

125th YEAR - NO. 14

TUESDAY, AUGUST 4, 2009

TWO SECTIONS - 50¢ PER COPY



CHANGING OWNERSHIP -- New Cannon Courier Owner-Publisher Ron Fryar, left, is welcomed to Cannon County last week by former Editor Andy Bryson. Fryar assumed ownership of the Cannon Courier on Tuesday, July 28.

Great Art For A Great Cause

Own A Piece Of Cannon County's Past And Create A Better Future

by KEVIN HALPERN

Schools and teachers struggle to provide everything students need for a quality education, even during good economic times.

During tough economic times, which the country and Cannon County are currently experiencing, the challenge is especially tough. But you can help.

Cannon County Youth Dream (CCYD) and local artist Rachel Parker are proud to present a limited artwork will be used by CCYD to edition art piece of Cannon County. With the priceless donation from Cannon County and the handy work of Rachel, the history of the county can be brought home.

CCYD has paired the roof tile from Cannon County's historic courthouse along with the local artistry of Ms. Parker to created a limited offer unique work of art. Proceeds from the sale of the provide teachers with much-need Courier in September 1995 and funding for supplies and educational became Owner-Editor-Publisher. tools at each of the county's schools. From 1980 to 1995 he was

mini-grants for teachers," Daisy ship of Tommy and David Bragg. Gannon, CCYD president, said. "We afford like reading supplies, mats for PE class, math games and art supplies."

CCYD also provides a scholarship to a senior boy and a senior girl each

Bryson: 'The Time Was Right' Publisher Sells Courier After 14 Years At Helm

by KEVIN HALPERN

If you view a community's newspaper as a continuous history book, then one illustrious chapter of the Cannon Courier is coming to a close.

Andy Bryson, publisher of the Courier since 1995 and lifelong Cannon County resident, has sold the newspaper effective Tuesday, July 28.

The new owner will be Ron Fryar of McMinnville. During his career in the newspaper business Fryar has been the publisher of newspapers in two neighboring counties, The Daily News Journal in Rutherford County and The Southern Standard in Warren County.

"I was approached in 2004 to sell but decided the time was not right and continued ownership," Bryson said. "In March of 2009, Ron and I began to talk seriously about the future of the paper and he expressed an interest to purchase the paper. I thought I had found the perfect owner to continue the tradition of the Courier and the time was right." Bryson purchased the Cannon

"Our main focus is on providing Managing Editor under the owner-

"In '95 the paper was actually have seven schools and we give purchased by myself and my sister, grants of up to \$300 to teachers to Susan Sain. She stayed with the buy things they can't normally paper until 1996 and I purchased her



mention. Everyone in the community got behind me and supported (wife) Patricia and I when we purchased the paper in 1995.

Andy Bryson Former Courier Owner

half for sole ownership," Bryson said.

Bryson began his newspaper career early in life, working at the Courier while still going to school.

"From 1958 until 1980 I worked at the Cannon Courier for my uncle, R. Mel Bryson. I began selling newspapers after school on a route around the square. During those early years until 1969 we actually printed the paper onsite at our location at South Tatum Street using a two-page flat bed press. We would fold, insert and mail the paper with a publication date on Thursday. During the week after school I would help with the production of the paper, run job presses and do all sorts of jobs with the paper."

Bryson said a number of people have played instrumental roles in helping him grow and develop the Courier during his tenure as publisher.

"The list (of people who have helped) is too long to mention. Everyone in the community got behind me and supported (wife) Patricia and I when we purchased the paper," Bryson said.

"Some of the most notable people would have to be Bill Smith, who was then President of Bank of Commerce, and later his son, Steve Smith, who were instrumental in helping us finance the Courier purchase. Without their help, none of this would be possible. Also, Buddy Davenport, Dr. Leon Reuhland, countless friends and advertisers who helped make the Courier a success."

Bryson added: "I have to thank Tommy and David Bragg for giving me the opportunity to work for them when they purchased the Cannon Courier in 1980. I was young and needed a job and wanted to stay in the newspaper business. I respect and admire both of them. Their grandfather, Minor Bragg, was instrumental in helping my uncle, Havden Smith, purchase the Courier in the 1930's when he was only 15 years old."

Bryson reflected on some of the changes that have taken place in Cannon County during his career with the Courier.

(Continued On Page 2)

Arts Grants Available To Cannon Organizations The Community Foundation of grants are tax-exempt nonprofit Warren, Wayne, White, Williamson,



ART TILES ON SALE -- Daisy Gannon, County Executive Mike Gannon and Rachel Parker display an art tile which will be on sale for \$75.00 by Youth Dream.

year based on need and volunteer Middle Tennessee, a charitable work. Gannon said.

sale on a first come, first serve basis Tennessee counties, announces the for \$75. Prints will be numbered by upcoming application deadline for the artist. If specific numbering is Arts Build Communities (ABC) requested there is a \$25 additional grants. The deadline for applications charge (donation of CCYD).

Each print features a historic piece of art, unique to Cannon County, view guidelines or get more secured onto a roof tile from the Cannon Courthouse. Each tile has been hand brushed and given hand painted details by Parker. The tile is is funded by the Tennessee General approximately 14 x 9 inches.

County, and come from the Cannon County Courthouse roof, which had Foundation of Middle Tennessee. to be repaired following a horrific hailstorm in April of 2006.

(Continued On Page 2)

organization benefiting nonprofits The limited edition artwork is for serving worthy causes in 40 Middle is August 29, 2009, at 4:30 p.m.

> To download a grant application, information. visit www.cfmt.org/grants.

The Arts Build Communities grant Assembly and administered in The tiles were donated by Cannon cooperation with the Tennessee Arts Commission and The Community The ABC grant program aims to strengthen communities by funding projects that nurture artists and arts organizations.

Those eligible to apply for ABC

501(c)(3) organizations, public or private educational institutions (K through college), libraries, or governmental agencies. Funds awarded to a single organization range from \$500 to \$3,000. Applications must contain a clear, single-project focus. ABC grant funds must be matched dollar-fordollar by the recipient.

The Community Foundation oversees ABC grant applications for 34 counties. Organizations in the following counties are eligible to apply: Bedford, Cannon, Cheatham, Clay, Coffee, Cumberland, DeKalb, Fentress, Franklin, Giles, Hickman, Jackson, Lawrence, Lewis, Lincoln, Macon, Marshall, Maury, Moore, Overton, Perry, Pickett, Putnam, Robertson, Rutherford, Smith, Sumner, Trousdale, Van Buren,

and Wilson.

ABC grants fund a variety of quality arts projects, and The Community Foundation encourages eligible organizations to apply. The application is available at www.cfmt.org/grants. For assistance, call The Community Foundation at 615-321-4939.

About The Community Foundation of Middle Tennessee

The Community Foundation of Middle Tennessee oversees more than 700 charitable funds. In the past seventeen years, The Community Foundation has distributed \$426 million to community programs and institutions. It is located at 3833 Cleghorn Avenue, #400, Nashville, Tennessee 37215. For more information, call 615-321-4939 or visit www.cfmt.org.

REACH Program Receives Grant

Bredesen, Phil Governor Representative Stratton Bone and Education Commissioner Timothy Webb today announced a \$100,000 federal 21st Century Community Learning Center grant for Cannon County REACH Afterschool Programs. The program seeks to raise achievement levels of lowincome students and students attending underperforming schools through research-based enrichment programs operated outside the school day.

"We've made а serious commitment to our students by raising our standards through the Tennessee Diploma Project and these grants help support our efforts to see that all students graduate ready for college and the workforce," Gov. Bredesen said.

Forty-five school systems and community organizations received

grants to open 21st Century community sites across the state. Grantees can help students improve through a variety of ways including remedial education, tutoring and mentoring programs, recreational activities, and technology programs. For more information on the types of approved activities, visit http://tn.gov/education/learningsupp ort/titleiv/partb/index.shtml.

"Partnerships like these help us meet the needs of our students most at risk and these grants are even more invaluable as we transition this year to new state standards with the Tennessee Diploma Project," Rep. Bone said.

Cannon County REACH will receive funding for the next three years with the opportunity for a two year extension if the program demonstrates adequate student progress.



REACH RECEIVES GRANT -- REACH Executive Director Angela King, County Executive Mike Gannon, REACH Site Coordinator and State Rep. Stratton Bone.

Sol Berger Dies In New York

Sol Berger, 98, founder of factory Colonial Corporation of America with headquarters in Woodbury, died Saturday, July 25 2009 at his home in Scarsdale, New York.

At age 36 Mr. Berger moved to Woodbury opened a shirt factory in 1947.

Sol Berger's presence in Woodbury and Cannon County has had a profound impact on the economic development of this area. Until Colonial Corporation of America was established and the shirt factory opened in early 1947 few opportunities for employment existed for our people. The company had humble beginnings. Members of the Woodbury Lions Club and other interested citizens signed a note making the first payroll of the shirt

possible. Of course that note was paid in due time by Mr. Berger.

From that s m a l l beginning the company grew and grew to

become the premier shirt manufacturing company in America. The new factory occupied a building built by the county on the lot now occupied by the new Woodbury Grammar School. Annual rental reimbursed the county for the cost of this and all additions to the factory.

BERGER

(Continued on Page 14)

VISIT THE COURIER ONLINE AT CANNONCOURIER.COM



Mrs. Naomi Bailiff

Mrs. Naomi Hutchinson Bailiff, 75, of Woodbury died Wednesday, July 29, 2009 at Middle TN Medical Center following an extended illness. Mrs. Bailiff was a native of Wilson County, a member of the Lakewood Baptist Church and daughter of the late Burlie Ray and Annie Mai Lanier Hutchinson. She was preceded in death by two sisters, Lucille Sorrells and Jean Vantrease.

Services were held Saturday, August 1 in the Chapel of Woodbury Funeral Home with Bro. Tony Burnett officiating. Burial was in Riverside Gardens with Woodbury Funeral Home in charge of arrangements.

Survivors include her husband, Gid K. Bailiff; two daughters, Deborah (Mike) Parks and Thresia (Terry) Horn, all of Woodbury; son, David Bailiff of Murfreesboro; three granddaughters, Jennifer Kemp, Emily (Chuck) Haynes and Anna Foster; sister, Ruth McPeak of Lebanon and a brother, Harold Hutchinson.

Active pallbearers were Terry Horn, Charles Haynes, Mike Parks and David Rowland.

Newton W. Wright, Sr., 49

Funeral services for Newton Wayne Wright, Sr., 49, of Murfreesboro were held Tuesday, July 28, 2009 in the Chapel of Woodbury Funeral Home with Bro. Brian Saddler officiating. Burial was in Cherry Cemetery with Woodbury Funeral Home in charge of arrangements.

Mr. Wright died Friday, July 24 at his home following an extended illness. A native of Sommerville, New Jersey, he was a truck driver for Lewis Bakery, a memer of Smyrna Pentecostal. Mr. Wright was preceded in death by a brother, Gary Taylor and grandmothers Myrtle Landon and Rita Taylor.

Survivors include his wife, Mrs. Rhonda Victoria Rains Wright of Murfreesboro; parents, Rick and Mary Landon Taylor of Woodbury; sons: Newton Wayne Wright, Jr. and Jacob Wright, both of Woodbury; step children: Tracey Lowe of Murfreesboro, Jayson LaFever of Smithville and Jeramy Parker of Auburntown; father and mother in law: Joe and Jo Ann Shelton of Murfreesboro; sisters: Pam Cawthorn, Sharee Seiffert, Lorrie Vogel and Sheila Holt of Woodbury; brother, Larry Taylor of Woodbury; eight step grandchildren and several nieces and nephews.

Active pallbearers were Chris Hollis, Chris Forstel, Bert Adkins, Matthew Taylor, Ryan Taylor, Jeramy Parker, Robbie Seiffert and Ed Bluebaker.

Willie Mae Nipper

Willie Mae Nipper, 81, of Murfreesboro, died Thursday July 30, 2009. A native of Rutherford County, she was the daughter of the late Willie and Vera Miller Burnett.

Funeral services were held Sunday at Woodfin Memorial Chapel, with Glenn Climer officiating. Burial was in Coleman Cemetery. Pallbearers were Tyler Edmondson, Willie Upchurch, Robert Warrick, Dustin Ray, Ricky McClure, Carl McClure, and Larry Murphy.

She is survived by her husband, W.D. (Sam) Nipper, daughter Judy (Bruce) Murphy of Ashland City, Sister Ola Dement of Murfreesboro, five grandchildren Michelle and Lee McClure, Chris Jacobs both of Murfreesboro, Veronica Upchurch, Pete Jacobs both of Woodbury, Valarie Edmondson of Ashland City, niece Mistye Garrett of Murfreesboro, twelve Great Grandchildren, and Five Great Great Grandchildren. She is preceded in death by a daughter Carolyn Jacobs, sisters Frances Hasty, Mayme Clark Burnett, Sarah Thelma Burnett, and a brother L.W. Burnett.

She was retired from Norris Hosiery Mill and was a member of Taylor Chapel Baptist Church. Woodfin Memorial Chapel was in charge of arrangements. www.woodfinchapel.com (615) 893-5151.

Charles E. Daniels, 55

Charles E. Daniels, 55, of Murfreesboro died July 27, 2009. He was born January 6 1954 in Nashville, TN. His parents were the late Charles and Minnie Alice (Ford) Daniels.

He is survived by his sisters, Shirley Kestner of Murfreesboro and Brenda and I took all their accident and Robinson of Murfreesboro; nieces, Lisa & David Smith of Woodbury, Sherry Kestner of Murfreesboro, Patty Boyd, Angela Little, Tammy Robinson and Tonya Robinson all of Murfreesboro; nephews, Matthew newspapers were still the main Kestner, Tony Robinson and Tim Robinson all of Murfreesboro; nineteen great nieces and nephews and five great great nieces and nephews. Mr. Daniels attended the Penecostal Church. He worked as a brick mason. Graveside services were held on Thursday, July 30 at the Mapleview Cemetery in Smyrna with Rev. Scott Armstrong officiating. In lieu of flowers the family requests donations to assist with the funeral expenses by contacting Smith Funeral Home at (615)563-5337. Condolences may be much support as he needs. I still sent via www.smithfuneralhomewoodbury.net. Smith Funeral Home was in charge of all arrangements.

Bryson: The Time Was Right...

"Our county has changed quite a bit over the years. At one time we had Colonial Corporation as our leading employer, with approximatley 1,500 to 2,000 workers. It sat on the current site of Woodbury Grammar School. When the garment industry began to dwindle and move to foreign countries, Colonial closed and most of our workforce went to Murfreesboro and McMinnville for employment," Bryson said.

"The public square was a busy place. When Good Samaritan Hospital was in operation the town square was always full of people.

We had three grocery stores and numerous general merchandise stores and restaurants around the square. Also, the Jail was on the square until 1993.

"When Good Samaritan closed and Stones River Hospital was built, the stores began to close. In May of 2009, the square lost it's Ford dealer, Jennings Motors, who had been in business since 1923."

Finding and attracting new businesses to locate in Cannon County is key to its future, Bryson said.

"Cannon County will probably always be a 'bedroom' community. That is, people will live here and drive to other counties for employment. Our county government is operated mostly by property tax. We receive some sales tax but it is minimal. In some cases that is good. Cannon County has not been affected by this recession like other counties that depend on sales tax revenue. This county needs to be on the search for new industry to help keep our workers at home," he said.

While he plans to stay active and involved in the Cannon County community, Bryson said there are things he will miss about not being publisher.

"Probably meeting and talking with people. Nearly every day. someone would come in and want to talk with me for advice or my opinion on an issue. I would 'hang out my shingle,' turn on the clock and just listen and try and help them with their problem as best I could," Bryson said.

"I also will miss working with law enforcement. I have always became close to the Sheriffs and Chiefs of Police in Cannon County. They would call me day or night. Not too many years ago our Sheriff's Department did not own a camera crime scene photographs. This was before the days of the internet when source of news."

High Shows Remarkable NCLB Progress

by KEVIN HALPERN

There is good reason to celebrate at Cannon County High School.

Last week it was announced that CCHS had earned a spot on the No Child Left Behind 2009 Celebration List, according to the Tennessee Department of Education.

CCHS had been on the state's "School Improvement 1 Improving" list, but has now been upgraded to "Good Standing" status for the 2009-2010 school year, which means it has met federal standards in the areas needing improvement for two consecutive years.

The Department of Education released today the list of schools and school districts across the state that showed gains and those that did not show sufficient progress on performance standards under the federal No Child Left Behind guidelines for the 2008-09 school year.

Every Tennessee district that was on the high priority list showed progress and moved into "improving" status. Those school districts include: Bedford County,

Tennessee Sales Tax Holiday This Weekend

will enjoy the immediate relief of

Please visit the Sales Tax Holiday

Web site at www.tntaxholiday.com

to learn more about the items

exempt from sales tax. The

Tennessee Department of Revenue

also assists consumers via e-mail,

through its toll-free statewide

telephone hot line, (800) 342-1003.

Staff is available to answer

questions Monday through Friday 7

a.m. to 5 p.m. Central Time. (Out-

of-state and Nashville-area callers,

Examples of exempt items

·Clothing: Shirts, dresses, pants,

coats, gloves and mittens, hats and

caps, hosiery, neckties, belts,

sneakers, shoes, uniforms whether

athletic or non-athletic and scarves

bags, calculators, tape, chalk,

crayons, erasers, folders, glue, pens,

·School Supplies: Binders, book

please dial (615) 253-0600.)

include:

Salestax.Holiday@TN.gov,

the 2009 Sales Tax Holiday."

The fourth annual Sales Tax Holiday is scheduled for Friday, August 7 and continuing through Sunday, August 9. The Department of Revenue reminds Tennessee shoppers that the Sales Tax Holiday provides three full days of tax breaks on clothing, school and art supplies, and computer purchases.

The holiday begins Friday, August 7 at 12:01 a.m. and ends Sunday, August 9 at 11:59 p.m. During the designated three-day weekend, consumers will not pay state or local sales tax on select clothing with a price of \$100 or less per item, school and art supplies with a price of \$100 or less per item, and computers with a price of \$1,500 or less, a savings of nearly 10 percent on exempt items.

Visit www.tntaxholiday.com for more information on the holiday.

"During tough economic times, this tax-saving initiative provides savings for Tennessee shoppers and a much needed boost for Tennessee retailers," said Revenue



Davidson County, Madison County and Murfreesboro City. Robertson County Schools came off the high priority list entirely. Another 42 schools across the state came off the high priority list as well, a 50 percent increase over the number of schools that came off last year.

"I want to congratulate the Tennessee schools and systems that showed remarkable progress this year, but we still have a lot of work us," Education ahead of Commissioner Timothy Webb said. "As we raise standards next year with the Tennessee Diploma Project, students, teachers and administrators will face new challenges and our goal remains the same – preparing our children for a better future after graduation."

Tennessee measures whether schools and districts are making "adequate yearly progress" (AYP) toward the goal of 100 percent of students being proficient in Reading and Math with a 90 percent high school graduation rate by 2014. Individual schools not meeting benchmarks in the same subject area

for two years are considered "high priority" and receive additional support and interventions from the state. A school system must fail benchmarks in the same subject for both elementary and high school students. However, systems may advance by failing a different subject area the next year - as long as both grade spans miss the same subject area benchmarks.

"We commend each school district on the high priority list for making progress and improving this year,

said Dr. Connie Smith, Director of Accountability, Teaching and Learning. "State interventions are beginning to show results, however, each one of these successes can only be attributed to the partnership between state and local

administrators - each of us committed to student success." Schools and districts must meet

performance standards in 37 categories at each grade span to be deemed in "good standing" under federally mandated No Child Left Behind.

Commissioner Reagan Farr. "We are pencils, lunch boxes, notebooks, hopeful that all Tennessee shoppers paper, rulers and scissors

and

·Art Supplies: Clay and glazes: acrylic, tempera and oil paints: paintbrushes for artwork; sketch and drawing pads; and watercolors

·Computers: Central processing unit (CPU), along with various other components including monitor, keyboard, mouse, cables to connect components and preloaded software (Note: While the CPU may be purchased separately, other items must be part of a bundled computer package in order to be eligible.)

Great Art....

"Everyone will remember the hailstorm for a long time, and the tiles are \a way of preserving a piece of our history," Parker said.

Parker is a longtime resident of Cannon Co. and is a self-taught

Her work can be found on the walls of many of the area schools, churches and businesses. Wall murals and baptisteries scenes can be found in commerical and residential venues throughout Middle Tennessee.

Her painting of the Rutherford County Courthouse was chosen by popular vote and was purchased to hang in the restored courtroom. She has exhibited at many different venues including juried shows at Opryland Hotel. Portraits and landscapes of Cannon Co. has been her primary focus. The Cannon County Veterans Wall of Honor and "Lady Justice" in the Cannon Co. Courthouse are also among her local projects. Rachel feels that the CCYD project is a opportunity to showcase the beauty and history of Cannon Co. and provide funds for children's educational needs. "There is no budget for arts classes in our schools. How do you teach art when you have no money?," Parker said. The tiles are on sale at The Arts Center of Cannon County and First National Bank. Only 250 are available. For additional information contact CCYD at ccydream@gmail.com. CCYD is the Education Foundation for Cannon County The foundation is Schools. committed to providing extra funding for teachers for projects that enhance learning. The organization's goal is to give the young people of Cannon County every opportunity to reach their full potential.

Carolyn Youngblood Zboyan

Carolyn Youngblood Zboyan, 66, died Thursday, July 30, 2009 at Phoebe Putney Memorial Hospital in Albany, Georgia.

Funeral services were held Saturday, August 1 at Cobb Funeral Chapel with Rev. Julian Griner officiating. Burial was in Center Hill Cemetery in Woodburv.

Born May 11, 1943 in Woodbury, she was the daughter of the late Estel Youngblood and Mildred Thomas Youngblood. She was a retired supervisor with Riverside Manufacturing and was of the Baptist faith. She was preceded in death by her husband, Robert John Zboyan and her son, Robert Estel Zbovan

Surviving are one daughter, Linda Z. Webb and husband James of me and the Courier for a lot of Brentwood and a granddaughter, Jamie Webb.

Memorial contributions may be made to the Humane Society of Moultrie and Colquitt County, 1412 First St., N.E., Moultrie, GA 31768.

Arrangements were entrusted to Cobb Funeral Home Chapel, Moultrie, GA. Smith Funeral Home was in charge of local arrangements.



DARRELL YOUNG ASSISTANT CHIEF

WOODBURY POLICE DEPARTMENT

Hurry up and get well. Hope to see you back at work soon.

The Cannon Courier

Although he is leaving as publisher of the Courier, Bryson said he is far from retirement.

"I will be available to help Ron (Fryar) all I can and give him as plan to be active. There are a few (career) options available that I want to do but nothing definite yet. This will enable Patricia and I to take some time off. It has been hard to be away from the office for more than a couple of days in a very long time. I always felt I could not leave or needed to get back because the work would pile up."

While selling the Courier was a difficult move for Bryson to make, he is confident the time and circumstances were right.

"Ron has been a close friend to years," he said. "The Daily News Journal printed the Courier for 30 years and a lot of that time Ron was the Publisher. He is a great newspaper man and I know the community will get to know him and enjoy his plans for making the Courier a success. I feel confident that the Courier is 'in good hands."

Commodities Distribution

The Upper Cumberland Human Resource Agency (UCHRA) will hold a commodities distribution for Cannon County on Tuesday, August 18, 2009 from 8:00 a.m. to 10:00 a.m. at the Cannon County Community Center located at the Fairgrounds.

Everyone must present a valid UCHRA commodity card in order to receive commodities.

SCHOOLS OPENING -- East Side Elementary School Principal Karen King addresses students, parents and teachers last Tuesday night during the school's Back-to-School Bash. In addition to enjoying a BBQ dinner and free school supplies, attendees also learned of the many improvements that have occurred at the school during the summer vacation in preparation for the upcoming year. School begins on an abbreviated schedule this Friday and the first full day of class is next Monday.

Cannon Man Faces Drug Charges In Murfreesboro

by LISA MARCHESONI

Senior Writer, Murfreesboro Post Multiple charges were filed against a man accused of possessing a variety of illegal drugs during a traffic stop Monday night on Old Woodbury Highway, a sheriff's sergeant reported.

Suspect Chadwick D. Herrod, 27, of U.S. Highway 70 South (John Bragg Highway) in Woodbury was charged with possession of Schedule I, II, III and IV drugs by Sgt. Ty Downing.

After stopping Herrod, Downing asked if he had a weapon. Herrod replied he had a pocketknife and two bottles of prescription medications without labels, including Lortab and Roxycodone.

While arresting Herrod for the medications, possessing Downing searched his vehicle and found a pschlicyban plant, 48 Xanax bars, digital scales and plastic bags. Herrod carried \$2,032 cash.

"He stated that he had just completed a construction job but could not provide a name and contact number for the person who paid him," Downing reported.

Narcotics Detectives Jerremy Sedric Weaver and Fields confiscated the cash.

Herrod was booked into Rutherford County Adult Detention Center where a hearing was set Aug. 26 in General Sessions Court.





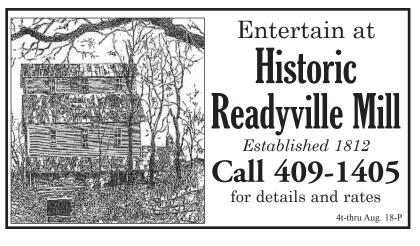
FAST PITCH TEAM WINS 2nd PLACE -- The Cannon County All Stars took 2nd place in state competition in Tennessee Youth Baseball Association (T.Y.B.A.) tournament. Pictured left to right: Katie Oakley, Kelli Davis, Casey Sullivan, Sarah Hunt, Jessica Hardy. Back row: Jessica Elmy, Coach Ray Hunt, Cydney McPeak, Maci Jacobs, Coach Pete Jacobs, Kelsea Jacobs, Sky Hunt, Kelsie Smith and Coach Dustin Smith.

Beating Back-to-School Bullying

way back-to-school, incidents of bullying will inevitably arise. Whether you're the new kid at school or a past victim, there are many steps that can be taken to avoid or stop bullying, says Sally

Newswise - As kids make their Black, Ph.D., an assistant professor aggressor, which may result in bullying to reach the desired of health services at Saint Joseph's University.

> "Kids should never fight back," "Bullies are warns Black. manipulative and will persuade adults that the victim is the



Children's Playhouse

suspension or expulsion for the victim '

She suggests that victims should take simple steps like sitting near the front of the bus, staying with a group of friends, or avoiding areas where there are few involved adults.

"There are many things kids can do to build self-confidence, too," according to Black. "Developing a skill or talent helps kids feel less alone. Kids should also make friends who will stand up against bullies. One way to do this is to be a friend to others who are bullied and defend them."

As for parents and school administrators, Black says to look for the warning signs. "Kids who are bullied are lonely, often afraid to ride the bus or leave school, complain of headaches and stomach aches, and have trouble sleeping, to name a few symptoms," says Black. "And if you suspect bullying, ask,"

she adds. "Sixty percent of victims

She also notes that many adults

make common mistakes when

dealing with incidents of bullying.

Taking a zero tolerance approach

and punishing harshly teaches

children to be intolerant and

discourages reporting, says Black.

She notes that suspension and

expulsion model social exclusion and should only be used as a safety

precaution, not punishment. It's also

important for adults not to use

report bullying to a parent."

outcome, and inadvertently model bullying.

"Adults need to gather details, ask for the victim's input in how the situation is handled, form a safety plan, and provide a safe place for the victim to retreat," Black concludes. "And don't tell kids to ignore bullies. That only sends the message that bullying is normal and okay."

CANNON COURIER Get Your GED!

Feel good about yourself - learn to read - get your GED!!

We are located at the Turney Adult Education Center, Cannon County Board of Education building, 310 West Main Street in Woodbury. Day classes meet Monday-Thursday from 8:00 A.M. until 12 noon. Night classes meet Monday and Tuesday from 5:00 P.M. until 7:00 P.M. Test Day by Appointment: Friday 8:00 A.M. til 12 noon. For more information call (615) 563-READ (7323).



NEW LISTING - 41 +/- acres, 680 ft. road frontage on John Bragg Hwy., city water available, partially wooded, beautiful views.

AUGUST 4, 2009

PAGE 3

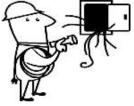
has openings for children 6 Weeks to 5 years



We've been in business for 15 years. 3 Star on **Daycare Rating Scales.** For more information, call

> Tracy Higgins at 563-9540

SLOAN'S ELECTRICAL SERVICE Residential - Commercial - Industrial Installation and Trouble Shooting



NO JOB TOO SMALL (615) 507-5717 or Cell (615) 542-5370 LICENSED - INSURED



The Masonic Lodge #774 will meet Thurs., August 6 at 7:00 P.M. in the Lodge Hall located at 109 Meadowbrook Drive.



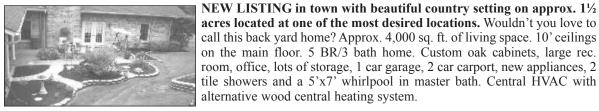
- Pond Construction
- Water Line Installation
- All Other Types of Excavation

(931) 312 - 9469

NEW LISTING - Three commercial lots, 1 acre or more each, each lot has the possibility of being divided if you need less land, utilities available, ready for your potential business.



NEW LISTING - 3 BR/2 bath home in Beaverdam. Living room, kitchen and den combined, good clean, solid brick home, 1 car attached garage, 1 car carport, oversized paved drive, great location in town. \$114,900.



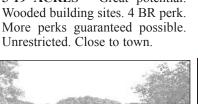


5-19 ACRES - Great potential.



NEW LISTING! - 11.38 acre beautiful building tract. Perk approved. CUD water available, creek, lots of road frontage, convenient to Murfreesboro and Woodbury. MLS# 1086634.

PEDIGO & TODD REALTY & AUCTION 208 South McCrary Street www.PedigoandTodd.com Firm Lic. #369 Woodbury Phone (615) 563-4635 or (615) 904-5446 Night 867-0081 or 542-5210



ROUND BALE HAY FOR SALE - \$25.00 per bale. Can be purchased on easy payment option.

LAND TRACTS!

5.02 ACRES - Beautiful building site. CUD water, Perk guaranteed. 1 ACRE LOT in Hidden Valley 4.31 ACRES - On Petty Gap Road 1 ACRE, m/l, Jim Cummings Highway. Perk tested, all utilities available, water on site. Ideal for starter home or commercial potential.





AUBURNTOWN NEWS

get to see all the animals and also

touch them. Sometimes at the zoo

the animals may be sleeping, out of

exhibit, or just plain hard to see. At

Kentucky, you go inside the actual

areas where the animals are and

interact. There are the usual milk

cows, feed goats and sheep but also

some "down under" animals such as

the lorikeet bird which actually kiss

It is a little piece of Australia in

Kentucky, an introduction to not

only their animals but their history

and culture including sheep

sheering. You can learn to make and

play the didgeridoo. You can eat at

the Australian Café and enjoy their

Friday the 24th, the Recycled

Teenagers from Auburn Baptist

Church enjoyed a trip to Ashland

City where they ate at the Lakeside

Restaurant. With this stomach full,

they climbed aboard a boat for a

leisurely scenic ride on the

Cheatham Lake. Making the trip

were Robert and Wytona Lester,

Hallean Tate, Ernest and Rita Davis,

Paul and Connie Leyhew, Jimmy

and Elaine Mingle, Opha Jones,

Barbara Tenpenny, Denise Farless,

Sandy, Josh and Megan Osborn,

Amy Reed, J.C. and Joan Hughes,

Sam, Cindy, Kirsten and Dixie

Garrison were visiting Sam's

parents who live in or near Ashland

City so they met the above group for

The "Pa B" and Ada Davenport

reunion was a little short in

attendance this year but those

Geraline Jones and Betty Gaither.

homemade fudge.

and play with you and kangaroos.

by ANNA PATRICK

Sympathy is extended to Trish Dunn and her family on the passing of her aunt, Jean Dixon.

Also Lewis Spurlock passed away last Tuesday. Mr. Spurlock graduated from Auburn High School in 1941. His adult years were spent in Cincinnati, Ohio. We extend sympathy to his loved ones.

Jewell Dale of Tunnell Hill, GA, has been here for several days. She came up to attend her brother and sister-in-law's (Robert and Sue Patterson) 50th anniversary held the 18th.

Requested and received more info about that Kentucky trip that the Hughes' took recently. For the past two years, Mom, C.J., has been the newsletter reporter for the Head Start program and because of this, she won tickets to the Corvette museum. She with hubby, Derrick and kiddos, Kiley and Lily, enjoyed the museum.

While in Kentucky, they decided to make a trip "down the road" to

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lunch at the restaurant.

Owner 763 N. Chancery St. McMinnville, TN 37110

(931) 507-DATA (3282) www.thedatasolution.com Brandon_Black@thedatasolution.com

Kentucky Down Under. I didn't attending enjoyed some mighty know there was such a place so near. It was a very neat place. Not as many animals as the zoo BUT you last year's reunion.

An "End of Summer Pool Party" was hosted by Janna Reed at her home Wednesday. The rain held off and all enjoyed the afternoon. Coming for a swim, pizza and fun were BreAnna O'Neal, Amelia Higgins, Marissa Underwood, Isha Fish, Brent and Brian Duggin, Ethan Bryson, Phillip Underwood and Tommy Griffith.

Here's the latest from our soldier in Iraq: Hello friends and family...it's your weekly update from Northern Iraq! Things are going well here at FOB Sykes, routine is in place and mission is underway. We had our "patch" ceremony this past weekend. On our military uniform, we wear our UNIT patch (looks like a Christmas Tree with 3 stars) on our left shoulder, and on our right shoulder we wear an American Flag (color in the USA, black and white in Iraq). When a soldier has been deployed in a combat zone, they are awarded a combat patch to wear on the right shoulder under the flag. Our patch is 10th Mountain out of New York, as that is the Active Duty Unit we fall in under on this mission. Having a "combat patch" is a big deal to a soldier as it shows that you served your country in a Combat situation. The weather has been very hot,

(118 on Tuesday), dry, dirty, and plain out miserable. I really think you do kind of get used to the weather, if that's possible.

I have been receiving mail, emails and care packages (I share with everyone), and I am so thankful for the outpouring of love and support from my community and the people who are following me along this amazing journey. This has definitely been an experience, and I am so thankful that I can share with so many.

I hope everyone enjoys the wonderful weather, and what's left of the summer. I hope to be home in about 100 days or so to VISIT with my family for a few days. I will have to return here until our mission is complete in Spring 2010! I love and miss each of you! Until Next time.....

Thursday night, there were 16 ladies from Prosperity Baptist Chruch who gathered at the home of Bonnie Rigsby's in Smithville. Everyone carried a food item (what Baptist doesn't have food at a gathering, even the ladies!). We enjoyed a time of fellowship, some great fun, lots of laughter and a game of Mafia (sounds like a good church game doesn't it?) "narrated" by Allison Rigsby.

The main event, however, was a good deal of time spent in prayer for individuals who are having tough times, facing physical illness or are entering into a new phase of their life. Attending the event beside me were Judy Corvin, Martha Robinson, Mainell Foutch, DeAnna Reed, Shirley Allen, Jennifer Buterbaugh, Linda Hayes, Betty Jane Barrett, Wanda Ray, Lesa Hayes, Katherine Saddler, Vicky Buterbaugh, Kathy Pugh, Lynn Jackson, and Joanie Blackburn.

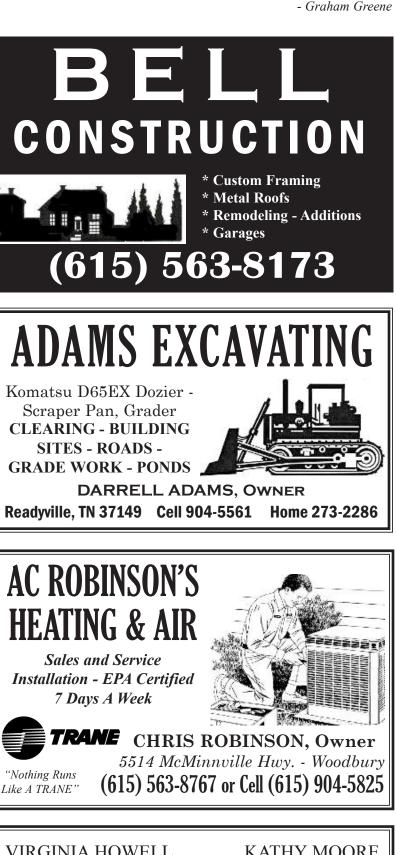
That's all the news I have - now for the birthday wishes.

Gary Gilley celebrates the 5th. Robbie Owen and Buddy Fann have theirs the 6th. It's Robbie's 72nd and Buddy's 79th. On the 7th, Amelia Higgins turns 14 on the same day that James Mears, Robert "Tubby" Davenport and Alana Whited all celebrate. Shirley Turney's is the 8th. Jennifer Brown, Anita Griffith and Winfred Gannon add on a year on the 9th. Denise Farless and Jordan Turney (his 14th) get to kick it up on the 10th. Finishing out the week on the 11th are Wanda Brown and Kayla Kennedy (her 12th). Happy birthday to all of you.

It was August 5th in 1976 when Dean Bogle became Mrs. Charles Vantrease. Then on the 7th day of August wa-a-a-a-y back in 1953 Ann Malone took on the name of Mrs. Jack Campbell. Two years later on the same day, her sister, Mainell, wed Joe Foutch. August 10th, Ann and Truitt Parker and Sara Drue and Chris Zimmer celebrate their anniversary which winds up this list for the week. Happy anniversary to each couple and may you have many more celebrations together.

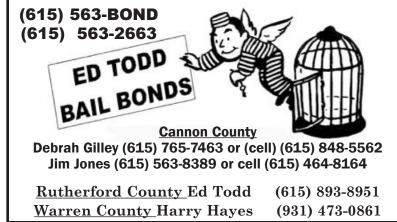
See ya next week when it's THAT time of year – yep the big yellows will begin rolling Friday the 7th.

News deadline is 8:00 A.M. each Friday. Any earlier would be great. Email me at apatrick@dtccom.net or call or fax to 464-4310.



A treasure is to be valued for its own sake and not for what it will buy.





That I Need To Prove All Things?

Where In The Bible Will I Find?

There are many people with some desire to be religious, but evidently not enough to really dig into the Word of God. Many are satisfied to find a preacher and trust him. Whatever he says, they depend upon; he is their "man of God". They believe what he says; they trust his answers to every question, and rest the salvation of their souls in him. They still read the Bible some, but do not really study the Word.

Since no man is infallible, taking man's word is not a good idea. Regardless how much you love and respect someone, that affection does not make them infallible. Men may be highly educated, eloquent, charismatic, and able to draw large crowds. Yet they remain fallible, capable of error.

Inspired advice is given by Paul: "Prove all things; hold fast that which is good" (I Thessalonians 5: 21). The apostle John gave this advice: "Beloved, believe not every spirit, but try the spirits whether they are of God: because many false projects are gone out into the world" (I John 4: 1). Jesus sounded warnings regarding false teachers, "Beware of false prophets, which come to you in sheep's clothing, but inwardly they are ravening wolves." (Matt. 7: 15).

Paul said to "prove all things", John advised to "try the spirits", and Jesus said to "beware of false prophets". Thus, it is our duty to check out teachers to see if they are proclaiming the Word of God, and that they are handling aright the Word. John said "try them", Paul said "prove" or as one versions states, "test all things."

Our attitude should be that of the ancient Bereans, "they received the word with all readiness of mind, and searched the scriptures daily, whether those things were so." (Acts 17: 11). There is one body of religious instruction which should govern all that we believe and practice. That is, the Word of God. Nothing should be accepted as true, unless it is taught in the Word.

Nothing should be practiced, unless it is taught in the Word. Nothing should be recommended, unless it is taught in the Word of God. You cannot afford to take the word of some good person whom you know. Neither can you afford to take the word of some religious group. They might be mistaken. Each individual must take seriously the obligation to search the scriptures, and should do it daily. If you do what the Bible commands, you can know that you are saved. You must accept the scriptures as your only source of truth and spiritual information. "Try to spirits", "prove all things, hold fast to that which is good".

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by BONNIE STACY

Those attending the Mears-Stacy family reunion on Saturday at the Pocahontas Community Center were Ruth Rogers and Hal Heefner, Ron and Patty Davis, Duane Duraba, Ray and Randy Mears, Bonnie Stacy, Jim and Judy Stacy of Murfreesboro, Mike Stacy and family of Murfreesboro, Gerald Stacy, Susan Kaylor Carmouche from Murfreesboro, Terry Stacy of New Jersey, Don and Charlotte Frazene of Tullahoma, Florida, Kevin and Lindsay Mears of Texas, Danny and Brenda Jaco of Manchester, Kathy Mears of Florida, Kyle Miclean, Mike and Cheryl Green of Winchester, Joan Arone of Murfreesboro, Ramie Mears Morica, Les Blinstnib, John and Tara Vance, all of Florida, Wayne and Fred Arnold of Bell Buckle, Jon and Page Arnold, Lori Bynum of Alabama, Wallace, Wallace and Violet Smith of Murfreesboro, Roanne and Darrell Lance of Georgia, Zachary and Jacob Louere of Georgia, Philip and Jabe Vincent, Katie Odare, Sharon Davis Troth, Woody and Sheree Floyd Fairfield, Dennis and Shawnna Thompson,

Kayla, Kelsey, Kreslin and Jacob Thompson of Coffee County, Pat and Charles Mears of Georgia, Daryl, Jodie and Gregory Mears of Florida, Mandie Lynch of Nashville, Nalin, Angi and Gavin White of Bedford County, Jeremy, Rhannon and Jackson Hall, Austin Chatham, Lloyd and Ginny Mears, Robin Bynum of Hillsboro, Morris Jarrell of Mud Creek, Wanda Davis of Wisconsin, and Dorothy Ticker of Wartrace.

Bonnie Stacy had breakfast with her nieces, Brenda Jaco and Wanda Davis on Monday in Manchester.

Christine Floyd from Manchester visited her sister, Elizabeth Hartsfield on Monday. They attended church at Pleasant View Monday night.

My sympathy to the family of Murray Brandon who passed away last week.

It takes a lot of faith to live one day at a time and the alternatives don't look that inviting.

Each day is a journey. Each day is a process.

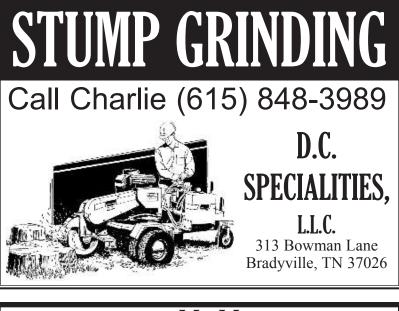
Free Hunter Safety Education Class

The annual Hunter Safety Education Class will be held Monday, Tuesday, Thursday, and Friday, August 24, 25, 27



and 28 at the Auburntown Community Center from 6:00 p.m. until 9:00 p.m. This class is for youth ages 9 and older. Bring your social security number to class. This is a free class. For more information, call

1-800-624-7406.





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Nearing Retirement? Consider These "Tax-Smart" Moves

If you're planning to retire in the next few years, you've got a lot of questions to answer. Will your employer-sponsored retirement plan, Social Security and personal savings provide you with a comfortable lifestyle? How much can you afford to take out each year? From what sources? All these issues are important. But one area that

Backhoe, Bulldozer Work,

might slip beneath your "radar" is taxes - and they can be troublesome if you make the wrong moves.

One potential tax problem can crop up if you need to tap into your retirement savings before you reach age 59 1/2. If you take money out of your IRA or company retirement plan, such as a 401(k), you may have to pay a 10 percent penalty, in addition to regular income taxes, on your withdrawals.

So here are a few "tax-smart" moves you may want to consider in your pre-retirement or retirement

years:

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Take regular payments from your traditional IRA - If you must tap your traditional IRA before you're 59 1/2, you can avoid the 10 percent penalty by taking "substantially equal periodic payments" - as determined by an IRS formula - for me to school so my mother could at least five years or until you reach 59 $\frac{1}{2}$, whichever is longer. For example, if you start taking these payments at 50, you must keep attended the first grade and was taking them until you're 59 1/2. However, if you don't start collecting this money until you're about one hundred miles away 55, you'll have to keep making during the summer. When the new withdrawals until you're 60.

Roll over company stock into a card in my pocket but on the way to traditional IRA - If you leave your job, and you have company stock in $\frac{1}{2}$ my size who said he was in the your 401(k) or other employer- third grade (so see the logic?) sponsored retirement plan, you can defer taxes by rolling the stock over into a traditional IRA.

If your company retirement plan bring my report card tomorrow. contains stock that has grown significantly in value over the years. you could potentially save on taxes through an Internal Revenue Service rule called "net unrealized appreciation" or NUA. These rules apply to certain distributions of company stock from a qualified retirement plan. They can help turn them straightway that I was really a portion of your retirement-plan distribution, which normally would be taxed as ordinary income, into long-term capital gains, which are him a letter stating "that I was usually taxed at lower rates.

Convert traditional IRA to Roth IRA - When you reach 70 1/2, you'll need to take "required minimum distributions" (RMDs) from your traditional IRA and your 401(k). If income tax when you do take the me God. distribution. And if you don't want to withdraw money from your Fire Department unit personnel, traditional IRA, you can convert it along with their families and friends to a Roth IRA. You'll have to pay had a picnic/cookout at the Hayes taxes upon the conversion, but, after Lake facilities on Judge Purser Road that, you'll never face RMDs - and your Roth will grow tax-free for your lifetime, plus that of your spouse's and subsequent beneficiaries.

Before you act on any of these suggestions, see your tax advisor. In fact, it's a good idea to get professional advice well before you think you'll need to make any moves. By planning ahead, you can

SHORT MOUNTAIN OBSERVATI

by KEN GARRETT

For those who couldn't wait to find out how I skipped a grade in school, your wait is over. I started to school in Kentucky in what was called the Primer (I think that was a forerunner of kindergarten/preschool) and continued through each year for two or three years never passing to the first grade.

I later found out my teacher took work for her mother (could have been referred to as babysitting). Then we moved to Indiana and I promoted to the second grade.

After the first grade we moved school year started, I had my report school I met another little boy about

A big kid should be in as big a grade. So I went on into the third grade and told the teacher I would

Moving on - the teacher would ask me for my report card every few days and of course, I forgot again! Eventually, just about the end of the first reporting period I was told to either bring the card or momma (by then I had lost the card, so momma was the only options). Momma told supposed to be in the second grade. The principle was also in attendance and he directed the teacher to write obliviously unprepared for the third grade and was retuned to the second

The teacher then replied that she could not honestly write that

The Short Mountain Volunteer

on Sunday, July 26. Those folk are sure deserving of some down time fun. When you see one of the members be sure you tell them how much we appreciate the work they do for us.

Mr. and Mrs. Gary Dyer entertained 27 guest for their family reunion

Sunday dinner guest of Melvin and Allene Ferrell was Bennie and Judy Alexander.

On August 5th at 7:00 p.m. the Short Mountain Church of God Evangelist Judy Palermo will be showing slides and telling of her trip to Haiti. Also the Church will be in mini revival on Friday, August 7th and Saturday, August 8th at 7:00 p.m. and Sunday, August 9th at 6:00 p.m.

Mrs. Tammy Coppinger and sons Wesley, Pacey and Clint were in Cleveland, Tennessee to spend some time with grandparents Mr. and Mrs. Terry Coppinger last week.

Mr. and Mrs. Jack Underwood were Saturday visitors of Mr. and Mrs. Frank Morrison. The Underwood's celebrated their second wedding anniversary on August 3rd.

Mr. and Mrs. Ernie Winchester and Quincy hosted a 19th birthday celebration with a cookout and pool party on Saturday for Nicholas Winchester at their Tabernacle Road home. Among some of those attending were Charles and Denise Stanton, Mr. and Mrs. Chad Coppinger and sons, Mr. and Mrs. Frank Palermo, Mr. and Mrs. Kevin Agee and children, and Ms. Judy "Nana" Coppinger.

PAGE 5

Mr. and Mrs. Jr. Bryant spent some time in Goodlettsville last week working on their rental property there.

The Osment family reunion was held last Saturday at the Fairview CIC in Warren County. Several from here attend the event.

Belated birthday wishes for Frank Stembridge on July 25, Ann Ritchey July 30th, Sue Youngblood July 30th and Robert and Aleesha Hillis celebrated their 1st Wedding Anniversary on August 2.

Get Your GED! Feel good about yourself - learn

to read - get your GED!!

We are located at the Turney Adult Education Center, Cannon County Board of Education building, 310 West Main Street in Woodbury. Day classes meet Monday-Thursday from 8:00 A.M until 12 noon. Night classes meet Monday and Tuesday from 5:00 P.M. until 7:00 P.M. Test Day by Appointment: Friday 8:00 A.M. til 12 noon. For more information call (615) 563-READ (7323).

Wise men learn by other men's mistakes, fools by their own. - H.G. Brown



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grade".

because I was doing better than the you don't take these distributions, average pupil was doing. After an vou'll be slapped with a penalty of eternally log pause he said alright 50 percent of what you should have say "he has proven to be capable to taken, but didn't, plus ordinary proceed". That's the truth so help

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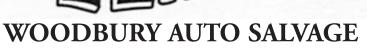
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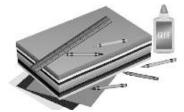


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***Edward Jones does not offer tax or legal advice. You should consult with a competent tax or legal adviser for your specific situation.

Cannon Cares for Children: School Supplies Needed

During the next month, as school season approaches, there will be several families in the Woodbury area that may not be able to provide school supplies that their child will need to start school. If you are able to provide for your child, then you are blessed.



If while shopping and you can, please pick up some extra school supplies and drop them off at CandaRita's. We will be a drop off for needed school supplies until the end of August. These supplies will be distributed to schools in Woodbury and the children will be able to have what they need.

Items needed: Pencils, Pens, Pencil Boxes, Notebook Paper, Theme Books, Folders, Glue, Glue Sticks, Crayons, Coloring Pencils, Markers, Notebooks, Backpack's, Etc.

CandaRita's Herbs and More is located at 804 McMinnville Hwy at the old Porky's BBQ building. For more information, call 563-9636.

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MOBILE HOME - 5.02 Level acres with 2006 mobile home like new w/1140 sq. ft. good barn for horses with electric. Large trees and great outside sitting places. Only 6 miles from Woodbury. Only 89,900 MLS #1097921 call Danny (615) 849-6466.

PRIVATE 80 ACRES -- 1 mile from Woodbury city limits, level to rolling hill land. All utilities available, only \$2,500 acre. Call Charles.

51/2 ACRES -- On Stones River and Old Murfreesboro Road. Perk site, CUD water

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3 Large Wooded Lots on Tanglewood Drive, Woodbury. Call Charles.

HOUSTON HILLS - 1/2 acre lot in Houston Hills with water tap and a great view. MLS # 1071444. Call Charles.

LOCKE CREEK -- 12.14 acres fronted by creek level to rolling land with great building sites. Perk with utility water available. Only 56,700 MLS 1075079. Call Charles.

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GEORGETOWN - New construction, 1,333 sq. ft. brick 3 bedroom, 2 bath, trey sloped ceilings, 2 car garage, concrete driveway. Built-in hood, microwave, dishwasher. Master bedroom has full bath, two walk in closets. Only \$134,900. MLS# 895156. Call Charles.

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OUT IN THE COUNTRY - 3 bedroom home on 1 acre lot. Shower and garden tub in master. Large eat in kitchen, 2-car garage and much more. Priced to sell! Only \$115K. Call Charles MLS #1101677.



TANGLEWOOD DRIVE -- Over 2800 sq. ft home on 1.75 acres with beuitful view of hills, Large office, large bonus room over large 2-car garage, Many extra features! Only 249k MLS # 1043024. Call Danny, (615) 849-6466.



AUBURNTOWN -- 18 acres on Main Street in Auburntown. 2 creeks, level to rolling land, great building locations. Utility water, septic available. Great views of hills. Minutes to Murfreesboro, \$99,900. Call Charles.

READ ALL ABOUT IT by PETTUS READ

Guest Columnist, Tennessee Farm Bureau

God Gives The Bounty -The Government Wants To Control It

In Genesis 1, verse 1 of the Bible, it is recorded that God made heaven and earth. From there He went on to make everything we enjoy and have on this planet, which we never should forget. He also states in this chapter of Genesis that what He saw that He created was very good. In verse ten, the forming of dry land and water is mentioned, and since that very beginning it has been under His control. But, if the U.S. Senate has its way with the Clean Water Restoration Act currently being considered up in D.C., all waters falling on the USA from the heavens above may soon be under the control of the U.S. government. If it rains in your gutter and runs down your down spout, don't get too attached to it, because it won't be yours. It will belong to Uncle Sam and we all know how well he takes care of things.

It is reported that for the first time in the 36-year history of the Clean Water Restoration Act, activities that have no impact on actual rivers and lakes would be subject to full federal regulation. God may send the bounty of rainwaters, but the government wants to control it once it hits the atmosphere.

Since its enactment in 1972, the Clean Water Act has regulated "navigable waters," or waters of the U.S. The legislation up in D.C. right now deletes the term "navigable" and replaces it with "all intrastate waters" and adds a lot of confusing language allowing the federal government to regulate "activities affecting these waters." This all means that if it rains on a dry lot in Tennessee, any water left standing would be impacted by the legislation.

The legislation will grant government jurisdiction over all wet areas within a state, including groundwater, ditches, pipes, streets, municipal storm drains and gutters. It would grant authority over all activities affecting those waters, regardless of whether the activity is occurring in water or adds a pollutant.

If you take the language of this legislation and give it to the courts to explain, they could even restrict the use of a mud puddle in the middle of your drive or yard. Permit

costs and waiting periods that could be associated with this new legislation will put the agricultural industry right in line for added cost and regulation it just doesn't need. The term "all intrastate waters" used in the legislation will include every drop of water that hits the ground once it falls from the sky and will come under the guidelines of the federal government and our court system. Is that not a scary thought? The American Farm Bureau Federation also believes that by deleting the term "navigable" as a condition for regulation under the Clean Water Act, it would allow for an extraordinary expansion of federal jurisdiction, giving the federal government the right to exert inordinate control over private

property, while opening the door for activists to sue landowners whose activities they don't like. The Clean Water Restoration Act, S. 787, is simply government regulation over-kill. Tennessee farmers would be greatly impacted due to the number of normal

farming practices that can be subjected to citizen-suit provisions in the act, so says the AFBF. However, there are those who don't see it that way and if we are not involved in getting it defeated, then get ready for the federal government to have a say in how you get that backed up rainwater out of your gutters. This legislation could be that far reaching.

- Pettus L. Read is editor of the pread@tfbf.com



Grammar Schools **TUESDAY, AUGUST 10** Breakfast: Chicken and biscuit cereals, juice, milk. Lunch: Corn dogs, pizza, small salad, green beans, watermelon, milk WEDNESDAY, AUGUST 11 Breakfast: Egg and toast, cereal, juice, milk. Lunch: Sloppy Joes, cheeseburger, french fries, baked beans, apple slices, milk **THURSDAY, AUGUST 12** Breakfast: Breakfast pizza, cereal, juice, milk. Lunch: Roast, chicken pattie, whipped potatoes, green peas, grapes, milk **FRIDAY, AUGUST 13** Breakfast: Biscuit and gravy, cereal, juice, milk. Lunch: Tacos with trimmings, whole kernel corn, carrot sticks, pineapple chunks, milk

Caffeine-Drinking Teens Don't Get Enough Sleep

Newswise - Fueled by caffeine teens are up late at night, and they aren't just focusing on homework. Web surfing, text messaging and gaming are keeping them up for hours into the night, according to a recent study by Drexel University's Dr. Christina Calamaro, assistant professor in Drexel's College of Nursing and Health Professions.

The study "Adolescents Living 24/7 Lifestyle: Effects of Caffeine and Technology on Sleep Duration and Daytime Functioning," found that the more multitasking a teen did, the more likely the teen would be dozing off during the day. The findings were published in Pediatrics, the official journal of the American Academy of Pediatrics.

Calamaro and researchers (Mason B. Thornton and Sarah Ratcliffe) asked 100 middle and high school students aged 12 to 18 to complete a questionnaire to measure nighttime intake of caffeinated drinks, use of media-related technology and sleep patterns. The majority of the sample used some form of technology, with 66 percent having a television in their bedroom, 30 percent a computer, 90 percent a cell phone and 79 percent an MP3 digital audio player.

The researchers found that 20 percent of those studied got the recommended eight or more hours of sleep during school nights with the rest getting less than eight hours. The average sleep for U.S. adolescents is seven hours, according to Calamaro. At least 30 percent of teenagers reported falling asleep during school. Caffeine consumption tended to be 76 percent higher among those who fell asleep. Most teenagers used multiple electronic media late into the night and consumed a variety of caffeinated beverages, including many popular energy drinks marketed to their age group, said Calamaro.

To gauge how heavily the study participants used technology at night, Calamaro and her team developed a measure they call "multitasking index." The index took the total amount of hours a teen spent doing each of nine different activities-ranging from watching TV, listening to MP3s, watching DVDs, surfing the web and doing homework-and divided that by nine or the number of hours between 9 p.m. and 6 a.m. The index was significantly related to falling asleep during school and difficulties falling asleep on weeknights.

"Many adolescents used multiple

night and concurrently consumed caffeinated beverages," said Calamaro. "Their ability to stay alert and fully functional throughout the day was impaired by excessive daytime sleepiness."

At least 85 percent of those studied reported drinking caffeine. For those, the average caffeine intake was 144 mg with a range from 23 to1458 mg. Only 27.5 percent consumed less than 100 mg of caffeine daily or the equivalent of drinking a single espresso, whereas 11.2 percent drank more than 400 mg daily or the equivalent of four espressos.

Although caffeine consumption tended to be lower for the 20 percent that slept for eight to 10 hours on a school night, it wasn't enough to merit statistical significance. Sleep was significantly related to multitasking. Teenagers getting eight to 10 hours of sleep had lower multitasking indexes; those getting six to eight had higher multitasking indexes. At least 33 percent of the teenagers reported falling asleep at least twice during school hours.

Regardless of socioeconomic status, teenagers tasked on average four activities late into the night, according to Calamaro.

"Even though we know adolescents are on a different time schedule than adults, we still need to get them less wired at night," she said. "Parents need to discourage teenagers from drinking caffeine

past noon time and keep TVs, computers and especially cell phones out of kids' bedrooms."

Dr. Christina Calamaro is Assistant Professor in the College of Nursing and Health Professions at Drexel University in Philadelphia. Pennsylvania. Her area of research is adolescent sleep, looking for causal pathways that affect sleep in the adolescent population. She has published on issues in pediatric obesity, adolescent sleep, and cultural proficiency.

Dr. Calamaro is certified as both a Pediatric and Family Nurse Practitioner. She received her Master of Science in Nursing from the University of Pittsburgh, doctorate from the University of Pennsylvania in 2005, and completed a post doctoral fellowship at the University of Pennsylvania School of Medicine's Center for Sleep and Respiratory Neurobiology in 2007. In addition, Dr. Calamaro maintains a clinical practice in a private pediatric primary care setting in the Philadelphia area.

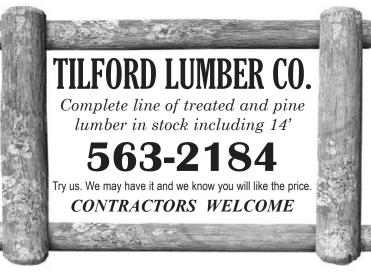
He that wrestles with us strengthens our nerves and sharpens our skill. Our antagonist is our helper.

- Edmund Burke



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Tennessee Farm Bureau News and director of Communications for the Tennessee Farm Bureau Federation. He may be contacted by e-mail at

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High School **TUESDAY, AUGUST 11**

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forms of technology late into the



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- Roger W. Babson

More people should learn to tell their dollars where to go

instead of asking them where they went.

Alexander, Corker, Gordon Say Nissan Announcement Puts TN At Forefront Of America's Automotive And Energy Future

WASHINGTON - U.S. Senators Lamar Alexander (R-Tenn.) and Bob Corker (R-Tenn.) and U.S. Representative Bart Gordon (D-Tenn.6th) said recently that Nissan's award of a \$1.6 billion Department of Energy loan to produce electric cars and battery packs at its manufacturing complex in Smyrna, Tennessee, is outstanding news both for the local economy and for Tennessee's position as a leader in America's automotive and energy future.

and Tennessee at the center of building electric cars in America," said Alexander. "We can electrify half our cars and trucks if we plug them in at night, without building one new power plant because of all the unused nighttime electricity we have. This is the single best way to reduce dependence on foreign oil, clean the air, and keep the cost of fuel low."

"This announcement is really the nexus of what we've tried to create

Veterans, Concerned Citizens Meet Thursday, August 6

The Veterans and Concerned Citizens for the Veterans of Cannon County will meet at the Senior Citizens Center on Lehman Street next to the Veterans Memorial Gymnasium in Woodbury at 6:30 P.M., Thursday, August 6.

Our meetings last approximately one hour. The meetings consist of:Opening Prayer, The Pledge of allegiance to the Flag, Old business, New business, and Good old fellowship. Concerns for the care of Veterans.

Some items of discussion will be: - How to better serve the Veterans of Cannon County.

- The Veterans Wall Of Honor in our beautiful Courthouse ---and where can we extend our Veterans Wall of Honor. Future projects to honor Cannon County Veterans.

- Lessons learned from the 2008 Veterans Day Program and the Veterans Day Parade.

- Our Drive to get new Sponsors for our 2009 Veterans Day Program and Parade.

- Plans for Veterans Day Activities 2009.

Penny Daniels, The Veterans Service Officer for Cannon County, has recently completed the Tennessee Veterans Affairs training program.

If any veteran, or spouse, or family member needs information or assistance contact Penny Daniels listed in the phone book under Cannon County Veterans Service Officer. She is doing a truly

outstanding job for Cannon County. She is in her office down the hall from the Elections Office on Wednesdays and Thursdays.

Cannon County High School Veterans Wall Of Honor - Cannon County High School has a "Wall of Honor" to pay tribute to ALL of the men and women serving in the military forces of the United States today.

Mrs. Bonnie Patterson took on this project when the Iraq War came about and has done an outstanding job ensuring that all of the men and women serving in the military today from Cannon County are honored by placing an 8x10 color photo of each on the "Wall of Honor" at Cannon County High School.

If you know of someone serving in the military today and is not on the "Wall of Honor" at the Cannon County High School please notify Mrs. Bonnie Patterson so we can get an 8 X 10 photo on the wall. The young adults attending CCHS need to know who our heroes are, serving and making great sacrifices for this great country and this wonderful peace we all enjoy.

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- Laurie Anderson

move our state and country ahead and help us become more energy secure. This means 1,300 jobs for the area, it secures Tennessee's position as a leader in America's energy future, and it continues to tell the world that Tennessee is THE place to do business, especially automotive business," said Corker, a member of the Senate Energy Committee.

"This DOE loan is great news for Tennessee. After 26 years of producing cars in Smyrna, this loan will allow Nissan to refurbish and retool an existing factory and construct a new battery plant to build affordable all-electric vehicles," said Gordon. "It will create 1,300 new jobs and position Tennessee to be a leader in establishing our nation's energy independence - the Smyrnaproduced cars will use no gasoline. This loan will also provide new opportunities for Nissan and Oak Ridge National Laboratory to collaborate and ensure that our country is on the leading edge of global technological competitiveness."

The U.S. Department of Energy (DOE) announcement states:

"Nissan will receive \$1.6 billion to produce electric cars and battery packs at its manufacturing complex in Smyrna, Tennessee. The loan will aid in the construction of a new battery plant and modifications to the existing assembly facility. These fully electric cars are an important milestone for vehicles produced in the United States by a major international automaker. These cars are energy efficient, using electricity at a gasolineequivalent rate of more than 350 mpg. This new state of the art facility is a notable effort by a major automaker with well-established US operations to produce its most advanced vehicles and lithium-ion batteries. Nissan aims to manufacture a cost-competitive allelectric car, overcoming a major obstacle to widespread adoption of pure electric vehicles. Nissan will offer electric vehicles to fleet and retail customers, and plans to ramp up production capacity in Smyrna up to 150,000 vehicles annually. Nissan anticipates the project may result in an increase of up to 1,300

BOOK REVIEW

"This announcement puts Nissan in Tennessee: good paying jobs that jobs in Smyrna when full production is reached."

DOE also announced today that \$5.9 billion will go to Ford Motor Company to transform factories across Illinois, Kentucky, Michigan, Missouri, and Ohio to produce 13 more fuel-efficient models and \$465 million will go to Tesla Motors to manufacture electric drive trains and electric vehicles in California.

These are the first conditional loan commitments reached as part of DOE's Advanced Technology Vehicles Manufacturing program, also referred to as "Section 136" funding. Section 136, passed as part of the Energy Independence and Security Act of 2007, provides loans to eligible auto manufacturers and component suppliers for reequipping, expanding, or establishing a manufacturing facility in the U.S. to produce advanced technology vehicles or parts for such vehicles.







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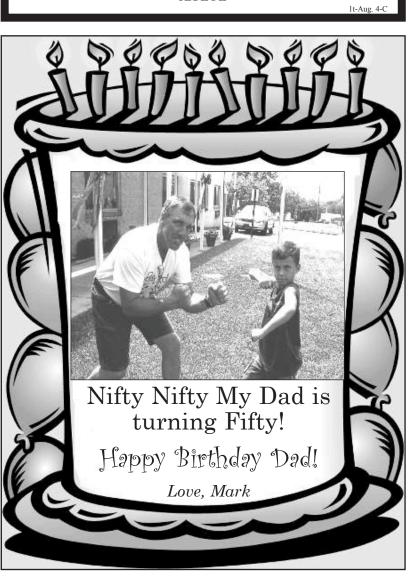
FORENSIC

Interview child sexual abuse victims in Rutherford and Cannon Co., written reports, court testimony, professional training. 40 hrs/wk. BA in social work or related field required. Masters Degree preferred.

Resume by 8/14/09:

Child Advocacy Center

1040 Samsonite Blvd. Murfreesboro, TN 37129 AA/EOE



By Elrena Parton Enlightened Chocolate: More Than 200 Decadently Light, Easyto-Make, and Inspired Recipes Using Dark Chocolate and Unsweetened Cocoa Powder by Camilla V. Saulsbury, (Cumberland Publishing) \$22.95. House Cooking, hard cover, 278 pages. Ohh!!! Chocolate lovers, you are going to love eating recipes from Enlightened Chocolate. How sweet it is. Several of Saulsbury's cookbooks is in the Cannon County Library system.

The following is a few recipes: Hot Chocolate, Dairy-Free Chocolate Yogurt With Fresh Berries, Chocolate Oatmeal, Chocolate Chunk Strawberry Muffins, Chocolate Jumble Breakfast Cookies, Cocoa Banana Mini Muffins, Molasses Whole Wheat Bran Bread, Chocolate Cinnamon Rolls, Double Chocolate Health Nut Bars, Chocolate Gorp, Salty Sweet Chocolate Popcorn.

Cumberland House Publishing and Elrena Parton have donated a copy of Enlightened Chocolate to the Cannon County Library system.

Get Your GED!

Feel good about yourself - learn to read - get your GED!!

We are located at the Turney Adult Education Center, Cannon County Board of Education building, 310 West Main Street in Woodbury. Day classes meet Monday-Thursday from 8:00 A.M. until 12 noon. Night classes meet Monday and Tuesday from 5:00 P.M. until 7:00 P.M. Test Day by Appointment: Friday 8:00 A.M. til 12 noon. For more information call (615) 563-READ (7323).



Homecoming August 16, 2009

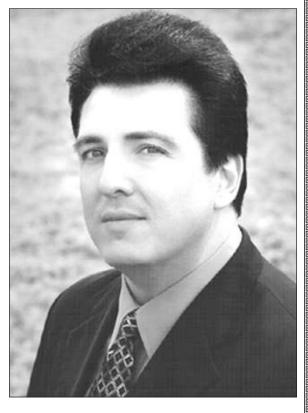
Sunday School 10:00 A.M. Worship Service 11:00 A.M. Lunch At Noon Singing 1:30 P.M.

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968 HOLLOW SPRINGS ROAD Perfect country home and 2 acres. 3 bedroom brick with central heat and air, hardwood floors and horse barn. Shaded yard and quiet country setting. Great buy at \$89,900. Call Jennifer.

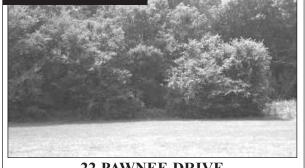


66 PEELER HILL ROAD

Very nice, just like new 4 bedroom, 3 bath home, large utility room with pantry, masterbath has separate sinks, large covered porch on front, covered 15x12 deck in back, fenced backyard, large storage space, immaculate home, like new, must see. MLS# 1098523



125 AUBURN HILLS Brand new construction by McCalla Homes in New Auburn Hills Subdivision. All brick, 3 bedroom, 2 bath, over 1,700 sq. ft., tile bath, oak hardwood and kitchen cabinets, large kitchen and bonus room, only \$172,900. MLS# 984866. Call Jennifer.



22 PAWNEE DRIVE Beautiful lot with trees and wet-weather creek at the back. Over 1.27 acres just waiting for you to build on. Doublewides on permanent foundation ok. MLS# 1098792. \$14,000. Call Phyllis at 615-563-1100 or 615-631-4166.



This home has it all. Oak hardwood floors and tons of oak cabinets. Large rooms, huge patio and carport. Huge tile shower in master bath. Home is immaculate and a must see. Close to Murfreesboro. Priced at \$269,900. Call Jennifer or Bill today!



2937 GREENVIEW DRIVE Very nice 3 bedroom, 1 bath in excellent condition. Sits on a beauiful half acre lot with very mature trees in Murfreesboro. There is a large carport with storage attached and a detached storage building that will stay. \$107,500 MLS #1077535. Please call Belinda Tobin.



314 POWELL STREET Immaculate and upgraded home with 3 Bedrooms on a shaded lot with privacy fence! This home has hardwood and tile floors with a 10X10 mini barn. Priced at \$69,900. Please call Belinda Tobin.





310 RIVENDELL ROAD Brand new 3 bedroom, 2 bath home. Cathedral ceiling in living room, trey ceiling in master bedroom, elevated dishwasher. Kitchen has stainless appliance package, 12x12 deck. MLS# 986300. Call Jennifer.







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REAL ESTATE COMPANY



227 CANNON DOWNS DR.

Immaculate, better than new home in quiet country subdivision. Rocking chair porch, large country kitchen, large deck out back. Over 1400 sq. with no wasted space. \$149,900 MLS #1046690. Call Jennifer.

204 E. MAIN STREET - Commercial Two businesses for the price of one. Once a fold artshop building, 30x50 hardwood floors, would make good restaurant, retail/office, etc. 40x60 bldg. in back w/ concrete floors, rollup door, skylights, multi storage. Call Jennifer for details. \$139,900.



2528 AUBURNTOWN ROAD Bring the animals to this 39+ acre farm only 2.5 miles from town! This 3 BR, 2 bath brick home is ready for new owners. Full basement to finish for your lifestyle. Fully fenced. Year-round spring on property \$174,900. MLS #1077560. Call Phyllis (615) 631-4166.



534 MANUSTOWN ROAD Very nice solid 3 bedroom, 2 bath brick home with 2 car garage on large country lot. Priced to go at \$114,900. MLS# 1100052. Call Jennifer.

NEW LISTING

61 CANNON DOWNS

Very nice, just like new 3 bedroom, 2 bath home with bonus room, large utility room with pantry, Master bath has seaprate sinks, large covered porch on front, covered 15 x 12 deck in back, fenced back yard, large storage space, immaculate home, like new, must see. MLS# 1098824. \$169,900. Call Jennifer.



934 PEELER HILL Beautiful country 3 bedroom, 2 bath home with stone fireplace on 1 acre. This home sits in a country setting with a 30x40 3 bay shop. Priced at \$159,000. Call Belinda Tobin.



17 BURT ROAD Wonderful 1.5 story home on 9 +/- acres. Great location on Burt Road, level land, 4 bedrooms with 2 1/2 baths. Detached garage, rock fireplace. Priced at \$209,900. Call Jennifer.



203 GREENBRIAR STREET Super nice 2 bedroom brick home on quiet street in town. Fenced backyard with large deck. New roof and new CHA system. \$89,900. MLS# 1032383. Call Jennifer.



418 TURNEY ROAD

Verv nice 5 +/- acre tract in Auburntown with existing mobile home, septic, electric, has city and well water. Fenced on all sides except road frontage, gently rolling land with a pond. Would make nice mini farm. \$55,000. Call Jennifer.



517 DOOLITTLE ROAD

Great investment! 2 houses for one price, one is 2 bedroom, like new, handicap accessable on really large lot within walking distance to town. Other home in need of tender loving care. MLS # 1071013, \$119,900. Call Jennifer (615) 563-1100.



158 BRADFORD WAY

Very well constructed. Fully handicap accessable. Brick home in Houston Hills, over 2,000 sq. ft. 3 bedroom, 2-1/2 bath, super large rooms, lived in one year. Like new, Teak floors, tile, granite, super nice, only \$249,900.



1095 OLD PROSPECT ROAD Absolute doll house, 3 bedroom brick, fresh paint, new kitchen, lots of extras, very nice home. Country living at it's best! MLS #1090634, only \$108,900.Call Jennifer.

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61 CANNON DOWNS

Very nice, just like new 3 bedroom, 2 bath home with bonus room, large utility room with pantry, Master bath has seaprate sinks, large covered porch on front, covered 15 x 12 deck in back, fenced back vard, large storage space, immaculate home, like new,

NEW LISTING



10 PARCHCORN HOLLOW ROAD

Gorgeous private land minutes from town. If you want country living, a place for horses, several building sites, this is the place for you. Soil site and city water available. Excellent buy at only \$48,500. Call Jennifer.



1 LOCKES CREEK ROAD 11.38 +/- acres of beautiful land...Level for hay, horses or cattle. Gorgeous setting only 15 minutes to Murfreesboro. Spring creek, city water available, one of a kind tract of land. Has Restrictions. \$94,500. ML:S#1012149. Call Jennifer.



must see. MLS# 1098824. \$169,900. Call Jennifer.

36 COVE HILL ROAD

Very private wooded and open tract. Several good building sites with great views of the surrounding hills and hollders. Very, very private. Soil site approvated and city water available. Privacy like this is hard to find. Only \$79,900. MLS# 1090652. Call Jennifer.

119 ACRES

Secluded, very private, 119.5 +/- acre farm in a peaceful open hollow. Sit on the large deck and enjoy the view of large year-round spring, stocked fish pond and wildlife galore. Home has beautiful oak cabinets and floors with open floor plan. Bring your horse, fenced with barn. Peaceful! MLS #1068213, \$359,900. Seller is an agent. Call Jennifer.



638 MANUSTOWN ROAD Very nice 3 bdm/2 bath home on 2.2 acres in the country. Some new paint and wood flooring. Lots of cabinets in the large kitchen. Woodburning fireplace in the great room. The 4 bay garage is a mechanic's dream. Electric & phone in the garage & large storage building. \$112,500. MLS# 1095262. Call Phyllis 615-563-1100



1109 GILLEY HILL ROAD This 50 +/- acres is wooded and private, some pasture. Excellent hunting land, several good building sites, perk site. Priced at \$109,900 MLS #1042980. Call Jennifer.



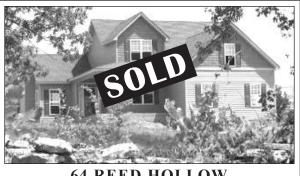
1744 BUSH ROAD Immaculate well maintained brick home with barn on 1 acre. Country living at its finest in the 3 bedroom home. Hardwood floors, new appliances, new windows, 2 car finished garage, large shaded yard. Only \$114,900. MLS# 1049052. Call Jennifer.



366 OSAGE LANE Gatlinburg like setting for this custom modular home on 5 +/- acres w/creek, woods, pasture and wildlife views. 3 bedroom, 2 full baths custom home, huge kitchen, fireplace, paved drive, FHA foundation price at only \$115,900. MLS# 1016193 Call Jennifer.



247 PETTY GAP ROAD Very solid and affordable 3 bedroom home on large shade lot, new paint and flooring. Ready to move into. Central heat and air, new metal roof, convenient to town. Great buy at \$79,900. MLS# 1036760. Call Jennifer.



64 REED HOLLOW Location! Only 15 minutes to Murfreesboro. Beautiful new 3 br, 2 1/2 bath home on 5 +/acres. Open floor plan with large rooms, fireplace in great room, large rec room, hardwood, tile and carpet. \$247,500. MLS# 991008. Call Jennifer.



0 JACKSBORO TRAIL

43 +/- acres of open farm land. Good pasture or crop land. Could be subdivided. \$124,900. MLS #954852. Call Jennifer (615) 563-1100.

1067 HOLLIS CREEK ROAD

1.75+- acre commercial lot on John Bragg Highway and Hollis Creek Road. City water and septic system already in place. Corner lot with very high traffic count. Endless possibilites. Priced at \$115,000. Call



1 DICKENS HILL 50 +/- very private acres, timber, lots of wildlife, 4wheeler road, very private building site, city water available, \$174,900. MLS# 959116. Call Jennifer.

<u>PAGE 10</u> CANNON COURIER AUGUST 4, 2009



In these hard economic times I think we have all felt its impact in our lives in some way or another. Some of us may have lost our jobs or if we haven't lost ours we know others who have. Hours may have been shortened. People are taking forced, unpaid days off. Eating out is done more infrequently and more frugally. Home improvements have been put on hold. Vacations shortened or nixed completely. In some way or another we all have been impacted by this economic crisis.

In my practice I have felt that impact also. Clients have had to cut back on the frequency of their massages. Some have had to cancel for an indefinite time. Others have lost jobs and no longer have insurance to cover the massage work they were getting done. So when I do see these clients for a massage they value it all the more. I don't know how many times clients have told me that the massage sessions are what got them through the crisis they were in. When they got a massage, their troubles were left outside the massage room. For one hour they felt peace. When they left, they took that inner peace with them. That inner peace was the momentum that carried them through this difficult time. Others facing major health issues have told me that the massage was the best medicine they got. It far outweighed the pain pills and anti-depressants they had been prescribed.

This does not surprise me at all. Massage has been proven to ease anxiety and stress. It does this by improving sleep, boosting the immune system, reducing fatigue, fostering concentration, increasing circulation, reducing the flow of stress hormones, building energy levels, and releasing endorphins (the body's natural pain relievers).

I have seen first hand the valuable benefits of massage. Truly, massage is more than a luxury-it can be a vital part of our self-care that has a positive rippling effect on us as we work, play, relax, live life and care for others.

JOB OPENINGS Cannon County REACH

Has **Tutor job** openings. Applications will be accepted August 5th at the office, 612 Lehman Street in Woodbury from 8:00 A.M. til 5:00 P.M. You must be at least 16. Enjoy working with kids and can work after school hours.



Is A Reverse Mortgage Right For You?

Reverse mortgages have become a popular option for seniors who would like to reap some of the benefits of the equity they have built up in their homes. However, it's important to be aware of both the advantages and drawbacks to these loans. The Tennessee Society of CPAs explains how they work and the issues to consider.

The Basics

A reverse mortgage is simply a different kind of home loan, one that is generally only available to people 62 and over. Instead of borrowing to buy a house, the homeowner gets a loan based on his or her equity in a home he or she already owns. Say, for example, that you own a home worth \$200,000 with no outstanding mortgage on it. You are nearing retirement and would like to add some extra income to your retirement savings. The bank offers you a reverse mortgage of \$75,000. You can choose to receive the money in payments spread out over time - for example, monthly- or in a lump sum payment. You can also set up the loan as a line of credit that you can tap into as needed. You do not have to make any repayments until the home is sold or until you die or move, even if you outlive the loan term. And you do not have to move out of the home when the loan term ends, either. When the home is sold or you move out of it, you or your heirs must repay the \$75,000 with interest and fees - out of the sale proceeds. *Oualifying For A Reverse Mortgage*

In addition to being 62 or older, to qualify for a reverse mortgage you must own the home outright and live in it as your principal residence. If you have an existing mortgage on the home, it should be a relatively

1t-Aug. 4

some of the reverse mortgage proceeds. Your income is not a factor in the loan decision, since you will be receiving payments, not making them.

Consider The Disadvantages A reverse mortgage can be a great way to free up equity in your home to use during retirement. However, it is not always advisable. It's probably a better deal if you are in your 70s or older rather than in your 60s, in part because the bank will likely be willing to give you a bigger loan because decisions are made based on your life expectancy. In addition, if you expect to downsize, move closer to family or transition to an assisted-living or similar facility sometime in the future, remember that you will have to pay the loan amount back to the bank when you sell your home. That means you will have less money to spend on your next residence.

Diminished Inheritance

One of the biggest drawbacks of a reverse mortgage is its impact on the inheritance you leave. In our example above, after the \$75,000 loan amount - plus interest and fees - is deducted from the value of a \$200,000 home, there will be less money left for your heirs, a key issue to consider before taking this type of loan.

Read The Fine Print

It's also important to ask questions about the responsibilities facing you down the road. Find out about the interest rate and fees on the loan, and how much they will amount to when the mortgage is paid off. Especially with home values dropping during the last year, you don't want to learn that the total amount you owe later is more than the value of your home.

About Money Management Money Management is a weekly column on personal finance

small one that you will pay off with prepared and distributed by the Public Accountants (TSCPA) as a Nashville Chapter of TSCPA. part of its financial literacy

initiative. Crystal D. Shields, of Tennessee Society of Certified Nashville, is the president of the



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MOORETOWN V.F.D. Truck & Tractor Pull Saturday, August 8 6:00 P.M.

Located at the Mooretown V.F.D. 473 Hollow Springs Road. From WOODBURY: Take Highway 53 South, 5-1/2 miles, right on Hollow Springs Road. Follow the signs.

A Fresh Start

It is time for school to begin soon here. As a teacher, this is a time that I both welcome and dread. Dread, in a minor way, because it means the end of carefree summer days with little responsibility. I must admit that I am like my students in that. But more importantly I welcome a fresh start, a new beginning. All the things of the past year are just that-in the past. What remains is a fresh start, a blank slate. My students and I will write something new on that slate, something that is different altogether from what has gone before. Few professions afford this opportunity, and I feel that I am blessed to belong to one that does.

In life, few things offer such an opportunity as well. However, that is just what our Lord offers to us. Jesus says, "Matthew 11:28 KJV Come unto me, all ye that labour and are heavy laden, and I will give you rest." The rest that Jesus offers is a rest from the cares and burdens of sin, a rest from the life that has gone before. Jesus offers nothing less than the new beginning of which I speak. Paul put it thus, "... ye have put off the old man with his deeds; And have put on the new man, which is renewed in knowledge after the image of him that created him...," Colossians 3:9-10.

David wrote long ago, "Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow. 8 Make me to hear joy and gladness; that the bones which thou hast broken may rejoice. 9 Hide thy face from my sins, and blot out all mine iniquities. 10 Create in me a clean heart, O God; and renew a right spirit within me," Psalms 51:7-10.

Would you like David, be washed by our Creator, that you might be whiter than snow? Would you put off the old man to become a new man in Christ?

The offer of Christ is exactly this. He would give you a fresh start, a clean slate. You can write on that slate new things, forgetting the past. It is the rare opportunity of a fresh start.

'Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus," Philippians 3:13-14

Until next time, let me encourage you to search the scriptures daily, whether these things are so. Acts 17:11

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For other Bible articles and for answers to Bible questions go to: www.thebiblelampstand.net For questions, comments or to request a personal Bible study contact:

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Cripple Creek Cloggers Tour Spain

Thousands of sheep are in their mountain pastures overlooking this town of 12,000, site of two previous winter Olympics, where the Cripple Creek Cloggers and Rigney Family Bluegrass arrived yesterday for the of the concluding week International Festival of the Pyrenees. Jaca is called the "Pearl of the Pyrenees'" and Steve Cates, Diirector, previously brought a troupe to this town in 1979 and was anxious for his current dancers to have this experience.

Forty five groups from twenty nations are still arriving and the first parade of two scheduled for tonight will begin at 8:30. Temperatures are up to 90 at midday, but are cool for the evening and late evening activities.

The Rutherford County dancers are joined by the Rigney Family Bluegrass from Normandy, TN for this tour. They finished their work at the French part of this festival on Sunday night with two shows in two different towns in the area of Quillan, their headquarters for that part of their tour.

Performing Appalachian style square dancing with a clogging step, the troupe wears costumes of the mid 1800s in Middle TN, especially designed for them by Estelle Ansley Worrell, of Nashville. Instruments used for music are the bass, banjo, mandolin, guitar, and fiddle. They have received rave reviews from the festival organizers as well as from the general public. In a special presentation by the Mayor of Quillan on Monday morning, he expressed his personal gratitude for being able to host a U.S. group, a very rare situation here, and also praised the quality of musical and dance shows presented. He was

"Cruisin On The Square"

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especially surprised at the fact that the group is not a professional group, but open to all interested persons in the area of Murfreesboro and Middle Tennessee.

One special feature of the performances given by the Cripple Creek Cloggers is bringing audience members onstage to allow them to

Daniel Family Reunion Set For August 8

On Saturday, August 8 the descendants of Robert (Bob) Jasper and Josephine (Josie) Wood Daniel will meet at the Lions Club Building in Woodbury.

Bob and Josie were married March 28, 1888. Their family consisted of eleven children: two died at birth and nine lived to produce families of their own. Those nine children were: Gertrude Gannon, Clarence (Buck) Daniel. Jim Daniel, Inus Gunter, Willie Daniel, Leasher (Dick) Daniel, Angie VanHooser, Shelah Daniel and Pauline Davenport.

Doughnuts, coffe and drinks will be available at 10:00 A.M. Lunch at noon and the visiting and reminiscing will continue until ? Drinks, paper plates, napkins, cups and plastic ware will be furnished.

Please bring food for your family plus one, family pictures, tales and family historical items for share and tell. Persons related to the Daniel and Wood family and related families are invited to attend.

For further information contact Joe Daniel Davenport at (615) 563-5170 John Van Hooser (321) 431-3574 or Franklin Daniel (615) 563-8623.

Cannon Cares for

join in the dance. This is most unusual for groups performing at these festivals and much appreciated.

The rest of the week will be spent in concert performances, parades and workshops in this area of Spain. One special opportunity of this festival is the chance to meet and get to know so many troupes from all over the world and to solicit the best of them for Murfreesboro's International Folkfest next June 13-20. The group will return to Murfreesboro on August 3.

Ida Satterfield, of Kimela Drive, in Woodbury, is one of the members of Cripple Creek Cloggers on this tour.

Out of suffering have emerged the strongest souls; the most massive characters are seared with scars.

- Kahlil Gibran





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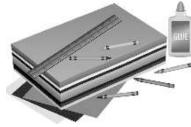
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During the next month, as school season approaches, there will be several families in the Woodbury area that may not be able to provide school supplies that their child will need to start school. If you are able to provide for your child, then you are blessed.



If while shopping and you can, please pick up some extra school supplies and drop them off at CandaRita's. We will be a drop off for needed school supplies until the end of August. These supplies will be distributed to schools in Woodbury and the children will be able to have what they need.

Items needed: Pencils, Pens, Pencil Boxes, Notebook Paper, Theme Books, Folders, Glue, Glue Sticks, Crayons, Coloring Pencils, Markers, Notebooks, Backpack's, Etc.

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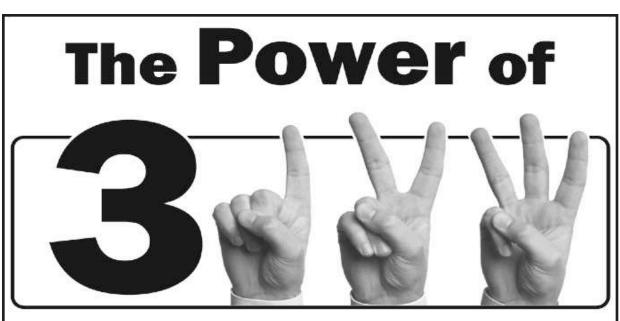
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Local Farmers Markets a "Growing" Business

August 2-8 marks the 10th annual National Farmers Market Week, and Tennessee could easily serve as the heart of the national celebration. There are approximately 84 farmers markets currently in operation across the state with more "sprouting" up all the time.

When the supermarket concept first caught on in the 1930's, consumers got the opportunity to buy nearly every food item needed for the week in a single stop. Traditional farmers markets seemed destined to go the way of ice boxes and crank-start automobiles. Thanks to ever-increasing interest in local, fresh and trackable foods, farmers markets started cranking back up in the last decade, enjoying a major upsurge in popularity.

Revitalized, bustling markets are now more than a mere quick stop to pick up a few ears of corn or a basket of peaches. The current incarnation of farmers markets, filled with seasonal farm products, is now seen as an anticipated

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activity and enriching experience. This affordable fun feeds not only local bellies but a national nostalgia for simpler times.

Larger farmers markets offer weekend festivals featuring a particular product with activities aimed at pleasing a range of age categories. Depending on the place or the day, a local farmers market may include a quiet tailgate chat with a farmer in overalls about how weather is affecting a crop, or a party atmosphere with farm-related events and music.

Many markets also have farmdirect items beyond produce: jams and jellies, farm-direct meats, eggs, dairy products, honey and sorghum are all typical market fare. Larger markets offer a choice between conventionally or organically grown, and meats raised and produced according to exacting religious requirements, like Hallal lamb and goat.

Whether indoor or outdoor, humble or hip, however, all farmers markets have in common the goal of placing local growers and makers of food in direct contact with the people who eat those products.

Farmers markets give customers the opportunity to meet and get to know the person who provides their food. People who buy straight from the farmer can find out how those products are grown, when they were picked, and the area where the

It's great for the farmers, too, who get to hear from their customers what they're looking for-a particular pepper, a certain heirloom tomato— so they can start growing those items and be even more competitive, more quickly.

farmer lives.

Many of those who would like to eat more locally and seasonally are so removed from farm life and local crop seasons that time spent at a farmers market becomes an education about what grows when. Once a customer knows a crop's season— for instance, strawberries in spring, tomatoes in July, sweet potatoes in October-that person will know a container of strawberries in December could not possibly be local.

For a complete listing of Tennessee farmers markets, visit the TDA Market Development Web site at www.picktnproducts.org.

Nationwide, Food Prices

Retail food prices at the supermarket decreased slightly for the third consecutive quarter. according to the latest American Bureau Federation Farm Marketbasket Survey. The informal survey shows the total cost of 16 food items that can be used to prepare a meal was \$46.29, down about 2 percent or \$1.12 from the first quarter of 2009. Of the 16 items surveyed, 10 decreased, five increased and one remained the same in average price compared to the prior quarter.

Russet potatoes, boneless chicken breasts, eggs, sliced deli ham and whole milk declined the most in price and together account for most of the decrease in average price of the overall marketbasket. Russet potatoes dropped 29 cents to \$2.76 for a 5-pound bag; chicken breasts dropped 28 cents to \$3.10 per pound; eggs decreased 16 cents to \$1.34 per dozen; sliced deli ham and whole milk dropped 14 cents to \$4.80 per pound and \$3.01 per gallon, respectively.

Other items that decreased in price were: ground chuck, down 12 cents to \$2.82 per pound; sirloin tip roast, down 11 cents to \$3.88 per pound; flour, down 9 cents to \$2.42 for a 5pound bag; bacon, down 7 cents to \$3.19 per pound; and toasted oat cereal, down 5 cents to \$2.86 for a 9-oz. box.

"The quarter-to-quarter price

prices paid to producers for minimally processed foods such as these decrease drastically, as has been the case over the past few months, consumers typically benefit fairly quickly from retail price reductions in the grocer's case," Sartwelle said.

Several items went up slightly in price compared to the prior quarter: bagged salad, up 13 cents to \$2.75 for a 1-pound bag; shredded cheddar cheese, up 7 cents to \$4.31 for one pound; apples, up 6 cents to \$1.41 per pound; vegetable oil, up 6 cents to \$2.85 for a 32-oz. bottle; and orange juice, up 2 cents to \$3.02 for a half-gallon. A 20-oz. loaf of white bread remained the same in price, \$1.77.

AFBF's marketbasket survey tracks closely with the federal government's May 2009 Consumer Price Index report for all food, which showed a slight decline (-0.2 percent) for the fourth consecutive month.

As retail grocery prices have increased gradually over time, the share of the average food dollar that America's farm and ranch families receive has dropped.

"Starting in the mid-1970s, farmers received about one-third of consumer retail food expenditures for food eaten at home and away from home, on average. That figure has decreased steadily over time and is now just 19 percent, according to Agriculture Department statistics," Sartwelle said.

Using the "food at home and away from home" percentage across-theboard, the farmer's share of this quarter's \$46.29 marketbasket would be \$8.80.

AFBF, the nation's largest general farm organization, has been conducting the informal quarterly marketbasket survey of retail food price trends since 1989. The mix of foods in the marketbasket was updated during the first quarter of 2008.

According to USDA, Americans spend just under 10 percent of their disposable annual income on food, the lowest average of any country in the world. A total of 82 shoppers in 33 states participated in the latest survey, conducted in May.

Sidebar: Tracking Milk and Egg Trends

For the second quarter of 2009, shoppers reported the average price for a half-gallon of regular whole milk was \$1.92, down 24 cents from the prior quarter. The average price for one gallon of regular whole milk was \$3.01, down 14 cents. Comparing per-quart prices, the retail price for whole milk sold in gallon containers was about 25 percent lower compared to halfgallon containers, a typical volume discount long employed by retailers.

The average price for a half-gallon of rBST-free milk was \$3.18, down 1 cent from the last quarter and about 65 percent higher than the reported retail price for a half-gallon of regular milk (\$1.92).

The average price for a half-gallon of organic milk was \$3.63, down 8 cents compared to the first quarter and approximately 90 percent higher than the reported retail price

for a half-gallon of regular milk (\$1.92).

Compared to a year ago (second quarter of 2008), the retail price for regular milk in gallon containers decreased by 22 percent while regular milk in half-gallon containers decreased 20 percent. The average retail price for rBSTfree milk dropped about 5 percent in a year's time. The average retail price for organic milk in half-gallon containers went up and down slightly throughout the year, rising 1 percent in the second quarter of 2009 compared to a year ago.

For the second quarter of 2009. the average price for one dozen regular eggs was \$1.34. The average price for "cage-free" eggs was \$3.00 per dozen, around 95 percent more per dozen than regular eggs.

Regular eggs and "cage-free" eggs dropped in retail price by 26 percent and 1.5 percent, respectively, between the second quarter of 2008 and the second quarter of 2009.

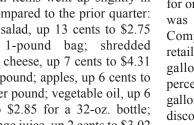
Good company in a journey makes the way seem shorter. - Izaak Walton







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decline reported by our volunteer shoppers indicates that consumers are seeing some relief at the grocery store. Even more significant is that average retail prices for eggs, milk, chicken breasts and bacon for the second quarter of 2009 are significantly lower than one year ago," said AFBF Economist Jim Sartwelle.

Overall, the average price for the marketbasket of foods declined \$3.10 or about 6 percent over a year's time. Retail egg prices dropped 26 percent, milk decreased 22 percent, chicken declined 19 percent and bacon was 11 percent lower compared to a year ago.

"The foods that declined the most in retail price are among the leastprocessed items in our marketbasket. When wholesale

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- * A feeling of anxiety.
- * Dizziness or weakness.
- * Sweating, nausea or vomiting. If you or someone you know is experiencing any of the above symptoms, call 911 or visit the nearest emergency room immediately.

Those who bring sunshine to the lives of others cannot keep it from themselves.

- James M. Barrie



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Sol Berger Dies...

The sewing operation started with only a few employees. The business grew rapidly. Soon the building was too small to house the operation and an addition was built. Then another, and yet another until Colonial Corporation of America employed more than 2,200 people in the plant here in Woodbury, (equal to the total population of Woodbury) plus 150 employees in the factory that had been built in Auburntown. Other plants were opened in other towns around the southland until Colonial Corporation of America operated more than 20 plants around the trucks everywhere. Television southland. Television antennae were growing from every

It is estimated that Mr. Berger was directly responsible for pumping approximately \$200 million into the economy of Cannon County in the form of payroll checks alone. In today's dollars, that would amount to more than \$200 billion. This made it possible for one to see new washing machines on the front porches of homes in every section of the county in the late 1940s and early 1950s. Later we saw new homes, shiny new cars and pickup

trucks everywhere. Television antennae were growing from every rooftop. Inside plumbing, add-on rooms and new appliances and new furniture were enjoyed in almost every home.

There is not a single home in the county that was not affected by the presence of Colonial Corporation of America. Families were able to send their children to college. The quality of life of most of our people vastly improved due in part to the economic growth caused by the presence of Colonial Corporation of America.

The Bergers, Sol and his wife Marley with their two daughters Renee and Sandye (Sandye was born in Woodbury) lived at the end of College Street across from the old high school. They moved to New York when his business demanded his presence in his sales offices there.

Mr. Berger, accompanied by his daughters and grandchildren, came to Woodbury in September 1995 for a Sol Berger Homecoming celebration. He profusely thanked the hundreds of former employees who gathered to pay him honor and to thank him for making it possible for them to have a place to work. The most wonderful days of our lives were the years we spent living in Woodbury, he told the group. He spoke peraonally to many former employees, remembering most of their names even after all those years.

Remembered as a warm, friendly man, Mr. Berger was a generous supporter of various programs and projects in Woodbury and Cannon County. He was a great admirer and friend of Dr. J. F. Adams. At the end of the funeral service for Dr. Adams Mr. Berger asked Austin Jennings for ideas for an appropriate memorial honor Dr. Adams. A public library building was discussed and later a group of members of the Woodbury Lions Club and other interested business and professional men met at the office of attorney Hoyt Bryson and formed the Dr. and Mrs. J. F. Adams Memorial Library Association.

The Library building project

Cannon Courier Launches First Website: CannonCourier.com

Readers of The Cannon Courier can now go online to read the latest news and information.

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The Courier has launched its first Web site, located on the World Wide Web at http://www.cannoncourier.com.

The Web site features stories, photographs and both display and classified advertisements from each issue of the Courier, plus a PDF version of the print edition of the newspaper that can be downloaded to your computer for offline reading and archiving.

CannonCourier.com will also be updated throughout the week, between issues of the newspaper, with breaking news of importance and interest. Readers who join the Web site will receive news updates via email, and they can also post their own community news to the site.

Additional interactive features will be added to the site over time, such as polls, photo galleries and discussion forums.

If you have questions about joining or reading the Courier's new site, please e-mail online@cannoncourier.com or call 563-2512.

Please e-mail your news items, including stories and photographs, to: news@cannoncourier.com Please send advertising materials, including display advertisements and classifieds, to: advertising@cannoncourier.com.



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included fundraising from the public and the designing and construction of the building located on a lot next door to the Adams home on College Street in Woodbury. The Adams family donated the lot and later the Adams home to begin an endowment fund for the upkeep of the library building.

When the fundraising stalled and additional funds were need to complete project, Mr. Berger made it possible for the building to be completed along with the help of Bank of Commerce.

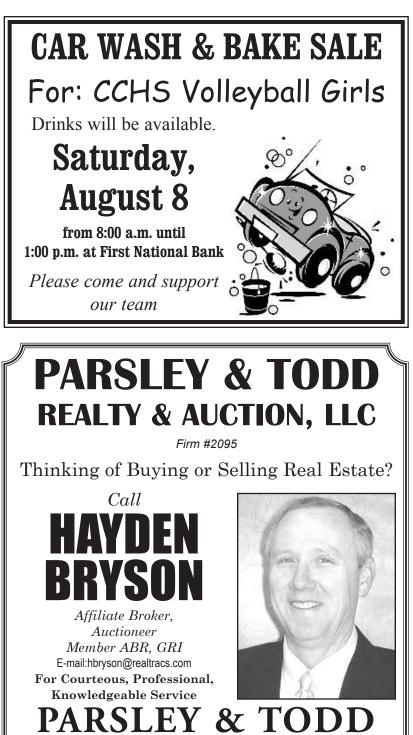
The Berger family has made numerous generous contributions to the Dr. and Mrs. J. F. Adams Memorial Library Association endowment fund to assure adequate funds for maintaining and improving the library building. The county public library occupies the building at no cost to the count y or city. Mr. Berger and his family made significant contributions to the Arts Center of Cannon County. The Marley Berger Gallery and the electric sign at the arts center was made possible by a generous gift from her family.

Sol's wife Marley died several years ago. He is survived by his daughters, Sandye and Renee as well as grandchildren.

Funeral services were held Tuesday, July 28 in New York City.

It is hoped that everyone who has any memory of Mr. Berger or has family that was effected by his presence here would write a card to the family expressing their appreciation for his life and mourning his death.

Such cards and letters may be sent to The Sol Berger Family, 2 Cooper Road, Scarsdale, NY 10583.



Fall Semester

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Congratulations, Ron!

Congratulations to Ron Fryar and his family on the acquisition of the Cannon Courier.

As Ron's newspaper peers, golfing partners and most importantly, his good friends, we know how gratifying this achievement is - fulfilling his long-time dream of newspaper ownership.

For this reason and many others, we know Ron will pour his heart and soul into continuing the excellent tradition of service established by the Courier. To name just a few of Ron's professional attributes...

- Veteran of the newspaper industry for over 30 years;
- Extensive experience in newspapers of all sizes, with a special love for smaller, community publications;
- Commitment to community advocacy through the pages of newspapers under his management, many of which have been in the Middle Tennessee area;

• Well respected by his peers and an active participant in the Tennessee Press Association – having served as president of all 3 major divisions of that organization;

In addition to his many professional accomplishments, Ron maintains a strong commitment to family and church. His wife, Becky, and children, Nicole, Sarah, Tess, and Eden, all play an integral role in making Ron the man he is.

He is also an active member of his local church.

We are proud of Ron's latest achievement and wish him all the best. He knows we're behind him 100 percent and we feel certain readers and advertisers of the Cannon Courier will too.

Again, Ron, congratulations and best wishes as you begin this new venture! Knowing who you are, what you stand for, and the talents you offer, you will undoubtedly be successful.



Your friends,

Joe Albrecht, Albrecht Consulting; Past President, Tennessee Press Association Bob Atkins, Retired Senior Executive, The Gannett Company; Past President, Tennessee Press Association Hershel Lake, President, Pulaski Citizen; Past President, Tennessee Press Association Tom Wolfe, Sales Executive, AbitibiBowater Paper Company; Associate Member, Tennessee Press Association

THANK YOU

I want to take this opportunity to thank all the great people of Woodbury and Cannon County for making the past 14 years a joy and privilege to serve you as Owner-Editor-Publisher of our county's newspaper, the Cannon Courier. I cannot begin to tell you how much I have enjoyed my association with you, the subscriber, the advertiser, business owner and the citizen who had a dog, boat or car to sell, a yard sale to advertise or a house to rent. Each ad was just as important, no matter the size. You were a customer and I thank you for your support.

I have spent most of my life involved with the Cannon Courier, starting at the age of 10 selling the Cannon Courier on a paper route in Woodbury. Two of my uncles had served in the same position as Owner-Editor-Publisher, the late Hayden Smith and the late R. Mel Bryson. Another uncle, the late Robert Pigg, was the Linotype operator at the Courier. He and his wife Joyce and daughter Jane later moved to Jamestown and were co-owners of the Fentress County Leader-Times for many years. I think it was just meant to be that I follow in their footsteps. My mother and father, the late Ike and Myra Smith Bryson, encouraged and supported me in the early years of my life to choose the newspaper profession and one that I have never regretted.

From 1980 until 1995, I had the pleasure and privilege to serve as Managing Editor with two of my closest friends, David and Tommy Bragg. The Braggs' also followed in the footsteps of their granddad, the late Minor Bragg, who was also owner of the Cannon Courier in the 1920's and 1930's. Mr. Minor sold the Courier to my late uncle, Hayden Smith. In 1995, I purchased the Courier from the Bragg's when David obtained his law degree and in 2008 was elected Circuit Judge for the 16th Judicial District. Tommy later sold Courier Printing in Smyrna became interested in politics and followed his dad's footsteps, the late State Rep. John Bragg. Tommy currently is serving his second term as Mayor of Murfreesboro and has done an outstanding job leading one of the fastest growing cities in the state.

Through the years that I have been at the Cannon Courier, I have come in contact with hundreds of people and enjoyed meeting and talking with each of them. I have worked with Sheriffs, U.S. Marshals, DEA agents, ATF agents, ABC Agents, FBI, Judges, Troopers for the Tennessee Highway Patrol and one of my dear friends Mark Gwyn, began as a rookie T.B.I. Field Agent in Cannon County and now serves as the Director of the T.B.I. Tennessee Governors, State Senators, State Representatives, U.S. Representative Bart Gordon, U.S. Senators and numerous other dignataries have had one time or another been through the doors of the Cannon Courier, including a former Vice President of the United States, Al Gore. Numerous local city and county officials, Mayors, County Executives, County Commissioners and City Aldermen.....the list of people is way too long to name.

Since 1978 I have been working with the Police Department and Sheriffs of Cannon County. They would call when an accident, meth lab, moonshine still, marijuana patch or crime scene needed photographed. The friendship and respect for each them will always be remembered. Cannon County has been blessed with some outstanding law enforcement personnel. I want to thank Trooper Sgt. Billy Prater for his assistance in reporting accidents in Cannon County. He is a dedicated officer and has done a lot for Cannon County. I have know him since he first joined the Highway Patrol and was assigned to Cannon and Warren counties. Many have gone on to pursue their careers to other Police and Sheriff's Departments and the Tennessee Highway Patrol. When either the Police Department or Sheriff's Department called - I always went, no matter the time or circumstance. In return I gained their confidence, in some instances holding a story when necessary so as not to hinder a pending case or arrest. I want to thank current Cannon County Sheriff Billy Nichols, his deputies and Investigators Charlie Wilder and Vance Walker; Woodbury Police Chief Tony Burnett, Assistant Chief Darrell Young and other city officers for the help, cooperation and friendship. Through the years we all made a pretty good team!

A special thanks to State Representative Stratton Bone and his assistant, Robbie Farmer. They have been great to work with during the past eight years that our county has been a part of the 46th Legislative District. Rep. Bone has been a great asset to Cannon County and we have received much state assistance through his efforts in the House. The Cannon Courier was honored on it's 125th birthday by the Tennessee General Assembly which concluded their session in June. Rep. Bone presented the Courier with a framed copy of Tennessee House of Representatives Resolution No. 142 signed by Rep. Bone and Speaker of the House Kent Williams. The document is proudly displayed on the wall of the office.

To U.S. Representative Bart Gordon, who was elected to his first term in Congress in 1984, I say thank you for being a good friend to me and a good friend to Cannon County. You have worked tirelessly for our community and our county has received numerous grants and federal funding through your efforts. You have represented the 6th Congressional District of Tennessee with honesty and integrity. Rep. Gordon has held numerous Open Meetings in our area and often called to check on the needs and current events of our community.

To the members of the Judicial system in Cannon County and the 16th Judicial District, I want to thank you: General Sessions Judge Susan Melton, District Attorney Bill Whitesell and his Assistant DA David Puckett; Public Defender Gerald Melton, Chancellor Robert Corlew III, Honorable Judges Don Ash, David Bragg, Mark Rogers and Royce Taylor; retired Circuit Judges J.S. (Steve) Daniel and James Clayton; and the late Chancellor Whitney Stegall and General Sessions Judge John Melton III. All these people were instrumental in helping me and the Courier staff report court news to this community. It has been a pleasure and honor to know and work with each of you. To Circuit Court Clerk Robert H. (Hoppy) Davenport and his dedicated staff, I also say thank you for help. If I needed a court document or research a case they were always ready to help. Other public officials must be included in this list: County Executive Mike Gannon, Trustee James Maxwell, Register of Deeds Debbie Morris, County Clerk Bobby Smith, Property Assessor Donald Preston, Clerk & Master Harold Patrick, Highway Commissioners Jerry Pelham, Wayne Alexander and James Hancock, former Director of Schools Edd Diden; Woodbury and Aubuurntown Mayors Harold Patrick and Roger Turney and the Board of Aldermen for both towns; Woodbury City Recorder Charlene Odom and State Senator Mae Beavers.

The Cannon Courier has come a long way during the time I have been a part of the staff. From the "old days" of actually printing the paper on site, two pages at a time on an old hand-fed letterpress. This advanced to "cut and paste" where ads and news material was typed and laid out on page size sheets. Today, the Courier is all done by computer. Ads and news material are sized and placed on page templates. Each page is sent by E-mail to the Southern Standard in McMinnville where it is digitally reproduced into the finished product. I want to thank Southern Standard Publisher Patricia Zechman and her dedicated staff of employees. When the Daily News Journal closed its production department in 2007 we needed a printer and they filled the void. Yes, newspaper production has come a long way and the changes I have seen are for the best.

A lot of true and loyal friends have helped and supported Patricia and I through our years of ownership of the Courier. Some of these people I must thank include Bill Smith, Steve Smith and the former Bank of Commerce who helped me finance the purchase of the Courier in 1995, without their support and confidence in me, the purchase would not have been possible; to Buddy Davenport and Dr. Leon Reuhland, your help and support in 1996 will never be forgotten; to Bob and Teresa Stoetzel for their help in making the Cannon Courier the best weekly newspaper in the area. Their hard work and dedication helped make the Courier a success and I know that will continue; to their sons, Dustin and Tracey, who helped me in the Circulation Department each week. I have seen you grow into fine young men. Dustin now works for the Department of Forestry and Tracey, an officer with the Woodbury Police Department.

To my wife, Patricia, who has put up with the long hours and little time off during our time as owners, I can only say thank you for your love and support. You have helped me make the Cannon Courier a successful business and one that we can be proud of. To my brother Hayden, nephews Andy Bryson and Robert Sain, sister Susan and husband, Charles Sain; my aunts Mrs. Joyce Pigg and Mrs. Lillian Smith Wallace; my cousins, Jane Powers, Nancy Griner and Sally Smith. There is nothing stronger than family ties and the strong bond that holds them together. This family, beginning with the late Hayden Smith at age 15 in the 1930s, began serving the community for many years through the Cannon Courier and that bond helped me through my years with the paper.

I tried to conduct the operation of the Courier in a manner that was professional and one that my uncle, Hayden Smith would have been proud to say, "you did a good job". I have been told many times that he was well respected in the community and many looked to him for advice and guidance.

William R. (Ron) Fryar, the new owner of the Cannon Courier, will continue the tradition the paper has done each week for the past 125 years.... serving the community. He is an outstanding newspaper man and has been the Publisher of our two neighbor papers to the east and west, the Southern Standard in McMinnville and the Daily News Journal in Murfreesboro. Fryar is currently serving as President of the Tennessee Press Association Board of Trustees and he was a Director of the Tennessee Press Service in 2008-2009. In the June 2009 meeting of the Press Association, he was re-elected to serve another three-year term. Most recently he served as Senior Vice President of American Hometown Publishing in Franklin. He will be a great asset to the community and his knowledge of the newspaper industry is unmatched. This community is fortunate to have a man of this background assume the role that I leave behind.

Change is always good in every business and some "new blood" will make this county's newspaper even better. Ron has some new and exciting ideas for the Courier and one that will increase readership and increase sales. I am confident that I have placed the Cannon Courier in good hands!

Thanks everyone.... it has truly been a memorable journey!

- 30 -

ANDY BRYSON

Cannon

Arts Dance

Studio

To Present

Back 2

School Bash

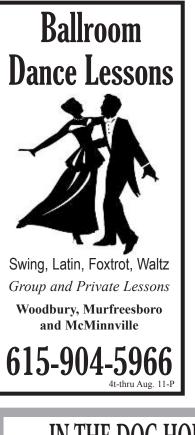
August

Treasured Recipes, Recollections Is More Than A Cookbook

Treasured Recipes Recollections, the Auburntown Historical Society's new publication is now available.

"There are approximately 200 recipes and stories, numerous photos and plenty of good memories submitted by people associated with our community," said Danny Nichols, president of the Auburntown Historical Society and editor of the cookbook. "We wanted this to be more than a cookbook. We wanted it to reflect how food, especially the preparation and enjoyment of it, is so intertwined with our history."

The call for recipes resulted in a 112-page, spiral bound book created exclusively by AHS members.



and Nichols and AHS treasurer Mary Hughes collected and prepared the

recipes, photographs and

stories. Society member Claudia Nichols created and executed the original design for the publication, laying out each individual page to present the recipes most attractively.

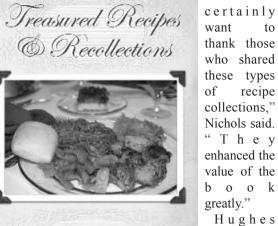
"This is a keepsake," said Danny Nichols.

"It is beautifully presented and filled with recipes and photographs that made my mouth water as I edited it."

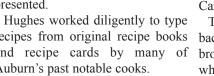
The book is divided into five categories: main dishes, side dishes, breads, sweets and misc. There are recipes for many Southern favorites and numerous family specialties. Some Auburn School cafeteria recipes were contributed, and the Auburntown Baptist Church Vacation Bible School ice cream recipes used annually are shared. Instructions for preparing old-time foods such as souse, hominy, mutton, barnyard chicken, minced meat pie (with real meat), groundhog dumplings, poke salat, squirrel and barbequed rabbit are among the more interesting presented.

recipes from original recipe books and recipe cards by many of Auburn's past notable cooks.





Auburniown Historical Society 2009





and canning, home remedies, soap making, as well as recipes commonly used from throughout any small community along with several more modern favorites.

SOCIE

certainly

to

recipe

pointed out

that there are

also tips on

gardening

"With a full-color cover and the easy-to-read 8¹/₂x11" format, the recipe collection will make

The Arts Center To Present 'Man Of Constant Sorrow'

You've heard the music, now hear the story behind Grammy winner Dr. Ralph Stanley's legendary music August 14-29 at The Arts Center of Cannon County.

This show delves into the backstage and personal life of two brothers, Ralph and Carter Stanley who loved to play the old-time Appalachian music they grew up listening to. From their humble beginnings on a church pew, the brothers were determined to remain true to their musical roots even while they struggled to bring oldtime music to a rock and roll world. Directed by Scarlett Turney, this production features Luke Munday of the band "Green on the Vyne" as Ralph Stanley and old-time musician extraordinaire Mike Armistead, who honed his musical skills with the likes of Bashful Brother Oswald of the Smoky Mountain Boys and the Tennessee Mafia Jug Band as Carter Stanley.

This funny and touching story contains some of the great original, classic, and traditional songs made famous by The Stanley Brothers. It is a celebration of their enduring music. Some of the songs featured in this production are "Man of Constant Sorrow,", "O Death," "Rank Stranger," "Amazing Grace," " How Mountain Girls Can Love," " White Dove," "Angel Band," and a host of other Stanley Brothers' songs that will have you singing' along and flat-footing in the aisles. The cast includes John Tomlin and George Harper as the Clinch Mountain Boys and we welcome back to the Arts Center stage, Connie Bryant in the role of Lucy and Maggie Richardson as Jimmi. Man of Constant Sorrow is sponsored by Franklin's Printworks and is part of the 2009 Playhouse Season sponsored in part by The Old Feed Store Antique Mall. Shows

e excellent gifts for future brides or out-of-towners with Auburn connections," Nichols suggested.

> The book sells for \$12 if picked up and \$15 if the Society ships it. As its contribution to the publication's success, the Lion's Club will discount its fish plate on Saturday night, Aug. 1, with presentation or purchase of a book.

> Nichols said that only 150 of the books will be printed, and 1/3 of those have been presold. He emphasized that if anyone wants to purchase several, they should prepay for the books by mailing a check to the Society at Box 114, Auburntown, Tenn. 37016.

"When they are gone, that's it," he said, adding, "This third in our annual "Recollections" series will possibly be our final edition before we begin work on a comprehensive history of Auburntown. Proceeds from these smaller books are seed money for the larger project."

will be presented Fridays, Saturdays, and Sundays from August 14th through 29th. Performances start at 7:30 P.M. on Fridays and Saturdays, with 2:00PM matinees on Sundays. Ticket prices are \$12 for adults, and \$10 for seniors, students or groups and may be purchased by calling the Arts Center box office at 615-563-(ARTS) 2787 or 1-800-235-9073. Tickets may also be purchased online at www.artscenterofcc.com. The Arts Center Cafe is now open before all performances, so be sure and call in advance for our discounted dinner/show packages.

The Arts Center is located on 1424 John Bragg Highway, just west of town of Woodbury, the approximately 20 minutes from Murfreesboro, Manchester, and McMinnville and one hour southeast of Nashville. Box office hours are 10:00 a.m. to 4:00 p.m., Monday through Saturday.

If You Go: What: Man of Constant Sorrow



13th Lance Chandler, DJ of the event, demonstrates his tribute to Michael Jackson choreography.

Cannon Arts Dance is hosting a Youth Conservatory classes at the Back 2 School Bash as an opportunity for new and returning dancers to register for upcoming classes. The free event will be held from 4:00 to 6:00 P.M. Thursday afternoon August 13, at 119. W. Main Street (across from the former Terry's Kitchen). Ballet, tap, jazz, hip hop, cheer tumbling, ballroom and zumba will be offered beginning the week of August 17th.

Cannon Arts Staff will be on hand to answer questions and familiarize students with the various classes. The open house provides an opportunity for students and parents to check schedules, payment options, and class preferences.

Help welcome new staff member Katherine Turney who shimmered in Smokey Joe's Cafe and directed

Arts Center. Dance to the tunes of DJ Lance Chandler, who is choreographing a tribute to Michael Jackson in his Thursday hip hop class and will be looking for dancers to "Thrill' the audience in the recital In fact, the recital will be held January 30th at the Arts Center of Cannon County and those who register will be eligible to participate.

In addition, students who register on August 13th will be eligible to win free dance classes! Returning dancers, as well as new students are strongly urged to attend as there have been changes in the schedule. For more information please call 563-9122 or email cannonarts@hughes.net.





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804 McMinnville Hwy. (Old Porky's BBQ Bldg.) HOURS: Monday-Friday 9:00 until 5:00 Saturday 10:00 until 3:00

563-9636

Simmons Chapel Food Ministry

Simmons Chapel Free Methodist Church is taking orders for Angel Food Ministry food boxes.

Anyone can order regardless of income and there are no limits. The Signature Box is \$30.00 and will feed a family of four for one week. Other menu boxes are also available. Orders are due by Sunday, August 16 and may be picked up by 12 noon on Saturday, August 22 at Simmons Chapel Free Methodist Church.

The Church is located at 3295 Hollow Springs Road at the intersection of Myrtle Road and Hollow Springs Road. If you would like to order or see a menu, call 765-5007 or 765-5589 or visit angelfood ministries.com.

When: August 14, 15, 21, 22, 28 & 29 at 7:30 P.M. and August 16 & 23 at 2:00 P.M.

Where: The Arts Center of Cannon County, 1424 John Bragg Highway, and Woodbury, TN

Admission: \$12 Adults, \$10 Students & Seniors

Phone: (615) 563-2787 or 1-800-235-9073

Website: www.artscenterofcc.com Cast Members Luke Munday - Ralph Stanley Mike Armistead - Carter Stanley John Tomlin & George Harper -Clinch Mountain Boys

Connie Bryant - Lucy Maggie Richardson - Jimmi



Marvin Gilley and Brandy Beardslee of Austin, Texas would like to announce the birth of their daughter, Emmalee Irene Gilley. Emmalee was born April 9, 2009 weighing 5 lbs. 2 ozs. She has two sisters, Brianna Beardslee and Samantha Gilley.

Paternal grandparents are Clarence Jr. and Dianne Gilley of Woodbury. Maternal grandmother is Theresa Lake of Manhatten, Montana.

Paternal great grandparents are Clarence Sr. and Irene Gilley of Bradyville.

Maternal great grandmother is Luisita Lake of San Antonio, Texas.

Aunt and uncles are Bobby and Cheryl Lake of San Antonio, Texas and Jeff Gilley of Woodbury.



Facials - Back Treatments - Micoderm Abrasion Chemical Peels - Teeth Whitening - Glow Mineral Makeup Application - Hair Services - Nail Services Sauna Treatments





LOCAL PLAYERS ON AAU TEAM -- The Tennessee Team Pride Flight 15u AAU Girls Basketball team just finished up a very successful season. The team consists of girls from the Middle Tennessee area and locally Emily Sissom, daughter of Gaylon and Suzette Sissom. They are coached by Bryan Hayes formerly of Woodbury and son of Buddy and Virginia Hayes. The Pride girls completed this summer season with a record of 33-8. They competed in Virginia, Kentucky, Tennessee and Arkansas. The team finished as State Runner Up and just recently returned from Little Rock Arkansas as National Runner Up. They played a total of 8 games in 5 days while at nationals and went undefeated until the Championship game against the local team Arkansas Mavericks. Emily led all scorers averaging 16.0 ppg. throughout the tournament. Emily has played for Team Pride since she was 9 and will be a Junior at CCHS this fall. Bryan has coached Emily's team for the last 3 seasons and has been with the Team Pride organization for 14 years. This was the first National Championship game for both. Hard work and dedication does pay off. Congratulations to all!

Heart Attack Warning Signs

- * Uncomfortable pressure in the center of your chest.
- * Shortness of breath.
- * Tightness, fullness or squeezing sensation.
- * Pain in the jaw or neck that may radiate to the arms.
- * Numbness or tingling in arm.
- * A feeling of anxiety.
- * Dizziness or weakness.
- * Sweating, nausea or vomiting.

If you or someone you know is experiencing any of the above symptoms, call 911 or visit the nearest emergency room immediately.

McMahan Cemetery Meeting

The McMahan Cemetery will hold its annual meeting on

Saturday August 8, 2009

Anyone having relatives buried there needs to attend and new officers will be elected, also your contribution will be greatly appreciated for the upkeep of the cemetery. For additional information, please feel free to call. Keith Bowman - President 765-5283 Joyce Lane - 765-5271, Treasurer



STATE CHAMPIONS -- Pictured is the 10 and Under girls softball team from Marshall County who won the state championship. They also competed in the Southeast Regional held in Virginia. The team was coached by Danny Hollingsworth. Samantha Prosses (far right), daughter of Steve and Sharron Prosses of Cornersville was a member of the team. Samantha is the granddaughter of Ted and Jewel Cashion of Lewisburg, great niece of Bud and Pauline Witty, Joy Scott, Guy Alexander Jr. of Woodbury and great granddaughter of the late Guy and Mary Alexander.



The Chamber of Commerce welcomes a new business to Woodbury, Vivian's, located at 109 Cannon St. in Woodbury. Owner Vivian Bailey and assistant Grace Rogers are eager to offer a unique business to Cannon County with a spa atmosphere. A great place to pamper yourself or give as a gift to someone else where relaxation is the key word.

Vivian's will offer make-up applications featuring Glo-Mineral Make-up, Back Treatments, Hand and Foot Treatments, Manicures and Pedicures, Full Body Waxing and the Sauna experience for joint and muscle pain plus a range of Hair Care Services. Coming attractions include Spray Tanning and a Massage Therapist.

A Grand Opening will be held on Saturday, August 8 from 10 a.m. until 2 p.m. A ribbon cutting will be held at 10:30 a.m. Everyone is welcome to stop in and meet the owner, enjoy refreshments, and register for a great door prize.

Business hours are 9 a.m. until 6 p.m. Monday through Friday, 8 a.m. until noon on Saturday and 1 to 5 p.m. on Sunday. Vivian's can be contacted at 615-904-5144 or e-mail vivianbailey@skincaretherapy.net. Vivian's Web site is www.vivianbailey.skincaretherapy.net

S.A.V.E. Fest 2009

If you are looking for one last family summer fling before the rigors of a new school year, S.A.V.E. Fest 09 is the answer to your search. The Cannon County domestic violence programs-S.A.V.E. is sponsoring a family oriented community event to raise awareness regarding domestic violence and earn money to supplement S.A.V.E. programs.

Madi's Consignment GOING OUT OF BUSINESS SALE Consignors Please Pick Up Merchandise 75% OFF ALL CLOTHES 217 W. Main Street,

50% OFF Most Everything Else



would like to express their appreciation to the family, friends and neighbors for their kindness and prayers, the food and flowers. A special thanks goes to Robin and Barbara of Avalon Hospice, Woodbury Funeral Home and Janice Lynn, FNP and staff of Woodbury Medical.

We thank you all for your support during this difficult time.

> Don Gannon and Family



1t-Aug. 4-C

atWater Street Church of Christ Woodbury, TN August 2-7

Gospel Meeting

SPEAKER John Shannon

MINISTER James Road Church of Christ Memphis, TN

SERVICES SUNDAY SCHOOL 10:00 A.M. MORNING WORSHIP 11:00 A.M. 1:00 P.M. LUNCH 2:30 P.M. **AFTERNOON SERVICE** NIGHTLY SERVICES 7:00 P.M.

EVERYONE WELCOME

S.A.V.E. Fest promises to have entertainment for all ages. Musical entertainment will show case local bands and Nashville musicians performing country, classic rock and R&B. Artists scheduled to appear include River Town, 61 Seconds, Buckshot and the JRB Band. Several varieties of vendors will be on hand offering food and wares. A carnival atmosphere will be in full swing for the children as they can choose from several activities: dunking booth, face painting, moon jump, cake walk, balloon art and other surprises. If you are an early Christmas shopper, what better way to begin then with an auction: Do you know anyone who has always wanted an autographed guitar from Reba? You can bid on the guitar and other specialty items donated from local businesses.

S.A.V.E. invites you and your family to come out and enjoy a day of old fashion fun, spend time with your family, meet your neighbors and support a worthwhile program. Don't forget your blankets, lawn chairs and sunscreen. All proceeds will benefit the Cannon County domestic violence program S.A.V.E.

S.A.V.E. the date: Saturday, August 15, 12:00 p.m. at Dillon Park, Woodbury. Tickets are \$10.00, children 12 and under are free. For more information or donations, please contact Lisa Baird at 615-563-6690.

S.A.V.E. is a nonprofit organization. In less than a year's time 130 clients have called on the services of S.A.V.E.

If you or anyone you know is the victim of abuse, please call 615-563-6690. The S.A.V.E. offices are located at 301 West Main Street, Woodbury, TN 37190.

SATURDAY, AUGUST 15 10:00 A.M.

DIRECTIONS: From McMinnville Highway., take Highway. 53 North to Cavender Branch Road and follow auction signs to sale.

This nice mobile home consists of living room, kitchen, dining area, 3 bedrooms, 2 baths, and utility. It is improved with a fireplace, large covered front deck, and open wood deck at rear. The property has a nice 12x48 barn with covered front area in good condition. It features nice shade and fruit trees, storage building, and a storm cellar. The five acres has been surveyed and is fenced and cross-fenced. This is a good property, near town, but in a quiet setting.

PERSONAL PROPERTY: Two Craftmatic adjustable beds; extension ladder; chest of drawers; luggage; lamps; stereo; TV; entertainment center; end tables; rollaway bed; what-not shelf; smoking stand; linens; small chest freezer; dishes; document shredder; pots & pans; kitchen items; glasses; vases; Dirt Devil; upright vacuum; scales; iron; Christmas decorations; shelves; love seat; two recliners; bull whip; lawn & garden tools;

gas cans; tree trimmer; Craftsman 5-horse weedeater; microwave; table and six chairs; extension cords; electric chain saw; washer & dryer; wood rocker; some fishing equipment; costume jewelry; file cabinet; picnic basket; 18.5 horsepower Murray riding mower with 46" cut; many other miscellaneous items.



TERMS: PERSONAL PROPERTY: Cash or good check day of sale. REAL ESTATE: 10% down day of sale; balance at closing within 30 days.

TAXES: Prorated. POSSESSION: With Deed.

JOHN ECKERSON, EXECUTOR

Information in this advertising believed to be true. Announcements made day of sale take precedence over printed material.







CELEBRATE 45th REUNION -- The Woodbury Central High School class of 1964 celebrated their 45th reunion at First Baptist Church Madden Hall. Pictured front row, left to right: Melba (Green) Emptage, Patricia (McGee) Grizzle, Judy (Vance) Miller, Sarah (Hickson) Mathis, Teena (Duggin) Smithson, Carmine (Rogers) Rogers, Barbara Georgene (Barrett) Barber, Glenda Warren, Shirley (Rich) Tenpenny, Judy (Vandygriff) Ramsey, Judy (Morris) Shewmake, Bonnie (Taylor) Estes, Mildred (Womack) Ferrell, Patricia Ann (Brandon) Conner. Back row, left to right: Larry Brown, Evert Mayo, Louise (Mooneyham) Mayo, Janie (George) Fields, Estel Parker, R.W. Rich, Douglas Mathis, Terry Holt, Jerry Higgins, Larry Carter, Jimmy Stacey, Steve Sanders, Jimmy Merriman, Norman Pelham, Glyn Gassaway, Bobby Melton, Harold Patrick, Johnny Travis, Oran Hicks, Maurice Burger, Randall Holt and Lanny Markum.

Woodbury Central High School Class Of '64 Holds 45th Reunion

The Woodbury Central High School Class of 1964 had their 45th Class Reunion on Saturday, June 20, 2009. The reunion was held at the community room of First Baptist Church in Woodbury with 61 class members and guests attending.

A reception period was highlighted by warm greetings and shared compliments on how great everyone looked and how little each had aged over the years (it shouldn't hurt to stretch the truth a bit for a good purpose).

The classmates and guests then enjoyed dinner and an evening of wonderful recollections from high school days. The night was filled with many great stories of shared experiences, much laughter and a few joyful tears, and above all, a sincere and strong sense of

The Woodbury Central High friendship and affection growing

from days spent together at CHS. During the evening, the class honored and remembered deceased classmates. They were: Jimmy Brandon, Linda (Farless) Gunter, Danny Hollandsworth, Lavada (Prater) Duggin, Jimmy Richards, Doris Tenpenny, Ray. D. Todd, Jerry Underwood and Douglas Vickers. Special recognition was given also to the memory of Harold Basham, a classmate who died in service to his country in the Vietnam War.

The work of those who planned and organized the reunion, in particular, Teena (Duggin) Smithson and Patricia (McGee) Grizzle, were recognized. The class hopes for good health and happiness in the coming years and to being together again in 2014 for its 50th reunion.

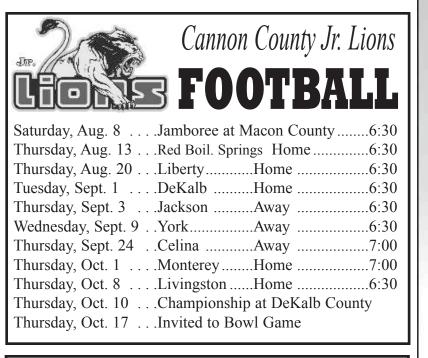
NOTICE OF MEETING & PUBLIC HEARING CANNON COUNTY 9-1-1 EMERGENCY COMMUNICATIONS DISTRICT BOARD OF DIRECTORS REGULAR CALL MEETING

The Board of Directors of the Cannon County 9-1-1 Emergency Communications District will meet in session at 6:30 P.M. on August 11th in the Stones River Hospital Conference Room on Doolittle Road in Woodbury. Regular meetings of the Board will be at the same time and place on the 2nd Tuesday of every month, unless notice is otherwise given. The public is invited to all meetings. JOHN NAYLOR, Chairman



JOHN DEERE 5D SERIES UTILITY TRACTOR

Available in 45-55 engine horsepower





The Descendants of Robert "Bob" Jasper and Josephine "Josie" Wood Daniel who married March 26, 1888 and to their family which consisted of eleven children.

When: Saturday, August 8, 2009Where: Lions Club Building in WoodburyTime: Doughnuts, coffee and drinks at 10:00 A.M.

Lunch at 12:00 Noon...ends whenever **Please Bring:** Yourself and food for your family, plus one, family pictures, tall tales and family historical items for SHARE and TELL.

Drinks, paper plates, napkins and cups and plastic ware will be furnished. If you have questions call Joe Davenport (615) 563-5170, John Van Hooser (321) 431-3579 or Franklin Daniel (615) 563-8623

- Both come in open-station, 2WD configurations
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- Standard heavy-duty two-wheel-drive
- Standard differential wheel lock allows power to be applied equally to both rear wheels for better traction
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- Till up to 15 acres
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- Dig with a 40-inch bucket up to 9.6 feet
- Bale up to 60



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1t-Aug. 4

Courier Sports New Football Coach At CCHS Plans To Stimulate Lions by Sean Parker

New Cannon County head football coach Joel Schrenk finds himself in a similar situation to that of Barack Obama when he became president. Just as the economy was in need of a boost and fresh leadership when Obama took office, the Lions

trying to make practices as enjoyable as possible as the team weathers heat, humidity and rain during preseason practice.

Schrenk said he wants more students to be enthusiastic about football -- even those not yet



SEASON OPENS AUGUST 21 -- New Cannon County head football coach Joel Schrenk is busy making preparations for the upcoming season.

George Reunion Set For Saturday

football program needs a stimulus of its own.

However, rebuilding the Lions will take a lot of effort - and time.

"Our numbers are low," Schrenk explained. "More students will have to get involved with the football program."

Four coaches - Schrenk and three assistants - are teaching classes this vear, which affords them ample opportunity to build rapport with students.

The Lion's offensive strategy is

attending CCHS. Earlier this summer the Athletic Department held a Lions Pride Camp for area elementary school children. A wide range of ages attended the camp.

Schrenk, who comes to CCHS after spending the last two seasons at Clarksville Northwest, began looking for another head coaching position when he continued to find his previous school's administration lacking in support.

"At one point I had 58 kids in the

open and engaging, and coaches are weight room and I was the only coach."

> Frustrated by a lack of response to his concerns, Schrenk began applying to other schools. His resume, documenting 11 years experience as assistant coach and two as head coach, found it's way to Tim Knox (then CCHS Athletic Director and now principal), who assured him that things would be different in Cannon County.

> Other moves were considered, but ultimately Knox, CCHS, and the area's small-town appeal won Schrenk and his wife Donna over. The decision to move to Woodbury was made just two days after their daughter's marriage in April. Both of the Schrenk's children continue to live in Alabama attending school and raising children.

> Under Coach Schrenk's leadership, Clarksville Northwest's football program went from a being a laughingstock to playing competitively. While the situation in Cannon County is certainly not as dire (The Lions finished last season 4-6), Schrenk stresses that he wants to lead a competitive program.

> "To do that, we need a supportive community, supportive administration, and competent athletes," he said.

> The Lions have scrimmages on August 8th at 6:00 at White County High School and on August 11th at 6:00 at home vs. Shelbyville High School.

> The regular season opens at CCHS on August 21st against Spring Hill. Cannon County competes in Region 4, Class 2A along with Jackson County (Gainesboro), County (Carthage), Smith Upperman (Baxter), Westmoreland and York Institute (Jamestown).

Cannon County High School Band has been practicing for the upcoming football season







On Saturday, August 8 the Sammie. Over the years their George's, their in-laws and outlaws, descendants have ventured to new friends and family will meet in Gassaway Community of Cannon County at the Gassaway Community Center and Fire Hall for their annual reunion.

areas of the world, adding new family members and friends, but on return to sports such as football, August 8th they will return to their ancestral homeland of Gassaway.

For Peak Performance, Students Should Hydrate And Eat Properly Going back to school means a jolt, that boost often gives way to a starting college. Washington and know how to self-treat a cold Lee requires all students to have a because many have never really sharp crash later on. Radler says managed that on their own before," physical, and Dr. Horton believes cross country, cheerleading, and drinks with high caffeine levels are it's an important part of preparing Dr. Horton said. "They need to lacrosse, and to other physically not a healthy source for energy. for college. "For an 18-year-old know whether or not to go see a demanding activities such as Choosing a healthy diet is as going off to school, this may be the doctor, something that their parents essential as staying hydrated, Radler marching band. Preparation for first time that they've had an have usually handled for them." these activities is often intense, and said. She advises people who eat opportunity to sit down with a 6. Do what your mom always told usually takes place outdoors, in the meat to choose leaner cuts because physician one-on-one and talk about you. Wash your hands, cover your extreme heat of summer. It is they are easier to digest. Also, cough, dispose of used tissues - "All things like sexual health, tobacco imperative that students stay people whose activities demand use and alcohol use without a parent of those common-sense pieces of hydrated and maintain high energy agility should avoid foods that make present, and with a clinician who advice can make a big difference especially for students who find them feel heavy. Fruits and levels. can give them advice about those According to Diane Radler, Ph.D., vegetables are actually hard to themselves living with a whole lot things." 2. Talk to your doctor about of other people in residence halls for digest, and "if you are not used to the first time," Dr. Horton said. recommended immunizations for eating them, they may be an issue adolescents and young adults and 7. Watch your diet. Unhealthy right before exercise," Radler notes. make sure all of your vaccinations eating habits are easy to pick up To get proper nutrients from fruit, when no one is there to make sure are up to date. Make plans to get a try a fruit juice, which is easier to flu shot in the fall. Dr. Horton you eat your veggies. "Don't forget take because there is no fiber to to eat breakfast to give your brain cautions that this will be the year digest. Eating fruits and vegetables when student health centers will be fuel for those morning classes," she with a meal should not be a doing more outreach than ever to said. "Regular exercise is also problem. see that students get vaccinated important for good health and Whatever you eat, Radler says you against the flu - both the normal weight management. Students should allow yourself an hour to seasonal shot and the H1N1 vaccine should try to get at least 30 minutes when it becomes available. "We of exercise four to five days a digest any meal before resuming week." expect the H1N1 to be a two-shot strenuous activity. Only rely on a regimen. That means we'll want to **8.** Get plenty of sleep. "For some sports drink or a high-carbohydrate try to get as many students possible reason, students get to college and sports gel if the amount of exercise their clock seems to shift, and they to have all three flu shots," she said. can not be cut back. But if you do "It's going to be a logistical stay up too late, and they still have 8 have the time to eat and digest a o'clock classes," said Horton. "They challenge.' She offered this tip for restoring healthy meal, that is always the a parents-student stay up talking to friends in the hall 3. Have better choice. conversation about expectations and they don't start their work until Eight Steps for Staying Healthy regarding alcohol, other drugs and 11 or 12, and they're up half the at College sexual activity. "These are night doing their homework. Sleep discussions that may be difficult for deprivation among students is a Newswise - As colleges and parents to initiate," Horton said. very unhealthy habit.' universities prepare to open the year "But it's so important to have clear, As Horton observes, students hate with continuing warnings about the honest conversations about being sick at college, and the swine H1N1 virus, or swine flu, this expectations. Parents need to be flu is going to make staying healthy For active people who prefer promises to be a challenging year aware that things are going to a challenge. "We know that this new for student health centers. change and need to keep the flu is very transmissible and that But Dr. Jane Horton, director of avenues of communications open." younger people are being affected at student health and counseling at higher rates than we typically see in 4. Check your health insurance. Washington and Lee University, Families need to be aware, says a normal flu season," she said. "It's says that the keys for students to Horton, of what kind of coverage not that it's any more severe, but stay healthy are not really different the student will have on campus, even standard flu can put a student despite the swine flu's presence. including whether or not the out of commission for a week, and prescription drug plan will be that's one week's worth of classes in Here are eight measures that a 12-week term." That's why Horton honored at pharmacies in the area. Horton thinks students and families 5. Bring a first aid kit with is emphasizing the importance of should consider as they prepare for over-the-counter getting those flu shots when they're common, the opening of classes. medications. "Students need to available.

The doors will open at 1:00 p.m. to welcome all family and friends of the descendants of Charles and Bastoria Hughes George, Samuel L. and Sarah Jennings George, and Sammie and Jennie P. Tate George and the doors closing when the last George leaves. The covered dish lunch will have fabulous cooks portraying many old recipes and many great new ones.

In 1865 Samuel L. George, along with his parents, Charles and Bastoria (Hughes) George, moved to Turkey Branch in the Gassaway Community. There they built a home and Samuel married Sara Jennings and together they raised their children: Jordan S., Rufus L., Jacob Eli "Jake," John W., Sylvanus, Corneous, Marcelious, Malissie and

The children of Sammie and Jennie (Tate) George: Nina Campbell Dodd, Inez Bogle, Ernestine Tate, Grady George, Howard George, Betty Ledna and Frelan George and their grandchildren invite all family and friends, in-laws and out-laws to attend.

For more information, please contact Frelan George at 931-728-1029 or Grady George at 615-563-4665.

The best history is but like the art of Rembrandt; it casts a vivid light on certain selected causes, on those which were best and greatest; it leaves all the rest in shadow and unseen.

--Walter Bagehot



*Extremely long hair will be extra

Hair Cuts Age 10 and under \$5.00 Good thru August 3-8

Let us help you get a new look for a new year!

R.D., associate professor with the Department of Nutritional Science in the UMDNJ-School of Health Related Professions, the ideal drink for staying hydrated in the heat is water, which a person should drink at regular intervals throughout the day. The amount needed to maintain hydration differs with each individual. Factors such as body type, environmental conditions, and type of activity all affect the amount of water needed. To keep well hydrated, Radler recommends that students "Drink water before exercise, during, if possible, and afterwards."

fluids after a strenuous workout: "To measure proper hydration after exercise is to weigh yourself before the activity and then again afterwards. The weight you will lose acutely as a result of the exercise will largely be water."

something other than water, Radler says sports drinks are a much better choice than so-called energy drinks. Sports drinks provide beneficial electrolytes that replenish lost fluids and are a very good option for athletes who train more than two hours a day. By contrast, the lure of energy drinks is usually caffeine or an herb, such as Guarana, that contains caffeine. While caffeine in an energy drink can provide a quick

1. Have a physical exam before



NOTICE OF TRUSTEE'S SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated April 13, 2007, and the Deed of Trust of even date securing the same, recorded April 23, 2007, at Book 97, Page 623 in Office of the Register of Deeds for Cannon County, Tennessee, executed by TINA WINDROW A/K/A TINA HEMMINGS AND JEFF WINDROW, conveying certain property therein described to Joseph B. Pitt, Jr. as Trustee for Mortgage Electronic Registration Systems, Inc., as a separate corporation that is acting solely as a nominee for Quicken Loans Inc. and Quicken Loans Inc.'s successors and assigns; and the undersigned, Shellie Wallace of Wilson & Associates, P.L.L.C., having been appointed Successor Trustee.

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of Shellie Wallace of Wilson & Associates, P.L.L.C., as Successor Trustee, by virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee will, on August 21, 2009 on or about 3:30 P.M., at the Cannon County Courthouse, Woodbury, Tennessee, offer for sale certain property hereinafter described to the highest bidder FOR CASH, free from the statutory right of redemption, homestead, dower, and

expressly waived in the Deed of Trust, said property being real estate situated in Cannon County, Tennessee, and being more particularly described as follows: Tax ID Number: 071 116.00

Land situated in the county of Cannon in the State of Tn

Being all of Lot No. 5 on the plan of Peartree Estates, according to plat of recordin plat cabinet 1, slide 156a, of the Register's Office of Cannon County, Tennnessee, to which plat reference is hereby made for more complete details of location and description of said lot.

Commonly known as: 1392 Myrtle Road, Bradyville, Tn 37026

Also known as: 1392 Myrtle Road, Bradyville, Tennessee 37026 This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property: Tina Windrow a/k/a Tina Hemmings; Jeff Windrow

Notice may be rescinded at the Successor Trustee's option at any

Preparing Your Child For The First Day of Kindergarten

picking them up."

As parents watch their child walk expect you or whoever will be through the door to kindergarten for the first time, the backpack almost dwarfing the little body, the moment is bittersweet.

It may also include tears, and that's normal, experts say.

"It is not taboo for your child to cry. It's a normal emotion. The first day of kindergarten for your child can be exiting and a little bit scary," said John Gasko, Ph.D., director of state initiatives at the Children's Learning Institute at The University of Texas Health Science Center at Houston.

So how do you know if your child is ready for this big step into kindergarten? Here are some clues

The sale held pursuant to this

Guttentag said it's also a good idea

to drive by the school and show

where they will catch the bus. A

quick trip to the school will allow

your child see the playground and feel more comfortable that first day.

"You can talk about how the

teacher will know it's everyone's

first day. Tell them that the teacher

knows children need help with

things like finding the bathroom,

and that the teacher will make sure

children get to their families, the bus or an afterschool care program at the

end of the day," said Guttentag.

all other exemptions which are time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. W&A No. 726 143261

Dated July 22, 2009. WILSON & ASSOCIATES, P.L.L.C., Successor Trustee By: Shellie Wallace DSaleNoticeTN-

Shellie kthomas 090722 859

FOR SALE INFORMATION. VISIT WWW.MYFIR.COM and WWW.REALTYTRAC.COM

Insertion Dates: July 28, 2009, August 4, 2009, August 11, 2009

NOTICE TO CREDITORS Estate of

GLADYS MAY CROTTO

Notice is hereby given that on the 27th day of July, 2009, letters testamentary in respect of the estate of Gladys May Crotto, deceased, were issued to the undersigned by the Chancery Court of Cannon County, Tennessee. All persons, both resident and non-resident, having claims matured and unmatured against said estate are required to file same with the clerk of the above named court within four months of the first publication of this notice, otherwise their claims will be forever barred. This 27th day of July, 2009.

RONNIE PARKER, Executor of the estate of Gladys May Crotto, deceased. HAROLD PATRICK. Clerk & Master Susan Melton, Attorney 2t-Aug. 4, 11-P

NOTICE TO CREDITORS Estate of

CHARLEY WHITE MERRITT Notice is hereby given that on the 27th day of July, 2009, Letters Testamentary in respect of the estate of Charley White Merritt, deceased, were issued to the undersigned by the Chancery Corut of Cannon County, Tennessee. All persons, both resident and non-resident, having claims matured and unmatured against said estate are required to file same with the clerk of the above named court within four months of the first publication of this notice, otherwise their claims will be forever barred.

This 27th day of July, 2009. **GLENDEL J. ARMSTRONG &**

ROBIN M. McCORD, Co-Executors of the estate of Charley White Merritt, deceased. HAROLD PATRICK. Clerk & Master Susan Melton, Attorney 2t-Aug. 4, 11-P

NOTICE TO CREDITORS Estate of **ELLA S. ELDRIDGE**

Notice is hereby given that on the 28th day of July, 2009, Letters

Testamentary in respect of the estate of Ella S. Eldridge, deceased, were issued to the undersigned by the Chancery Corut of Cannon County, Tennessee. All persons, both resident and non-resident, having claims matured and unmatured against said estate are required to file same with the clerk of the above named court within four months of the first publication of this notice, otherwise their claims will be forever barred.

This 28th day of July, 2009. LEAH L. ELDRIDGE, Executrix of the estate of Ella S. Eldridge, deceased. **BOBBY SMITH,** County Clerk William H. Bryson, Attorney 2t-Aug. 4, 11-P **NOTICE TO CREDITORS**

Estate of JIMMY HOWARD MOORE, Deceased

Notice is hereby given that on the 28th day of July, 2009, Letters of Administration in respect of the estate of Jimmy Howard Moore, deceased, were issued to the undersigned by the County Probate Corut of Cannon County, Tennessee. All persons, both resident and non-resident, having claims matured and unmatured against said estate are required to file same with the clerk of the above named court within four months of the first publication of this notice, otherwise their claims will be forever barred.

This 28th day of July, 2009.

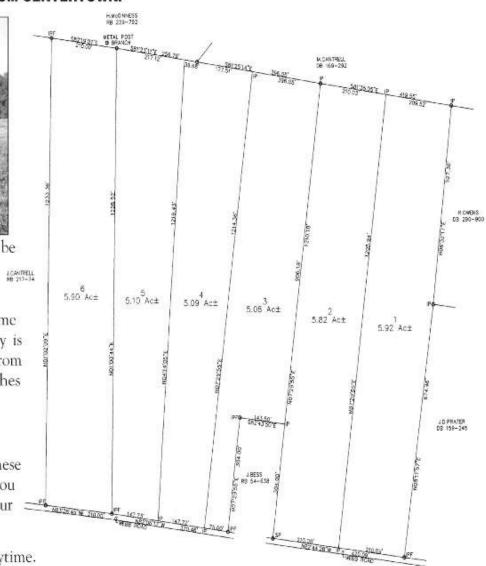
LAURA SUE AXFORD, Co-Administrator of the Estate of Jimmy Howard Moore, deceased. SHERRIE LOU MOORE, Co-Administrator of the Estate of

Jimmy Howard Moore, deceased. KATHIE LYNN LEWIS, Co-Administrator of the Estate of Jimmy Howard Moore, deceased. **BOBBY SMITH,** County Clerk Dale Peterson, Attorney 2t-Aug. 4, 11-P

AUCTION Saturday, August 8 at 10:00 A.M. **32.91 ACRE FARM TO BE SOLD IN 6 TRACTS**

LOCATED APPROXIMATELY 11 MILES FROM MCMINNVILLE, 4 MILES FROM CENTERTOWN JUST OFF HIGHWAY 287 ON children where you will be dropping them off and picking them up, or BILL WEBB ROAD. FOLLOW AUCTION SIGNS FROM CENTERTOWN.





to help ease parents' fears. - Is my child comfortable with

letters and the sounds they make? - Are they familiar with books and can they pick out some of the words?

- Can they say and recognize numbers one to 20 and distinguish shapes?

Gasko said it's very important for a parent to be engaged with the child's teacher. "From day one, make sure they know about any difficulty your child may have, the experience in a school setting to-date and your expectations. If time permits, attend the open house that most schools host before the school year begins," he said

"It's going to be a bigger adjustment for children who haven't been in a preschool setting," said Cathy Guttentag, Ph.D., a child psychologist at the Children's Learning Institute. "They may have worries as well as excitement, and no worry should be trivialized. It's a good idea to start talking to your child about the daily routine at kindergarten. For instance, 'The teacher will be there to help you and show you where everything is. You'll have a desk or tables to work at, and you'll have lunch time, playtime and rest time.' "

It's important to remember that every child will respond differently to this new change. "If your child cries, you can provide a few minutes of comfort and then help them connect with a teacher or other school staff member before you leave, so they aren't crying by themselves," Guttentag said. "Offer them some reassuring words that show your confidence that they will have a good day and can handle the challenge. Let them know when you will be back to pick them up, reminding them of what the last activity of the school day will be. If you don't know the school schedule. ask a teacher before you leave so that your child knows when to

"You don't want a child to wonder if a parent will be able to find them. Providing this concrete information helps children feel more secure."

In the weeks before kindergarten, start asking your child about their concerns. "Many parents will talk about how exciting it is to go to kindergarten, and this is great, but we also need to recognize that there may be worries or losses for the child, mixed with the excitement. I have a child heading off to kindergarten this fall," Guttentag said. "My daughter thinks she would rather stay at the preschool she is familiar with, with teachers she knows and friends she already has. Parents should be open to children having a variety of feelings about this transition and encourage them to talk about all of those feelings, whether positive or negative."

Another idea, Guttentag said, is to use pretend play to help prepare children emotionally for this new experience. "You can make a game out of it. You can take turns with your child pretending to be the teacher and run through a day in the life of kindergarten. You can talk about riding the bus or mommy or daddy dropping you off, working on papers, having lunch, etc. Kids will do better if they have some sense of a routine. You can try it out two or three times in the weeks leading up to school," she said.

Guttentag also suggests reading books to your child that center on a character going to kindergarten for the first time. Here are some recommendations:

"The Kissing Hand" by Audrey Penn

- "Miss Bindergarten" Gets Ready for Kindergarten by Joseph Slate

- "Kindergarten Rocks!" by Katie Davis

- "Franklin Goes to School" by Paulette Bourgeois

- "The Berenstain Bears Go to School" by Jan and Stan Berenstain

This property consists of 32.91 acres which will be sold in 6 tracts. Every tract will have nice highway road frontage and city water available.

Every tract will have nice building sites with some wooded area in back of each tract. This property is located in a nice area, only a short distance from McMinnville or Woodbury. Stores and churches nearby.

This is type property to suit most anyone.

The plat will show you the size of each tract. These tracts will range from 5.08 to 5.92 acres. Now you have a chance to buy a large or small tract at your own price.

We will be glad to show you this property at anytime.

REMEMBER THE DATE SATURDAY, AUGUST 8 AT 10:00 A.M.

TERMS: 10% DOWN DAY OF SALE. BALANCE AT CLOSING. POSSESSION WITH DEED.

SEE OR CALL OWNER/AGENT



CLASSIFIEDS

NOTICE

Dump Old Appliances

Fence Wire & Scrap Metal and receive Top Dollar at Ivy Bluff Auto Salvage (615) 765-7948

thru Aug.-C

Farmer's Market **MORE VENDORS EVERY WEEK!**

Come one and all to the Courthouse Square and see Cannon County produce at the Farmer's Market on Saturday from 6:00 A.M. until 10:00 A.M. Anyone interested seeking home grown produce, contact the Cannon County Agent's office at 563-2554.

thru Sept.-P

MARY KAY

Independent Beauty Consultant **HEATHER YOUNG SMITH** 2655 Warren Road McMinnville, TN 37110 Phone (615) 904-4752 cell Home (615) 563-6510 hysmith@marykay.com www.marykay.com/hysmith 6t-thru Aug.-P

CAREGIVING

would love to come into your house and give caregiving to your loved one, will do light housekeeping, light meals and laundry. In the Kittrell-Woodbury area. 890-2713.

TF-Aug. 4-C

TIRED OF YOUR PROPANE SUPPLIER PRICE GOUGING YOU?

Are you tired of your propane supplier price gouging you over \$2 a gallon propane gas every time it gets cold? You don't have to take it or pay it, give us a call we can furnish you a new tank, free swapout and a much lower gas price.



APARTMENT FOR RENT -- 2 bedroom, water furnished, no pets, \$450.00 per month, plus \$150.00 deposit. Call 563-2184.

TF-June 2-C

RENT TO OWN

New construction, 3 bedroom, 2 bath, 2500 sq. ft. home available to qualified buyer, \$2,500.00 deposit and \$1,000.00 monthly payment. For details call 563-2184. TF

FOR RENT -- 2 bedroom mobile home, new condition, beautiful country setting, 5 minutes to town, nice size rooms, covered deck, \$450.00 per month rent, one month deposit, references. 845-627-0493. TF-June 23-C

FOR LEASE -- New 13 Seer central heat and air, washer and dryer hookups. 2 bedroom and bonus room, 2 bath, next to Park. \$497.00 per month plus deposit. Located at 205 Hayes Street. For more information call 585-7929. TF

FOR RENT -- 3 bedroom, 2 bath, single wide, large lot. No animals! \$350.00 deposit and \$125.00 weekly, includes water. Call 893-4895.

TF

FOR RENT -- 3-4 bedroom, 2 bath mobile home, 5 minutes to town, nice size rooms, back off road, can be electric or gas, \$700 per month, \$700 deposit, 1 small dog with \$200 deposit, non smoker preferred, GREAT AMERICAN HOME references required. Call 542-3897. 2t-Aug. 4, 11-P

FOR RENT -- 2 bedroom in the Center Hill community. Call (615) 849-6199.

2t-Aug. 4, 11-P

Drug Problem?

If life seems hopeless and you can't stop your drug use, Narcotics Anonymous offers a way out and new hope for life without the use of drugs. Give yourself a break.

Call Toll Free 866-454-3784 for more information.

Petite Tablet

& Vitamin D3

Calcet

with More Calcium

FOR RENT FOR RENT FOR SALE

FOR RENT - 2 bedroom, 1 1/2 bath, central heat and air, stove and refrigerator furnished, washer/dryer hookups, private lot, water furnished, references and deposit required. \$450.00 month. 615-765-7800 or 615-653-9190.

TF-July 14-C

FOR RENT - 3 bedroom brick house in the Eastside community. \$550 per month. No pets. 563-4259. TF-July 21-C

FOR RENT - 2 bedroom, 1 bath, washer and dryer hookups, 10 minutes from Woodbury, quiet country home, clean, no pets. References required. 563-5845. 1t-Aug. 4-P

FOR RENT - 2 bedroom brick house with full basement and 2 acre lot at 161 Lonnie Smith Road. \$800.00 per month with \$750.00 deposit. No pets. References required and credit check. (615) 427-1985.

3t-Aug. 4, 11, 18-P

HOUSE FOR RENT Auburntown area on Highway 96 across from Market. 2 bedroom, 1 bath, large kitchen, dining room, living room, den and 2-car garage, Central heat/air. Brick house/tin roof. Will show August 5. Adults only - no pets! Rent negotiable with lawn care and utilities. Call (615) 464-2441 at night. 1t-Aug. 4-P

MOBILE HOMES

SALE -- now in progress at Meadows Homes of McMinnville. 4651 Manchester Hwy. (Hwy. 55) 931-668-7300.

JUST ARRIVED! 2010 16 wide, vinyl siding, shingle roof, cherry cabinets with black appliances. Must see! \$29,900 set up and delivered. Meadow Homes of McMinnville, 4651 Manchester Hwy., (Hwy. 55) 931-668-7300.

SPECIAL **DEAL!** 2010 Doublewide, dream kitchen with black appliances, kitchen island with rock accents. \$49,900 set up and delivered with concrete footers and central heat and air!

FOR SALE -- Alfalfa, alfalfa mixed, grass and other varieties available. Horse and dairy quality small square bales and beautiful clean wheat straw. Small or large amounts available. Call (615) 765-5596 or (615) 542-1815.

FOR SALE -- Bradyville / Cannon County. 1832 Dickens Hill Road, 2,145 sq.ft. 4 bedroom, 2 bath manufactured home. Situated on 1.07 acres, \$119,000. Owner financing. Call Tammy at (615) 210-0000.

TF

TF

FOR SALE -- Top Soil and Crushed Stone. Call Tom at 439-7970.

5t-thru July-P

ROUND BALE HAY FOR SALE - Mixed grass (fescue, orchard, & clover) 1000 bales available. 4'x5' or bigger bales. \$25.00 per bale for farm pick-up. Delivery available. Reserve your hay now. Easy payment option available. Call for details. 615-563-4635 or 615-542-5210.

TF-July 7-C

GRASS HAY FOR SALE - Round bales \$30; Square bales \$2.50 in field or \$4.00 in barn. 615-563-2076 or 563-8512.

4t-thru Aug. 4-P

four acres, five bedrooms, three bathrooms, big rock fire place, six stall carport, like new storage building 16x40, shop 14 x30, mother-in-law live-in quarters, 456 Pelham Road, Woodbury, TN Phone (931) 312-9780, \$175,000.

2t-July 28, Aug. 4-P

FOR SALE - Sweet corn yellow silkless corn and silver queen corn.

Call 765-5280. 2t-Aug. 4, 11-P

Health Council Meeting

The Cannon County Health Council will meet Thursday, August 6 at Stones River Hospital at 12 noon.

YARD SALE

YARD SALE -- Friday and Saturday, August 7 and 8 at 7183 Halls Hill Pike, Milton. Tools, fishing tackle, milk can, strainer, dishes, furniture, a lot of stuff! Don't miss this one! 1t-Aug. 4-P

2 FAMILY YARD SALE -- All the baby stuff you will need. Full size white bedroom suite, lots of stuff! 300 Bryant Lane, Woodbury, Saturday, August 8, 8:00 a.m. until?

1t-Aug. 4-P

HUGE SALE IN WOODBURY -Friday and Saturday, August 7 and 8 from 7:00 a.m. until 3:00 p.m. Located at the former location of Jennings Motors used car lot on Main Street. We will have lots of used and new items including new Boyd's Bears Collectibles, new electronics and household items. We will also have lots of vard sale items including toys, children and adults clothes, nick-knacks and furniture. For more information, call 563-4589 or 563-1345.

1t-Aug. 4-P

YARD SALE - Saturday, August 8 from 7:00 a.m. until 2:00 p.m. at 3997 Short Mountain Road at the Tanner house. If rain, will reschedule.

1t-Aug. 4-P

HUGE YARD SALE - 144 Mankin Lane, Household items, clothes, etc., too much to list. Just off Hwy. 70S before Eastside School. Wednesday, Thursday and Friday, August 5, 6 and 7. 1t-Aug. 4-P

YARD SALE & MOVING SALE - 108 Hutchins Lane, Friday, August 7th and Saturday, August 8th. All kinds of tools, games, pictures, frames. Something for everyone! For information call 765-7433. 1t-Aug. 4-P



NOTICE

BRYSON'S DOZER SERVICE 10 Years Experience. Call RICKY BRYSON, **Owner** - Operator Home 464-2446 or Cell 653-6613 http://dtccom.net/~rbryson/

ATTENTION CONTRACTORS **AND EXCAVATORS**

Top soil and fill dirt delivered. No job too big. Tim Cooper, shop (615) 273-2854 or cell (615) 464-3736.

TF

A-1 Lawnmower Repair

Now open 6 days a week to service vour Push Mower. Riding Mower. Weedeater, Tiller or Chainsaw, A full service repair shop that sells new and used parts. Pick up and delivery service available. Same Day Service On Some Items! BUY, SELL, TRADE. 2 miles south of Parsley's Market on Highway 64 (Bradyville Road). Call 563-7352 for more information.

TF

DANCE CLASSES ONGOING ---Cannon Arts Dance classes are still ongoing Ballet, Tap/Jazz, Hip Hop, Mommy and Me, Cheer Tumbling, Exercise. For more information call (615) 563-9122 or e-mail: cannonarts@hughes.net.

TF

COMPUTER

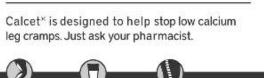
Ouick Fix Computer Repair and Web Design

We also provide technical assistance for home entertainment, design web pages, basically anything for your home or business needs. We also do custom installation. Will consider trades. Call John at (615) 563-8052 or email to: gettyger@hotmail.com. 4t-July 14, 21, 28, Aug. 4-P

STATEWIDE CLASSIFIEDS

FOR SALE BY OWNER - On

STOP LEG CRAMPS BEFORE THEY STOP YOU.



For those

lps fight

ua Cakiun Mission

PATTERSON'S HANDYMAN SERVICE

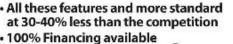
Fights

563-5057

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American-made Safety Never Feit So Good A safe step to comfort and independence **CALL TODAY!** A walk-in tub is independence for those who (615) 391-0001 value self-sufficiency at a much lower price. **Or Toll Free** Lifetime warranty on double-sealed door as well as tub (866) 757-2337





Senior Citizen Discount!



Hurry...only a few at this price. Meadows Homes of McMinnville 931-668-7300.

I PAY CASH FOR USED MOBILE HOMES - 931-409-0187. 1t-Aug. 4-C

MOBILE HOMES FOR SALE

BOTTOM DOLLAR STEAL-Biggest sale in our history EXTENDED. Eight (8) display homes must go, save up to \$10,000 off of already reduced prices. Now thru August 9th. Great selection, Singlewides to Luxury Multi Section Homes. 0 Down to Land owners, Interest Rates Starting at 5.99%. Clayton/Luv Homes of Nashville 615-227-1485. Don't get caught missing these steals, call for pre-approval!

1t-Aug. 4-C

3 DIFFERENT BRANDS new doublewide models, all under \$39,900. Davis Homes, Smithville Hwy., Inc., McMinnville (931) 668-2031.

\$0.00 DOWN with deed will buy a beautiful new home, also septic, water, electric, porches, driveway, masonry foundation and much more at Davis Homes Smithville Inc., Hwy., McMinnville (931) 668-2031.

HUGE NEW 4 BR AND 2 **BATH** with approximately 2,300 sq. ft., setup, deliveed on concrete footers for only \$69,900! Davis Homes, Inc., Smithville Hwy., McMinnville (931) 668-2031. ΤF

Adoption

ADOPT: CHILDLESS LOVING WOMAN (teacher) wishes to adopt a newborn. Financially secure home with close extended family. Legal/ Confidential. Expenses paid. Please call Denise: 1-866-201-4602 Pin# 01960 (TnScan)

Announcements

DIVORCE WITH OR WITHOUT Children \$95.00. With Free name change documents (wife only) and marital settlement agreement. Fast and easy. Call us 24hrs./ 7days: 1-888-789-0198. (TnScan)

Auctions

REAL ESTATE AUCTION-LUXURY 12,000+/- sq ft home, 88+/- acre horse farm. Shelby County Alabama, near Lay Lake. Offered in parcels, combinations, and/or entirety. August 20, 1:00. www.gtauctions.com, 1-800-996-2877. Granger, Thagard and Associates, Inc. Jack F Granger, #873. (TnScan)

Business Opportunities ALL CASH VENDING! DO you earn \$800 in a day? Your own local candy route. Includes 25 Machines and Candy All for \$9,995. 1-888-745-3351 (TnScan)

Business Services DISH NETWORK SATELLITE TV systems installed Free this week! 100+ Channels \$9.99 No bank account needed! No \$\$\$ down needed! (866) 689-0523 Call now for details! (TnScan)

STAY AHEAD OF OTHER businesses/organizations by discovering what newspapers are reporting about you or your competition. The TN Press Service Clipping Bureau reads every edition of over 130 Tennessee newspapers. Contact us Today for a Free 2 week trial (865) 584-5761 ext. 119 or newsclips@tnpress.com. (TnScan)

Career Training

ATTEND COLLEGE ONLINE FROM Home. *Medical *Business *Paralegal, *Accounting, *Criminal Justice. Job placement assistance. Computer available. Financial Aid if qualified. Call 866-858-2121, www.CenturaOnline.com (TnScan)

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POLICE IMPOUNDS! 1998 HONDA Accord \$875! 1996 Nissan Altima \$950! 1999 Honda Civic \$800! More cars available! For Listings 800-546-3091 ext. N263 (TnScan)

Equipment For Sale SAWMILLS FROM ONLY \$2,990.00 -- Convert your Logs To Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available. norwoodsawmills.com/300n. Free information: 1-800-578-1363 -Ext 300-N. (TnScan)

Health Insurance

HEALTH INSURANCE FOR PREexisting Conditions / Affordable. *No Medical Questions. *All Preexisting OK. *Hospitalization / Doctor visits. *Surgery / Dental / Vision / RX. Real Insurance - Not a ADVERTISING Solution! One call discount plan. Licensed Agent 0000763829. Call 1-866-584-9817. (TnScan)

Help Wanted

POLICE OFFICERS TRAIN IN www.tnpress.com. (TnScan)



law enforcement, anti-terrorism security. H S diploma, age 17-34 Starting pay \$34-36k (incl allowances), medical/dental, 30 days off/yr. Must relocate. Call Mon-Fri 800-284-6289 (TnScan)

Help Wanted - Drivers

TRUCKING COMPANY LOOKING FOR Owner Operators for Regional Runs. Opportunities for Lease Purchase, No Money Down. No New York City. No Canada. Great Hometime, Pay & Benefits. Call 800-895-0017. (TnScan)

Homes for Rent

HUD HOMES 6BD 4BA \$334/mo or \$42,000. 4bd 2ba \$199/mo or \$24,800. More Homes Available! 5%dn, 20yrs @ 8%. For listings 800-546-3120 ext. T695 (TnScan)

Public Notices

www.tnpublicnotice.com - Search Tennessee public notices: sheriff sales, foreclosures, RFP, bids for schools, town meetings, variances, etc. (TnScan)

Miscellaneous

YOUR LOW COST & your 25 word ad will appear in 89 Tennessee newspapers for \$265 or 39 Middle TN newspapers for \$115. Call this newspaper's classified advertising dept. or go to

CLASSIFIEDS

Maintenance

All types of **Remodeling and Repair**, **Electrical**, Carpentry, **Painting and Plumbing repair.** 20 years experience Call 563-5424

Home

Ask for Gary

AVON

Products you can depend on and service you can rely on. Local independent representative. Call (615) 563-5364. asingel@aol.com TF

DUMP OLD APPLIANCES

Scrap Metal at Jerry Pelham's Auto Salvage, Highway 53 South, Woodbury. Open Monday Saturday. Call Jerry (615) 563-5252. We also accept fencing wire. TF



Lebanon has an opening for a local propane gas delivery salesman truck driver and tank installer. Must have CDL-HazMat Tanker, best job with excellent pay and benefits. Please call (615) 453-1081 or 1-800-874-4427 ext. 144 or email: info@upgas.com

FLEA MARKET Woodbury Flea Market open every weekend. Free space for Farmers Market vendors. If you have too much stuff and not enough space, sell it at the Flea Market. Estate sales welcome. Great place to buy and sell. Rentals by the week or month. Call (615) 563-2159 for booth space or information. Open rain or shine. TF

THERAPEUTIC MASSAGE

Nancy Coomes, LMT, 313 West Main Street (615) 563-4443. Call for appointment. Gift certificates available. (Neuromuscular, Sports, Swedish and Craniosacral).

Alcoholics Anonymous

If you want to drink, that's your business. If you want to stop - that's ours. Call us at 464-4484.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

A.A. was founded in 1935 and today it has more than two million members in over 90,000 groups. People who once drank to excess, they finally acknowledged that they could not handle alcohol and now live a new way of life without it.

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WILLIAM R. FRYAR, PUBLISHER KEVIN HALPERN, Print and Electronic Media Editor U.S.P.S. No. 088-480 Published Each Tuesday at 210 West Water Street

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news@cannoncourier.com

advertising@cannoncourier.com PERIODICAL POSTAGE PAID AT WOODBURY, TN

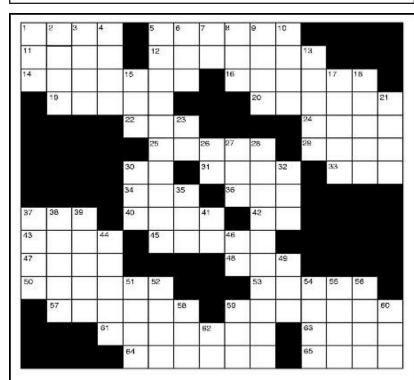
SUBSCRIPTION RATES:

\$18.00 Per Year In Cannon County \$22.00 Per Year In Tennessee \$24.00 Per Year Out of State



ADVERTISING: The publisher reserves the right to reject or to cancel at any time any advertisement or any other material submitted for publication.

The Cannon Courier welcomes Letters To The Editor. We do, however, ask readers to limit their remarks to 400 words or less. All letters must include a name, address and phone number for verification purposes. The Courier reserves the right to edit for grammar, length and libel or refuse the letter entirely.



CLUES ACROSS

- 1. Jewish month 5. Chest of drawers
- 11. Cut into cubes
- 12. Egg-shaped instrument



Arts Scene: A weekly calendar of news and events at THE ARTS CENTER in Woodbury on John Bragg Highway (70S) just west of town. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Call 563-ARTS (2787) or 1-800-235-9073 for details or reservations. Visit our web site at www.artscenterofcc.com

> You've Heard the Music, Now Hear the Story Behind Grammy Winner Dr. Ralph Stanley's Legendary Music Man of Constant Sorrow August 14-29

This play delves into the backstage and personal life of two brothers that loved to play music. This funny and touching story contains some of the great original, classic, and traditional songs made famous by The Stanley Brothers. Some of the songs featured in this production are "Man of Constant Sorrow,", "O Death," "Amazing Grace," "Angel Band," and a host of other Stanley Brothers' songs that will have you singing' along and flatfooting in the aisles. Directed by Scarlett Turney, this production features Luke Munday as Ralph Stanley and Mike Armistead as Carter Stanley. Shows will be presented Fridays, Saturdays, and Sundays from August 14th through 29th. Performances start at 7:30 P.M. on Fridays and Saturdays, with 2:00 P.M. matinees on Sundays. Ticket prices are \$12 for adults, and \$10 for seniors, students or groups and may be purchased by calling the Arts Center box office at 615-563-(ARTS) 2787 or 1-800-235-9073.

Gallery Exhibit

Framework: Reconstructing the Modern Bicycle July 9th thru August 15

This exhibit features the work of three young and talented sculptors who choose customized bicycles as their medium. Adam Gaskill, Levi Caraldo and Andrew Logan create visionary bikes rooted in vintage American culture. Admission to this exhibit is free. The gallery is open from 10:00 A.M. to 4:00 P.M. Monday through Saturday. For more information call 615-563-2787.

Cannon Cultural Museum Exhibition

From Necessity to Invention: Tools, Machinery and Culture On display July 9th through the spring of 2010 This exhibition explores how the development of culture is directly affected by tools and machines featuring the development of the white oak basketry culture and chair making tradition in Cannon County. Admission to this exhibition is free and the museum is open 10:00 A.M. to 4:00 P.M., Monday through Saturday. For more information call 615-563-2787.

2009 Playhouse Series

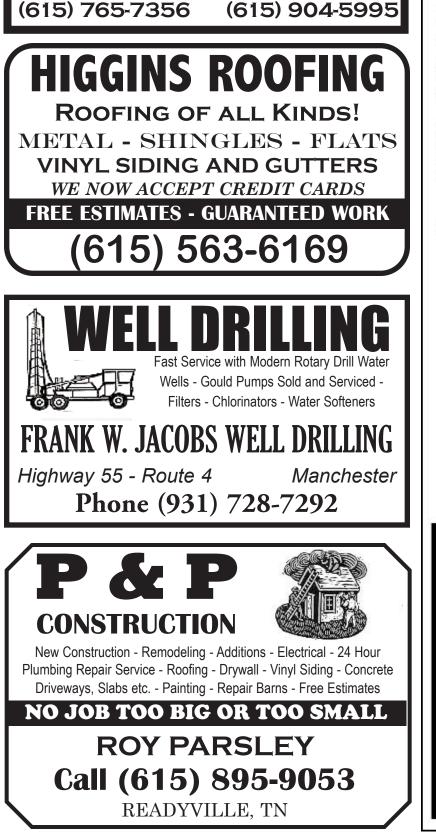
	My Fair Lady Driving Miss Daisy	
2009 Concert Series		
1	Tennessee Valley Brass Quintet	

2009	Young	At Art	Series
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October	Ferdinand the Bull
November	Bambi

Senior Center Activities

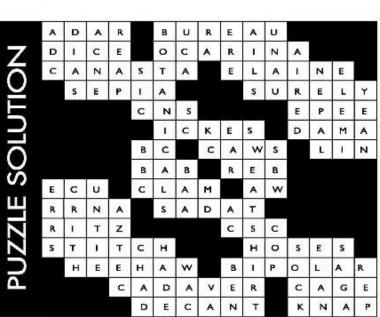
Back by Popular Demand...Wii Bowling!



- 14. Rummy May, actress
- 16. 19. Dark, reddish-brown color
- 20. Certainly
- 22. Central nervous system (abbr.)
- 24. A sword similar to a foil
- 25. Harold New Deal statesman
- 29. Data Mgmt. Assoc.
- 30. Canadian province (abbr.)
- 31. Crow calls
- Maya ____ artist & architect
 A gate (Arabic)

CLUES DOWN

- General's assistant (abbr.)
- 2. Days (Spanish)
- 3. Facial pimples 4. Gather a crop
- 5. Herbal extracts
- 6. Genus of crab
- 7. Radium
- 8. Before
- 9. Afflicts
- 10. Two-toed sloth
- 13. Publicized 15. Thus (Latin)
- 17. A small Asian country
- Resins from tropical trees
- 21. Bring forth young
- 23. Scandium
- 26. Kilocycle (abbr.)
- 27. Hearing organ
- 28. Popular casual attire
- 30. English radio station



- Join Us For Regular Monthly Events...
- Silver Sneakers Exercise classes every Mon., Wed. and Thurs. at 9:00
- Bingo every Monday and Thursday at 12:00
- Line Dancing 1:00 on Mondays
- Wii Bowling every Friday at 12:00
- Art Class the 3rd Wednesday of every month
- Nurse on Duty every Tuesday
- Birthday Party once a month
- Self Defense every Thursday at 5:00
- Rook Club twice a month
- It's All About You! Support group the 1st

2009-2010 SCHOOL CALENDAR

August 3 6:00-7:30 p.m. All Kindergarten students report to schools August 3 6:00-8:00 p.m. 9th graders report to the high school August 4
1 0
May 28
June 7-July 2
July 13-15
Approved 12-11-08 CCBOE

- 32. One point west of due south 35. Sound of a sheep 37. Strays 38. Weight unit of hydrogen 39. Undo a ribbon 41. Doctor 44. Mexican Indian 46. Air conditioning 49. Police officer 51. Punch card residue 52. Incline from vertical plane
 - Hosiery 55. Enthusiasm Adventure story
 - 58. Western Athletic Conference 59. Am. entrepreneur Franklin 60. House title (abbr.) 62. Virginia (abbr.)

36. Confederate soldier (abbr.)

42. Expression of sympathy
 43. Ribosomal ribonucleic acid

45. Anwar ___, Egyptian statesman

61. The dead body of a human

63. The goal in ice hockey

37. European money 40. Edible bivalve

47. Puttin' on the

50. Sew

being

65. Break stone

Reciprocal of a sine

53. Sprays water 57. Donkey's sound

59. Having two poles

64. Pour out; of wines

AUGUST 4, 2009

August Clearance Sale!





RECLINING SOFA- With matching rocker recliner in corduroy fabric. Both pieces Reg. \$1758 **Now \$1469.**

SOFA & CHAIR – Small traditional group. Reg. \$1009 Now \$739. LEATHER SOFA –

Reclining sofa with some damage. Reg. \$829 **Now \$499.**

SOFA, LOVE SEAT & RECLINER – Microfiber. Reg. \$1467 Now \$999. LEATHER GROUP – Sofa & love seat with cloth seats. Reg \$1968 Now \$1649.

FULL SOFA BED – Back folds down to make a full bed. Reg. \$499 **Now** \$399.

BONDED LEATHER – Black sofa, chair & ottoman. Reg. \$1098 Now \$899. TWIN SLEEPER – Reg. \$719 Now \$599. RED PLAID GROUP-Reg. \$1899 Now \$1599.



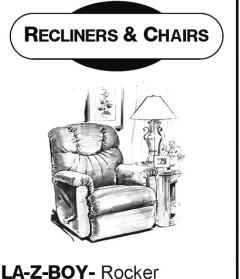
NOTICE

We're Slashing Prices To Clear Out Stock! Each year at this time, we get ready for new inventory by taking price cuts on fine furniture, appliances and electronics.

SAVE 20% - 40% - 50% - 60% AND MORE ON ALL FOUR FLOORS.

You'll find truly incredible bargains, many floor samples, one-of-a-kind items, some scratch and dents, all on sale now.

All Items Subject To Prior Sale And Limited To Stock On Hand. All Sales Final.

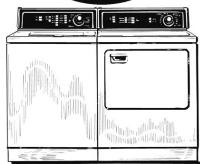


recliner with lifetime mechanism warranty. Reg. \$319 Now \$269. MICROFIBER- Wall hugging recliner. Reg. \$299 Now \$199. **GLIDER ROCKER &** GLIDER OTTOMAN-Reg. \$518 Now \$429. **LIFT CHAIR** – Full chaise motorized lift and recline. Reg. \$899 Now \$799. WOOD ARM - Accent chair in burgundy fabric. Reg. \$249 Now \$177. CHAISE LOUNGE - With reclining back. Reg. \$939 Now \$599. LA-Z-BOY LEATHER -Rocker recliner. Reg. \$629 Now \$499. **CLUB CHAIR** – Earth tone fabric. Reg. \$299 Now \$199. TABLES & TV STANDS **GAME TABLE –** Comes with checkers and chess game pieces. Reg. \$129 Now \$69. 3 PIECE SET - Wood cocktail & 2 end tables in dark finish. Reg. \$219 Now \$149. GLASS & METAL -Cocktail & 2 end tables. Reg. \$249 Now \$149. **END TABLE** – Nail head trim. Reg. \$99 Now S49. TALL TV CABINET-Storage on side & bottom. Reg. \$319 Now \$159. **CORNER TV STAND-**Lots of storage. Reg. \$429 Now \$349. OAK TV STAND-Oak finish. Reg. \$119 Now \$99.



CURIO CABINET - Solid wood. Reg. \$239 Now \$199. **CORNER CURIO** – Solid oak. Reg. \$509 Now \$399. **BOOKCASE** – 6 feet tall with 6 shelves. Reg.\$219 Now \$179. WHITE DESK & HUTCH -Great for girl's bedroom. Reg.\$279 Now \$199. EXTRA LARGE CURIO -Cherry finish, 36 inches wide with 5 shelves. Reg. \$789 Now \$599. FLAT TOP DESK - Oak finish. Reg. \$549 Now \$449. **ROLL TOP COMPUTER DESK** – Cherry finish with some damage. Reg. \$519 Now \$449. **COMPUTER DESK & HUTCH** – Great for kids room. Reg. \$299 Now \$149. WALL UNITS – 30 inches wide. 6 ft tall. Great for bedroom or den. Reg. \$129 Now \$99. MATTRESSES **BRASS HEADBOARD-**Queen size. Reg. \$29 Now **S5**. FIRM- 390 coils in mattress. Full set Reg. \$398 Now \$298. **PILLOW TOP-** Queen size set with 336 coils. Reg. \$508 Now \$448. SERTA-Twin pillowtop set. Reg. \$398 Now \$348.





FRENCH DOOR - Maytag stainless steel 25 ft with ice & water thru door. Reg. \$2499 Now \$1999. LARGE CAPACITY **WASHER-** Has delicate cycle. Reg. \$429 Now \$399. LARGE CAPACITY **DRYER-** 4 cycles including permanent press. Reg. \$429 Now \$399. **RANGE-** Self-cleaning with 2 ovens & smooth top. Reg. \$1249 Now \$1099. **BUILT-IN DISHWASHER-**With silverware basket. Reg. \$349 Now \$299. FRONT LOAD LAUNDRY - Whirlpool washer & dryer set. Reg. \$2198 Now \$2098. **AIR CONDITIONERS -**Save on leftover stock. BLACK REFRIGERATOR - Whirlpool with icemaker. Reg. \$999 Now \$799. **MICROWAVE OVEN -**Reg. \$119 Now \$59. **BOTTOM FREEZER REFRIGERATOR** – With icemaker. Reg. \$1899 Now \$1499. **CHEST FREEZER** – 5 cubic ft. Reg. \$299 Now \$249.

TV's & CABINETS



- Toshiba high definition LCD set. Reg \$539 Now \$479. **37 INCH FLAT SCREEN TV & OAK CABINET-**With storage for movies & equipment. Reg. \$1468 Now \$1299. TOSHIBA 1080p HD HI DEF DVD PLAYER -Makes your movies look great. Reg.\$489 Now \$99. ENTERTAINMENT **CENTER-** Black TV stand is 80 inches wide. Reg. \$429 Now \$399. **GLASS & METAL TV STAND** – 42 inches wide Reg. \$199 Now \$99. **DVD PLAYER** – Play all your movies. Reg. \$39 Now \$19.

ODDS & ENDS 5x8 Rugs- \$49 & Up

Self Propelled Vacuum-\$229 Pictures – As Low As **\$10** Odd Lamps – Half Price! Grandfather Clock -\$69**9** Speaker Sets - \$25 **Designer Ottoman - \$49 Futon Covers With** Pillows - \$29 Daybed Sheets - \$19 4 Piece Outdoor Wicker Set With Cushions-\$499 Jewelry Armoire - \$69 Wall Clock - \$19 Cedar Chest - \$127 **Upholstered Bench -**\$79 Solid Oak Rocker - \$139 Wood Plant Stands - \$3 **TV Antenna Amplifier -S29** Tables With Built In Lamp- \$49 Pair of Bar Stools-\$29 Gold Framed Wall Mirror- \$99 Table Top Accessories-HALF PRICE! King Comforter Set-\$99 Pair Of Lamps-\$49 Dressing Table & Bench -\$59 **Artificial Trees-\$29 RCA Digital Camcorder-**\$59 **Assorted Electronic** Accessories-\$1

INEXPENSIVE BED-White twin bed. Reg. \$299 Now \$199. CANNONBALL BED-Dresser, chest, queen bed & nitestand. Reg. \$1749 Now \$1499. SMALL GROUP -Dresser, chest & panel headboard, Reg. \$599 Now \$359. SOLID OAK - Dresser, chest, bed & nite stand. Reg \$2739 Now \$2279. OAK BED – Twin size cannon ball bed. Reg \$349 Now \$249. **BLACK GROUP**–4 pieces with sleigh bed. Reg \$1199 Now \$1099. **USED BEDROOM**-With sleigh bed. Reg \$1799 Now \$999. **OAK FINISH** – Dresser, chest, bed & nite stand. Reg. \$1399 Now \$1199. CHERRY FINISH-Dresser, chest, bed & nite stand. - Reg. \$1799 Now

\$1499.



