terminally ill patients requiring short-term respite care as well as hospice patients who are unable to remain in their homes.

Having a hospice facility in Murfreesboro will allow terminally ill patients to stay close to home instead of utilizing Alive Hospice's existing facilities in Nashville. Additionally, family and friends will no longer be faced with the burden of long commutes to and from Nashville to visit their loved ones.

Alive Hospice's plans come in direct response to

healthcare providers and area residents who have requested the nonprofit hospice provider expand its presence south of Nashville to meet the growing need for services. Demonstrating significant enthusiasm for the new facility, Alive Hospice submitted more than 165 letters of support from stakeholders as part of its application to the state.

The 21,300-square-foot facility will be located near Saint Thomas Rutherford Hospital in the Parkway Office Park, off of Gateway Boulevard. It will include 10 patient rooms, a large family gathering room, a kitchen and dining room, a sanctuary and a courtyard. Patients will receive care from a team that includes a hospice physician, nurses, hospice aides (certified nurse technicians), social workers, chaplains and volunteers.

Additionally, Alive Hospice's Murfreesboro-based hospice home care team and Murfreesboro grief counselor will relocate their offices to the new facility. Alive Hospice currently leases office space in the Stone Gate Corporate Plaza on Medical Center Parkway.

Alive Hospice will kick off a capital campaign and plans to break ground on the facility in 2015.

"The Residence at Alive Hospice - Murfreesboro will belong to the community, and as we work to fulfill our promise, we'll need community support," O'Neal said. "We look forward to kicking off our capital campaign in 2015 and hope you will be part of building this beautiful new facility with us."

As with all aspects of Alive Hospice's care and services, hospice-eligible patients will receive care at the new facility regardless of insurance coverage status or ability to pay thanks to community support.

Auburntown News

with

Jennings Jewelers

215 West Main Street Woodbury, TN 37190 615-563-2421



She fought the cancer battle and lost but Elaine Jones Mingle won the ultimate victory when she entered Heaven's gates around 4:00p.m. Wednesday the 19th. Our prayers go out to her loving family and friends.

Get well wishes to Ray Murphy who is currently in St. Thomas Rutherford following a major stroke. He underwent surgery to help relieve the symptoms.

Congratulations to Dillon Jackson who is now a certified welder having received his recognition from Tennessee College of Applied Technology Hartsville.

Doug Gaither 10 Davenport, IA, spent several days recently visiting with mom, Sara Gaither and other family members.

Our grandson, Kullon Patrick, spent the night Thursday with us. He attended the Knights vs. Cubs ballgame so he could see "Nu-I" (aka Adrianna Reed) play ball!

Twenty-four students of the Auburn Grammar Art Club enjoyed a trip to Bell Buckle Tuesday. They met several artists and toured the Webb School. This was a joint effort Westside group.

Enjoying another birthday this week are Robin Yule Burkhead on the 25th, Joshua Bryson the 26th, Jan Dobson and Lindsay Gunter the 27th, Jason Francis and Irene Rich on the 28th, David Dodd and Melissa Milligan on the 29th with Chris Zimmer, Dan Wilkerson, Joseph Mason McFerrin and Ryan Fletcher ending the month of November. Opening up the last month of 2014 are Fred Schafer and Dale Mayo. Happy

birthday to all of you.

There are no anniversaries with SO Thanksgiving being this Thursday, be sure and be thankful. There is something each person can be thankful for. Here is a quote I've read, "feeling gratitude and not expressing it is like wrapping a present and not giving it". God is our Giver, thank Him for ALL things.

If you have news for this column, please e-mail me at apatrick@dtccom.net, or call 464-4310 and leave a message if no answer.

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Ivy Bluff News BY BONNIE STACY

Vickie Durante from Maryland is spending two weeks with her late husband, Dan Durante's brother and sister-in-law, John and Linda Durante. and Vickie and Dan children lived for many years in Woodbury so she has lots of friends here that she visited with.

Sharon Locy and Bonnie Stacy had breakfast at the Cracker Barrell in

Manchester on Saturday. They went to Fairfield in Bedford Co. to visit Sheree and Woody Floyd and Violet Smith. Then, went to Walmart in back Manchester to do some shopping.

Get well wishes to all the sick in the community and my sympathy to all who have recently lost loved ones in death.

What you laugh at tells

better than words what you are.Four things come not back: the spoken word, the sped arrow, the past life, and the neglected opportunity.

The joy you give to others is the joy that comes back to you.It would be nice if we could forget our troubles as easily as we forget our blessings.

The Way of Hope needs your help

The Way of Hope is an Outreach Ministry for homeless women and children in Murfreesboro, Tennessee. They are in need of some personal care items, and with the holiday season approaching, we want to have a personal care item drive to help out and give back to the community!

There are currently about 50 women and 15 children in the ministry right now, and we would like to get together a gift bag for each mom and child. There are two ways you can help. You can either donate money directly to the fun, or you can purchase these items to be donated. All donations are for putting together the gift bags for the ministry! We will be taking donations until December 12.

Items needed for women: Shampoo and conditioner, razors, shaving cream, body lotion, body soap, toothbrush, and toothpaste.

Items needed for children: toothbrush, toothpaste, shampoo, brush or comb, and body soap.

For donation questions please call Lacey Buchanan at (615) 542-0654 or Brittany Stluka at (615) 653-5541. Send donations to P.O. Box #223 Woodbury, TN 37190.

Donations will be taken through December 12.

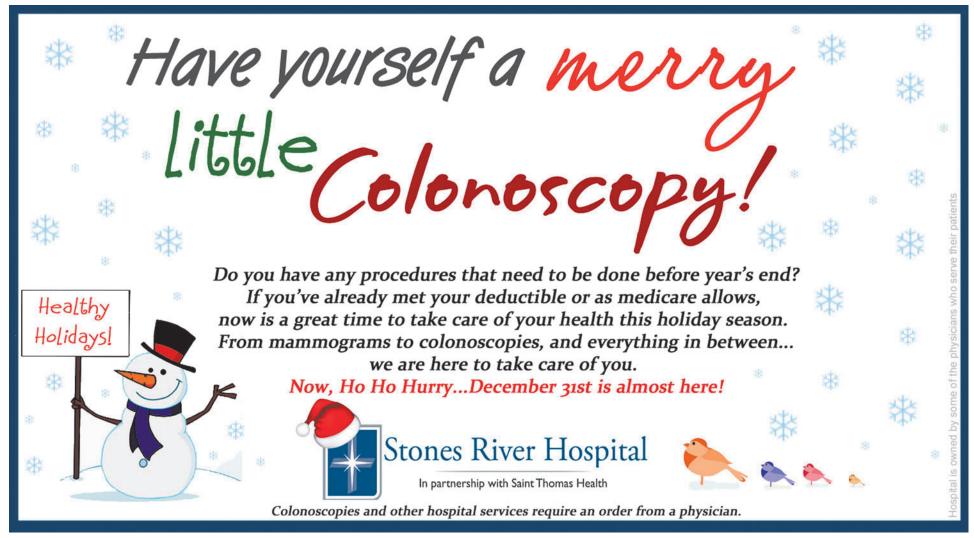




Grand Opening at Community Wellness Clinic

On a cold, rainy and windy Halloween evening the Wizard of Oz gang traveled the yellow brick road to the Grand Opening at the new home of the Community Wellness Clinic located at 89 Mears Lane in Woodbury owned by Tabitha Smith, FNP-C. A large group of patient's, friends, family and staff were present for the ribbon cutting ceremony to officially open the clinic and wish Tabitha and Heather Melton, who is also a FNP-C, the best of luck in the future. Tabitha, Heather and the staff entertained the many guests as they provided guided tours of the new building, refreshments and treats for everyone plus a lot of laughs. Office hours are Monday thru Thursday 8 a.m. til 6 p.m., Friday 8 a.m. til 3 p.m. and Saturday 8 a.m. til noon (urgent care only). No appointment necessary for sick or urgent care and flu shots are available. You can contact the Community Wellness Clinic at 615-563-7515.







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SPORTS

Strong start for CCHS

Lionettes extend win streak with victory over Coffee County

CHIP CIRILLO Courier Correspondent

MANCHESTER Starting the basketball season with three straight road games hasn't bothered Cannon County's girls one bit.

The Lionettes, who return only one starter from last year's Class AA tournament team, improved to 3-0 with a 66-53 win at Coffee County on Friday night.

"With a young team it's tough, but it's only going to make us better," Lionettes coach Michael Dodgen said. "This team every game we're getting better and we're starting to do things to get ourselves going."

Kellie Davis, a junior wing, scored 19 points to lead four Cannon County starters in double figures. Autumn King added 16, Erin McReynolds had 14 and Kendra Maynard pitched in with 11.

Coffee County (2-2) cut the deficit to 45-42 at the end of the third quarter, the Lionettes but outscored the Lady Red Raiders 21-11 the rest of the way.

"We just had to come together and kind of settle down," Davis said. "We had to slow the ball down and just get a composure about ourselves, and not let them speed us up and get us off our game."

Coffee County point guard Sarah Brown put on a shooting clinic with a career-high seven 3pointers, leading her team with 25 points.

"I just really wanted to beat Cannon because last year they beat us both times," said Brown, a 5foot-5 senior who also plays wing. "I just wanted to beat them really bad. They can drive really good. We have to work on our defense."

Coffee County connected on nine 3-pointers.

"(Sarah) has definitely got the ability to light it up," Lady Raiders coach Herb Horton said. "We've just got to do a better job of getting shots for her. She's a good shooter."

Cannon County led most of the way, including a 27-23 edge at halftime.

The Lionettes hit 20 of 28 from the free throw line while the Raiders were 7 of 16

"We took it really strong to the rim and I think we just did a good job at that," said King, a 5-foot-8 junior post. "We really followed through on our foul shots."

Cannon County starts three seniors, but only one has played a lot.

The Lionettes played Warren County in their home opener Monday after press time.

UP NEXT

Cannon County hosts Nashville Central Christian on Friday and Cookeville on Saturday in the Mitch Wilson Classic.



RONNY BURKS photo

Kellie Davis, a junior forward for Cannon County, scored 19 points to lead the Lionettes to victory over Coffee County.

Cannon Co. 16 11 18 21 - 66Coffee Co. 13 10 19 11-

53 Cannon Co.-Kellie Davis 19, Kendra Maynard 11, Kristen Hale 4, Haylee Mooneyham 2, Erin McReynolds 14, Autumn

King 16. Coffee Co.-Sarah Brown 25, Holli Smithson 2, Sydney Pearson 7, Aerial Williams 2, McKenzie Morgan 3, Tyger Fenton 7, Bailey Morgan 1, Cameron Davis 6.

3-pointers: CaC --Davis 2, Maynard 1, King 1. CoC-Brown 7, Pearson 1, M. Morgan 1.



Chip Cirillo, has joined the staff of the Cannon Courier.

Cirillo worked at the Tennessean newspaper for the past 18 years, mainly covering high school sports.

In addition, he covered the Nashville Predators, area colleges, arena football and a variety of sports.

Rigsby happy with D but worried about O

CHIP CIRILLO **Courier Correspondent**

MANCHESTER – Cannon County boys coach Matt Rigsby has mixed feelings about Friday's 67-45 win at Coffee County.

He's happy about the defense, but concerned about the offense.

"We've got a long way to go offensively, but defensively we can get after some teams and really force the issue for them offensively," Rigsby said. "They're a special bunch because they truly thrive off of their effort defensively. It sparks them offensively, it really does."

Rigsby believes the Lions (2-1) must do a better job racing the ball upcourt and executing their half-court offense.

Point guard Josh Ruehlen scored 13 points, leading three Lions in double figures. Briar Jakes added 11 and Marshall Mc Reynolds had 10.

"We forced a lot of turnovers and did what we wanted to on defense," said Cannon County forward Jacob Nave, who scored nine points. "We were a little shaky on the 3's."

The Lions led most of the way, holding a double-digit lead for much of the second half.

Guard-forward Wyatt Day led all scorers with 19 points, but he was the only Coffee County player in double figures.

"Unofficial - we had 25 turnovers and we gave up 14 offensive rebounds," said second-vear Red Raiders coach J.D. Douglas. "Matt does a great job and I'll

repeatedly say that over and over again. That's the kind of culture we're trying to get here - that kind of toughness that they have."

It was Coffee County's second game in as many including nights, Thursday's loss to Fayetteville. The Raiders lost their third straight game.

"We just never play well here and that's not a slight at what Coffee County has or what they don't," Rigsby said. "But it's my job as the coach to point out the negatives until we get better."

Cannon County was scheduled to play Warren County in its home opener on Monday after press time. UP NEXT

Cannon County hosts East Nashville on Friday and Middle Tennessee Christian on Saturday in the Mitch Wilson Classic.

East Nashville finished second in Class AA last season.

Cannon Co. 14 17 17 19-67

Coffee Co. 10 7 15 13-45 Cannon Co.-Briar Jakes 11, A.J. Daniel 5, Josh Ruehlen 13, Marshall McReynolds 10, Preston Campbell 2, Jacob Nave 9, Garrett McReynolds 8, Austin Martin 5, Anton Knox 4.

Coffee Co.—Addison Carter 2, Wyatt Day 19, Ty McGee 4, Jaden Chumley 3, Stephen Sullivan 2, Boone Riddle 3, J.P. Duncan 8, Grand Sadler 4.

3-pointers: CaC--Jakes 3. CoC-Day 1, Chumley 1, Riddle 1.

Cannon battles to overcome graduation toll

Coaches still confident about this season **CHIP CIRILLO Courier Sports Writer**

Cannon County's girls and boys basketball teams find themselves in similar situations entering the early portion of their schedules.

Both teams enjoyed memorable seasons last year, but graduation took a heavy toll as each squad returns only one starter.

The Lionettes made it to the first round of the Class AA girls tournament last year, but point guard Erin McReynolds is the only returning starter from that 33-5 team.

Cannon County's boys set a school record for wins after going 27-8 last season, but Erin's brother Garrett McReynolds is the only starter back.

"It's pretty sad (to lose

2 13 10 8-33

Erin

Co.:

McReynolds 8, Kristen

Hale 12, Kellie Davis 17,

Autumn King 12, Kendra

Girls

Brainerd

Cannon



MICHAEL DODGEN

those starters), but I believe in the players we have that are back up to play this year," Erin McReynolds said. "I'm pretty confident that we'll do good."

The Lionettes are off to a 2-0 start with wins over Brainerd and Franklin County despite losing four starters who are now playing in college. The biggest loss was Class AA Miss Basketball Abbey

Sissom, now at Middle Tennessee State.

Cannon County's seniors have won 90 games, including three state tournament appearances in the past four years.

"We've had about an eight-year run that will spoil a coach," Lionettes coach Michael Dodgen said. "You've just got to keep getting better and these kids have the foundation laid for them. They've just got to keep continuing what was put in front of them."

Expectations run high at Cannon County, which has made 14 state tournament appearances, including a Class AA title in 1989.

Livingston Academy and Central Magnet appear to be the teams to beat in District 8-AA, which has sent at least one team to the state tournament in 15 of the last 16 years.

Kristen Hale, Kellie Davis, Kendra Maynard



MATT RIGSBY

and Autumn King figure to play major roles for the Lionettes. Davis leads the team in scoring at 15 points per game, followed closely by King (11 ppg), Maynard (11 ppg), Hale (10 ppg) and Erin McReynolds (9 ppg).

Malegh Scott, Haylee Mooneyham and Kaylee Hayes are likely to contribute as well.

Cannon County's boys made it to the Region 4-AA semifinals last year.

Boys

The Lions pride themselves on defense with lots of pressing. Much of their offense comes off opponents' turnovers.

"We try to get up and down a little bit," Cannon County boys coach Matt Rigsby said. "We're still working on some depth issues. We'd like to press more."

Livingston Academy, which made it to the sectional last year, is the district's preseason favorite.

Rigsby believes the Lions (1-1) have good potential despite the graduation of four starters.

"The athleticism is there," said Rigsby, a former Lions player. "If there's been a team with more length to be put on the floor for Cannon County, I don't remember it. We have awesome, coachable kids who expect to win and are knowledgeable about the game. So there's no reason

Cannon Co. 18 15 21 18-72 Franklin Co. 18 19 11 9-57 Cannon Co.: AJ Daniel 5, Josh Ruehlen 17, Marshall McReynolds 9, Jacob Nave 16, Garrett McReynolds 16, Austin Martin 9.

Franklin Co.: Clayton Jackson 9, Jace Smith 3, Justin Smith 2, Tyreke we shouldn't do good things this year."

Seniors Jacob Nave, Josh Ruehlen, Marshall McReynolds, Garrett McReynolds and A.J. Daniel should lead the way. Junior Austin Martin, the team's tallest post player at 6-foot-5, should provide a strong presence inside. Junior Briar Jakes is likely to earn a spot in the rotation.

"It's tough (losing four starters), but we're a very veteran team," said Ruehlen, a point guard who leads the Lions in scoring at 16 ppg. "We've got a bunch of upperclassmen and five starting seniors. We'll make it work."

Nave is averaging 13.5 ppg and both McReynolds are averaging 8.5 ppg.

"That's one good thing about us offensively we've had really good balance the first two games," Rigsby said.

Hayworth 2, Hunter Watson 10, Luke Limbaugh 1, Dre Braston 13, Draven Tate 4, Cody Lester 13, Draven Tate 4, Cody Lester

3-pointers: CC-Ruehlen 1, M. McReynolds 2; FC-Jackson 3, Ja. Smith 1, Braston 4.



Maynard 13, Kaylee Hayes Cannon Co. 26 12 12 17-67 3, Malegh Scott 2.

TEAM STATISTICS

Steals: McReynolds 4, 4. Assists: Davis McReynolds 8. Rebounds: King 7. 3-pointers: Hale 4 Maynard 3, Davis 2, Hayes

BRUCE TODD

Cannon Co. 18 13 13 10-54 Franklin Co. 5 14 11 13-43 Cannon Co.: Erin McReynolds 11, Kristen Hale 8, Kellie Davis 13, Autumn King 12, Kendra Maynard 8, Haylee Mooneyham 2. Assists: McReynolds 5. Rebounds Maynard 11. 3pointers: Hale 2, Davis 2.

For all your auction needs,

call

Cannon Co. 9 12 20 17-58 Brainerd 6 21 18 18-70 Cannon Co.: AJ Daniel 8, Garrett McReynolds 1, Marshall McReynolds 8, Jacob Nave 11, Josh Ruehlen 15, Briar Jakes 7, Austin Martin 8. Rebounds: Ruehlen 6. 3-

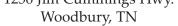
pointers: Ruehlen 1, Jakes 2.

896-4600

Cell 631-7350









本 CANNON CRIME & COURTS 本 Drug bust by WPD nets five arrests

Jonathan Tilley was charges with driving on a

suspended license by Patrolman Sebastian Krauss. A

CANNON COUNTY SHERIFF'S

Deputy Andrew Colwell was dispatched to a home on

Myers Lane where he spoke with Hollis Crabtree who

around the curve and struck the cow."

hearing is set for Dec. 9 in General Sessions Court.





Benjamin Cody Couch

Destiney D. Franklin

Andrew Thomas Elliss

WOODBURY POLICE



Bryan K. Alexander faces multiple charges following a traffic stop by Assistant Chief Lowell Womack. Alexander was charged with driving on a revoked license and expired registration in addition to simple possession of three legend drugs (Fluoxetine

Bryan K. Alexander

A hearing is set for Dec. 9 in General Sessions Court.

Larry Van Davis was charged with public intoxication by Patrolman Sebastian Krauss. A hearing is set for Dec. 9 in



Daniel R. Matheny

General Sessions Court.

Drug Bust

Five suspects were charged by the Woodbury Police Department following a drug bust at 329 Powell St.

Taken into custody were a male juvenile, Benjamin Cody Couch, Destiney D. Franklin, Andrew Thomas Elliss and Daniel R. Matheny. Making the arrests was Patrolman Brent Brock.

All five were charged

with contributing to the delinquency of a 15-yearold female.

Matheny was charged with assault in the case for "allegedly sticking a hypodermic needle into her (the female juvenile's) arm against her will," Brock reported.

The male juvenile was also charged with assault for "allegedly holding the defendant down against her will," Brock said.

Additional possession of drug paraphernalia charges were also filed against the five in addition to initiation the process of to manufacture methamphetamine charges.

Seized during the search were Coleman fuel, tubing, lithium batteries, scales, coffee filters in addition to meth.

Hearings are set for Dec. 9 in General Sessions Court.

The driver of the truck told Crabtree that he did not have a driver's license and would soon return with a licensed driver to settle up and make arrangements about the cow.

Colwell, assisted by Deputy Paul Reed, then began a search for the vehicle in question. Ultimately, the officers discovered a white Ford F350 flatbed with substantial front end damage and black fur on the grill on Hollow Springs Road.

The truck was registered to James L. Sherburne, who was charged with driving on a revoked license (fourth offense), leaving the scene of an accident and failure to report an accident.

The cow was valued at \$3,000.

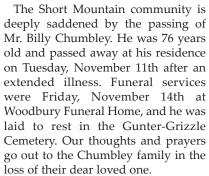
Warrants Served

Christopher Robert Williams, custodial interference.

Barbara Dillard, violation of parole (for theft).

Jonathan Edgar Payton, violation of probation.

News from the Mountain BY CAROL GUNTER



Sure hope everyone is staying warm with this very cold weather that we have been having the past few days. Had to turn up the gas heat at our house to tolerate the cold as I am very cold-natured. Grew up with wood heat at my homeplace and for me that is the best way to keep a person warm. Wasn't crazy about us getting the natural gas years ago but Aubrey thought that would be a good thing. I've always been skeptical about gas heat and told Aubrey he would probably be at work and I would go up in a blaze of glory here with a gas explosion that would most likely occur. Of course, he laughed and said I would be okay. So far, so good, but I do pray a lot. I feel better doing that as prayer can take care of a lot of things we can't on our own. Good friend Chloe Evelyn Bogle is doing pretty good. Got to talk with her for a little while one day this week. She is a joy in my life and have always loved her.

creamer I have each morning. This two hour window of opportunity bothers me. Up here on the mountain we are sharp as a tack when our feet hit the floor on most mornings (except Monday). For some reason Mondays are a challenge for us. "Columbo" could get to the bottom of this no doubt, if I can bring him out of retirement. For the time being, I'm not putting too much stock in this article. I don't want you to either.

Snowflakes coming down pretty abundantly this Monday morning. They are so beautiful drifting down on the yard and other objects as I am watching from our patio doors. I'm sure some kids were hoping it would come a big enough snow to cancel school. Can't blame them for wishing that as I can certainly remember back in my school days, I did the same.

trace of him out front. Part of his web still there and it doesn't look as though there was any kind of skirmish with an unknown adversary has occurred. Maybe a spider just rolls up some of his web and leaves in the wee hours of the night before the dawning of the next day, when he wants to leave and move on with his life. Sad goodbyes he couldn't stand I guess.

I'm hoping everyone has a beautiful Thanksgiving Day on Thursday, November 27th. Do stop and count the many blessings that God has bestowed upon you and your family and give HIM the praise and the honor and thanks HE so richly deserves. Enjoy being, of course, with your loved ones and cherish the time you are all together. I would tell you not to eat too much, but I'm as guilty as the next one to over do the eating thing. Just try to eat in moderation, if possible. Sort of hard to do that isn't it? What about those little green men and do they celebrate Thanksgiving? Don't know if they do or not. There are you know plenty of turkeys around here and it wouldn't be hard to spot one. The one that would be talking would be an imposter. I'm sure the little fellas know how to dispose of a turkey real or unreal after all these years. Will be on the lookout for any smoke that may be coming from that devil's hole. They'll have to get their own turkeys that day as we are not parting with our turkey.



Cannon County Schools is issuing Requests for Proposals for E-Rate qualifying Telecommunication services. RFP's are posted on the school district website at www.ccstn.net. You may contact Bryan Cofer at (615) 563further information. 5752 for Responses are due no later than 3:00 p.m. on 01/08/2015.

2t-Nov. 26, Dec. 3

Unreserved public

DEPARTMENT Hydrochloride, Cow dies in crash and Fizardine James L. Sherburne faces several charges follow a truck vs. cow accident on Myers Lane.

Cycolbenzaprine hydrochloride).

advised his father's cow had gotten out from behind the Arrests fence "and he was on a four-wheeler trying to herd the cow back into the field when a white Ford flatbed came



Lou Davis Higgins doing well as I got to chat with her on Thursday. We got to catch up on our families a little bit. Love you, Lou Davis.

Found out in a magazine I was reading that for most of us 60 plus years old that we are to schedule our most mentally taxing to dos of a morning between 8:30 and 10:30 a.m., because that is when we are the sharpest. Really - I had no idea - did you? I'm in my I can tackle anything mode right after the two cups of Folger's coffee with the hazelnut

Donna Lawson called me today and she is doing some better. I am always glad to get good news.

Sherry Gannon stopped by the other day and we had a good time catching up on matters that are important to us.

We do need to keep some people in prayer: The Billy Chumbley family, Tracy Neal, Fay Pitts (she is doing better), Denise Stanton, Jeff Brown, Edith Miller, and Carlon and Mai Nell Melton.

Listening to my gospel music on 88.3 FM the other day and they played this new song "Do Unto Others" by the "Nelons" a very well-known gospel group. Wanted to tell you of a few lines in it that sure would be a good thing for us to carry with us each and every day. If someone tells you gossip, keep it locked up on the shelf because you can't sling mud at people and expect to keep clean yourself. I learned a long time ago to take what you hear to the Lord in prayer. It always works for me.

George the garden spider like chickens has flew the coop, or the bushes, because he's gone and no

If you have any news from the column, just give me a call at (615) 563-4429. Have a great day!

For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

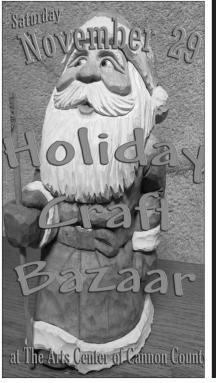
Hebrews 4:12

Craft Artists Holiday Bazaar set for this Saturday, November 29

Join us for this exciting and festive alternative to mall and big box import shopping one day only, Saturday, November 29 from 9 a.m. until 4 p.m. at The Arts Center of Cannon County. There will be great deals for holiday shopping. Find one-of-a-kind, handmade gifts for all the people on your list!

Choose from a variety of beautiful and unique gift items when top craft artists from throughout the region will offer for sale their original ceramics, jewelry, fiber, turned wood, pottery, one-of-a-kind furniture, baskets, stained glass and much more. Over 30 artists will be participating so plan on coming early for best selection. Support your local economy and receive great deals to boot!

Admission is FREE and open to the public. Make your plans now to visit the Craft Artists Holiday Sale, but be sure that you give yourself plenty of time because you will not want to miss all that this year's sale has to offer. The Blue Porch Café at The Arts Center is open also for a delicious home cooked meal. The event will be held at The Arts Center of Cannon County, 1424 John Bragg Highway, just west of the town of Woodbury, approximately 20 minutes Murfreesboro, from Manchester, and McMinnville and one hour southeast of Nashville. Holiday Bazaar hours are 9:00 a.m. to 5:00 p.m. for one day only. For additional information call 615-563-2787 or 1-800-235-9073 or visit our website at www.artscenterofcc.com



equipment auction

Construction equipment, trucks & more

SPECIAL LIMITED-TIME FINANCING OFFER | NO PAYMENTS FOR 90 DAYS*

December 9 (Tue) | 8 am Nashville auction site 748 Leeville Rd., Lebanon, TN

Inspect and bid in person or online

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- Everything sells on auction day

Ask about buying or selling 615.453.4549

rbauction.com



Auction Firm #2389 / Auctioneer: Eddie R. Graham #2237 *OAC. Terms and conditions apply.

Arrest and Inmate Count at the Cannon County Jail

Arrests from 11/14/14 - 11/20/14

INMATE COUNT

The Cannon County Jail was built to house 42 inmates.

Date	Males	Females	Total
11/14	47		63
11/15			62
11/16			63
11/17	45		62
		17	
11/19			60

Violation of Probation6
State Violation of Probation1
Driving on Revoked/Suspended License1
DUI1
Harassment1
Public Intoxication1
Theft over \$60,0002
Burglary2
Vandalism
Domestic Assault1

PUBLIC NOTICES

NOTICE OF **TRUSTEE'S SALE**

WHEREAS, default has the occurred in of performance the covenants, terms, and conditions of a Deed of Trust Note dated July 11, 2008, and the Deed of Trust of even date securing the same, recorded July 17, 2008, at Book 112, Page 291 in Office of the Register of Deeds for Cannon County, Tennessee, executed by STEPHEN G. STRANG AND PATRICIA L. STRANG, conveying certain property therein described to Roushanak Pazouki Baghail Williamson C as Trustee for Mortgage Electronic Registration Systems, Inc., as nominee for New South Federal Savings Bank, its successors and assigns; and the undersigned, Wilson & Associates, P.L.L.C., having been appointed Successor Trustee.

THEREFORE, NOW, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed said Successor upon Trustee will, on December 12, 2014 on or about 3:45 P.M., at the Cannon County Courthouse, Woodbury, Tennessee, offer for sale certain property hereinafter described to the highest



bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all exemptions, which are expressly waived in the Deed of Trust, said property being real estate situated in Cannon County, Tennessee, and being more particularly described as follows:

Beginning on an existing iron pin in the North margin of Iconium Road, the same being Leburn Thomas' Southwest corner; running thence North 70 degrees 06 minutes 39 seconds West, 167.40 feet with the North margin of Iconium Road to an iron pin; thence North 13 degrees 13 minutes 31 seconds East, 219.07 feet Clarence with B. Davenport's line to an iron pin; thence South 83 degrees 26 minutes 05 secondes East, 118.77 feet with Clarence Β. Davenport's line to an iron pin; thence continuing on South 83 degrees 26 minutes 05 seconds East. 21.98 feet with Shirley H. Nelson's line to an iron post; thence South 07 degrees 17 minutes 47 seconds West, 120.06 feet with Shirley H. Nelson's line to an iron pin; thence

continuing on South 07 degrees 17 minutes 47 seconds West, 136.12 feet with Leburn Thomas' line to the point of beginning, containing 0.8319 acre, more or less, in accordance with a survey conducted by Earl W. Smith, Tennessee Registered Land Surveyor Number 466, P.O. Box 423, McMinnville, Tennessee 37211, on July 26, 2002.

ALSO KNOWN AS: 1021 Iconium Road, Woodbury, Tennessee 37190

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any rights statutory of redemption of anv governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property: Stephen G. Strang; Patricia L. Strang

The sale held pursuant to this Notice may be rescinded at the Successor Trustee's option at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. W&A No. 883 251366

DATED November 7, 2014

WILSON & ASSOCIATES, P.L.L.C., Successor Trustee FHA No. 483-3933010-703

DSaleNoticeTN-Shellie slucas 141107 909

FOR SALE INFORMATION, VISIT WWW.MYFIR.COM and WWW.REALTYTRAC.COM

Insertion Dates: November 18, 2014, November 25, 2014, December 2, 2014

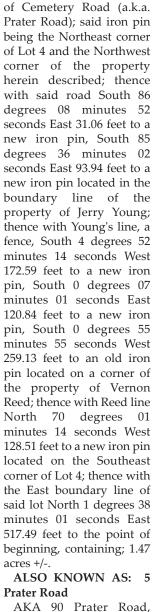
NOTICE OF TRUSTEE'S SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated August 30, 2002, and the Deed of Trust of even date securing the same, recorded September 9, 2002, at Book 32, Page 549 in Office of the Register of Deeds for Cannon County, Tennessee, executed by VIRGINA DEBORAH BRIGGS. PRATER. VIRGINA **BRIGGS AND DEBORAH** PRATER, conveying certain property therein described to Arnold M. Weiss, Attorney as Trustee for Mortgage Electronic Registration Systems, Inc., as nominee for America's Wholesale Lender, its successors and assigns; and the undersigned, Wilson & Associates, P.L.L.C., having been appointed Successor Trustee.

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee will, on **December** 19, 2014 on or about 3:45 P.M., at the Cannon County Courthouse, Woodbury, Tennessee, offer for sale certain hereinafter property described to the highest bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all exemptions, which are expressly waived in the Deed of Trust, said property being real estate situated in Cannon County, Tennessee, and being more particularly described as follows

Being Lot Number Five (5) on the Plan of D & M Subdivision, Section II, of record in Plat 1-1-193B, Register's Office of Cannon County, Tennessee, and being more particularly described as follows:

Beginning an a new iron pin located in the South



margin of the Right of Way

Prater Road

Woodbury, Tennessee 37190

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of of redemption any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property: Virgina Briggs; Deborah Prater

The sale held pursuant to this Notice may be rescinded at the Successor

Trustee's option at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. W&A No. 931 250179

DATED November 17, 2014

WILSON & ASSOCIATES, P.L.L.C., Successor Trustee

DSaleNoticeTN-Shellie_slucas_141117_1111 FOR SALE INFORMATION, VISIT WWW.MYFIR.COM and WWWREALTYTRACCOM

Insertion dates: November 25, 2014, December 2, 2014, December 9, 2014

NOTICE TO CREDITORS Estate of WINIFRED CLARK GAITHER.

Notice is hereby given that on the 17th day of November, 2014, letters of administration or letters testamentary in repsect of the estate of Winifred Clark Gaither, decased were issued to the undersigned by the Chancery Court of Cannon County, Tennessee. All persons both resident and non-residents, having claims matured and unmatured against said estate are required to file same with the clerk of the above named court within four months of the first publication of this notice, otherwise their claims will be forever barred.

17th day This of November 2014.

Winifred Donna Nichols Executrix of the estate of Winifred Clark Gaither, deceased

William H. Bryson, Clerk & Master Susan Melton, Attorney 2t-Nov. 26, Dec. 3

County Commission

Meeting

The Cannon County Commission will meet in regular session: Thursday, December 4 5:00 p.m.

Cannon County Courthouse

NOTICE OF PUBLIC HEARING

Annual and Five-Year Agency Plan Woodbury Housing Authority

Notice is hereby given to the residents of the Woodbury Housing Authority, the citizens of Woodbury, and all persons interested, that the housing authority is required by the U.S. Department of Housing and Urban Development (HUD), and Section 511 of the Quality Housing and Work Responsibility Act of 1998 Interim Rule to submit a Public Housing Agency Plan.

Further, the Agency Plan shall consist of a Five Year Plan and an Annual Plan for the upcoming fiscal year 2015. The Five Year Plan describes the mission of the housing authority and the long-range goals and objectives for achieving its mission over the subsequent five years. The Annual Plan provides details about the housing authority's immediate operations, program participants, programs and services, and the housing authority's strategy for handling operational concerns, residents' concerns and needs, programs and services for the upcoming fiscal year.

Prior to submission of the Agency Plan to HUD, we are soliciting comments and suggestions. We will be conducting a Public Hearing on Tuesday, January 6, 2015 at 9:00 a.m. at Woodbury Housing Authority, 401 McFerrin Street, Woodbury, TN 37190 to discuss the proposed plans. All residents are encouraged to attend.

If you are unable to attend the meeting, you may submit written comments regarding the Annual Agency Plan to Ms. Pam Cunningham, Executive Director, Woodbury Housing Authority, 401 McFerrin Street, Woodbury, TN 37190. Written comments will be received through January 6, 2014.

The Town of Woodbury Board of Mayor and Aldermen will conduct a Public Hearing Tuesday, December 2, 2014 at 7:00 PM at Woodbury City Hall, 101 West Water Street, regarding proposed Ordinance No. 466, an ordinance to amend the Woodbury Zoning Ordinance to amend the sign regulations to allow a maximum height of 35 feet for ground signs.

PUBLIC HEARING

Harold Patrick, Mayor



MEETING NOTICE The Town of Woodbury Board of Mayor and

Aldermen will meet in regular session

Tuesday, December 2, 2014

at 7:00 PM at Woodbury City Hall. The meeting is open to the public.

Harold Patrick, Mayor

1t-Nov. 26

Advertisement for Bids

Sealed bids for the furnishing of all labor, material, equipment, and services for the Bridge Replacement in Cannon County, Tennessee will be received until 10:00 a.m. local time, December 16, 2014 at the office of Mr. Wayne Hancock, Road Superintendent, 900 Old McMinnville Road, **Woodbury, Tennessee 37190** at which time and place they will be publicly opened and read aloud. Bids being mailed for this work should be addressed to Mr. Wayne Hancock, Road Superintendent, P.O. Box 260, Woodbury, Tennessee 1790.

Plans, Specifications, and Contract Documents may be obtained from Professional Engineering Services, 189 Mose Drive, Suite 102, Sparta, Tennessee 38583, upon payment of \$200.00 per set (non-refundable). Bids shall be submitted on the separate copy of the PROPOSAL supplied for this purpoise. Plans, Specifications, and Contract Documents must be purchased from PES prior to the bid opening for a bid to be considered qualified.

The Owner reserves the right to waive any informalities or reject any or all bids.

CANNON COUNTY HIGHWAY DEPARTMENT

Mr. Wayne Hancock, Road Superintendent

2t-Nov. 26, Dec. 3

Check out Tennessee newspaper's public notices at tnpress.com

CLASSIFIEDS

	· · · · · · · · · · · · · · · · · · ·				
Mobile Homes	Scrap Prices	Mobile Homes	For Rent	For Rent	For Sale
WHY BUY YOUR HOME	CMITHIC TRUCK	WE TAKE TRADES: Mobile	HELP WANTED -	- FOR RENT - Doolittle Road,	EOD CALE - Home of
		homes, land, cars, boats,	Cashier/Office position	3 bedroom, 2 bath, central	FOR SALE - Home on
	your scrap vehicle. Extra				
			Hardware in Woodbury. Join		1555208. 615-622-2111, code
are locally owned and		Homes, McMinnville, at			· · · · · · · · · · · · · · · · · · ·
operated, been in business 26		931-668-7300.	Locally owned, community		Williams Realty, Nancy
years. We sell quality homes		1	oriented. Potter's Ace		Fowler 615-969-5971.
that have super warranties.			Hardware is seeking a		TF-Sept. 17-C
We even warranty our used		NINE FOOT CEILINGS!	! mature customer oriented		
homes. We are friendly and		All new TENNESSEAN 3 br,	, individual to join our hard	FOR RENT - 915D South	
courteous and will treat you		2 ba stand alone SOAKER	working and fun team.	McCrary Street, 3 bedroom,	
		TUB, ISLAND kitchen,	, Experience in retail and	2 bath, gas heat, central air,	
business is word of mouth	LAWN CARE - Locally	GRAND entrance! All for	r product knowledge of paint,	, must furnish appliances	
advertising which has to be	owned and operated,	\$65,900 MUCH MORE!	! tools, electrical, plumbing,	, (w&d hookup). \$650/month	
earned and not bought, so	insured. 17 years		, hardware, lawn and garden	(includes water) + \$650	TF-Nov. 7-C
come see what makes us		McMinnville, at 931-668-	and building supplies a plus.		
special!!!			Competitive wage, 2 weeks	additional deposit. 615-563-	·
Davis Homes, Inc., 2168	for commercial and		paid vacation, 5 paid	4111.	Heln Wanted
Smithville Hwy.	residential clients. We mow,		holidays, 5 day work week;	; 2t-Nov. 19, 26-C	Help Wanted
McMinnville	weedeat, trim hedges,		closed Sundays. Apply in		
1-888-311-5030	mulch, seed, prune, etc.		manage at Dattan/a Asa		Madical Center
www.davishomesinc.net			• • · · · · · · · · · · · · · · · · · ·		Woodbury Medical Center
TF-June 11-C		Everyddy. Tennessee s			seeking to hire a full-time
11-June 11 - J		largest Independent Retailer			MA/Front Office
	615-318-6093.	BRAND NEW finished			Receptionist. Please email
!	TF-July 5-C			Wandered to us in the cold.	resumes to
	.(starting as low as \$39,900!	· · ·	2 multicolored, (tortoise) 1	woodburymedical@yahoo.c
Services	.1 '	Meadows Meadows Homes,		cat and 1 kittehn, healthy,	om or fax to 615-563-4582.
		McMinnville 931-668-7300,		friendly, near Curlee	21-1000, 17, 20-0
PATTERSON'S	Set Your Own Salary!	www.meadowshomes.com.		Church. Please call 563-	
	Do you have an entrepreneurial spirit and	1		8088.	
HANDYMAN SERVICE	leading propane gas company for over 50	1	The helpful place.		Trace Sensition
Painting - Plumbing - Minor	years, with potential to earn up to \$30,000 the first year and build to \$50,000 or more.	NEW! - Vinyl siding, shingle	2	2t-Nov. 26, Dec. 3	Tree Service
Electrical - Carpentry -	Route Manager – Lebanon, Tn.	roof \$23,900! Dealers and	1	1	
Roofing - Vinyl Siding - Deck	You will operate and manage a route of	park owners welcome!	14 Nov 26 C	·1	GOFF'S TREE SERVICE -
Building - Pressure Washing	propane gas and tanks in an assigned territory.	Meadows Homes,		1 1/	Complete tree service, free
- and more. No job too	Training and Benefits	McMinnville, 931-668-7300,		Happy	estimates. We remove trees
small. Free estimates. Home	dental- life insurance, 401(k), paid vacation,	www.meadowshomes.com	· · ·		and climb those impossible
563-5057 or cell 464-8177.	sick leave and personal days and more!	WWW.IIIeauowshomes.com	· · ·		ones. Licensed and insured.
TF-Jan. 30-C	You must 25 years old with good driving and	1	· · ·	Thanksgiving	615-943-TREE (8733).
· · · · · · · · · · · · · · · · · · ·	safety record with a CDL with Haz-Mat and	3 br-4 br-5 br - Come see	· · ·	['_hanksqiving	TF-July 23-C
	Tanker endorsement. Contact				11-july 20 -
,	Please call (615)453-1081 or toll free 1-800-	"The BIG House" over 2,200		41	
ABUNDANCE ALL	UPG-4-GAS ext 144 for more details or email us at kwalker@upgas.com.	sq. ft. 20x30 GREAT ROOM,	,		1
SERVICE	and the second second second second	8 foot ceilings, GREAT			
Remodels, Decks, New		DEAL! \$69,900. Meadows			
Construction, Electrical,	Company of the second	Homes of McMinnville,			P ME!
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/	propane gas every time it gets cold?	extract CREAT DEAL at			
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CONTRACTORS	HD5 Propane	www.meadowshomes.com		Found starving	g along roadside.
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delivered. No job too big.		WE NEED SALESPEOPLE!	INTANT TO DIN HOLD		ining weight. Very
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2034 Of Cell (013) 404-5750. TF	453-1081 • toll free 888-453-1081	experienced salespeople.	931-668-2031.		and the second s
1	1 '	Salary PLUS commission to		We named	and the second second
······································	HOME	start. Benefits. Apply in		vie maniea	
FLEA MARKET		person at Meadows Homes ,		her Sasha.	
	MAINTENANCE			Call Kathy at	and the second s
Woodbury Flea Market	Remodeling - Plumbing and	McMinnville 931-000-7300		Cull Kulny at	

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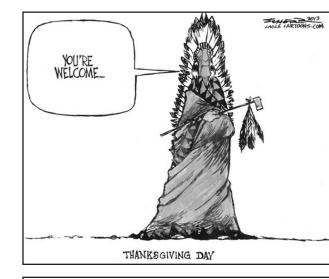
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TEASERS & TRIVIA



Guess Who?

In literature, who was the best known pupil of Greyfriar's School?

Billy Bunter

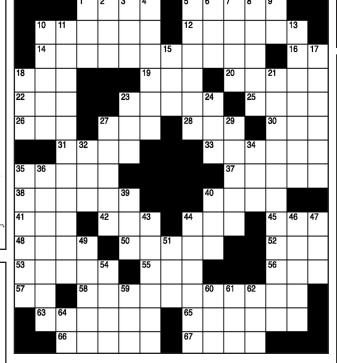
Guess Who?

Which is the alternative common name for a Black Leopard?

Panther

Guess Who?

What is the most northerly cricket



CLUES ACROSS

- 1. A sleeveless garment
- 5. Cold vegetable dish 10. Believed to bring good luck
- 12. Shittah tree
- 14. Hotel heiress
- 16. Of I 18. Diego, Francisco, Anselmo
- _ King Cole, musician 19.
- 20. Passover ceremony 22. _____ fi: space genre
- 23. Yearned
- 25. Desperate
- 26. Corded fabric
- 27. London radio station
- 28. Digital audiotape 30. Licenses TV stations
- 31. Employs
- 33. Food bar
- 35. Bigeye shad genus

CLUES DOWN

- 1. An inferior dog
- 2. 4th Caliph of Islam 3. Foot (Latin)
- 4. Relating to a people
- 5. Added sodium chloride 6. Perform something
- Vientiane is the capital
- 8. Blemished
- 9. Roman 501
- 10. Keep up

- light waves
- broadcasting



This week puzzle answers

3	٢	2	L	4	9	G	8	6
7	L	8	6	3	S	2	9	ŀ
9	G	6	8	L	2	3	4	Z
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8	9	5	F	2	6	Z	3	t
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5	6	F	3	9	8	4	Z	2
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- - 40. Heavyhearted

 - 46. Sesame

39. Alt. of Tao

- 43. Brit. suspenders

32. Educational test 34. Overweight

37. Hog fats

40. Moss capsule stalk 41. Openwork fabric

45. Ed Murrow's home

48. Egyptian god of life

50. Shaped into a sphere 52. Golfing stand

44. Holds for use

53. Red Sea straits

55. Swiss river

58. Inoculation

66. Sheep cries

67. Affirmatives

56. Hostelry 57. Indicates position

63. Slip by 65. Apple smartphone

38. Spoke

42. Chit

29. Bulrushes

- - 35. Musical composition 36. A religious recluse

 - 44. Bodily structure protrusion



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